

Capital Classic Relays - 2/28/2015

Elk Grove High School

Elk Grove/Laguna Stadium

Results

Event 1 Girls 3200 Meter Run Varsity

Record: 11:12.88 R 3/1/2014 Leanne Jarvis

Name	Yr	School	Finals
Finals			
1	Isabella Dobson	10 Elk Grove	11:29.03
2	Amanda Barthelmes	12 Will C. Wood	11:54.22
3	Hailey Farrell	11 Sheldon	12:21.28
4	Ashley Reid	9 McClatchy	12:44.28
5	Jocalyn Sanford	11 McNair	12:46.19
6	Kiran Dhillon	11 Elk Grove	12:50.40
7	Lauren Windmiller	10 Sheldon	12:56.20
8	Anna Nguyen	12 Franklin (Eg)	13:21.06
9	Jasmine Gonzalez	12 Franklin (S)	13:21.26
10	Kaylah Ball	9 Elk Grove	13:21.57
11	Lizbeth Gonzalez	11 Franklin (S)	13:21.67
12	Sadie Davenport	12 Elk Grove	13:22.43
13	Yoanna Arenas	10 Vacaville	13:22.84
14	Ally Feickert	10 McClatchy	13:28.69
15	Alondra Alvarez	12 Merrill West	13:50.56
16	Ellie Womeldorf	11 Western Sierra	13:54.57
17	Sarah Omar	11 Franklin (Eg)	15:13.29
18	Erica Keith	12 Monterey Trail	15:34.29
19	Basira Abdulshukur	12 Monterey Trail	15:38.10
20	Sabrina Baggett	12 Monterey Trail	15:38.49

Event 2 Boys 110 Meter Hurdles Varsity

Record: 15.79 R 3/1/2014 Jack Olender

Name	Yr	School	Finals
Finals			
1	Brandon Jetter	12 Oak Ridge	15.78R-0.8
2	MacLean Conner	11 Plsant Grove	16.17 -1.6
3	Damion Pursley	10 Franklin (S)	16.35 -0.8
4	Joseph Conner	12 Plsant Grove	16.39 -2.1
5	Isiaha Brown	12 Monterey Trail	16.66 -1.6
6	Trevon Carter	12 Monterey Trail	16.93 -1.6
7	Junior Quichocho	12 McClatchy	17.03 -2.1
8	Elias Rodriguez	12 Merrill West	17.09 -0.8
9	Martino Glover	11 Franklin (S)	17.17 -0.8
10	Michael Yonnas	12 Franklin (Eg)	17.21 -0.8
11	Zack Sutcliffe	12 Plsant Grove	17.25 -1.6
12	Derrick Griffith II	11 Cosumnes Oak	17.28 -2.1
13	Pieter Koopman	12 Rio Linda	17.34 -2.1
14	Christian McFarland	11 Cosumnes Oak	17.63 -1.6
15	Griffin Prather	12 Oak Ridge	17.64 -0.8
16	Shrief Ibrahim	11 Franklin (Eg)	18.56 -0.8
17	Anthony Rhoads	11 Merrill West	18.61 -2.1
18	Kalid Knox	12 Will C. Wood	18.97 -0.8
19	Alex Moran	12 McNair	19.31 -2.1
20	Jay Thao	12 McNair	19.89 -2.1
21	Blake Baddley	11 Monterey Trail	19.93 -2.1
22	Michael Kaul	12 Will C. Wood	19.96 -2.1
23	Nate Villalobos	11 Vacaville	21.00 -2.1
24	Tu Nguyen	12 McNair	22.44 -2.1
25	Kristian Arias	11 Will C. Wood	22.59 -2.1

Event 3 Boys 110 Meter Hurdles Frosh/Soph

Record: 16.62 R 3/1/2014 Derrick Griffith II

Name	Yr	School	Finals
Finals			
1	Brennon Navarro	9 Elk Grove	20.14 -1.7
2	James Cannon	9 Merrill West	21.17 -1.7
3	Ethan Borg	9 McClatchy	21.43 -1.7
4	Zhaolin Yang	9 McClatchy	22.57 -1.7

Event 4 Girls 100 Meter Hurdles Frosh/Soph

Record: 17.72 R 3/1/2014 Gabrielle Ednilao

Name	Yr	School	Finals
Finals			
1	Tiffany Maninang	10 Franklin (Eg)	18.33 -1.5
2	Kiana Delarosa	9 Plsant Grove	18.51 -0.9
3	Natalie Kinney	10 Oak Ridge	18.69 -1.5
4	Zaria Ealy	10 Merrill West	19.13 -1.5
5	Nina Ross	10 Merrill West	19.35 -1.5
6	Brandy Hoang	9 Franklin (Eg)	19.36 -1.5
7	Michaela Brown	10 Oak Ridge	20.52 -0.9
8	Jaida Robinson	9 Franklin (Eg)	20.69 -1.5
9	Destiney Mancilla	10 Rio Linda	21.02 -1.5
10	Cieanna Vongsa	9 Laguna Creek	21.27 -0.9
11	Jene' Smith	10 Cosumnes Oak	21.59 -0.9
12	Michelle Nguyen	9 Merrill West	22.08 -1.5
13	Bayleigh Mitchell	10 Monterey Trail	23.21 -0.9
14	Megan Tran	9 Laguna Creek	24.28 -0.9
15	Lauryn Carter	9 Monterey Trail	24.36 -0.9

Event 5 Girls 100 Meter Hurdles Varsity

Record: 15.63 R 3/1/2014 Grace Hepworth

Name	Yr	School	Finals
Finals			
1	Grace Hepworth	12 Plsant Grove	16.24 -0.6
2	Kathryn Sanders	12 Oak Ridge	17.03 -0.4
3	Jaimi Gotro	12 Oak Ridge	17.12 -0.4
4	Jaycie Wildermuth	12 Cosumnes Oak	17.66 -0.6
5	Cheyenne Lowden	11 Plsant Grove	18.34 -0.4
6	Mary Ashaolu	12 McNair	18.84 -0.4
7	Gabrielle Ednilao	11 Franklin (Eg)	19.16 -0.4
8	Joy Johnson	11 Cosumnes Oak	19.32 -0.6
9	Marissa Porter	11 Oak Ridge	19.46 -0.4
10	Monica Meyers	12 Elk Grove	19.93 -0.4
11	Priscilla Hoang	12 Monterey Trail	22.23 -0.6
12	Presley Graber	11 Merrill West	22.72 -0.4

Event 6 Girls 1600 Meter Run Frosh/Soph

Record: 5:44.80 R 2/25/2012 Laura Cox

Name	Yr	School	Finals
Finals			
1	Caitlin Nguyen	10 Will C. Wood	5:29.95R
2	Amber Hughes	9 Sheldon	6:01.56
3	Geneva Huynh	10 Folsom	6:09.33
4	Perla Gonzalez	10 Sheldon	6:11.16

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Finals ... (Event 6 Girls 1600 Meter Run Frosh/Soph)

Name	Yr	School	Finals
5 Eliza Harding	10	Folsom	6:14.21
6 Courtney Rice	9	Laguna Creek	6:14.54
7 Kaylah Ball	9	Elk Grove	6:22.73
8 Nicole Holloway	10	Oak Ridge	6:30.91
9 Jennifer Weiher	10	Western Sierra	6:31.12
10 Izzy Garrett	9	Cosumnes Oak	6:31.69
11 Isabella Angulo	10	Cosumnes Oak	6:40.75
12 Micah Lagge	10	Rio Linda	6:40.93
13 Ariel Hoage	10	Vacaville	6:41.28
14 Maryn Graskey	9	McClatchy	6:44.16
15 Savannah Groves	10	Cosumnes Oak	6:45.35
16 Manpreet Chand	9	Monterey Trail	6:53.77
17 Marileigh Ramp	9	Will C. Wood	6:54.58
18 Cathy Lu	9	Monterey Trail	6:57.93
19 Emily Dewolfe	10	Plsant Grove	6:59.71
20 Abigail Corral	9	Sheldon	7:03.17
21 Miranda Gutierrez	10	Elk Grove	7:03.74
22 Kristen Hamilton	10	Vacaville	7:04.39
23 Emily Kline	9	Plsant Grove	7:06.21
24 Erica Carpenter	10	Plsant Grove	7:06.54
25 Alison Dewolfe	10	Plsant Grove	7:06.78
26 Hilda Ramirez	9	McClatchy	7:06.91
27 Jackie Mejia	11	Franklin (S)	7:11.16
28 Isabel Ramos	10	Rio Linda	7:24.70
29 Ericka Mendez	10	Franklin (S)	7:25.88
30 Maddi Alt	10	Merrill West	7:29.54
31 Marissa Lee	9	Cosumnes Oak	7:40.20
32 Lois Ditoiu	10	Cosumnes Oak	7:40.45
33 Michelle Flores	10	Merrill West	8:15.83
34 Bayleigh Mitchell	10	Monterey Trail	8:19.21
35 Alissa Luangrath	10	Merrill West	8:25.64
36 Komal Thind	10	Merrill West	8:57.68

Event 7 Boys 1600 Meter Run Frosh/Soph

Record: 4:48.53 R 2/25/2012 Abdul Hamid

Name	Yr	School	Finals
1 Jordan Lawrence	9	Franklin (Eg)	4:54.97
2 Andrew Enriquez	10	Merrill West	4:59.18
3 Michael Ruiz	9	Sheldon	5:02.59
4 Drew Spencer	9	Oak Ridge	5:02.78
5 Johnny DeMesa	9	Sheldon	5:03.92
6 Ron Michael Yu	9	Cosumnes Oak	5:03.96
7 Nick Hall	10	Cosumnes Oak	5:05.47
8 Garrett Miller	10	Franklin (Eg)	5:06.71
9 Ricky Garcia	10	Will C. Wood	5:07.25
10 Jupinder Parmar	9	Franklin (Eg)	5:07.65
11 Derek Lin	9	McClatchy	5:08.10
12 Ben Langreck	10	Oak Ridge	5:08.35
13 Jonah Wiener-Brodkey	9	McClatchy	5:08.53
14 Ethan Encelewski	9	Folsom	5:09.44
15 Wade Kiesow	9	Folsom	5:09.67
16 Drew Kiesow	9	Folsom	5:09.98

17 Mason Cunningham	9	Oak Ridge	5:10.93
18 Nathaniel Leong	10	Franklin (Eg)	5:10.95
19 Marcos Fredrickson	9	McClatchy	5:11.46
20 Le Doan	10	Laguna Creek	5:13.89
21 Kimball Newton	10	Monterey Trail	5:15.29
22 Corey Hagel	10	Laguna Creek	5:15.82
23 Jackson Meyers	9	Folsom	5:16.19
24 Joseph Hinojos	9	Franklin (S)	5:21.31
25 Isaac Koerner	10	Western Sierra	5:21.80
26 Christian Wilde	9	Oak Ridge	5:23.12
27 Eduardo Gonzales	9	Cosumnes Oak	5:24.15
28 Brady Gomez	9	Cosumnes Oak	5:29.22
29 Sami Araya	10	Plsant Grove	5:33.89
30 Javier Hardy	10	Valley	5:34.30
31 Carson McCall	9	Plsant Grove	5:34.51
32 Ben Lucca	10	Sheldon	5:35.51
33 Thomas Field	10	Plsant Grove	5:37.48
34 Kris Hernandez	10	Vacaville	5:39.11
35 Dillon Ryder	10	Vacaville	5:39.23
36 Calvin Voong	10	Merrill West	5:39.37
37 Shawn Behrens	10	Vacaville	5:39.64
38 Javeid Fayaz	9	Merrill West	5:43.11
39 Gurvir Dhillon	10	Laguna Creek	5:46.65
40 cameron Decristofaro	9	Rio Linda	5:47.19
41 Ramon Juarez	10	Rio Linda	5:52.62
42 Xavier Bauer-Martin	9	McClatchy	5:55.01
43 Kevin Muerle	9	Will C. Wood	5:59.62
44 Joshua Loyola	9	Monterey Trail	6:01.63
45 Nathan Ngo	10	Monterey Trail	6:02.80
46 Konnor Lemay	10	Will C. Wood	6:03.63
47 Joshua Santos	10	Plsant Grove	6:05.27
48 Truman Rogers	9	Western Sierra	6:14.46
49 Jesus Robles-Pena	10	Rio Linda	6:19.29
50 Paine Gretler	10	Western Sierra	6:20.32

Event 8 Girls 1600 Meter Run Varsity

Record: 5:17.05 R 3/1/2014 Muna Alhamad

Name	Yr	School	Finals
1 Ariel Hendrickson	11	Oak Ridge	5:36.01
2 Cassiel Nortier-Tilly	10	Vacaville	5:36.88
3 Jacklyn Hughes	12	Franklin (Eg)	5:38.69
4 Kamra Newton	12	Monterey Trail	5:41.23
5 Regina Nyareso	12	Monterey Trail	5:44.20
6 Hannah Case	10	Vacaville	5:44.99
7 Madeleine Malone	9	Vacaville	5:45.24
8 Kalyn Jones	12	Cosumnes Oak	5:50.83
9 Hailey Farrell	11	Sheldon	5:51.67
10 Harjit Singh	12	Sheldon	5:51.99
11 Emily Ballerini	12	Vacaville	6:09.98
12 Alexa Borg	11	McClatchy	6:20.73
13 Lizabeth Gonzalez	11	Franklin (S)	6:25.44
14 Jasmine Gonzalez	12	Franklin (S)	6:29.00
15 Marissa Lange	12	Monterey Trail	6:36.97
16 Camille Bean	11	Laguna Creek	6:39.90

