

Sierra Foothill Championships - 5/13/2014 to 5/15/2014

Trials and Finals

At: Woodcreek High School

Results

**Event 1 Girls 4x100 Meter Relay Junior Varsity**

SFL: 50.53 # 2006 Monterey

Team	Relay	Finals
<b>Finals</b>		
1 Roseville	A	53.55
1) Connor, Madison	2) Efstathiou, Marina	
3) Ukaegbu, Nicki	4) Mitchell, Alexa	
2 Del Oro	A	54.05
1) Hardin, Hannah	2) Balsler, Mickaela	
3) Roser, Haley	4) Brummund, Morgan	
3 Woodcreek	A	54.75
1) Szuh, Brittnee	2) Ahnin, Emily	
3) Player, Jasmine	4) Gibson, Kenzie	
4 Rocklin	B	55.46
1) Warren, Jacqueline	2) Siu, Brie	
3) Bustmante, Alexandra	4) Patel, Jocy	
5 Granite Bay	A	59.78
1) Li, Isabella	2) Fairbanks, Cassidie	
3) Curran, Brie	4) James, Faith	
--- Nevada Union	A	DNF
1) Horwath, Elle	2) Johnson, Taylor	
3) Salcido, Jessica	4) Johnson, Caitlin	

**Event 2 Boys 4x100 Meter Relay Junior Varsity**

SFL: 44.38 # 5/14/2009 Rocklin

A Jones, J Sheets, W Finney, T Green

Team	Relay	Finals
<b>Finals</b>		
1 Nevada Union	A	44.67
1) Moreno, Dylan	2) Dardon, Edwin	
3) Popenberg, Dorian	4) Patterson, Caleb	
2 Granite Bay	A	44.94
1) Chanton, Hunter	2) Fisher, Christian	
3) Rozier, Lorenzo	4) Short, Tyler	
3 Rocklin	A	46.36
1) Huska, Jason	2) Arino, Christian	
3) Hunter, Levi	4) Overton, Edward	
4 Woodcreek	A	46.88
1) England, Tyler	2) Hunter, Cole	
3) Nelson, Chad	4) Anderson, Robby	
5 Roseville	A	47.08
1) Thomsen, Christopher	2) McMinn, Brendan	
3) Enriquez, Nicholas	4) Johnson, Sean	
--- Del Oro	A	DNF
1) Hardin, Will	2) Esquivel, Marco	
3) Nash, Jared	4) Martinsen, Cole	

**Event 3 Girls 4x100 Meter Relay Varsity**

SJ Section: 45.78 ! 2005 West

SFL: 47.81 # 5/8/2008 Oakmont

A Chambers, J Harper, Z Williams, B Torrence

D1@Large: 50.75 @

Team	Relay	Finals
<b>Finals</b>		
1 Rocklin	A	48.66@
1) Stout, Kyleigh	2) DeRosa, Danielle	
3) Hogan, Alexandra	4) Settle, Lyndsey	
2 Roseville	A	50.19@
1) Cave, Camille	2) Jones-Lewis, Mikayla	
3) Robinson, Doresa	4) Gunther, Amy	
3 Del Oro	A	50.69@
1) Baker, Amanda	2) Pitz, Brooklyn	
3) Chappell, Claire	4) Gode, Kiely	
4 Woodcreek	A	51.43
1) Nogosek, Jessica	2) Bova, Marin	
3) Vasilieva, Anna	4) Corp, Emily	
5 Granite Bay	A	51.51
1) McGrail, Kat	2) Wright, Annie	
3) Graves, Molly	4) Caraway, Natalie	

**Event 4 Boys 4x100 Meter Relay Varsity**

SJ Section: 40.91 ! 1999 Vallejo

SFL: 42.07 # 5/13/2011 Rocklin

M Bullard, T Ashby, W Finney, A Jones

D1@Large: 43.96 @

Team	Relay	Finals
<b>Finals</b>		
1 Woodcreek	A	41.10#
1) Rotteveel, Alex	2) Williamson, Tyus	
3) Walton, Aspyn	4) George, Colton	
2 Granite Bay	A	42.71@
1) Wilkes, McKay	2) Ellis, Marc	
3) Baiocchi, Lucas	4) Brendel, Tyler	
3 Roseville	A	43.36@
1) Carrell, Owen	2) Finical, Richard	
3) Lopez, Jonathan	4) Davis, Toj	
4 Del Oro	A	43.58@
1) Small, Jon	2) Gee, Dalton	
3) Pelle, Tanner	4) Udoffia, Trey	

**Event 5 Girls 1600 Meter Run Junior Varsity**

SFL: 5:30.04 # 5/13/2010 Jordan Bradford

Name	School	Finals
<b>Finals</b>		
1 Poczobutt, Jordon	Granite Bay	5:52.66
2 Bohannon, Laura	Woodcreek	5:56.72
3 Adriani, Lisa	Rocklin	5:57.26
4 Jeppson, Emma	Del Oro	5:58.32
5 Jorgensen, Alora	Del Oro	5:59.99
6 Berexa, Noelle	Granite Bay	6:00.52
7 Lichti, Hannah	Del Oro	6:01.08

