



LAGOON VALLEY CLASSIC INVITATIONAL SATURDAY, September 5th, 2026

Dear Coach-

Welcome to the 2026 Lagoon Valley Classic Cross Country Invitational! Fleet Feet of Vacaville has graciously partnered with Vacaville High Cross Country in sponsoring this meet. Without a doubt, LVC has the reputation of being one of the most exciting and challenging courses in Northern California. As with last year's meet, Red Cap Timing will be providing **chip timing** to help expedite results and produce a first-class experience.

Please visit our Meet Registration page (2026 Lagoon Valley Classic) on **MileSplit**, or click <https://ca.milesplit.com/meets/766963-lagoon-valley-classic-2026> the link at your earliest convenience to reserve your spot for this year's event. All Meet Information, Team Registration, and Athlete Entries will be completed via **MileSplit** in 2026!

We truly appreciate your interest and support of Vacaville High School and the Lagoon Valley Classic, and we look forward to seeing you on September 5th!

Sincerely,

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Meet Director
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LAGOON VALLEY CLASSIC INVITATIONAL MEET INFORMATION

LOCATION	Lagoon Valley Park - Vacaville, CA
DATE	Saturday, September 5th, 2026
TIMING/RESULTS	Red Cap Timing, Chip Timing
REGISTRATION	All entries will be submitted via MileSplit at https://ca.milesplit.com/meets/766963-lagoon-valley-classic-2026 The deadline for entries is Monday, August 31st at 11:59 pm PST.
ENTRY FEES	There is an entry fee of \$15 per runner. A maximum of \$400 per High School team and \$200 per Middle School/Club team will be charged. Team fees will be calculated at the close of entries. Checks should be payable to Vacaville High School. Entry fees must be paid prior to competition on the day of the meet by bringing the fees to the check-in table at the meet or mailing fees to: Lagoon Valley Classic Attn: David Monk - Vacaville High School 100 W. Monte Vista Ave. Vacaville, CA 95688
CHECK-IN	The coach's check-in table will be located near the finish line. Race packets will be distributed on race day. Packets will be complete with course maps, bibs, race schedule and chips.
CONCESSIONS	There will be a fully equipped concession stand selling hamburgers, hot dogs, soda, water, sports drinks and other snacks throughout the day.
VENDORS	Race sponsor Fleet Feet will have booths for your runners with the latest training shoes and racing flats. Fleet Feet will email participating schools a special flyer with race day discounts prior to the meet.
T-SHIRTS/ PATCHES	Commemorative tech t-shirts will be on sale for \$30 near the concession stand.
FIRST AID	Qualified personnel will be available at the finish line to provide any first aid needs for your runners. Coaches are responsible for general first aid supplies (band aids, tape, etc.). We advise you to remind your athletes about the importance of hydration.

RACE COURSE

All race courses feature wide groomed dirt trails with approximately 200 meters of blacktop. Two aggressive hills, Big Momma and Little Sister, are located in the first and second mile for the 2-mile course and first and third mile for the 3-mile course. All courses will be marked with white chalk and arrows. The course will have experienced helpers to guide the runners in the right direction. Lead and trail bikers will also be provided to ensure that all athletes race the appropriate course.

1.5 MILES	Middle School/Club Boys and Girls
2 MILES	Freshmen Boys Frosh/Soph Boys and Girls Junior Varsity Boys and Girls Open/Coaches Race
3 MILES	Varsity Boys and Girls

All courses are extremely spectator friendly. You can see about 80% of the course from the start/finish area. There are several areas for cheering runners on throughout the race.

SCORING

Traditional invitational scoring will be used. The first 5 runners from a team score with the 6th and 7th runners displacing other teams' athletes. In the event of a tie, the 6th runner will be used as a tiebreaker. Runners not on a team with 5 athletes will not be factored into the team scoring and will be removed from that portion of the team results.

ENTRIES

Because of the size of some of the frosh/soph and JV races, the entry limit for the varsity races has been increased to ten runners. All teams must field a full varsity team (no less than five runners but no more than ten) before entering a freshman boys, frosh/soph or JV team. While we understand that our invitational is early in the season and some circumstances may lead to special considerations, we ask that you make every effort possible to follow the designated entry criteria. Teams/runners in the lower division races that are significantly faster than your varsity teams/runners will be subject to review and/or disqualification.

***** Please enter athletes that have been adequately conditioned to participate in potentially warm conditions on a very challenging course. Contact David Monk if you have questions on entries.**

RESULTS

Results will be posted near the awards table adjacent to the starting line. Results of each race will be posted as soon as scoring is completed. Full results will be available on www.redcaptiming.com and www.prepcaltrack.com. Please allow 24 to 48 hours for publication.