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Finals ... (Event 8 Girls 1600 Meter Run Varsity)

Name	Yr	School	Finals
17 Ayomide Wowo	11	Cosumnes Oak	6:43.65
18 Tram Dao	11	Cosumnes Oak	6:43.78
19 Molly Weber	12	Plsant Grove	6:45.64
20 Jasmine Sandoval	12	McNair	6:46.52
21 Hailey Chatterton	11	Western Sierra	6:46.70
22 Emily Aranda	11	Franklin (Eg)	6:48.86
23 Ellie Womeldorf	11	Western Sierra	6:49.41
24 Abbi Johnson	11	Folsom	6:49.98
25 Celina Zhang	12	Monterey Trail	6:54.78
26 Earthelena Garrett	12	Valley	6:55.34
27 Ariela Garnica	9	Sheldon	7:48.15

Event 9 Boys 1600 Meter Run Varsity

Record: 4:32.53 R 3/1/2014 Xavier Gaulman

Name	Yr	School	Finals
1 Joel Giordano	11	Sheldon	4:33.93
2 Mathew Ramsdell	12	Laguna Creek	4:34.90
3 Aaron Lane	12	Vacaville	4:35.69
4 Jose Cruz	10	McClatchy	4:40.22
5 Stephen Gibson	12	Monterey Trail	4:43.84
6 Marcellus Jones	10	Cosumnes Oak	4:47.74
7 Munir Nur	11	Franklin (Eg)	4:47.95
8 Taylor Gould	11	Plsant Grove	4:50.66
9 Trevor Stratton	11	Vacaville	4:50.66
10 Matt Conrardy	11	Amador	4:51.26
11 Karmveer Atwal	11	Laguna Creek	4:51.52
12 Zachary Caudle	12	Sheldon	4:53.13
13 Zach Soohoo	12	Franklin (Eg)	4:53.83
14 Matt Hopper	11	Folsom	4:55.30
15 Israel Rivera	11	Monterey Trail	4:57.52
16 Eric Chapman	12	Monterey Trail	4:58.42
17 John Kretschmann	12	Folsom	4:58.64
18 Blake Fabian	11	Oak Ridge	4:58.88
19 Kobe Tuck	11	Vacaville	5:01.82
20 Ryan Fino	10	Will C. Wood	5:03.61
21 Nick Behrens	11	Vacaville	5:04.13
22 Daniel Cervantes	11	McNair	5:04.74
23 Daniel Wright	10	Folsom	5:06.86
24 Joey Ramirez	11	Franklin (S)	5:09.54
25 Zach Stewart	10	Folsom	5:11.21
26 Stephen Lamera	11	Franklin (Eg)	5:13.42
27 Gabe Loader	11	Amador	5:13.50
28 Victor Ojeda	11	Will C. Wood	5:16.69
29 Phillip Van	12	Monterey Trail	5:17.06
30 Keith Pagulayan	11	Sheldon	5:17.16
31 Rodrigo Razo	11	Sheldon	5:17.77
32 Camden Scott	11	Elk Grove	5:18.39
33 Ethan Veslenio	12	Franklin (Eg)	5:25.19
34 Octavio Carranza	11	McNair	5:25.39
35 Daniel Singh	11	McNair	5:28.63
36 Jeremiah Quilantang	12	McNair	5:29.02
37 Augustin Peinado	11	Plsant Grove	5:36.81

38 Kyle Danh	11	Plsant Grove	5:40.96
39 Diego Cervantes	11	Franklin (S)	5:45.33
40 Danny Avery	11	Elk Grove	5:47.28
41 Kyle Andrus	11	Elk Grove	5:49.21
42 Justin Winchell	12	Western Sierra	5:52.63
43 Alex Kwong	11	McClatchy	5:59.73
44 Fermin Uribe	11	Will C. Wood	6:09.25
45 Sumaid Mahmood	12	Valley	6:10.08
46 Sunny Cheema	12	Franklin (S)	6:10.44
47 Julio Sandoval	11	Franklin (S)	6:20.59

Event 10 Girls 4x100 Meter Relay Frosh/Soph

Record: 52.54 R 2/25/2012 Franklin (EG)

J O'Neal, C Dike, I Ezimora, D Townsend

Team	Relay	Finals
Finals		
1 Monterey Trail	B	53.45
1) Jade Newman 10	2) Alexis Crout 10	
3) Lauryn Carter 9	4) Miciyah Stevens 9	
2 Oak Ridge	A	54.92
1) Natalie Loggins 10	2) Alexa Ray 10	
3) Natalie Kinney 10	4) Michaela Brown 10	
3 Franklin (Eg)	A	55.08
1) Kristen Moore 10	2) Jaida Robinson 9	
3) Logan Ruggles 9	4) Tiffany Maninang 10	
4 Laguna Creek	A	55.93
1) Airahseli Chavez-Douglas 10	2) Cieanna Vongsa 9	
3) Whitney Prentice 9	4) Kiana Whitfield 9	
5 Merrill West	A	56.45
1) Zaria Ealy 10	2) Marissa Perez 10	
3) Morgan Brown 10	4) Dominique Aciego 10	
6 Laguna Creek	B	58.22
1) Leia Bersamina 10	2) Bea Lai 10	
3) Aman Kaur 9	4) Sarah Hasabumutima 10	
7 Pleasant Grove	A	58.40
8 Monterey Trail	A	58.44
1) Sikauri Moten 9	2) Tehya Beadles 9	
3) Nia Collins 9	4) Lauryn Giles 10	
9 Franklin (Eg)	B	1:00.13
1) Brandy Hoang 9	2) Ana Lara 10	
3) Aaliyah Hayden 9	4) Hannah Corbett 9	
10 Rio Linda	A	1:00.87
1) Aria Nash 9	2) Alizh Zimmerman 9	
3) Nia Powell 9	4) Candis Smith 10	

Event 11 Boys 4x100 Meter Relay Frosh/Soph

Record: 46.00 R 3/1/2014 Franklin (EG)

D Colma-Terry, K Tamondong, M Reese, A Loeza

Team	Relay	Finals
Finals		
1 Pleasant Grove	A	46.62
2 Franklin (S)	A	46.80
1) Jason Robinson 10	2) Damion Pursley 10	
3) Alvaro Cardenas 9	4) Jesus Garcia 10	

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Finals ... (Event 11 Boys 4x100 Meter Relay Frosh/Soph)		
Team	Relay	Finals
3 Will C. Wood	A	47.02
1) Victor Harshberger 9	2) Deshawn Parks 10	
3) Vincent Zabat 9	4) Christian Catlin 9	
4 Monterey Trail	A	47.04
1) Richard Dang 9	2) Pedro Pantoja 10	
3) Quan Phun 10	4) Sam Williams 9	
5 Oak Ridge	A	47.08
1) Danny Arroyo 10	2) John Sliwka 10	
3) Spencer Kimmel 10	4) Christian Wootton 10	
6 Cosumnes Oaks	A	47.26
1) Jakeyl Johnson-Millan 12		
7 Merrill West	A	48.05
1) Koby Aphyagarath 10	2) Camron Cargile 10	
3) Anthony Johnson 10	4) James Cannon 9	
8 Vacaville	A	48.11
1) Tre'vonne Hunt 9	2) Keon Hammond 9	
3) Carlos Garcia 9	4) Brett Gregorich 9	
9 Elk Grove	A	48.96
1) Michael Dunn 10	2) Andrew Martinez 10	
3) Brennon Navarro 9	4) Peter Hoang 9	
10 Cosumnes Oaks	B	49.28
1) Jarrod Green 10	2) Rafael Mercado 9	
3) Ron Michael Yu 9	4) Brady Gomez 9	
11 Laguna Creek	A	49.31
1) Silas Washington 9	2) Kenny Woods 9	
3) Derious Ortiz 9	4) Daniel Brown 9	
12 McClatchy	A	50.61
1) Cameren Davis 10	2) Andrew Fuel 10	
3) Andrew Serrato 9	4) Ransaan White 10	
13 Laguna Creek	B	52.28
1) Oscar Lopez 10	2) Nico Subido 9	
3) Trevon Dunkerson 10	4) Caleb Flowers 9	
--- Franklin (Eg)	A	DQ
1) Vincent Lentine 10	2) Chimobi Nwokocho 10	
3) Xion Rose 9	4) Aries Loeza 10	

Event 12 Girls 4x100 Meter Relay Varsity
Record: 49.46 R 2/23/2013 Franklin (EG)

I Ezimora, J O'Neal, C Dike, D Winters		
Team	Relay	Finals
Finals		
1 Franklin (Eg)	A	48.52R
1) Jordan O'Neal 12	2) Ifunanya Ezimora 12	
3) Cecily Montanez 11	4) Chinyere Dike 12	
2 Cosumnes Oaks	A	50.61
1) Natsumi Mcgee 12	2) Mishaye Venerable 12	
3) Evy Banales 12	4) Fope Olusola 11	
3 Merrill West	A	51.12
1) Kiara Jones 9	2) Azaleia Caluza 10	
3) Ivie Eboigbodin 11	4) Alexis Lockard 11	
4 Monterey Trail	A	51.16
1) Tashayia George 12	2) Zaire Hammond 11	
3) Adwoa Akyianu 10	4) Camryn Cook 10	

5 Franklin (S)	A	52.24
1) Tangala Guy 11	2) De'Asha Rhone 10	
3) J'Liyah Miles 12	4) Jayla Miles 9	
6 Monterey Trail	B	52.76
1) Alexis Mariland 12	2) Khiriona Phillips-Brown 11	
3) Imani Hunt 11	4) Amber Cook 12	
7 Pleasant Grove	A	52.86
1) Tori Davis 10	2) Jessica Bias 11	
3) Mia Daniels 11	4) Ele Avery 10	
8 Oak Ridge	A	53.43
1) Jaimi Gotro 12	2) Kathryn Sanders 12	
3) Skylar Caesar 12	4) Sierra Salmon 11	
9 Franklin (Eg)	B	54.18
1) Ashlyn Wiseman 11	2) Gabrielle Ednilao 11	
3) Amanda Brooks 11	4) Amari Smith 11	
10 Elk Grove	A	54.39
1) Portia Williams 12	2) Haley Grieger 11	
3) Tyjah Bramwell 10	4) Monica Meyers 12	
--- Rio Linda	A	DQ
1) Alyssa Francis 11	2) De'Areanh Alijuah 12	
3) Yessenia Garcia 11	4) Kiara Cryer 12	

Event 13 Boys 4x100 Meter Relay Varsity
Record: 43.71 R 3/1/2014 Heritage

N Noble, K Lacy, F Kurtz, A Winding		
Team	Relay	Finals
Finals		
1 Merrill West	A	44.14
1) Christian Velasco 11	2) Justin Velasco 11	
3) Dion Collier 11	4) James Gibbons 11	
2 Folsom	A	44.47
1) Tayari Reed 12	2) Drake Stallworth 10	
3) Satvik Jagulala 11	4) Kaleb Outhavong 10	
3 Laguna Creek	A	44.58
1) Clinton Spellman 10	2) Calvin Spellman 10	
3) Gabriel Norvell 11	4) Austin Smiley 12	
4 Monterey Trail	A	44.75
1) Allen Deguzman 12	2) Trey Nahhas 12	
3) Isiaha Brown 12	4) Arnett Belton 11	
5 Elk Grove	A	44.79
1) Ali Evans 12	2) Jackson Nemitz 12	
3) Isiaah Coleman 10	4) Aidan Tank 11	
6 Pleasant Grove	A	44.90
1) Cedric Melancon 11	2) Jemantaj Frommoetheldo 11	
3) Korey Gonzales 12	4) Joseph Conner 12	
7 Cosumnes Oaks	A	45.03
1) Marcus Harmon 12	2) Derrick Griffith II 11	
3) Kevin O'Neill 10	4) Otis Benson 11	
8 Oak Ridge	A	45.16
1) Griffin Prather 12	2) Brandon Jetter 12	
3) Wyatt Maeva 11	4) Chubi Ohanele 10	
9 Franklin (S)	A	46.39
1) Mark Franco 12	2) Martino Glover 11	
3) Sengan Harding 11	4) Jovon Woods 11	

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Finals ... (Event 13 Boys 4x100 Meter Relay Varsity)

Team	Relay	Finals
10 Pleasant Grove	B	46.68
1) Alejandro Sanchez 12	2) MacLean Conner 11	
3) Zahary Basham 11	4) Zack Sutcliffe 12	
11 Monterey Trail	B	46.86
1) Adrienne Bautista 11	2) Myles Pruitt 11	
3) Ryan Thomas 12	4) Jerel Wilson 12	
12 Valley	A	47.11
1) Samual Lauderdale 12	2) Torrey White 11	
3) Savion Jones Jefferson 11	4) Nolan Rapier 12	
13 Cosumnes Oaks	B	47.46
14 McNair	A	48.03
1) Kameron Davis 11	2) Austin Sith 10	
3) Sean Hamilton 11	4) Dashawn Williams 12	
15 McClatchy	A	48.80
1) Junior Quichocho 12	2) Max Castro 12	
3) Tazio Giordano 10	4) Taro Kita 12	
16 Franklin (Eg)	B	48.97
1) Muhammed Akhtar 12	2) Marcus Pitts 11	
3) Tanner Keinath 11	4) Jarren Williams 11	
--- Elk Grove	B	DQ
1) Naasir Solomon 11	2) Garrett Seno 11	
3) Tyrone Moore 11	4) Isaiah Gary 10	
--- Franklin (Eg)	A	DQ
1) Donnie Coloma-Terry 11	2) Ugo Dike 12	
3) Patrick Walker 12	4) Jordan Booth 12	