## Sierra Foothill Championships - 5/13/2014 to 5/15/2014

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## At: Woodcreek High School

## Results

## Finals ... (Event 5 Girls 1600 Meter Run Junior Varsity)

Name	School	Finals
8 Camacho, Danel	Roseville	6:08.01
9 Weitzel, McKenna	Woodcreek	6:15.85
10 Bresniker, Katrina	Granite Bay	6:29.71
11 Pon, Kaitlyn	Roseville	6:38.09
12 Morin, Avery	Del Oro	6:44.44
13 Magorka, Megan	Roseville	6:48.74
14 Dickinson, Darlene	Del Oro	6:50.92
15 Burton, Desiree	Rocklin	7:04.38
16 Lovejoy, Sarah	Rocklin	7:33.73
17 McLaughlin, Katelyn	Del Oro	8:14.04

## Event 6 Boys 1600 Meter Run Junior Varsity

SFL: 4:29.94 # 1974 Navarre

Name	School	Finals
1 Bertz, Logan	Del Oro	4:43.64
2 Williams, Robert	Woodcreek	4:43.65
3 Gollnick, Gunnar	Del Oro	4:44.12
4 Ostenberg, Kyler	Del Oro	4:44.90
5 Harris, Josh	Nevada Union	4:51.47
6 Parker, Derek	Woodcreek	4:54.48
7 Luna, Josiah	Granite Bay	4:56.71
8 Farnworth, Landon	Woodcreek	4:58.01
9 Ritter, Jake	Granite Bay	4:58.56
10 Mann, Jake	Del Oro	5:01.58
11 Durel, Matthew	Woodcreek	5:02.23
12 Montgomery, Myles	Nevada Union	5:07.26
13 Zuniga, Angel	Granite Bay	5:07.63
14 Ryder, Colin	Granite Bay	5:09.94
15 Arteaga, Kyle	Del Oro	5:11.26
16 Rainey, Connor	Rocklin	5:14.50
17 Alrakabi, Zaid	Roseville	5:15.58
18 Evans, Jordan	Woodcreek	5:17.90
19 Young, Keegan	Rocklin	5:17.93
20 Bomhoff, Garret	Del Oro	5:19.60
21 Ferreira, Chad	Woodcreek	5:20.00
22 Veasey, John	Rocklin	5:21.39
23 Martinez, Luis	Roseville	5:21.69
24 Wright, Curtiss	Woodcreek	5:22.40
25 Emsley, Connor	Rocklin	5:23.45
26 Griffin, Matthew	Woodcreek	5:24.25
27 Castro, Rumaldo	Roseville	5:25.81
28 Dougherty, Keaton	Granite Bay	5:26.10
29 Ly, Alex	Woodcreek	5:29.39
30 Flores, Raymond	Del Oro	5:29.57
31 Pawlak, Troy	Granite Bay	5:29.87
32 Warner, Callen	Nevada Union	5:37.32
33 Hanson, Cole	Rocklin	5:41.70
34 Smith, Jasper	Nevada Union	5:49.85
35 Burrows, Christian	Rocklin	5:53.91
36 Seminer, Zachary	Roseville	6:21.54
37 McKittrick, Christian	Roseville	6:28.58

## Event 7 Girls 1600 Meter Run Varsity

SJ Section: 4:38.15 ! 2007 Alex Kosinski

SFL: 5:01.50 # 2006 Mulkey

D1@Large: 5:19.93 @

Name	School	Finals
1 Dipentino, Angela	Woodcreek	5:16.38@
2 Meredith, Lizzie	Del Oro	5:28.35
3 Lyons, Maddy	Del Oro	5:28.56
4 Mersereau, Katie	Granite Bay	5:31.53
5 McKenzie, Marina	Nevada Union	5:41.31
6 Wolf, Erica	Nevada Union	5:43.52
7 Boatman, Teresa	Woodcreek	5:45.29
8 Dipentino, Rosemarie	Woodcreek	5:52.20
9 Gosting, Sierra	Rocklin	5:58.66
10 Catilus, Kylie	Roseville	6:01.04
11 Heyn, Amy	Del Oro	6:02.68
12 Montgomery, Maddy	Del Oro	6:14.67
13 Alexander, Rachel	Del Oro	6:15.34
14 Burton, Autumn	Rocklin	6:19.36
15 Sante, Camilla	Nevada Union	6:19.92
16 Leduc, Jaclyn	Del Oro	6:21.06
17 Berry, Gracie	Del Oro	6:22.17
18 Stahl, Aubrei	Roseville	6:29.90
19 Beishline, Brianna	Granite Bay	6:31.48
20 Stepper, Janelle	Roseville	6:31.89
21 Hintz, Maddie	Granite Bay	6:34.11
22 Flinders, Miriam	Granite Bay	6:39.78

