

2026 Glenn Poole Invitational

Order of Events

Running Events Begin @ 9:00 AM

3200 Meters	Varsity Girls	
3200 Meters	Varsity Boys	
110 Hurdles	Varsity Boys	
110 Hurdles	Frosh/Soph Boys	
100 Hurdles	Varsity Girls	
100 Hurdles	Frosh/Soph Girls	
4x800 Relay	Varsity Girls	
4x800 Relay	Varsity Boys	
3200 Meters	Frosh/Soph Girls	
3200 Meters	Frosh/Soph Boys	
4x100 Relay	Frosh/Soph Girls	
4x100 Relay	Frosh/Soph Boys	
4x100 Relay	Varsity Girls	
4x100 Relay	Varsity Boys	
400 Meters	Frosh/Soph Girls	
400 Meters	Frosh/Soph Boys	
400 Meters	Varsity Girls	The Harper 400
400 Meters	Varsity Boys	

*Kids Half-Lapper Kids 10 and under
(kids 6 and under will runner shorter)*

100 Meters	Frosh/Soph Girls	
100 Meters	Frosh/Soph Boys	
100 Meters	Varsity Girls	
100 Meters	Varsity Boys	
800 Meters	Frosh/Soph Girls	
800 Meters	Frosh/Soph Boys	
800 Meters	Varsity Girls	
800 Meters	Varsity Boys	The Navarro 800
300 Hurdles	Frosh/Soph Girls	
300 Hurdles	Varsity Girls	
300 Hurdles	Frosh/Soph Boys	
300 Hurdles	Varsity Boys	The Terwilliger 300
200 Meters	Frosh/Soph Girls	
200 Meters	Frosh/Soph Boys	
200 Meters	Varsity Girls	
200 Meters	Varsity Boys	
1600 Meters	Frosh/Soph Girls	
1600 Meters	Frosh/Soph Boys	
1600 Meters	Varsity Girls	
1600 Meters	Varsity Boys	The Tudsbury Mile
4x400 Relay	Frosh/Soph Girls	
4x400 Relay	Frosh/Soph Boys	
4x400 Relay	Varsity Girls	
4x400 Relay	Varsity Boys	
<i>Throwers 4x100 Co-Ed Relay</i>		

Field Events Begin at 8:30 AM

Check-in/Warmups for Beginning Field Events 7:30 AM

The Ruden Shot Put

Shot Put	Varsity Boys (Ring #1 In Stadium)
Shot Put	Varsity Girls (Ring #1 In Stadium)

Shot Put	Frosh/Soph Girls (Ring #2 on the hill)
Shot Put	Frosh/Soph Boys (Ring #2 on the hill)
Discus	Frosh/Soph Girls (Ring #2 on the hill)

The Muller Discus (1 Ring in Stadium)

Discus	Varsity Girls
Discus	Varsity Boys
Discus	Frosh/Soph Boys

The Sakaishi Long Jump

8:30 AM -12:00 PM	
Long Jump	Varsity Boys (Pit #1)
Long Jump	Varsity Girls (Pit #2)
Long Jump	Frosh/Soph Girls (Pit #3)
Long Jump	Frosh/Soph Boys (Pit #3)

12:30 PM - 4:00 PM

Triple Jump	Varsity Boys (Pit #1)
Triple Jump	Varsity Girls (Pit #2)
Triple Jump	Frosh/Soph Girls (Pit #3)
Triple Jump	Frosh/Soph Boys (Pit #3)

The Holmes High Jump

High Jump	Frosh/Soph Girls (Opens 4'3")
High Jump	Frosh/Soph Boys (Opens 4'8")
High Jump	Varsity Girls (Opens 4'5")
High Jump	Varsity Boys (Opens 4'10")

The Judd Pole Vault

<i>Pit #1</i>	
Pole Vault	Varsity Girls (Opens 7 ft.)
Pole Vault	Varsity Boys (Opens 8 ft.)

Pit #2 (Opens 5 ft.)

Pole Vault	Frosh/Soph Boys (Opens 6 ft.)
Pole Vault	Frosh/Soph Girls (Opens 5 ft.)