Event 14 Girls Distance Medley Frosh/Soph

Legs: 1200, 400, 800, 1600

Record: 13:48.51 R 2/23/2013 Oak Ridge

W Wilhelmly, A Hendrickson, K O'Donnell, P Wright

Team	Relay	Finals
Finals		
1 Pleasant Grove	A	13:51.09
1) Rachel Victor 10	2) Sara Fisher 10	
3) Rebekah Golden 10	4) Rachel Roach 9	
2 Oak Ridge	A	14:05.44
1) Kayla Renner 9	2) Natalie Loggins 10	
3) Madeline Vanhonsbrouck 9	4) Sarah Dolley 10	
3 Sheldon	A	14:42.03
1) Amber Hughes 9	2) Abigail Corral 9	
3) Perla Gonzalez 10	4) Lauren Windmiller 10	
4 McClatchy	A	14:52.29
1) Melanie Holst 9	2) Suzie Ramirez 10	
3) Lyric Morales 10	4) Sophia deBoer 9	
5 Cosumnes Oaks	A	16:24.52
1) Tram Dao 11	2) Julia Spowart 10	
3) Savannah Groves 10	4) Promise Johnson 9	
6 Rio Linda	A	16:47.73
1) Isabel Ramos 10	2) Micah Lagge 10	
3) Aria Nash 9	4) Alizh Zimmerman 9	

Event 15 Boys Distance Medley Frosh/Soph

Legs: 1200, 400, 800, 1600

Record: 11:44.75 R 2/26/2011 Oak Ridge

Z Thornton, D Armstrong, E Baxter, M Monet

Team	Relay	Finals
Finals		
1 Sheldon	A	11:44.16R
1) Johnny DeMesa 9	2) Pablo Pinedo 10	
3) Michael Ruiz 9	4) Derek Dokter 10	
2 Oak Ridge	A	11:50.80
1) Tyler Salcido 9	2) Christian Wootton 10	
3) Lance Bricca 9	4) Luke Bricca 10	
3 McClatchy	A	11:56.24
1) Emmett McMahon 9	2) Jonah Wiener-Brodkey 9	
3) Christian McAmis 10	4) Amos Karlsen 9	
4 Elk Grove	A	12:11.41
1) Nate Montoya 10	2) Peter Hoang 9	
3) Jarred Paguio 9	4) Noah Seto 9	
5 Cosumnes Oaks	A	12:27.00
1) Nick Hall 10	2) Joseph Terry 10	
3) Rafael Mercado 9	4) Jake Bowers 9	
6 Pleasant Grove	A	12:29.68
1) Brock Miler 10	2) Titus Martinez 9	
3) Ethan Verdoorn 9	4) Blake Miller 10	
7 Vacaville	A	12:54.44
1) Shawn Behrens 10	2) Kris Hernandez 10	
3) Dillon Ryder 10	4) Jacob Windham 10	
8 Rio Linda	A	13:52.28
1) Issac Dominguez 10	2) cameron Decristofaro 9	
3) Ramon Juarez 10	4) Stas Radion 9	

Event 16 Girls Distance Medley Varsity

Legs: 1200, 400, 800, 1600

Record: 13:16.97 R 2/25/2012 Oak Ridge

S Andrus, E Velez, R Peterson, M Mefford

Team	Relay	Finals
Finals		
1 Folsom	A	13:12.01R
1) Kat Copeland 10	2) Sarah Canzoneri 10	
3) Muna Alhamad 12	4) Rachel Pajer 9	
2 Elk Grove	A	13:39.78
1) Kiran Dhillon 11	2) Haley Grieger 11	
3) Britney Edwards 11	4) Isabella Dobson 10	
3 McClatchy	A	13:49.33
1) Clarissa Nowag-Nelson 9	2) Qiera Nixon 10	
3) Brooke Lemke 11	4) Ashley Reid 9	
4 Oak Ridge	A	13:54.99
1) Peyton Wright 11	2) Sierra Salmon 11	
3) Gloria Dabiri 11	4) Mikhayla Polivka 11	
5 Vacaville	A	14:36.97
1) Yoanna Arenas 10	2) Cassiel Nortier-Tilly 10	
3) Hannah Case 10	4) Emily Ballerini 12	

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Results

Finals ... (Event 16 Girls Distance Medley Varsity)

Team	Relay	Finals
6 Merrill West	A	14:41.58
1) Bianca Duran 11	2) Hannah James 9	
3) Carrie Buckley 10	4) Amanda Griffith 11	
7 Pleasant Grove	A	16:02.53
1) Aryana Archuleta 11	2) Mia Newbold 11	
3) Molly Weber 12	4) Esraa Tresh 12	

Event 17 Boys Distance Medley Varsity

Legs: 1200, 400, 800, 1600

Record: 11:08.08 R 2/25/2012 Las Lomas

G Ramos, K Hochhaus, K Tarter, A Goltra

Team	Relay	Finals
Finals		
1 Merrill West	A	11:16.65
1) Simon Franco 11	2) Yuyavan Robles 12	
3) Elias Rodriguez 12	4) Zayed Zaman 10	
2 Sheldon	A	11:29.05
1) Austin Smith 11	2) Andrew Mellick 11	
3) Andrew Caudle 12	4) Joel Giordano 11	
3 Elk Grove	A	11:47.56
1) Caleb Marshall 11	2) Jackson Nemitz 12	
3) Austin Sommers 11	4) Scott Seno 11	
4 Vacaville	A	11:50.98
1) Aaron Lane 12	2) Liang Chin Su 12	
3) Nick Behrens 11	4) Trevor Stratton 11	
5 Cosumnes Oaks	A	12:03.53
1) Andrew Bowers 11	2) Marcellus Jones 10	
3) Sebastian Leon 10		
6 McNair	A	12:09.87
1) Daniel Singh 11	2) Dashawn Williams 12	
3) Andres Sandoval 10	4) Alex Medina 10	
7 Pleasant Grove	A	13:27.94
1) Alexander Droubay 11	2) Brian Ganzler 11	
3) Taylor Gould 11	4) Fernando Herrera 12	

Event 18 Girls 100 Meter Dash Frosh/Soph

Record: 13.51 R 3/1/2014 Mia Daniels

Name	Yr	School	Finals
Finals			
1 Kayla Ford	9	Vacaville	13.11R-1.9
2 Lauryn Giles	10	Monterey Trail	13.65 -0.5
3 Nia Collins	9	Monterey Trail	13.65 -0.5
4 Kelley Renner	9	Oak Ridge	13.81 -1.9
5 Kiana Delarosa	9	Plsant Grove	13.90 -0.5
6 Airahseli Chavez-Douglas	10	Laguna Creek	14.12 -1.1
7 Shayna Temple	10	Valley	14.12 -1.1
8 Delani Fish	10	Will C. Wood	14.17 -1.9
9 Phanny Nguyen	9	Plsant Grove	14.62 -0.5
10 Sarah Hasabumutima	10	Laguna Creek	14.64 -0.5
11 Dominique Aciego	10	Merrill West	14.66 -1.9
12 Emily Miller	9	Will C. Wood	14.79 -0.5
13 Alexandria Walker	9	Franklin (S)	14.80 -1.9
14 Marissa Perez	10	Merrill West	15.08 -0.5

15 Catalina Ta	9	Folsom	15.12 -1.1
16 Christy Huynh	9	Franklin (Eg)	15.28 -0.5
17 Christina Jivanor	9	Oak Ridge	15.42 -0.5
18 Aaliyah Hayden	9	Franklin (Eg)	15.62 -1.1
19 Hayley Butler	9	Folsom	15.64 -1.1
20 Maxine Garcia	9	Plsant Grove	15.70 -0.5
21 Aman Kaur	9	Laguna Creek	15.71 -1.9
22 Isabel Murphy	10	Rio Linda	15.82 -1.9
23 Nicole Leung	10	McClatchy	15.95 -1.1
24 Phyre Manning Fuller	9	Oak Ridge	16.30 -0.5
25 Summer MacPherson	9	Western Sierra	16.47 -0.5
26 Japbir Chhina	10	Merrill West	16.70 -0.5
27 Hannah Corbett	9	Franklin (Eg)	17.42 -0.5
28 Candis Smith	10	Rio Linda	17.85 -0.5
29 Jacey Weiher	9	Western Sierra	18.11 -0.5

Event 19 Boys 100 Meter Dash Frosh/Soph

Record: 11.85 R 3/1/2014 Kaderro Tamondong

Name	Yr	School	Finals
Finals			
1 James Hampton	10	Plsant Grove	11.68R-2.2
2 Deshawn Parks	10	Will C. Wood	12.04 -1.6
3 Anthony Johnson	10	Merrill West	12.08 -1.6
4 Aries Loeza	10	Franklin (Eg)	12.24 -1.6
5 Pedro Pantoja	10	Monterey Trail	12.24 -1.2
6 Damion Pursley	10	Franklin (S)	12.33 -0.7
7 Tre'vonne Hunt	9	Vacaville	12.33 -0.7
8 Christian Catlin	9	Will C. Wood	12.42 -0.7
9 Camron Cargile	10	Merrill West	12.45 -0.7
10 Jason Robinson	10	Franklin (S)	12.49 -0.6
11 Sam Williams	9	Monterey Trail	12.49 -2.2
12 Jesus Garcia	10	Franklin (S)	12.50 -1.6
13 Victor Harshberger	9	Will C. Wood	12.53 -1.6
14 Carlos Garcia	9	Vacaville	12.62 -0.7
15 Devin Bright	9	Cosumnes Oak	12.69 -1.6
16 Quinton Quartey	9	Cosumnes Oak	12.77 -1.6
17 John Sliwka	10	Oak Ridge	12.77 -0.7
18 Seth Huit	10	Vacaville	12.84 -1.2
19 Daniel Brown	9	Laguna Creek	12.91 -0.6
20 Raphael Darkwa	9	Franklin (Eg)	13.01 -1.2
21 Dax Nguyen	10	Plsant Grove	13.10 -2.2
22 Hunter Hayden	10	Oak Ridge	13.14 -0.6
23 Andrew Martinez	10	Elk Grove	13.14 -1.7
24 Michael Dunn	10	Elk Grove	13.22 -1.2
25 Matt Sterett	9	Oak Ridge	13.28 -0.6
26 Keon Hammond	9	Vacaville	13.40 -0.7
27 Silas Washington	9	Laguna Creek	13.40 -0.7
28 Nathaniel Gordon	10	Plsant Grove	13.43 -1.7
29 Issac Dominguez	10	Rio Linda	13.52 -0.6
30 Shelby Sindle	9	McClatchy	13.72 -2.2
31 Derious Ortiz	9	Laguna Creek	13.78 -0.6
32 Cody Hawley	9	Western Sierra	13.78 -1.7
33 Micah Iverson	10	Folsom	13.80 -1.6
34 Kelechi Igwe	10	Franklin (Eg)	13.81 -0.6
35 Richard Dang	9	Monterey Trail	13.81 -2.2

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Finals ... (Event 19 Boys 100 Meter Dash Frosh/Soph)

Name	Yr	School	Finals
36	Joban Singh	10 Rio Linda	14.16 -1.2
37	Chen Xi Ding	9 McClatchy	14.25 -2.2
38	Kobe Bernadas	10 Franklin (Eg)	14.26 -1.7
39	Ahmo Haer	10 Merrill West	14.37 -0.6
40	Josh Vavra	9 Western Sierra	14.38 -2.2
41	Tommy Dunham	9 Western Sierra	14.62 -1.2
42	Austin Sporer	10 Rio Linda	14.70 -2.2
43	Ethan Borg	9 McClatchy	15.35 -1.2
44	Kenneth Kayo	9 Vacaville	16.12 -1.2

Event 20 Girls 100 Meter Dash Varsity

Record: 12.67 R 2/23/2013 Chinyere Dike

Name	Yr	School	Finals
Finals			
1	Chinyere Dike	12 Franklin (Eg)	12.54R-0.7
2	Natsumi Mcgee	12 Cosumnes Oak	12.59R-0.7
3	J'Liyah Miles	12 Franklin (S)	13.06 -0.7
4	Ifunanya Ezimora	12 Franklin (Eg)	13.23 -0.7
5	Zaire Hammond	11 Monterey Trail	13.32 -1.2
6	Amanda Brooks	11 Franklin (Eg)	13.41 -0.7
7	Jayla Miles	9 Franklin (S)	13.46 -0.7
8	Khiriona Phillips-Brown	11 Monterey Trail	13.73 -1.8
9	Mishaye Venerable	12 Cosumnes Oak	13.75 -0.7
10	Adwoa Akyianu	10 Monterey Trail	13.81 -1.8
11	Portia Williams	12 Elk Grove	13.95 -1.2
12	Tori Davis	10 Plsant Grove	13.96 -1.3
13	Callie Freeman	11 Folsom	14.04 -4.6
14	De'Asha Rhone	10 Franklin (S)	14.18 -0.7
15	Azaleia Caluza	10 Merrill West	14.38 -4.6
16	Mary Ashaolu	12 McNair	14.47 -4.6
17	Evy Banales	12 Cosumnes Oak	14.58 -4.6
18	Monica Meyers	12 Elk Grove	14.73 -1.8
19	Jewel Brown	12 Valley	14.76 -1.2
20	Jennifer Pollock	9 Folsom	15.00 -4.6
21	Whitney Prentice	9 Laguna Creek	15.07 -4.6
22	Kiara Jones	9 Merrill West	15.17 -4.6
23	Ashlyn Wiseman	11 Franklin (Eg)	15.31 -1.2
24	Justine Kieffer	12 Will C. Wood	15.43 -1.3
25	Malia Rebollo	10 Western Sierra	15.47 -1.3
26	Grace Hepworth	12 Plsant Grove	15.62 -1.3
27	Courtney Hutchins	11 Oak Ridge	15.80 -1.3
28	Jessica Leung	11 McClatchy	15.84 -1.8
29	Claire Sugihara	12 Oak Ridge	15.89 -1.3
30	Destiny Sheppard	12 McNair	15.90 -1.2
31	Leia Bersamina	10 Laguna Creek	15.91 -1.3
32	Mikala Tator	12 Oak Ridge	16.33 -1.3
33	Freya Davis	10 Western Sierra	16.46 -1.8
34	Kiara Cryer	12 Rio Linda	16.92 -4.6
35	Tamaya Johnson	11 McClatchy	17.95 -1.2