## Event 8 Boys 1600 Meter Run Varsity

SJ Section: 4:00.29 ! 2008 German Fernandez

SFL: 4:14.01 # 2004 Glass

D1@Large: 4:29.15 @

Name	School	Finals
1 Migliozi, Garrett	Nevada Union	4:14.34@
2 Zeiss, Paul	Granite Bay	4:16.58@
3 Miao, George	Rocklin	4:17.65@
4 Medd, Ty	Rocklin	4:22.53@
5 Grimmitt, Adam	Rocklin	4:27.42@
6 Clusserath, Andrew	Rocklin	4:28.33@
7 Fritz, Galen	Rocklin	4:32.16
8 Wolfe-Polgar, Moses	Del Oro	4:34.08
9 Leonhardt, Geoff	Rocklin	4:41.48
10 Stepper, Evan	Roseville	4:44.68
11 Lopez, Javier	Rocklin	4:45.01
12 Goold, Daniel	Woodcreek	4:45.25
13 Flake, Ethan	Rocklin	4:45.37
14 Arnds, Max	Nevada Union	4:47.16
15 Lachman, Spencer	Woodcreek	4:47.94
16 Lewis, Ben	Granite Bay	4:51.10
17 Shanahan, Joseph	Del Oro	4:52.87
18 Weitzel, Owen	Woodcreek	4:53.06
19 Benoit, Brett	Granite Bay	4:57.72

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## Results

## Finals ... (Event 8 Boys 1600 Meter Run Varsity)

Name	School	Finals
20 Holt, Weston	Granite Bay	4:58.22
21 Torgerson, Austin	Roseville	5:00.76
22 Montoya, Johnathan	Rocklin	5:01.96
23 Mapels, Jarrett	Roseville	5:04.30
24 Pickett, Brad	Woodcreek	5:06.26
25 Ryan, Connor	Granite Bay	5:12.91
26 Maguire, Colin	Woodcreek	5:13.06
27 McLaughlin, Zach	Del Oro	5:18.28
28 Cotton, Skyler	Nevada Union	5:26.31
29 DesJardins, Evan	Nevada Union	5:33.87
30 Pastre, Nick	Nevada Union	5:37.11
31 Payne, Eli	Roseville	6:58.18

## Event 9 Boys 110 Meter Hurdles Varsity

SJ Section: 13.86 ! 1999 Rico Hatter  
 SFL: 14.18 # 5/8/2008 Aaron Burney  
 D1@Large: 15.66 @

Name	School	Prelims
<b>Preliminaries</b>		
1 Rogers, Roshaan	Woodcreek	@ 15.47Q-0.3
2 Stusiak, Daniel	Granite Bay	16.12Q-0.9
3 Aaron Able, Doug	Woodcreek	15.84q -0.3
4 White, Daniel	Granite Bay	16.69q -0.9
5 Ramirez, Jacob	Woodcreek	16.75q -0.3
6 Fujii, Keaton	Rocklin	17.25q -0.3
7 Daw, Michael	Woodcreek	17.26q -0.3
8 Echols, Collin	Nevada Union	17.53q -0.9
9 Diodati, Kyle	Granite Bay	18.94 -0.9
10 Hopkins, Trafton	Del Oro	21.74 -0.9

## Event 9 Boys 110 Meter Hurdles Varsity

SJ Section: 13.86 ! 1999 Rico Hatter  
 SFL: 14.18 # 5/8/2008 Aaron Burney  
 D1@Large: 15.66 @

Name	School	Finals
<b>Finals</b>		
1 Rogers, Roshaan	Woodcreek	15.30@-0.2
2 Aaron Able, Doug	Woodcreek	15.99 -0.2
3 Stusiak, Daniel	Granite Bay	16.04 -0.2
4 Echols, Collin	Nevada Union	16.51 -0.2
5 White, Daniel	Granite Bay	16.95 -0.2
6 Fujii, Keaton	Rocklin	17.01 -0.2
7 Daw, Michael	Woodcreek	17.24 -0.2
8 Ramirez, Jacob	Woodcreek	17.28 -0.2

## Event 10 Boys 110 Meter Hurdles Junior Varsity

SFL: 15.40 # 5/7/2008 Justin Ellerbee

Name	School	Prelims
<b>Preliminaries</b>		
1 Hardin, Will	Del Oro	16.76Q-0.2
2 Fisher, Christian	Granite Bay	17.13Q-0.2
3 Lehner, Connor	Del Oro	17.21Q0.1
4 Grijalva, Frank Trey	Granite Bay	18.40Q1.3

5 Carey, Alexander	Del Oro	17.14Q-0.2
6 Helm, Cole	Roseville	17.18Q-0.2
7 Nash, Jared	Del Oro	17.79Q0.1
8 Garcia, Edgar	Del Oro	18.70Q1.3
9 Wong, Matthew	Rocklin	18.16 0.1
10 LeFlore, Luke	Rocklin	18.51 -0.2
11 Manoguerra, Jace	Nevada Union	18.80 -0.2
12 Scott, Kase	Nevada Union	18.92 -0.2
13 Finau, Jared	Nevada Union	19.06 -0.2
14 Daniels, Drew	Nevada Union	19.28 1.3
15 Hill, Brandon	Granite Bay	19.47 1.3
16 Baker, Tim	Woodcreek	19.56 1.3
17 Mills, Jori	Nevada Union	20.24 0.1
18 Heninger, Jacob	Woodcreek	20.30 0.1
19 Bouchard, Chris	Nevada Union	20.34 -0.2
20 Cassel, Cade	Nevada Union	21.04 -0.2
21 Lane, Garrett	Del Oro	21.28 0.1
22 Cayapan, Gerald	Rocklin	23.76 -0.2
23 McCormick, Gabriel	Del Oro	25.33 -0.2
--- Gingerich, Rusty	Del Oro	FS -0.2