AWARDS

This year, race medals will be given out as athletes pass through the finish chute.

Middle School: Top 40 runners receive individual medals.

Freshmen: Top 40 runners receive individual medals.

Frosh/Soph: Top 40 runners receive individual medals.

Junior Varsity: Top 40 runners receive individual medals.

Varsity: Top 40 runners receive individual medals.

TEAM AWARDS

Varsity teams will be divided into large and small schools for team awards. The top 3 teams from each will receive medals for their 7 runners. Divisions 1 and 2 schools will compete for the large school team medals. Divisions 3, 4 & 5 will compete for the small school team medals. Team awards may be collected at the Awards Table near concessions.

COACHES RACE

Sign up for the race the old-fashioned way at the coach's check-in table.

PARKING

The city of Vacaville charges \$5 per car to enter the park. Please make sure to communicate with your parents about this parking fee. There will be bus parking in the park at no charge.

******PLEASE ALLOW EXTRA TIME TO GET TO LAGOON VALLEY PARK. TRADITIONALLY, TRAFFIC BACKS UP ON LAGOON VALLEY RD. PLEASE TAKE THIS INTO CONSIDERATION WHEN COMMUNICATING LEAVE TIMES FOR YOUR COACHES, ATHLETES AND PARENTS.**

DIRECTIONS

From Sacramento: Westbound I-80 to Lagoon Valley Rd exit. Turn left at the top of the off ramp. Proceed approximately ½ mile to the service entrance. Turn left and follow signs to the parking area.

From Bay Area: Eastbound I-80 to Lagoon Valley Rd exit. Turn right at top of ramp. Proceed approximately ½ mile to the service entrance. Turn left and follow signs to the parking area.

BUS/COACH DIRECTIONS

All head coaches & team buses will be able to enter Lagoon Valley Park through the Pena Adobe entrance (Cherry Glen Rd./right on Rivera Rd. then left into the park) **until 7:30am**. Please note that only one head coach will be able to enter the park through this entrance per school. There will be a volunteer at this gate with a list of head coaches from your registration. Please note that this gate will close promptly at 7:30am and the list of head coaches will be strictly enforced. **NO EXCEPTIONS!**

DROP-OFFS

Please share with athletes and families that athlete **drop-offs** can use the Pena Adobe entrance (Cherry Glen Rd. exit from I-80/right on Rivera Rd. from the east, straight ahead from the west, then left into the park) **after 7:30am!!!** They will **NOT** be permitted in the main entrance of the park, but there will be a u-turn drop off zone designated at the front gate. Athletes can then walk the rest of the way into the park.



LAGOON VALLEY CLASSIC INVITATIONAL

Tentative RACE SCHEDULE**

<u>RACE TIME</u>	<u>RACE</u>	<u>RACE DISTANCE</u>	<u>ENTRY LIMIT</u>
7:45 am	Coach's Meeting at Finish Line		
8:00 am	Middle School/Club Boys	1.5 Miles	Unlimited
8:02 am	Middle School/Club Girls	1.5 Miles	Unlimited
8:12 am	Freshmen Boys	2 Miles	Unlimited
8:14 am	Frosh/Soph Girls	2 Miles	Unlimited
8:36 am	Frosh/Soph Boys	2 Miles	Unlimited
8:56 am*	Varsity Boys - Large School	3 Miles	10 Runners
8:58 am*	Varsity Girls - Small School	3 Miles	10 Runners
9:26 am*	Varsity Boys - Small School	3 Miles	10 Runners
9:28 am*	Varsity Girls - Large School	3 Miles	10 Runners
9:58 am	Junior Varsity Boys	2 Miles	Unlimited
10:00 am	Junior Varsity Girls	2 Miles	Unlimited
10:15 am	Open/Coaches Race	2 Miles	Unlimited

*Races may be combined pending number of entries on race day

**Race schedule may be modified

ON-LINE REGISTRATION INSTRUCTION SHEET

LAGOON VALLEY CLASSIC

This page will instruct you on how to sign-up for the Lagoon Valley Classic using **MileSplit**. All entries will be downloaded by event from this web site.

The following is information on how to:

- Sign Up for team page access

- Edit your team calendar/schedule

- Edit/maintain your roster, including entering athletes into each meet

- Edit school info

<https://ca.milesplit.com/meets/766963-lagoon-valley-classic-2026>