Event 21 Boys 100 Meter Dash Varsity

Record: 11.13 R 3/1/2014 David Mewborn

Name	Yr	School	Finals
Finals			
1	Brandon Jetter	12 Oak Ridge	11.39 -1.6
2	Jordan Booth	12 Franklin (Eg)	11.47 -1.6
3	Drake Stallworth	10 Folsom	11.54 -1.6
4	Chubi Ohanele	10 Oak Ridge	11.57 -1.6
5	Dion Collier	11 Merrill West	11.63 -1.6
6	Calvin Spellman	10 Laguna Creek	11.72 -1.9
7	Jovon Woods	11 Franklin (S)	11.75 -1.9
7	Clinton Spellman	10 Laguna Creek	11.75 -1.8
9	Allen Deguzman	12 Monterey Trail	11.81 -2.3
10	Marcus Harmon	12 Cosumnes Oak	11.83 -1.9
11	Patrick Walker	12 Franklin (Eg)	11.83 -1.6
12	Torrey White	11 Valley	11.90 -0.5
13	Tayari Reed	12 Folsom	11.91 -1.6
14	Trey Nahhas	12 Monterey Trail	11.98 -0.5
15	James Gibbons	11 Merrill West	12.02 -1.9
16	Korey Gonzales	12 Plsant Grove	12.03 -2.2
17	Kristian Arias	11 Will C. Wood	12.06 -1.8
18	Jakeyl Johnson-Millan	12 Cosumnes Oak	12.10 -1.8
19	Justin Velasco	11 Merrill West	12.15 -1.8
20	Arnett Belton	11 Monterey Trail	12.17 -0.5
21	Derrick Griffith II	11 Cosumnes Oak	12.20 -1.9
22	Donnie Coloma-Terry	11 Franklin (Eg)	12.26 -1.6
23	Sean Hamilton	11 McNair	12.53 -1.9
24	Wyatt Maeva	11 Oak Ridge	12.57 -1.8
25	Samual Lauderdale	12 Valley	12.58 -2.3
26	Derrick Lowry	11 Will C. Wood	12.61 -1.8
27	Isaiah Gary	10 Elk Grove	12.70 -0.5
28	Kyle Wood	10 Western Sierra	12.72 -0.5
29	Jordan Boyd	11 Will C. Wood	12.78 -1.8
30	Otis Benson	11 Cosumnes Oak	12.80 -2.2
31	Nolan Rapier	12 Valley	12.82 -2.2
32	Austin Sith	10 McNair	12.91 -1.9
33	Naasir Solomon	11 Elk Grove	13.00 -2.3
34	Alex Maciel	11 Elk Grove	13.18 -2.2
35	Nate Villalobos	11 Vacaville	13.20 -1.8
36	Sengan Harding	11 Franklin (S)	13.26 -2.3
37	Kameron Davis	11 McNair	13.32 -1.9
38	Christopher Yang	11 Rio Linda	13.61 -2.3
39	Apostolos Delis	10 Western Sierra	13.68 -0.5
40	Abraham Ortiz	11 Rio Linda	13.96 -2.3
41	Gerardo Ochoa	11 Franklin (S)	13.97 -2.3
42	Jason Rosales	11 Laguna Creek	14.17 -2.3

Event 22 Girls 400 Meter Dash Frosh/Soph

Record: 1:01.78 R 2/23/2013 Amari Smith

Name	Yr	School	Finals
Finals			
1	Kayla Ford	9 Vacaville	59.73R
2	Tatiana Jimenez	10 Franklin (Eg)	1:00.96R
3	Imani Parker	9 Cosumnes Oak	1:02.28

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Results

Finals ... (Event 22 Girls 400 Meter Dash Frosh/Soph)

Name	Yr	School	Finals
4 Miah Moore	9	Cosumnes Oak	1:04.84
5 Makayla Stonestreet	9	Cosumnes Oak	1:05.59
6 Maxine Garcia	9	Plsant Grove	1:06.86
7 Manda Nguyen-Sanh	9	Plsant Grove	1:06.96
8 Michaela Brown	10	Oak Ridge	1:08.07
9 Stephanie Rivas	9	Plsant Grove	1:08.58
10 Lyric Morales	10	McClatchy	1:09.33
11 Nia Powell	9	Rio Linda	1:10.02
12 Sydney Edwards	9	Folsom	1:10.43
13 Christina Jivanor	9	Oak Ridge	1:12.02
14 Nina Ross	10	Merrill West	1:12.66
15 Kiana Whitfield	9	Laguna Creek	1:12.85
16 Malia Rebollo	10	Western Sierra	1:13.39
17 Sierra Whittington	10	Merrill West	1:13.82
18 Phyre Manning Fuller	9	Oak Ridge	1:15.91
19 Michelle Nguyen	9	Merrill West	1:19.00
20 Freya Davis	10	Western Sierra	1:19.71

Event 23 Boys 400 Meter Dash Frosh/Soph

Record: 54.09 R 2/23/2013 Gerald Colvin

Name	Yr	School	Finals
1 Jonathan Lam	10	Cosumnes Oak	54.44
2 Deshawn Parks	10	Will C. Wood	54.45
3 Henry Powell	10	McClatchy	55.65
4 Alvaro Cardenas	9	Franklin (S)	56.46
5 Brandon Perez	9	Merrill West	56.63
6 Jacob Teodoro	10	Folsom	56.69
7 Brett Gregorich	9	Vacaville	56.92
8 Patrick Acholonu	9	Plsant Grove	57.42
9 Jaylen Johnson	9	Oak Ridge	57.43
10 Peter Hoang	9	Elk Grove	57.73
11 Adrian Lauderdale	10	Folsom	57.84
12 Jesse Milliken	10	Will C. Wood	58.30
13 Stanley Jenkins	10	Rio Linda	58.77
14 Vincent Zabat	9	Will C. Wood	59.21
15 Oscar Lopez	10	Laguna Creek	59.53
16 Koby Aphaygarath	10	Merrill West	59.71
17 Ruben Garcia	9	Monterey Trail	59.80
18 Andrew McGee	10	Elk Grove	1:00.35
19 Nico Subido	9	Laguna Creek	1:00.60
20 Sam Sisouk	10	Monterey Trail	1:00.83
21 Apostolos Delis	10	Western Sierra	1:01.65
22 Simeon Zlatanov	10	Oak Ridge	1:01.88
23 Williams Zachary	9	Cosumnes Oak	1:02.13
24 Peter Dunham	10	Western Sierra	1:02.37
25 Brennon Navarro	9	Elk Grove	1:03.74
26 Zachary Serrano	10	Plsant Grove	1:03.89
27 Matthew Pilawa	9	Western Sierra	1:06.47
28 Kenneth Kayo	9	Vacaville	1:18.16

Event 24 Girls 400 Meter Dash Varsity

Record: 57.60 R 3/1/2014 Jazmine Smith

Name	Yr	School	Finals
1 Camryn Cook	10	Monterey Trail	59.52
2 Amari Smith	11	Franklin (Eg)	1:00.76
3 Brianna Cooper	12	McClatchy	1:03.41
4 Tangala Guy	11	Franklin (S)	1:03.82
5 Qiera Nixon	10	McClatchy	1:05.21
6 Tashayia George	12	Monterey Trail	1:07.03
7 Armani Leapheart	11	Laguna Creek	1:07.74
8 Tyjah Bramwell	10	Elk Grove	1:08.61
9 Imani Hunt	11	Monterey Trail	1:08.97
10 Alyssa Francis	11	Rio Linda	1:10.18
11 Jalyn Carr	11	Merrill West	1:11.64
12 Earthelena Garrett	12	Valley	1:12.26
13 Tatyana Nealy	11	Merrill West	1:13.15
14 Marissa Porter	11	Oak Ridge	1:13.65
15 Amanda Griffith	11	Merrill West	1:14.59
16 Justine Kieffer	12	Will C. Wood	1:15.61

Event 25 Boys 400 Meter Dash Varsity

Record: 50.31 R 3/1/2014 Jahmar Sexton

Name	Yr	School	Finals
1 Kaleb Outhavong	10	Folsom	51.86
2 Bret McNamee	12	Oak Ridge	52.11
3 Sam Morrar	10	Laguna Creek	52.12
4 Aidan Tank	11	Elk Grove	53.04
5 John Harrington	12	Laguna Creek	53.45
6 Gurshaun Singh	12	Franklin (Eg)	53.45
7 Orlando Wilkerson	12	Plsant Grove	53.87
8 Ali Evans	12	Elk Grove	54.77
9 Jemantaj Frommoetheldo	11	Plsant Grove	55.33
10 Satvik Jagulala	11	Folsom	55.69
11 Isiaah Coleman	10	Elk Grove	56.16
12 Nolan Rapier	12	Valley	56.50
13 Mark Franco	12	Franklin (S)	56.69
14 Kalid Knox	12	Will C. Wood	56.78
15 Savion Jones Jefferson	11	Valley	57.32
16 Samual Lauderdale	12	Valley	58.18
17 Tharon Cornist	11	Will C. Wood	58.36
18 Kumani McGee	11	Merrill West	58.86
19 Tanner Martin	11	Oak Ridge	59.13
20 Kyle Wood	10	Western Sierra	59.17
21 Tyler Fratus	11	Merrill West	59.78
22 Shrief Ibrahim	11	Franklin (Eg)	1:00.34
23 Marco Sanchez	12	Oak Ridge	1:05.37
24 Abraham Ortiz	11	Rio Linda	1:06.27
25 Antonio Munoz	11	Franklin (S)	1:06.60
26 Christopher Yang	11	Rio Linda	1:06.79

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Event 26 Girls 800 Meter Run Frosh/Soph

Record: 2:38.90 R 2014

Jessica Hamstengel

T Ashby, M Ong, R Emrick, A Bamford

Name	Yr	School	Finals
Finals			
1	Kara Smith	9 Franklin (Eg)	2:20.25R
2	Caitlin Nguyen	10 Will C. Wood	2:28.45R
3	Kayla Renner	9 Oak Ridge	2:31.35R
4	Sage Green	9 Plsant Grove	2:33.79R
5	Clarissa Nowag-Nelson	9 McClatchy	2:37.65R
6	Sara Fisher	10 Plsant Grove	2:39.12
7	Rebekah Golden	10 Plsant Grove	2:40.08
8	Geneva Huynh	10 Folsom	2:43.84
9	Sarah Dolley	10 Oak Ridge	2:44.12
10	Sophia deBoer	9 McClatchy	2:44.61
11	Perla Gonzalez	10 Sheldon	2:47.46
12	Jillian Johnson	10 Plsant Grove	2:48.34
13	Promise Johnson	9 Cosumnes Oak	2:52.33
14	Courtney Rice	9 Laguna Creek	2:52.56
15	Melanie Holst	9 McClatchy	2:53.89
16	Suzie Ramirez	10 McClatchy	2:54.33
17	Eliza Harding	10 Folsom	2:54.76
18	Micah Lagge	10 Rio Linda	3:00.03
19	Ireland Bonds	10 Folsom	3:02.49
20	Gina Kwon	9 Folsom	3:02.94
21	Jennifer Weiher	10 Western Sierra	3:05.94
22	Miranda Gutierrez	10 Elk Grove	3:06.13
23	Marileigh Ramp	9 Will C. Wood	3:06.48
24	Ariel Hoage	10 Vacaville	3:06.82
25	Manpreet Chand	9 Monterey Trail	3:08.13
26	Savannah Groves	10 Cosumnes Oak	3:08.60
27	Jade Harris	Cosumnes Oak	3:08.73
28	Kristen Hamilton	10 Vacaville	3:11.07
29	Cathy Lu	9 Monterey Trail	3:11.13
30	Michelle Ficht	10 Cosumnes Oak	3:16.13
31	Jackie Mejia	11 Franklin (S)	3:16.46
32	Bayleigh Mitchell	10 Monterey Trail	3:21.88
33	Isabel Ramos	10 Rio Linda	3:23.29
34	Lois Ditoiu	10 Cosumnes Oak	3:24.35
35	Ericka Mendez	10 Franklin (S)	3:25.75
36	Marissa Lee	9 Cosumnes Oak	3:28.39
37	Valeria Peinado	10 Plsant Grove	3:31.53
38	Maddi Alt	10 Merrill West	3:35.08
39	Michelle Flores	10 Merrill West	3:39.34
40	Alissa Luangrath	10 Merrill West	3:41.25
41	Ariela Garnica	9 Sheldon	3:47.26