## Event 10 Boys 110 Meter Hurdles Junior Varsity

SFL: 15.40 # 5/7/2008 Justin Ellerbee

Name	School	Finals
<b>Finals</b>		
1 Nash, Jared	Del Oro	16.45 -0.4
2 Hardin, Will	Del Oro	16.52 -0.4
3 Lehner, Connor	Del Oro	16.54 -0.4
4 Fisher, Christian	Granite Bay	16.85 -0.4
5 Carey, Alexander	Del Oro	16.87 -0.4
6 Helm, Cole	Roseville	17.07 -0.4
7 Garcia, Edgar	Del Oro	18.50 -0.4
8 Grijalva, Frank Trey	Granite Bay	18.58 -0.4

## Event 11 Girls 100 Meter Hurdles Junior Varsity

SFL: 16.34 # 2005 Griffin-Moore

Name	School	Prelims
<b>Preliminaries</b>		
1 Patel, Jocy	Rocklin	16.99Q0.7
2 Carter, Ciera	Roseville	17.48Q1.4
3 Roser, Haley	Del Oro	18.26Q-0.6
4 James, Faith	Granite Bay	18.18q 0.7
5 Nelson, Cierra	Del Oro	18.26q 1.4
6 Correia, Alicia	Woodcreek	18.74q 1.4
7 Wolansky, Mery Coral Paulina	Del Oro	18.87q -0.6
8 Kawamoto, Kaiulani	Rocklin	18.96q 0.7
9 Chung, Joanne	Rocklin	19.42 1.4
10 Reader, Amber	Roseville	19.60 0.7
11 Pattengale, Kianna	Del Oro	20.51 -0.6
12 Maupin, Charlotte	Woodcreek	20.63 1.4
13 Ahnin, Emily	Woodcreek	20.81 0.7
14 Fahning, Savannah	Del Oro	21.48 1.4
15 Cartan, Nicole	Rocklin	22.53 0.7
--- Campbell, Paige	Nevada Union	DQ 0.7

## Sierra Foothill Championships - 5/13/2014 to 5/15/2014

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## At: Woodcreek High School

## Results

## Event 11 Girls 100 Meter Hurdles Junior Varsity

SFL: 16.34 # 2005 Griffin-Moore

Name	School	Finals
<b>Finals</b>		
1 Patel, Jocy	Rocklin	16.82 -0.8
2 James, Faith	Granite Bay	17.66 -0.8
3 Nelson, Cierra	Del Oro	17.71 -0.8
4 Roser, Haley	Del Oro	17.72 -0.8
5 Correia, Alicia	Woodcreek	18.74 -0.8
6 Wolansky, Mery Coral Paulin	Del Oro	18.98 -0.8

## Event 12 Girls 100 Meter Hurdles Varsity

SJ Section: 13.69 ! 2012 Daje Pugh

SFL: 14.41 # 5/11/2012 Brie Simmons

D1@Large: 16.30 @

Name	School	Prelims
<b>Preliminaries</b>		
1 O'Brien, Melanie	Nevada Union	@ 16.04Q0.9
2 Mullins, Malory	Del Oro	16.41Q0.4
3 Baker, Amanda	Del Oro	16.83q 0.4
4 Kochevar, Alexis	Roseville	16.87q 0.9
5 Diaz, Sophia	Roseville	16.94q 0.4
6 Simmons, Brooke	Del Oro	17.16q 0.9
7 Runte, Libby	Del Oro	17.62q 0.4
8 Pagel, Mary	Woodcreek	17.76q 0.9
9 Braum, Vanessa	Del Oro	17.99 0.4
10 Smith, Delaney	Nevada Union	18.33 0.9
11 Wintsch, Haley	Woodcreek	18.56 0.9
12 Bova, Marin	Woodcreek	18.88 0.9
13 Tietjen, Sarah	Woodcreek	19.70 0.9
14 Waters, Katrina	Roseville	20.55 0.4
15 Tracey, Meredith	Roseville	25.79 0.4

## Event 12 Girls 100 Meter Hurdles Varsity

SJ Section: 13.69 ! 2012 Daje Pugh

SFL: 14.41 # 5/11/2012 Brie Simmons

D1@Large: 16.30 @

Name	School	Finals
<b>Finals</b>		
1 O'Brien, Melanie	Nevada Union	16.05@-0.8
2 Mullins, Malory	Del Oro	16.31 -0.8
3 Baker, Amanda	Del Oro	16.32 -0.8
4 Kochevar, Alexis	Roseville	16.80 -0.8
5 Diaz, Sophia	Roseville	16.94 -0.8
6 Pagel, Mary	Woodcreek	17.44 -0.8
7 Simmons, Brooke	Del Oro	17.58 -0.8
8 Runte, Libby	Del Oro	17.84 -0.8