Event 27 Boys 800 Meter Run Frosh/Soph

Record: 2:03.16 R 2014

Xavier Weaver

D Armstrong, Z Thornton, E Baxter, M Monet

Name	Yr	School	Finals
Finals			
1	Derek Dokter	10 Sheldon	2:06.87
2	Luke Bricca	10 Oak Ridge	2:09.94
3	Andrew Enriquez	10 Merrill West	2:10.40
4	Amos Karlsen	9 McClatchy	2:11.08

5	Pablo Pinedo	10 Sheldon	2:15.44
6	Jacob Windham	10 Vacaville	2:16.10
7	Ricky Garcia	10 Will C. Wood	2:17.21
8	Ron Michael Yu	9 Cosumnes Oak	2:18.99
9	Daniel Rodriguez	9 Cosumnes Oak	2:19.23
10	Nathaniel Leong	10 Franklin (Eg)	2:19.73
11	Garrett Miller	10 Franklin (Eg)	2:20.30
12	Jupinder Parmar	9 Franklin (Eg)	2:20.33
13	Blake Miller	10 Plsant Grove	2:20.41
14	Derek Lin	9 McClatchy	2:20.89
15	Brock Miler	10 Plsant Grove	2:20.93
16	Joseph Hinojos	9 Franklin (S)	2:20.95
17	Marcos Fredrickson	9 McClatchy	2:22.71
18	Lance Bricca	9 Oak Ridge	2:23.18
19	Rafael Mercado	9 Cosumnes Oak	2:26.54
20	Jarred Paguio	9 Elk Grove	2:26.80
21	Stas Radion	9 Rio Linda	2:27.41
22	Eduardo Gonzales	9 Cosumnes Oak	2:27.98
23	Corey Hagel	10 Laguna Creek	2:28.00
24	Jacob DeMesa	9 Sheldon	2:28.08
25	Emmett McMahan	9 McClatchy	2:28.36
26	Thomas Ito	9 Cosumnes Oak	2:30.23
27	Daniel Gil	10 Merrill West	2:30.49
28	Javier Hardy	10 Valley	2:30.85
29	Julian Andaya	9 Oak Ridge	2:32.86
30	Christian Carrasco	9 Folsom	2:33.04
31	Shawn Behrens	10 Vacaville	2:34.67
32	Andrew Ballas	9 Oak Ridge	2:34.68
33	Brayden Kingston	9 Elk Grove	2:35.40
34	Zac Arthur	10 Western Sierra	2:35.73
35	Javeid Fayaz	9 Merrill West	2:36.13
36	Dominik Lovric	9 Folsom	2:36.20
37	John Russell	9 Folsom	2:37.34
38	Nicholas Weil	9 Folsom	2:37.86
39	Ramon Juarez	10 Rio Linda	2:41.52
40	Konnor Lemay	10 Will C. Wood	2:43.03
41	Bryan Lopez-garcia	10 Rio Linda	2:43.07
42	Wesley Smith	9 Monterey Trail	2:45.06
43	Joshua Loyola	9 Monterey Trail	2:47.00
44	Kevin Muerle	9 Will C. Wood	2:47.23
45	Truman Rogers	9 Western Sierra	2:47.47
46	Andre Martinez	9 Merrill West	2:54.92
47	Paine Gretler	10 Western Sierra	2:59.47
48	Miles Higashi	9 Western Sierra	3:05.14

Event 28 Girls 800 Meter Run Varsity

Record: 2:27.30 R 2014

Muna Almad

J Swingle, K Capello, V Chmil, J Weems

Name	Yr	School	Finals
Finals			
1	Kendall Herod	11 Cosumnes Oak	2:28.75
2	Cassiel Nortier-Tilly	10 Vacaville	2:33.38
3	Haley Grieger	11 Elk Grove	2:33.45
4	Peyton Wright	11 Oak Ridge	2:35.56
5	Ellie Velez	12 Oak Ridge	2:36.71
6	Brooke Lemke	11 McClatchy	2:37.70

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Results

Finals ... (Event 28 Girls 800 Meter Run Varsity)

Name	Yr	School	Finals
7		Madeleine Malone	9 Vacaville 2:38.63
8		Regina Nyareso	12 Monterey Trail 2:38.89
9		Mikhayla Polivka	11 Oak Ridge 2:38.90
10		Kamra Newton	12 Monterey Trail 2:39.21
11		Amanda Barthelmes	12 Will C. Wood 2:39.49
12		Harjit Singh	12 Sheldon 2:39.60
13		Aryana Archuleta	11 Plsant Grove 2:40.87
14		Gloria Dabiri	11 Oak Ridge 2:41.95
15		Hannah Case	10 Vacaville 2:43.37
16		Carrie Buckley	10 Merrill West 2:43.71
17		Bianca Duran	11 Merrill West 2:43.81
18		Britney Edwards	11 Elk Grove 2:46.49
19		Hannah James	9 Merrill West 2:50.71
20		Marissa Lange	12 Monterey Trail 2:58.54
21		Alexa Borg	11 McClatchy 2:59.32
22		Ayomide Wowo	11 Cosumnes Oak 2:59.43
23		Celina Zhang	12 Monterey Trail 3:02.65
24		Alondra Alvarez	12 Merrill West 3:03.22
25		Jasmine Sandoval	12 McNair 3:04.10
26		Abbi Johnson	11 Folsom 3:05.77
27		Keisha Edwards	11 Elk Grove 3:07.43
28		Camille Bean	11 Laguna Creek 3:10.30
29		Hailey Chatterton	11 Western Sierra 3:11.02
30		Esraa Tresh	12 Plsant Grove 3:17.09

Event 29 Boys 800 Meter Run Varsity

Record: 2:07.63 R 2014 Matt Oakland

D Armstrong, S McHone, J Zeltner, E Baxter

Name	Yr	School	Finals
Finals			
1		Stephen Gibson	12 Monterey Trail 2:02.82R
2		Jose Cruz	10 McClatchy 2:03.19R
3		Mathew Ramsdell	12 Laguna Creek 2:03.23R
4		Austin Sommers	11 Elk Grove 2:03.54R
5		Josh Gladwell	12 Oak Ridge 2:04.47R
6		Aaron Lane	12 Vacaville 2:04.51R
7		Zach Soohoo	12 Franklin (Eg) 2:08.16
8		Zayed Zaman	10 Merrill West 2:09.99
9		Israel Rivera	11 Monterey Trail 2:10.46
10		Andrew Caudle	12 Sheldon 2:10.60
11		Taylor Gould	11 Plsant Grove 2:10.87
12		Andres Sandoval	10 McNair 2:12.34
13		Alex Medina	10 McNair 2:13.38
14		John Kretschmann	12 Folsom 2:13.60
15		Josh Pettingill	11 Folsom 2:13.65
16		Chet Bhatti	12 Sheldon 2:13.94
17		Bret McNamee	12 Oak Ridge 2:15.23
18		Yuyavan Robles	12 Merrill West 2:16.65
19		Matt Hopper	11 Folsom 2:18.29
20		Liang Chin Su	12 Vacaville 2:19.86
21		Gabe Loader	11 Amador 2:21.44
22		Joey Ramirez	11 Franklin (S) 2:22.58
23		Dajuan Silva	12 Vacaville 2:23.44
24		Keith Pagulayan	11 Sheldon 2:23.77

25	Daniel Wright	10 Folsom	2:25.09
26	Nathan Robertson	11 Franklin (Eg)	2:25.39
27	Antonio Munoz	11 Franklin (S)	2:27.47
28	Isaac Koerner	10 Western Sierra	2:27.94
29	Stephen Lamera	11 Franklin (Eg)	2:28.03
30	Fernando Herrera	12 Plsant Grove	2:28.59
31	Kyle Andrus	11 Elk Grove	2:34.85
32	Sumaid Mahmood	12 Valley	2:36.91
33	Justin Winchell	12 Western Sierra	2:38.20
34	Danny Avery	11 Elk Grove	2:42.65
35	Fermin Uribe	11 Will C. Wood	2:49.23

Event 30 Girls 800 Sprint Medley Frosh/Soph

Legs: 100, 100, 200, 400

Record: 2:01.33 R 3/1/2014 Monterey Trail

S Castex, L Giles, A Bridges, K Phillips-Brown

Team	Relay	Finals
Finals		
1	Monterey Trail	A 2:00.05R
	1) Sikauri Moten 9	2) Tehya Beadles 9
	3) Nia Collins 9	4) Lauryn Giles 10
2	Oak Ridge	A 2:01.10R
	1) Kelley Renner 9	2) Natalie Kinney 10
	3) Alexa Ray 10	4) Kayla Renner 9
3	Pleasant Grove	A 2:06.54
	1) Kiana Delarosa 9	2) Phanny Nguyen 9
	3) Sariah Rahul 9	4) Stephanie Rivas 9
4	Franklin (Eg)	A 2:06.90
	1) Jaida Robinson 9	2) Kristen Moore 10
	3) Logan Ruggles 9	4) Tiffany Maninang 10
5	Merrill West	A 2:07.57
	1) Zaria Ealy 10	2) Dominique Aciego 10
	3) Morgan Brown 10	4) Danielle Hopkins 10
6	Rio Linda	A 2:13.06
	1) Destiney Mancilla 10	2) Aria Nash 9
	3) Nia Powell 9	4) Alizh Zimmerman 9
7	Laguna Creek	A 2:16.28
	1) Leia Bersamina 10	2) Dominique Smith 9
	3) Megan Tran 9	4) Whitney Prentice 9
8	Monterey Trail	B 2:17.90
	1) Jade Newman 10	2) Alexis Crout 10
	3) Lauryn Carter 9	4) Miciyah Stevens 9
9	Franklin (Eg)	B 2:25.23
	1) Ezinne Okoh 10	2) Aaliyah Hayden 9
	3) Brandy Hoang 9	4) Ana Lara 10
---	Pleasant Grove	B DQ
	1) Vivian Ho 10	2) Alfa Avalos 10
	3) Terreanna Turner 10	4) Manda Nguyen-Sanh 9

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Event 31 Boys 800 Sprint Medley Frosh/Soph

Legs: L100, 100, 200, 400

Record: 1:41.50 R 2/25/2012 Sheldon

J Moore, C Rau, C Stone, S Edwards

Team	Relay	Finals
Finals		
1 Franklin (Eg)	B	1:45.26
1) Raphael Darkwa 9	2) Kelechi Igwe 10	
3) Kobe Bernadas 10	4) Alex Silvestre 9	
2 Merrill West	A	1:45.63
1) Koby Aphaygarath 10	2) Camron Cargile 10	
3) Anthony Johnson 10	4) James Cannon 9	
3 Vacaville	A	1:46.11
1) Tre'vonne Hunt 9	2) Seth Huitt 10	
3) Carlos Garcia 9	4) Brett Gregorich 9	
4 Franklin (S)	A	1:47.39
1) Jason Robinson 10	2) Damion Pursley 10	
3) Jesus Garcia 10	4) Alvaro Cardenas 9	
5 Cosumnes Oaks	B	1:49.09
1) Nickveer Grewal 10	2) Xavier Alexander 9	
3) Sam Anderson 9	4) Ayden Benavides 10	
6 McClatchy	B	1:50.74
1) Zhaolin Yang 9	2) Shelby Sindle 9	
3) Chen Xi Ding 9	4) Ethan Lee 9	
7 Oak Ridge	A	1:51.39
1) Spencer Kimmel 10	2) Simeon Zlatanov 10	
3) Hunter Hayden 10	4) Christian Wootton 10	
8 McClatchy	A	1:52.87
1) Andrew Fuel 10	2) Cameren Davis 10	
3) Andrew Serrato 9	4) Ransaan White 10	
9 Pleasant Grove	A	1:53.08
1) James Hampton 10	2) Eric Wong 10	
3) Blake McBeth 10	4) Christian Morgan 9	
10 Cosumnes Oaks	A	1:54.55
1) Ryan Wabon 10	2) Jacob Wildermuth 10	
3) Marcus Williams 9	4) Williams Zachary 9	
11 Rio Linda	A	1:56.54
1) David Guzman 12	2) Jeremiah Brent 10	
3) DeMarco Gorbet 9	4) jaylon ketchum 9	
12 Pleasant Grove	B	2:00.00
1) Nathaniel Gordon 10	2) Mathias Rauls 10	
3) John Elkins 10	4) Ryan Abulencia 10	
13 Laguna Creek	A	2:01.33
1) Silas Washington 9	2) Derious Ortiz 9	
3) Dennis Chavez 10	4) Oscar Lopez 10	
14 Rio Linda	B	2:06.26
1) Joban Singh 10	2) Stas Radion 9	
3) Bryan Lopez-garcia 10	4) Austin Sporer 10	

Event 32 Girls 800 Sprint Medley Varsity

Legs: 100, 100, 200, 400

Record: 1:52.91 R 2/25/2012 Cosumnes Oaks

C Jones, F Omisoula, E Banford, N Mcgee

Team	Relay	Finals
Finals		
1 Franklin (Eg)	A	1:51.00R
1) Ifunanya Ezimora 12	2) Chidinma Nwokocha 12	
3) Cecily Montanez 11	4) Chinyere Dike 12	
2 Franklin (S)	A	1:56.19
1) J'Liyah Miles 12	2) De'Asha Rhone 10	
3) Jayla Miles 9	4) Tangala Guy 11	
3 Monterey Trail	A	1:58.26
1) Tashayia George 12	2) Zaire Hammond 11	
3) Camryn Cook 10	4) Adwoa Akyianu 10	
4 Cosumnes Oaks	A	1:59.99
1) Evy Banales 12	2) Mishaye Venerable 12	
3) Nicole Terry 10	4) Joy Johnson 11	
5 Monterey Trail	B	2:02.46
1) Alexis Mariland 12	2) Khiriona Phillips-Brown 11	
3) Imani Hunt 11	4) Amber Cook 12	
6 Oak Ridge	A	2:04.32
1) Skylar Caesar 12	2) Sarah Mackean 11	
3) Sierra Salmon 11	4) Ellie Velez 12	
7 Pleasant Grove	A	2:06.65
1) Mia Daniels 11	2) Grace Hepworth 12	
3) Jayde Black 11	4) Sage Green 9	
8 Cosumnes Oaks	B	2:08.54
1) Jade Harris	2) Amor Howard 11	
3) Amber Li 12	4) Fope Olusola 11	
9 Merrill West	A	2:12.70
1) Azaleia Caluza 10	2) Tatyana Nealy 11	
3) Kiara Jones 9	4) Amanda Griffith 11	
10 Rio Linda	A	2:16.52
1) Alyssa Francis 11	2) Yessenia Garcia 11	
3) De'Areanh Alijuah 12	4) Kiara Cryer 12	

Event 33 Boys 800 Sprint Medley Varsity

Legs: 100, 100, 200, 400

Record: 1:38.52 R 2/25/2012 Cosumnes Oaks

M Litteral, A Manker, A Mercer, B Adams

Team	Relay	Finals
Finals		
1 Franklin (Eg)	A	1:37.29R
1) Patrick Walker 12	2) Jordan Booth 12	
3) Ugo Dike 12	4) Jordan Tillis 10	
2 Monterey Trail	A	1:38.64
1) Allen Deguzman 12	2) Trey Nahhas 12	
3) Isiaha Brown 12	4) Arnett Belton 11	
3 Oak Ridge	A	1:39.32
1) Griffin Prather 12	2) Brandon Jetter 12	
3) Chubi Ohanele 10	4) Josh Gladwell 12	

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Finals ... (Event 33 Boys 800 Sprint Medley Varsity)

Team	Relay	Finals
4 Elk Grove	A	1:40.63
1) Ali Evans 12	2) Isiaah Coleman 10	
3) Aidan Tank 11	4) Jackson Nemitz 12	
5 Merrill West	A	1:40.66
1) Christian Velasco 11	2) Justin Velasco 11	
3) Dion Collier 11	4) James Gibbons 11	
6 Franklin (S)	A	1:41.48
1) Sengan Harding 11	2) Jovon Woods 11	
3) Mark Franco 12	4) Martino Glover 11	
7 McClatchy	A	1:42.56
1) Junior Quichocho 12	2) Taro Kita 12	
3) Tazio Giordano 10	4) Max Castro 12	
8 Valley	A	1:43.03
1) Savion Jones Jefferson 11	2) Nolan Rapier 12	
3) Torrey White 11	4) Samuel Lauderdale 12	
9 Monterey Trail	B	1:43.18
1) Adrienne Bautista 11	2) Myles Pruitt 11	
3) Jerel Wilson 12	4) Ryan Thomas 12	
10 Franklin (Eg)	B	1:43.62
1) Tanner Keinath 11	2) Donnie Coloma-Terry 11	
3) Marshawn Reese 11	4) Michael Yonnas 12	
11 Pleasant Grove	A	1:44.36
1) Korey Gonzales 12	2) Joseph Conner 12	
3) MacLean Conner 11	4) Zahary Basham 11	
12 Valley	B	1:44.82
12 Cosumnes Oaks	B	1:44.82
1) Wesley Bennett 11	2) Otis Benson 11	
3) Kennyan Escobedo 11		
14 McNair	A	1:48.75
1) Kameron Davis 11	2) Sean Hamilton 11	
3) Dashawn Williams 12	4) Austin Sith 10	
15 Pleasant Grove	B	1:49.34
1) Alejandro Sanchez 12	2) Brian Ganzler 11	
3) Taylor Gould 11	4) Fernando Herrera 12	

Event 34 Boys 3200 Meter Run Varsity

Record: 9:53.76 R 3/1/2014 Gregory Aitken

Name	Yr	School	Finals
Finals			
1 Austin Smith	11	Sheldon	10:21.08
2 Matt Conrardy	11	Amador	10:26.42
3 Simon Franco	11	Merrill West	10:34.49
4 Andrew Bowers	11	Cosumnes Oak	10:38.76
5 Zachary Caudle	12	Sheldon	10:40.15
6 Karmveer Atwal	11	Laguna Creek	10:40.54
7 Andrew Mellick	11	Sheldon	10:46.14
8 Scott Seno	11	Elk Grove	10:47.42
9 Daniel Cervantes	11	McNair	10:48.65
10 Ryan Fino	10	Will C. Wood	10:48.93
11 Joseph Terry	10	Cosumnes Oak	10:51.89
12 Jake Bowers	9	Cosumnes Oak	10:54.99
13 Zach Stewart	10	Folsom	10:55.70
14 Noah Seto	9	Elk Grove	10:57.66

15 Eric Chapman	12 Monterey Trail	11:01.62
16 Kobe Tuck	11 Vacaville	11:10.32
17 Joey Ramirez	11 Franklin (S)	11:11.32
18 Camden Scott	11 Elk Grove	11:15.01
19 Caleb Marshall	11 Elk Grove	11:19.92
20 Nate Montoya	10 Elk Grove	11:28.35
21 Waih Truong	11 Monterey Trail	11:28.36
22 Victor Ojeda	11 Will C. Wood	11:29.99
23 Andrew Fong	12 Franklin (Eg)	11:31.03
24 Kimball Newton	10 Monterey Trail	11:32.70
25 Nathan Ngo	10 Monterey Trail	11:34.35
26 Ethan Veslenio	12 Franklin (Eg)	11:42.51
27 Rodrigo Razo	11 Sheldon	11:43.93
28 Antonio Munoz	11 Franklin (S)	11:49.83
29 Christopher Bob	11 Vacaville	11:52.89
30 Jeremiah Quilantang	12 McNair	11:54.43
31 Jose de Jesus Robles	11 Franklin (Eg)	11:55.00
32 Julio Sandoval	11 Franklin (S)	12:02.29
33 Octavio Carranza	11 McNair	12:24.76
34 Alex Ng	12 Franklin (Eg)	12:52.75
35 Alex Moran	12 McNair	13:30.91

Event 35 Girls 4x400 Meter Relay Frosh/Soph

Record: 4:25.14 R 2/25/2012 Elk Grove

M Meyers, J Smith, J Giao, C Miller

Team	Relay	Finals
Finals		
1 Franklin (Eg)	A	4:21.51R
1) Brandy Hoang 9	2) Kara Smith 9	
3) Christy Huynh 9	4) Tatiana Jimenez 10	
2 Will C. Wood	A	4:25.66
1) Caitlin Nguyen 10	2) Delani Fish 10	
3) Haley Del Rio 9	4) Jaelyn Lockhart 9	
3 Pleasant Grove	A	4:31.62
4 Oak Ridge	A	4:41.81
1) Natalie Loggins 10	2) Madeline Vanhonsbrouck 9	
3) Christina Jivanor 9	4) Kayla Renner 9	
5 Folsom	A	4:43.21
1) Sydney Edwards 9	2) Elissa Lacombe 9	
3) Ashley Lewis 10	4) Catalina Ta 9	
6 Laguna Creek	A	4:48.52
1) Whitney Prentice 9	2) Aman Kaur 9	
3) Courtney Rice 9	4) Airahseli Chavez-Douglas 10	
7 Merrill West	A	4:57.02
1) Nina Ross 10	2) Danielle Hopkins 10	
3) Morgan Brown 10	4) Dominique Aciego 10	
8 Rio Linda	A	5:00.64
1) Candis Smith 10	2) Nia Powell 9	
3) Alizh Zimmerman 9	4) Aria Nash 9	

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Event 36 Boys 4x400 Meter Relay Frosh/Soph

Record: 3:42.81 R 2/25/2012 Sheldon

X Gaulman, C Stone, J Newborn-Vincent, S Edwards

Team	Relay	Finals
Finals		
1 Monterey Trail	A	3:49.56
1) Quan Phun 10	2) Sam Sisouk 10	
3) Pedro Pantoja 10	4) Ruben Garcia 9	
2 Folsom	A	3:49.90
1) Adrian Lauderdale 10	2) Jacob Teodoro 10	
3) Waqar Ahmed 9	4) Chad Allgaier 10	
3 Franklin (Eg)	A	3:50.57
1) Vincent Lentine 10	2) Chimobi Nwokocho 10	
3) Xion Rose 9	4) Aries Loeza 10	
4 Merrill West	A	3:51.95
1) Brandon Perez 9	2) Anthony Johnson 10	
3) Camron Cargile 10	4) Koby Aphyagarath 10	
5 Oak Ridge	A	3:52.63
1) Christian Wootton 10	2) Jaylen Johnson 9	
3) Lance Bricca 9	4) Luke Bricca 10	
6 Will C. Wood	A	3:53.27
1) Jesse Milliken 10	2) Deshawn Parks 10	
3) Vincent Zabat 9	4) Victor Harshberger 9	
7 Sheldon	A	3:56.57
1) Pablo Pinedo 10	2) Michael Ruiz 9	
8 Cosumnes Oaks	A	3:57.72
9 McClatchy	A	3:59.85
1) Christian McAmis 10	2) Henry Powell 10	
3) Ransaan White 10	4) Andrew Serrato 9	
10 Pleasant Grove	A	4:04.87
11 Rio Linda	A	4:08.29
1) DeMarco Gorbet 9	2) David Gilmore 10	
3) Jeremiah Brent 10	4) Stanley Jenkins 10	
12 Laguna Creek	A	4:08.84
1) Kenny Woods 9	2) Dennis Chavez 10	
3) Derious Ortiz 9	4) Daniel Brown 9	
13 Elk Grove	A	4:09.26
1) Brennon Navarro 9	2) Andrew McGee 10	
3) Andrew Martinez 10	4) Peter Hoang 9	

Event 37 Girls 4x400 Meter Relay Varsity

Record: 4:16.14 R 2/25/2012 Sheldon

M Burgess, B Mullen, R Singh, K Corrigan

Team	Relay	Finals
Finals		
1 Cosumnes Oaks	A	4:08.08R
1) Joy Johnson 11	2) Nicole Terry 10	
3) Kendall Herod 11		
2 Franklin (Eg)	A	4:10.57R
1) Chidinma Nwokocho 12	2) Jordan O'Neal 12	
3) Cecily Montanez 11	4) Amari Smith 11	
3 Merrill West	A	4:12.54R
1) Alexis Lockard 11	2) Julia Flohr 11	
3) Ivie Eboigbodin 11	4) Bridget Iriabho 12	

4 Oak Ridge	A	4:27.41
1) Jaimi Gotro 12	2) Kathryn Sanders 12	
3) Sarah Mackean 11	4) Sierra Salmon 11	
5 Pleasant Grove	A	4:30.20
6 McClatchy	A	4:33.14
1) Brianna Cooper 12	2) Ally Feickert 10	
3) Qiera Nixon 10	4) Clarissa Nowag-Nelson 9	
7 Laguna Creek	A	4:54.17
1) Armani Leapheart 11	2) Cieanna Vongsa 9	
3) Kiana Whitfield 9	4) Bea Lai 10	

Event 38 Boys 4x400 Meter Relay Varsity

Record: 3:31.42 R 3/1/2014 Monterey Trail

S Gibson, I Bair, J Sexton, N Edigin

Team	Relay	Finals
Finals		
1 Franklin (Eg)	A	3:32.07
1) Gurshaun Singh 12	2) Ugo Dike 12	
3) Marshawn Reese 11	4) Jordan Tillis 10	
2 Pleasant Grove	A	3:33.73
1) Cedric Melancon 11	2) Jemantaj Frommoetheldo 11	
3) Orlando Wilkerson 12	4) Zack Sutcliffe 12	
3 Laguna Creek	A	3:34.41
1) Sam Morrar 10	2) Gabriel Norvell 11	
3) Calvin Spellman 10	4) John Harrington 12	
4 Folsom	A	3:36.88
1) Kaleb Outhavong 10	2) Drake Stallworth 10	
3) Satvik Jagulala 11	4) Jacob O'Morhda 9	
5 Oak Ridge	A	3:41.48
1) Josh Gladwell 12	2) Griffin Prather 12	
3) Wyatt Maeva 11	4) Bret McNamee 12	
6 Cosumnes Oaks	A	3:41.77
1) David Alston 11	2) Kevin O'Neill 10	
3) Jayln Johnson 10	4) Marcus Harmon 12	
7 Elk Grove	A	3:46.28
1) Randy Pietersen 11	2) Isaiah Gary 10	
3) Naasir Solomon 11	4) Austin Sommers 11	
8 Merrill West	A	4:00.40
1) Kumani McGee 11	2) Joshua Rivas 11	
3) Maylad Lalzad 12	4) Tyler Fratus 11	

Event 39 Girls Shot Put Frosh/Soph

Record: 37-06 R 2/23/2013 Sierra Sheppard

Name	Yr	School	Finals
Finals			
1 Nancy Adams	10	Valley	27-09.50
2 Jessi Cawley	10	Vacaville	25-07.25
3 Desean Oliphant	9	Monterey Trail	25-04.00
4 Anastasia Veal	10	Merrill West	25-01.00
5 Madison Holt	10	Elk Grove	24-03.25
6 Brianna Thomas	10	Monterey Trail	24-02.50
7 Kaleigh Shelton	9	Rio Linda	24-01.50
8 Iris Islas	9	Folsom	23-03.50
9 Isabella Angulo	10	Cosumnes Oak	23-01.00
10 Emily Miller	9	Will C. Wood	21-11.25