## Event 13 Girls 400 Meter Dash Junior Varsity

SFL: 1:01.58 # 5/13/2011 Dominique Tristant

Name	School	Prelims
<b>Preliminaries</b>		
1 Hardin, Hannah	Del Oro	1:03.78Q
2 Humphers, Sophie	Nevada Union	1:03.92Q

3 Efsthathiu, Marina	Roseville	1:05.67Q
4 Bustmante, Alexandra	Rocklin	1:04.86q
5 McCann, Jackie	Woodcreek	1:06.38q
6 Wernke, Madison	Del Oro	1:06.63q
7 Balsler, Mickaela	Del Oro	1:07.26q
8 Ly, Amanda	Woodcreek	1:07.31q
9 Romero, Emily	Woodcreek	1:10.22
10 Sullivan, Amy	Woodcreek	1:11.74
11 Owen, Katie	Woodcreek	1:12.10
12 Li, Isabella	Granite Bay	1:16.34
13 Kibbee, Trinity	Woodcreek	1:18.78
14 Kyser, Alyssa	Woodcreek	1:20.11
--- Alexander, Lauren	Woodcreek	DQ

## Event 13 Girls 400 Meter Dash Junior Varsity

SFL: 1:01.58 # 5/13/2011 Dominique Tristant

Name	School	Finals
<b>Finals</b>		
1 Humphers, Sophie	Nevada Union	1:02.24
2 Hardin, Hannah	Del Oro	1:03.37
3 Wernke, Madison	Del Oro	1:04.69
4 Bustmante, Alexandra	Rocklin	1:05.26
5 Balsler, Mickaela	Del Oro	1:05.70
6 Ly, Amanda	Woodcreek	1:06.65
7 Efsthathiu, Marina	Roseville	1:06.75
8 McCann, Jackie	Woodcreek	1:07.00

## Event 14 Boys 400 Meter Dash Junior Varsity

SFL: 51.09 # 5/13/2011 Brandon Monroe

Name	School	Prelims
<b>Preliminaries</b>		
1 Martinsen, Cole	Del Oro	52.64Q
2 Clouse, colton (David)	Nevada Union	53.98Q
3 Skaff, Zachary	Woodcreek	54.24Q
4 Riar, Junior	Woodcreek	54.12q
5 Carter, Daniel	Nevada Union	54.24q
6 Hunter, Cole	Woodcreek	54.65q
7 Berreman, Kain	Nevada Union	55.71q
8 Rozier, Lorenzo	Granite Bay	56.86q
9 Harris, Chris	Granite Bay	57.01
10 Scholtes Dowd, Gavin	Del Oro	57.15
11 Jones, Jack	Roseville	57.41
12 Hanson, Matt	Woodcreek	58.76
13 Zuniga, Angel	Granite Bay	59.75
14 Martinez, Luis	Roseville	59.88
15 Noel, Everett	Nevada Union	1:01.46
16 Stockman, Matthew	Woodcreek	1:03.22
17 Hart, Michael	Rocklin	1:03.58
18 Vajanaphanich, Sean	Granite Bay	1:06.16

## Event 14 Boys 400 Meter Dash Junior Varsity

SFL: 51.09 # 5/13/2011 Brandon Monroe

Name	School	Finals
<b>Finals</b>		
1 Clouse, colton (David)	Nevada Union	52.11

## Sierra Foothill Championships - 5/13/2014 to 5/15/2014

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## At: Woodcreek High School

## Results

## Finals ... (Event 14 Boys 400 Meter Dash Junior Varsity)

Name	School	Finals
2 Martinsen, Cole	Del Oro	52.55
3 Riar, Junior	Woodcreek	53.28
4 Carter, Daniel	Nevada Union	53.81
5 Hunter, Cole	Woodcreek	54.04
6 Skaff, Zachary	Woodcreek	55.25
7 Rozier, Lorenzo	Granite Bay	56.32

## Event 15 Girls 400 Meter Dash Varsity

**SJ Section: 53.00 ! 2013 Nia Dorner**  
**SFL: 55.64 # 5/8/2008 Jazmin Harper**  
**D1@Large: 1:00.23 @**

Name	School	Prelims
<b>Preliminaries</b>		
1 Stout, Kyleigh	Rocklin	@ 59.40Q
2 Kittle, Ashley	Woodcreek	1:00.47Q
3 Wright, Annie	Granite Bay	1:00.57Q
4 Simpson, Morgan	Roseville	1:01.48q
5 Lee, Kassidy	Del Oro	1:01.58q
6 Huckaby, Sarah	Del Oro	1:02.70q
7 Campbell, Maddie	Nevada Union	1:03.05q
8 Carson, Brooke	Roseville	1:04.85q
9 Ali, Alina	Woodcreek	1:07.33
10 Rowell, Lindsey	Woodcreek	1:07.48
11 Mackie, Nicole	Del Oro	1:07.70
12 Sievers, Noel	Woodcreek	1:07.90
13 Stednitz, Gina	Woodcreek	1:09.24
14 Orsi, Victoria	Del Oro	1:11.25
15 Papini, Seienna	Roseville	1:12.07
16 Jones-Trammell, Jocelyn	Roseville	1:15.06