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Finals ... (Event 39 Girls Shot Put Frosh/Soph)

Name	Yr	School	Finals
11 Jaden Coleman	9	Monterey Trail	21-02.50
12 Malina Bailey	9	Vacaville	21-02.00
13 Lana Hawley	9	Oak Ridge	20-07.00
14 Skyler Lacey	9	Vacaville	20-03.00
15 Breanna Guajardo	10	Plsant Grove	19-09.50
16 Annemarie Gillin	10	Plsant Grove	19-07.00
17 Olivia Ali	10	Elk Grove	19-06.00
18 Kamrin Baird	9	Elk Grove	18-09.00
19 Noelle Baganz	10	Elk Grove	18-08.50
20 Amari Pendleton	9	Will C. Wood	18-04.50
21 Aika Msechu	9	Folsom	16-05.50
22 Abigail Antoniou	9	Vacaville	16-04.50
23 Sierra Trexler	10	Folsom	15-07.00
24 Shani Sansone	9	Oak Ridge	14-02.50

Event 40 Boys Shot Put Frosh/Soph

Record: 48-01.25 R 3/1/2014 Jack Gabbard

Name	Yr	School	Finals
Finals			
1 Javonte Collier	10	Monterey Trail	43-07.00
2 Elizah Coner	10	Laguna Creek	42-03.75
3 Jules Brito	9	Laguna Creek	39-11.00
4 Garrick Davis	10	Laguna Creek	39-10.00
5 Josef Segura	10	Monterey Trail	37-08.00
6 Robert Holguin	9	Oak Ridge	35-03.00
7 Michael Foster	10	Monterey Trail	34-08.50
8 Jerrod Woo	10	Will C. Wood	34-08.00
9 Caleb Taper	10	Cosumnes Oak	34-06.00
10 Zach Hauckes	9	Vacaville	33-01.00
11 Gursimran Singh	9	Merrill West	32-00.50
12 Kyle Reuter	10	Folsom	31-09.50
13 Griffin Morris	9	Oak Ridge	31-03.00
14 Jacob Robinson	10	Plsant Grove	30-07.00
15 Tyler Morris	10	Rio Linda	30-02.00
16 William Brooks	9	Franklin (Eg)	28-10.50
17 Nicholas Devore	9	Will C. Wood	28-07.00
18 Cody Cheatham	9	Vacaville	28-06.50
19 Steven Peck	10	Elk Grove	26-10.50
20 Jesus Duarte	9	Vacaville	26-07.00
20 Jose Fernandez	10	Rio Linda	26-07.00
22 Jack Hobbs	9	Vacaville	26-02.00
23 Kyle Brainard	10	Folsom	25-07.50
23 Christian Rivas	10	Plsant Grove	25-07.50

Event 41 Girls Shot Put Varsity

Record: 38-10 R 2/25/2012 Iovina Akauola

Name	Yr	School	Finals
Finals			
1 Brandi French	12	Vacaville	42-00.50R
2 Sienna Jackson	10	Cosumnes Oak	35-09.00
3 Emelda Malm-Annan	12	Monterey Trail	35-08.50
4 Isabella Marini	12	Elk Grove	35-05.50
5 Camay Stocker	11	Monterey Trail	33-11.00

6 Elizabeth Roark	11	Vacaville	33-08.50
7 Natachi Mez	12	Franklin (Eg)	32-04.00
8 Riley Cannon	11	Vacaville	32-03.75
9 Imani McAlister	12	Merrill West	30-10.00
10 Amber Cook	12	Monterey Trail	30-08.00
11 Kamryn Waldrop	11	Vacaville	30-03.50
12 Crystal Diei	9	Oak Ridge	29-08.75
13 Trystan Bolds	12	Monterey Trail	29-01.00
14 Lilyanna Vargas	11	Will C. Wood	28-08.00
15 Ione Griffin	11	Cosumnes Oak	28-04.00
16 Meijoi Brigham	12	Laguna Creek	28-03.00
17 Maya Wilkins	11	Plsant Grove	27-11.00
18 Jaida Hentz	11	Franklin (S)	25-07.00
19 Sahara Boparai	11	Oak Ridge	25-02.50
20 Sophie Modar	10	McClatchy	25-02.00
21 Stephanie Segur	11	Merrill West	25-01.50
22 Sabrina Martin	11	Will C. Wood	24-11.50
23 Erika Aguilar	11	Will C. Wood	24-04.25
24 Yuliza Gomez	12	Plsant Grove	24-03.00
25 Bobbi Loggins	11	Merrill West	24-00.75
26 Symonay Muhammad	11	Franklin (S)	23-08.50
27 Jessica O'Donnell	12	Cosumnes Oak	23-05.00
28 Samantha McKee	11	Will C. Wood	22-08.00
28 Jennifer Ligh	11	Elk Grove	22-08.00
30 Paulyn Macadangdang	11	McNair	21-01.00
31 Brianna Sims	12	Cosumnes Oak	21-00.25
32 Camaree Blake	12	McClatchy	18-08.00
33 Destiny Sheppard	12	McNair	18-04.00
34 Kristiana Flores	12	McNair	18-00.00
35 Carolina Juarez	12	McClatchy	16-06.25

Event 42 Boys Shot Put Varsity

Record: 51-02.50 R 3/1/2014 Jonah Williams

Name	Yr	School	Finals
Finals			
1 Jonah Williams	11	Folsom	58-10.00R
2 Lautaime Alailefaleula	12	Merrill West	45-04.50
3 Jacob Cornelio	11	Elk Grove	45-00.00
4 Trevor Hamilton	12	Del Campo	44-04.50
5 Cody Holt	12	Elk Grove	43-11.25
6 Tharon Cornist	11	Will C. Wood	43-09.00
7 Jevon Jackson	11	Del Campo	42-08.50
7 John Herkins	12	Vacaville	42-08.50
9 Emran Kazem	11	Merrill West	42-03.50
10 Rodney Spidell	12	Monterey Trail	42-01.50
11 DeShawn Miller	11	Vacaville	41-01.00
12 David Haug	11	Folsom	40-03.50
13 Jarrett Rasmussen	11	Merrill West	39-04.00
14 Antony Romo-Lopez	11	Rio Linda	38-10.00
15 Winzel Brillante	11	Franklin (Eg)	38-05.50
16 Jordan Boyd	11	Will C. Wood	37-07.00
17 Taylor Lee	11	Monterey Trail	37-06.50
18 Matthew Foster	12	Monterey Trail	36-04.50
19 Evan Swanson	12	Cosumnes Oak	35-10.00
20 Mario Ximinez	12	Cosumnes Oak	35-09.75

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Results

Finals ... (Event 42 Boys Shot Put Varsity)

Name	Yr	School	Finals
21	Jose Gonzalez	12 Will C. Wood	35-01.50
22	Franco Prieto	11 Rio Linda	34-11.00
23	Jerry Forson	12 Franklin (S)	34-09.50
24	Malik Williams	12 Cosumnes Oak	34-09.00
25	David Rivas	11 Plsant Grove	34-04.00
26	Russell Gardner	11 Plsant Grove	34-03.00
27	Morris Love	11 Monterey Trail	34-01.00
28	Matthew Jefferson	11 Laguna Creek	33-11.00
29	David Guzman	12 Rio Linda	33-07.50
30	Alessandro Schiavone	11 Vacaville	33-04.00
31	Angel Serrano	11 Rio Linda	32-09.00
32	Sean Porter	11 Oak Ridge	32-05.00
33	Victor Tkach	10 Will C. Wood	31-07.00
34	Carlos Pineda	12 McClatchy	31-05.00
35	Juan Guerrero	12 Franklin (S)	31-04.00
36	Cody Alexander	11 Merrill West	31-02.00
37	Sergio Guerrero	11 Franklin (S)	31-01.00
38	Aaron Walker	11 Laguna Creek	31-00.00
39	Griffin Hubner	11 Laguna Creek	30-07.25
40	Gary Harila	12 Del Campo	29-10.00
41	Austin Thomas	Oak Ridge	29-05.50
42	Joshua Johnson	12 Cosumnes Oak	29-01.00
43	Terry Cook	11 Laguna Creek	28-07.00
44	Sebastiano Schiavone	11 Vacaville	28-05.50
45	Akshay Singh	12 Franklin (Eg)	27-11.50
46	Nathan Hoffman	11 Oak Ridge	25-11.00
47	Willis Wu	12 McNair	25-09.00
48	Adrian Sanchez	11 McClatchy	24-08.00
49	Luis Gutierrez	11 Plsant Grove	23-06.00

Event 43 Girls Discus Throw Frosh/Soph

Record: 97-07 R 2/23/2013 Sierra Sheppard

Name	Yr	School	Finals
Finals			
1	Madison Holt	10 Elk Grove	81-10
2	Gloria Dabiri	11 Oak Ridge	70-09
3	Malina Bailey	9 Vacaville	70-01
4	Jaden Coleman	9 Monterey Trail	68-04
5	Crystal Diei	9 Oak Ridge	67-05
6	Desean Oliphant	9 Monterey Trail	63-05
7	Jenna Trausch	9 Will C. Wood	63-04
8	Brianna Thomas	10 Monterey Trail	62-08
9	Sierra Trexler	10 Folsom	58-02
10	Iris Islas	9 Folsom	58-01
11	Breanna Guajardo	10 Plsant Grove	56-08
12	Anastasia Veal	10 Merrill West	54-00
13	Noelle Baganz	10 Elk Grove	46-02
14	Olivia Ali	10 Elk Grove	45-05
15	Skyler Lacey	9 Vacaville	40-00
16	Annemarie Gillin	10 Plsant Grove	36-04
17	Aika Msechu	9 Folsom	35-05
18	Abigail Antoniou	9 Vacaville	34-06

Event 44 Boys Discus Throw Frosh/Soph

Record: 130-01 R 3/1/2014 Jacob Cornelio

Name	Yr	School	Finals
Finals			
1	Javonte Collier	10 Monterey Trail	117-10
2	Elizah Coner	10 Laguna Creek	107-02
3	Jules Brito	9 Laguna Creek	101-10
4	Ian Kanemoto	10 Vacaville	92-08
5	Cody Hawley	9 Western Sierra	91-11
6	Michael Foster	10 Monterey Trail	89-09
7	Gursimran Singh	9 Merrill West	89-04
8	Josef Segura	10 Monterey Trail	87-03
9	Jerrod Woo	10 Will C. Wood	86-11
10	Nicholas Devore	9 Will C. Wood	86-09
11	Eric Ruiz	10 Western Sierra	83-09
12	Caleb Taper	10 Cosumnes Oak	83-07
13	Muzammil Akhtar	10 Franklin (Eg)	76-11
14	William Brooks	9 Franklin (Eg)	74-03
15	Logan Wasielewski	9 Vacaville	72-09
16	Christian Rivas	10 Plsant Grove	72-01
17	Robert Holguin	9 Oak Ridge	69-11
18	Mathew Swanson	10 Cosumnes Oak	68-03
19	Jack Hobbs	9 Vacaville	68-00
20	Ryan MacBride	9 Folsom	63-01
21	Jesus Duarte	9 Vacaville	60-11
22	Griffin Morris	9 Oak Ridge	60-03
23	Nader Opeyani	9 Folsom	58-10
24	Jose Fernandez	10 Rio Linda	57-07
25	Jacob Robinson	10 Plsant Grove	55-03
26	Steven Peck	10 Elk Grove	55-02
27	Tyler Morris	10 Rio Linda	51-07
28	Mark Jimenez	10 Franklin (S)	47-10
29	Ben Solak	10 Folsom	46-03

Event 45 Girls Discus Throw Varsity

Record: 126-00 R 3/1/2014 Emelda Malm-Annan

Name	Yr	School	Finals
Finals			
1	Emelda Malm-Annan	12 Monterey Trail	134-06R
2	Natachi Mez	12 Franklin (Eg)	105-05
3	Brandi French	12 Vacaville	102-02
4	Riley Cannon	11 Vacaville	98-01
5	Dominique Hausler	12 Vacaville	96-08
6	Ione Griffin	11 Cosumnes Oak	96-07
7	Isabella Marini	12 Elk Grove	94-08
8	Lilyanna Vargas	11 Will C. Wood	94-02
9	Lofipolo Uesi	12 Will C. Wood	91-04
10	Elizabeth Roark	11 Vacaville	86-08
11	Trystan Bolds	12 Monterey Trail	84-11
12	Sienna Jackson	10 Cosumnes Oak	84-03
13	Camay Stocker	11 Monterey Trail	80-02
14	Kamrynn Williams	11 Monterey Trail	79-09
15	Jaida Hentz	11 Franklin (S)	78-10
16	Stephanie Segur	11 Merrill West	78-07

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Finals ... (Event 45 Girls Discus Throw Varsity)