## Event 15 Girls 400 Meter Dash Varsity

**SJ Section: 53.00 ! 2013 Nia Dorner**  
**SFL: 55.64 # 5/8/2008 Jazmin Harper**  
**D1@Large: 1:00.23 @**

Name	School	Finals
<b>Finals</b>		
1 Wright, Annie	Granite Bay	58.73@
2 Kittle, Ashley	Woodcreek	58.74@
3 Stout, Kyleigh	Rocklin	58.89@
4 Simpson, Morgan	Roseville	1:00.94
5 Lee, Kassidy	Del Oro	1:01.84
6 Campbell, Maddie	Nevada Union	1:03.35
7 Huckaby, Sarah	Del Oro	1:03.85
8 Carson, Brooke	Roseville	1:04.62

## Event 16 Boys 400 Meter Dash Varsity

**SJ Section: 46.53 ! 1997 Eddie Levine**  
**SFL: 49.05 # 5/13/2011 Kenneth Andri**  
**D1@Large: 51.09 @**

Name	School	Prelims
<b>Preliminaries</b>		
1 Walton, Aspyn	Woodcreek	@ 49.45Q
2 Tuttle, Johnathon	Del Oro	@ 49.54Q

3 Lopez, Jonathan	Roseville	@ 50.72Q
4 Fincal, Richard	Roseville	@ 50.45q
5 Small, Jon	Del Oro	@ 50.89q
6 Scholtes-Dowd, Forrest	Del Oro	51.34q
7 Wilkes, McKay	Granite Bay	51.75q
8 Christian, Owen	Del Oro	51.99q
9 Lashchuk, Kris	Granite Bay	53.97
10 Yeager, Mark	Granite Bay	54.21
11 Gray, Spencer	Woodcreek	55.45
12 Barker, Matt	Granite Bay	55.85
13 Jan, Khaadim	Granite Bay	56.65
14 Pieczynski, Ben	Woodcreek	1:00.61

## Event 16 Boys 400 Meter Dash Varsity

**SJ Section: 46.53 ! 1997 Eddie Levine**  
**SFL: 49.05 # 5/13/2011 Kenneth Andri**  
**D1@Large: 51.09 @**

Name	School	Finals
<b>Finals</b>		
1 Walton, Aspyn	Woodcreek	48.66#
2 Tuttle, Johnathon	Del Oro	49.41@
3 Fincal, Richard	Roseville	49.81@
4 Lopez, Jonathan	Roseville	49.97@
5 Small, Jon	Del Oro	50.98@
6 Scholtes-Dowd, Forrest	Del Oro	51.09@
7 Christian, Owen	Del Oro	51.72

## Event 17 Girls 100 Meter Dash Junior Varsity

**SFL: 12.72 # 2006 Okungbowa**

Name	School	Prelims
<b>Preliminaries</b>		
1 Johnson, Taylor	Nevada Union	13.70Q-1.5
2 Mitchell, Alexa	Roseville	13.79Q0.7
3 Patel, Jocy	Rocklin	13.97Q0.2
4 Ukaegbu, Nicki	Roseville	13.98Q-0.3
5 Crenshaw, Grace	Nevada Union	14.56Q-0.5
6 Gibson, Kenzie	Woodcreek	13.99q 0.2
7 Warren, Jacqueline	Rocklin	14.21q 0.7
8 Szu, Brittnee	Woodcreek	14.31q -1.5
9 Player, Jasmine	Woodcreek	14.36 0.2
10 Siu, Brie	Rocklin	14.36 0.7
11 Horwath, Elle	Nevada Union	14.68 -0.3
12 Versoza, Emily	Rocklin	14.76 0.7
13 Torres, Tanya	Woodcreek	14.76 -0.5
14 Reader, Amber	Roseville	14.77 -0.5
15 Kawamoto, Kaiulani	Rocklin	14.81 0.7
16 Maglinte, Kira	Del Oro	14.87 0.2
17 Fairbanks, Cassidie	Granite Bay	15.48 0.2
18 Li, Isabella	Granite Bay	15.62 -1.5
19 Hernandez, Maria	Woodcreek	15.78 0.2
20 Massey, Ivy	Woodcreek	15.94 -0.3
21 Rafter, Kalilee	Rocklin	16.17 0.7
22 Zick, Courtney	Rocklin	16.51 -1.5
23 Hellar, Danielle	Woodcreek	16.66 -1.5
24 Lunar, Stephanie	Roseville	17.30 0.2