Name	Yr	School	Finals
17 Sarah Camara	12	Will C. Wood	78-04
18 Jessica O'Donnell	12	Cosumnes Oak	75-10
19 Jennifer Ligh	11	Elk Grove	71-03
20 Imani McAlister	12	Merrill West	69-01
20 Sophia modar		Will C. Wood	69-01
22 Ruth Ashaolu	12	McNair	68-01
23 Sabrina Martin	11	Will C. Wood	65-11
24 Sahara Boparai	11	Oak Ridge	65-00
25 Brianna Sims	12	Cosumnes Oak	63-10
26 Paulyn Macadangdang	11	McNair	61-03
27 Yuliza Gomez	12	Plsant Grove	55-10
28 Maya Wilkins	11	Plsant Grove	53-06
29 Kristiana Flores	12	McNair	52-01
30 Camaree Blake	12	McClatchy	51-02
31 Carolina Juarez	12	McClatchy	48-07
32 Bobbi Loggins	11	Merrill West	48-06
33 Lana Hawley	9	Oak Ridge	44-02

Event 46 Boys Discus Throw Varsity

Record: 157-07 R 2/25/2012 Brian Hamilton

Name	Yr	School	Finals
Finals			
1 Trevor Hamilton	12	Del Campo	148-05
2 Jonah Williams	11	Folsom	145-01
3 Jacob Cornelio	11	Elk Grove	132-11
4 John Herkins	12	Vacaville	131-00
5 DeShawn Miller	11	Vacaville	130-10
6 Jack Root	11	Oak Ridge	128-08
7 David Haug	11	Folsom	123-07
8 Lautaime Alailefaleula	12	Merrill West	120-06
9 Jamal Tatum	12	Monterey Trail	120-04
10 Brandon Galvin	11	Will C. Wood	119-03
11 Richard Rejefski	11	Vacaville	116-06
12 Emran Kazem	11	Merrill West	116-00
13 Matthew Jefferson	11	Laguna Creek	114-09
14 Jacob Carpenter	11	Vacaville	113-06
15 Jarrett Rasmussen	11	Merrill West	111-05
16 Yimajleej Vang	11	Rio Linda	109-02
17 Winzel Brillante	11	Franklin (Eg)	108-10
18 Rodney Spidell	12	Monterey Trail	108-08
19 Cody Holt	12	Elk Grove	107-09
20 Stanley Anguiano	11	Franklin (S)	107-01
21 Taylor Lee	11	Monterey Trail	104-09
22 Gary Harila	12	Del Campo	103-08
23 Mario Ximinez	12	Cosumnes Oak	100-01
24 Jacob White	11	Laguna Creek	99-07
25 Miguel Pidilla	11	Rio Linda	96-11
26 Carlos Pineda	12	McClatchy	93-01
27 Jorge Serrano	12	Franklin (S)	87-03
28 Jose Gonzalez	12	Will C. Wood	86-09
29 Morris Love	11	Monterey Trail	85-08
30 Tyler Dole	11	Merrill West	84-09
31 David Rivas	11	Plsant Grove	84-00

32 Russell Gardner	11	Plsant Grove	82-11
33 Anthony Crawford	11	Rio Linda	82-04
34 Tharon Cornist	11	Will C. Wood	82-01
35 Victor Tkach	10	Will C. Wood	81-07
36 Evan Swanson	12	Cosumnes Oak	80-11
37 Nathan Hoffman	11	Oak Ridge	78-03
38 Sean Porter	11	Oak Ridge	75-11
39 Akshay Singh	12	Franklin (Eg)	75-09
40 Sergio Guerrero	11	Franklin (S)	75-05
41 Malik Williams	12	Cosumnes Oak	75-02
42 Alfonso Arias	11	Franklin (S)	73-01
43 Luis Gutierrez	11	Plsant Grove	61-07
44 Joshua Johnson	12	Cosumnes Oak	61-00
45 Jonathan Gonzales	11	McNair	59-01
46 Jesse Rios	11	Rio Linda	56-06
47 Josh Alexander	12	Oak Ridge	56-01
48 Willis Wu	12	McNair	55-02
49 Jaime Sanchez	12	McClatchy	54-10

Event 47 Girls Pole Vault Frosh/Soph

Record: 9-06 R 3/1/2014 Ella Bunce

Name	Yr	School	Finals
Finals			
1 Natalie Loggins	10	Oak Ridge	8-00.00
2 Nia Collins	9	Monterey Trail	7-06.00
3 Jade Newman	10	Monterey Trail	J7-06.00
4 Grace Bryant	9	Oak Ridge	7-00.00
5 Alexis Crout	10	Monterey Trail	6-06.00
6 Mimmie Fisher	9	Plsant Grove	5-00.00
--- Lyric Morales	10	McClatchy	NH
--- Melanie Holst	9	McClatchy	NH

Event 48 Girls Pole Vault Varsity

Record: 9-00 R 3/1/2014 Ashley Dean

Name	Yr	School	Finals
Finals			
1 Ella Bunce	10	Oak Ridge	9-00.00R
2 Monica Barbour	11	Elk Grove	8-00.00
2 Marissa Barbour	11	Elk Grove	8-00.00
4 Linda Valdez	12	Monterey Trail	J8-00.00
5 Lamyra Williams	12	Monterey Trail	7-06.00
6 Vanesa Riley	11	Merrill West	J7-06.00
7 Karla Sasing	12	Merrill West	J7-06.00
8 Kelsey Rogers	11	Monterey Trail	6-00.00
8 Esraa Tresh	12	Plsant Grove	6-00.00
10 Giselle Fernandez	11	Oak Ridge	J6-00.00
--- Kylie Harrop-St. John	11	Oak Ridge	NH
--- Ally Feickert	10	McClatchy	NH
--- Hailee Brigman	11	Oak Ridge	NH
--- Brooke Lemke	11	McClatchy	NH

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Event 49 Boys Pole Vault Frosh/Soph

Record: 11-06 R 2/26/2011 Scotty Cranston

Record: 11-06 R 3/1/2014 Randy Pietersen

Name	Yr	School	Finals
Finals			
1	Quan Phun	10 Monterey Trail	10-06.00
2	Aaron Travis	10 Oak Ridge	10-00.00
3	Ethan Verdoorn	9 Plsant Grove	7-00.00
---	Henry Powell	10 McClatchy	NH
---	Vincenzo Castiglioni	10 Oak Ridge	NH

Event 50 Boys Pole Vault Varsity

Record: 12-00 R 2/25/2012 Max Wiegant

Record: 12-00 R 2/23/2013 Greg Smolarski

Name	Yr	School	Finals
Finals			
1	Elias Rodriguez	12 Merrill West	12-06.00R
2	Trey Nahhas	12 Monterey Trail	12-00.00R
3	Randy Pietersen	11 Elk Grove	J12-00.00R
4	B Phanachone	12 Del Campo	10-00.00
---	Junior Quichocho	12 McClatchy	NH
---	Trevon Carter	12 Monterey Trail	NH
---	Isaac Soria	11 Merrill West	NH

Event 51 Girls Long Jump Varsity

Record: 18-01 R 3/1/2014 Jordan O'Neal

Name	Yr	School	Finals
Finals			
1	Jorden O'Neal	12 Franklin (Eg)	18-07.00RNWI
2	J'Liyah Miles	12 Franklin (S)	17-03.00 NWI
3	Mishaye Venerable	12 Cosumnes Oak	J17-03.00 NWI
4	Amber Cook	12 Monterey Trail	16-05.00 NWI
4	Grace Hepworth	12 Plsant Grove	16-05.00 NWI
6	Mia Daniels	11 Plsant Grove	16-04.00 NWI
7	Alexis Mariland	12 Monterey Trail	15-06.00 NWI
8	Amanda Brooks	11 Franklin (Eg)	15-00.00 NWI
9	Azaleia Caluza	10 Merrill West	14-11.00 NWI
10	Cheyenne Lowden	11 Plsant Grove	14-06.00 NWI
11	Tyjah Bramwell	10 Elk Grove	14-03.00 NWI
12	Kylie Harrop-St. John	11 Oak Ridge	13-08.00 NWI
13	Jessica Bias	11 Plsant Grove	13-04.00 NWI
13	Marissa Barbour	11 Elk Grove	13-04.00 NWI
15	Alecza Hoover	12 Will C. Wood	12-08.00 NWI
16	Jasmine Thompson	12 Franklin (S)	12-06.00 NWI
17	Monica Barbour	11 Elk Grove	12-05.00 NWI
17	Kiara Jones	9 Merrill West	12-05.00 NWI
19	Destiny Sheppard	12 McNair	12-02.00 NWI
19	Samantha Ball	11 Elk Grove	12-02.00 NWI
21	Annessa Patton	11 Cosumnes Oak	10-08.00 NWI
22	Claire Sugihara	12 Oak Ridge	9-08.50 NWI

Event 52 Boys Long Jump Varsity

Record: 22-06 R 3/1/2014 Kameron Williams

Name	Yr	School	Finals
Finals			
1	Ethan Hardacre	11 Sage Ridge	21-07.50 NWI
2	Trevon Carter	12 Monterey Trail	20-05.00 NWI
3	Cedric Melancon	11 Plsant Grove	20-04.00 NWI
4	Kristian Arias	11 Will C. Wood	20-01.50 NWI
5	MacLean Conner	11 Plsant Grove	20-00.00 NWI
6	Jarrod Green	10 Cosumnes Oak	19-04.00 NWI
7	Marshaun Hunter	9 Elk Grove	19-01.00 NWI
8	Adrienne Bautista	11 Monterey Trail	18-10.00 NWI
9	Myles Pruitt	11 Monterey Trail	18-08.00 NWI
10	Jovon Woods	11 Franklin (S)	18-06.00 NWI
11	Taro Kita	12 McClatchy	18-05.00 NWI
12	Derrick Lowry	11 Will C. Wood	18-03.00 NWI
13	Anthony Rhoads	11 Merrill West	18-02.00 NWI
14	Isiaah Coleman	10 Elk Grove	18-01.00 NWI
15	Kalid Knox	12 Will C. Wood	17-09.00 NWI
16	Jarren Williams	11 Franklin (Eg)	17-07.00 NWI
17	Marwan Nure	11 Cosumnes Oak	17-06.50 NWI
18	Kevin Escobedo	12 Elk Grove	17-03.00 NWI
18	Zahary Basham	11 Plsant Grove	17-03.00 NWI
20	Justin Velasco	11 Merrill West	17-02.25 NWI
21	Tyler Fratus	11 Merrill West	16-08.00 NWI
22	Kurt Gamueda	12 Franklin (Eg)	15-09.00 NWI
23	Naasir Solomon	11 Elk Grove	15-08.50 NWI
24	Isaiah Gary	10 Elk Grove	15-03.00 NWI
25	Elias Guzman	11 Franklin (S)	14-08.00 NWI
26	Zelwyn Brillante	12 Franklin (Eg)	14-05.00 NWI
27	Demetri Williams	12 Cosumnes Oak	14-04.00 NWI
27	Marco Sanchez	12 Oak Ridge	14-04.00 NWI

Event 53 Boys Long Jump Frosh/Soph

Record: 20-09 R 3/1/2014 Adam Winding

Name	Yr	School	Finals
Finals			
1	Quan Phun	10 Monterey Trail	19-05.00 NWI
2	Xion Rose	9 Franklin (Eg)	18-07.00 NWI
3	Richard Dang	9 Monterey Trail	18-05.00 NWI
4	Devin Bright	9 Cosumnes Oak	18-01.00 NWI
5	Jacques Carter III	10 Cosumnes Oak	17-06.00 NWI
6	Ransaan White	10 McClatchy	17-03.00 NWI
7	Jason Robinson	10 Franklin (S)	17-00.00 NWI
8	Alvaro Cardenas	9 Franklin (S)	16-08.50 NWI
9	Marshaun Hunter	9 Elk Grove	16-07.50 NWI
10	Connor Ohlrich	10 Cosumnes Oak	16-04.75 NWI
11	Jesse Milliken	10 Will C. Wood	16-03.00 NWI
11	Riley Tanaka	10 Cosumnes Oak	16-03.00 NWI
13	Cameron Davis	10 McClatchy	16-02.50 NWI
14	Peter Dunham	10 Western Sierra	16-01.00 NWI
15	Simeon Zlatanov	10 Oak Ridge	16-00.50 NWI
16	Graham Powell	10 Oak Ridge	16-00.25 NWI
17	Andrew McGee	10 Elk Grove	15-10.00 NWI

Capital Classic Relays - 2/28/2015**Elk Grove High School****Elk Grove/Laguna Stadium****Results****Finals ... (Event 53 Boys Long Jump Frosh/Soph)**

	Name	Yr	School	Finals
18	Jacob Wildermuth	10	Cosumnes Oak	15-07.50 NWI
19	Andrew Fuel	10	McClatchy	14-03.00 NWI
20	Mathias Rauls	10	Plsant Grove	13-01.00 NWI
21	Cole Callan	10	Oak Ridge	12-11.25 NWI

Event 54 Girls Long Jump Frosh/Soph**Record: 16-07 R 2/25/2012 Jorden O'Neal**

	Name	Yr	School	Finals
Finals				
1	Delani Fish	10	Will C. Wood	14-07.50 NWI
2	Morgan Brown	10	Merrill West	14-03.25 NWI
3	Logan Ruggles	9	Franklin (Eg)	14-00.00 NWI
4	Emily Miller	9	Will C. Wood	13-10.00 NWI
5	Julia Spowart	10	Cosumnes Oak	13-09.50 NWI
6	Ezinne Okoh	10	Franklin (Eg)	13-07.00 NWI
7	Alexandria Walker	9	Franklin (S)	13-04.00 NWI
8	Christy Huynh	9	Franklin (Eg)	13-00.00 NWI
9	Sarah Ballough	9	Cosumnes Oak	12-10.00 NWI
10	Phyre Manning Fuller	9	Oak Ridge	11-09.50 NWI
11	Zaria Ealy	10	Merrill West	11-03.00 NWI