## Sierra Foothill Championships - 5/13/2014 to 5/15/2014

## Trials and Finals

## At: Woodcreek High School

## Results

## Event 17 Girls 100 Meter Dash Junior Varsity

SFL: 12.72 # 2006 Okungbowa

Name	School	Finals
<b>Finals</b>		
1 Johnson, Taylor	Nevada Union	13.71 -1.6
2 Mitchell, Alexa	Roseville	13.81 -1.6
3 Ukaegbu, Nicki	Roseville	13.84 -1.6
4 Patel, Jocy	Rocklin	14.08 -1.6
5 Gibson, Kenzie	Woodcreek	14.15 -1.6
6 Szuh, Brittnie	Woodcreek	14.33 -1.6
7 Warren, Jacqueline	Rocklin	14.49 -1.6
8 Crenshaw, Grace	Nevada Union	14.53 -1.6

## Event 18 Boys 100 Meter Dash Junior Varsity

SFL: 11.00 # 2005 Benfield

Name	School	Prelims
<b>Preliminaries</b>		
1 Popenberg, Dorian	Nevada Union	11.83Q-0.5
2 Johnson, Sean	Roseville	11.87Q-0.1
3 Moreno, Dylan	Nevada Union	11.91Q1.0
4 Short, Tyler	Granite Bay	11.93Q0.3
5 Huska, Jason	Rocklin	11.95Q-0.4
6 England, Tyler	Woodcreek	12.01Q0.1
7 Patterson, Caleb	Nevada Union	12.20Q0.6
9 Hunter, Levi	Rocklin	12.05 1.0
10 Fisher, Christian	Granite Bay	12.05 0.1
11 Esquivel, Marco	Del Oro	12.24 -0.4
12 McMinn, Brendan	Roseville	12.38 0.6
13 Dunmore, Caleb	Del Oro	12.46 1.0
14 McCartney, Sam	Woodcreek	12.52 -0.5
15 Colglazier, Tyler	Woodcreek	12.52 0.6
16 Gruber, Sean	Rocklin	12.55 -0.1
17 Nelson, Chad	Woodcreek	12.67 0.1
18 Wong, Matthew	Rocklin	12.70 -0.1
19 Overton, Edward	Rocklin	12.74 -0.5
20 Pastrana, Joaquin	Roseville	12.89 0.3
21 Sundquist, Kyle	Granite Bay	13.00 1.0
22 LeFlore, Luke	Rocklin	13.02 -0.5
23 Daly, Austin	Roseville	13.19 0.6
24 Fields, Devon	Granite Bay	13.31 0.1
25 Biggers, Brendan	Rocklin	13.49 0.1
26 Cox, Zachary	Rocklin	13.60 0.1
27 Cayapan, Gerald	Rocklin	13.69 -0.1
28 Treve, Travis	Roseville	13.81 1.0
29 Grashoff, Nicholas	Roseville	13.98 -0.5
30 Marshall, Trevor	Granite Bay	14.06 0.3
31 Wade, Cordon	Granite Bay	14.35 -0.1
32 Tanahashi, Kollin	Del Oro	15.99 0.3

## Event 18 Boys 100 Meter Dash Junior Varsity

SFL: 11.00 # 2005 Benfield

Name	School	Finals
<b>Finals</b>		
1 Moreno, Dylan	Nevada Union	11.65 -0.7

2 Short, Tyler	Granite Bay	11.77 -0.7
3 Popenberg, Dorian	Nevada Union	11.79 -0.7
4 Johnson, Sean	Roseville	11.80 -0.7
5 Huska, Jason	Rocklin	12.01 -0.7
6 Hunter, Levi	Rocklin	12.02 -0.7
7 Patterson, Caleb	Nevada Union	12.17 -0.7
--- England, Tyler	Woodcreek	FS -0.7

## Event 19 Girls 100 Meter Dash Varsity

SJ Section: 11.58 ! 2004 Jennifer Nash

SFL: 12.11 # 5/11/2012 Brie Simmons

D1@Large: 12.96 @

Name	School	Prelims
<b>Preliminaries</b>		
1 Settle, Lyndsey	Rocklin	@ 12.22Q+0.0
2 Cave, Camille	Roseville	@ 12.62Q-0.3
3 DeRosa, Danielle	Rocklin	@ 12.68Q-1.0
4 Jones-Lewis, Mikayla	Roseville	13.18q +0.0
5 Robinson, Doresa	Roseville	13.20q -0.3
6 Nogosek, Jessica	Woodcreek	13.20q +0.0
7 Gunther, Amy	Roseville	13.43q -1.0
8 Kochevar, Alexis	Roseville	13.47q -0.3
9 Hogan, Alexandra	Rocklin	13.50 +0.0
10 Chappell, Claire	Del Oro	13.64 -0.3
11 Vasilieva, Anna	Woodcreek	13.79 +0.0
12 Chanco, Katy	Roseville	13.86 -0.3
13 Oberg, Jenna	Del Oro	14.01 -1.0
14 Corp, Emily	Woodcreek	14.01 -0.3
15 Powell, Paige	Rocklin	14.14 -1.0
16 Sacco, Sierra	Woodcreek	14.51 -1.0
17 Torres, Scheyene	Roseville	14.86 -1.0
18 Versoza, Emily	Rocklin	15.29 +0.0

## Event 19 Girls 100 Meter Dash Varsity

SJ Section: 11.58 ! 2004 Jennifer Nash

SFL: 12.11 # 5/11/2012 Brie Simmons

D1@Large: 12.96 @

Name	School	Finals
<b>Finals</b>		
1 Settle, Lyndsey	Rocklin	12.17@-0.9
2 DeRosa, Danielle	Rocklin	12.55@-0.9
3 Cave, Camille	Roseville	12.71@-0.9
4 Robinson, Doresa	Roseville	13.08 -0.9
5 Jones-Lewis, Mikayla	Roseville	13.15 -0.9
6 Nogosek, Jessica	Woodcreek	13.31 -0.9
7 Gunther, Amy	Roseville	13.48 -0.9
8 Kochevar, Alexis	Roseville	13.52 -0.9

## Event 20 Boys 100 Meter Dash Varsity

SJ Section: 10.45 ! 1996 Jim McGee

SFL: 10.82 # 5/13/2011 Michael Bullard

D1@Large: 11.35 @

Name	School	Prelims
<b>Preliminaries</b>		
1 Rotteveel, Alex	Woodcreek	@ 10.99Q-0.4

## Sierra Foothill Championships - 5/13/2014 to 5/15/2014

## Trials and Finals

## At: Woodcreek High School

## Results

## Preliminaries ... (Event 20 Boys 100 Meter Dash Varsity)

Name	School	Prelims
2 Brendel, Tyler	Granite Bay	@ 11.06Q-0.1
3 Williamson, Tyus	Woodcreek	@ 11.07Q-0.8
4 Layton, Mitchell	Woodcreek	@ 11.28Q-1.4
5 Ellis, Marc	Granite Bay	@ 11.30Q-1.0
6 Davis, Toj	Roseville	@ 11.31Q-0.8
7 Kerins, Kelly	Woodcreek	11.43q -0.8
8 Udoffia, Trey	Del Oro	11.44q -1.4
9 Nelson, Lenny	Woodcreek	11.45 -0.8
10 Walters, Nouvel	Rocklin	11.47 -1.4
11 Wiley, Harrison	Granite Bay	11.53 -0.8
12 Gee, Dalton	Del Oro	11.56 -0.4
13 Baiocchi, Lucas	Granite Bay	11.62 -0.1
14 Nieves, Mo	Nevada Union	11.63 -0.8
15 Small, Duncan	Del Oro	11.66 -0.1
16 Pelle, Tanner	Del Oro	11.66 -1.0
17 Camacho, Anchony	Roseville	11.72 -0.1
18 Carrell, Owen	Roseville	11.85 -1.0
19 Stacy, Dylan	Woodcreek	11.91 -1.4
20 Ahnin, Matt	Woodcreek	12.02 -0.1
21 Travis, Keenen	Woodcreek	12.07 -1.4
22 Easter, Chance	Woodcreek	12.13 -0.4
23 Vega, Edward	Rocklin	12.23 -0.8
24 Grande, Jeremiah	Rocklin	12.41 -1.0
25 Watkins, Aaron	Woodcreek	12.44 -0.8
26 Morris, Joseph	Granite Bay	12.73 -0.8
27 Wing, Jeremy	Roseville	13.04 -0.4
28 Conor, Garrett	Roseville	13.18 -0.8
29 Chambers, Collin	Rocklin	13.26 -0.1
30 Kussler, Martin	Roseville	13.36 -1.4
31 Bagga, Robin	Granite Bay	13.61 -1.0

## Event 20 Boys 100 Meter Dash Varsity

SJ Section: 10.45 ! 1996 Jim McGee  
 SFL: 10.82 # 5/13/2011 Michael Bullard  
 D1@Large: 11.35 @

Name	School	Finals
1 Williamson, Tyus	Woodcreek	10.84@-0.2
2 Rotteveel, Alex	Woodcreek	10.90@-0.2
3 Brendel, Tyler	Granite Bay	11.00@-0.2
4 Layton, Mitchell	Woodcreek	11.28@-0.2
5 Kerins, Kelly	Woodcreek	11.37 -0.2
6 Udoffia, Trey	Del Oro	11.41 -0.2
7 Ellis, Marc	Granite Bay	11.42 -0.2

## Event 21 Girls 800 Meter Run Junior Varsity

SFL: 2:23.32 # 5/13/2011 Amy Heyn

Name	School	Prelims
1 Adriani, Lisa	Rocklin	2:41.31Q
2 Jorgensen, Alora	Del Oro	2:52.40Q
3 Smith, Lauren	Woodcreek	2:45.69Q
4 Martin, Skylar	Woodcreek	2:52.78Q

5 Poczobutt, Jordon	Granite Bay	2:47.42q
6 Kaur, Jaspreet	Woodcreek	2:52.90q
7 Berexa, Noelle	Granite Bay	2:53.75q
8 Baioni, Sabrina	Roseville	2:54.88q
9 Bresniker, Katrina	Granite Bay	2:55.69q
10 Jeppson, Emma	Del Oro	2:56.07q
11 Purvis, Jordan	Rocklin	2:59.31q
12 Burton, Desiree	Rocklin	3:04.88q
13 Dickinson, Darlene	Del Oro	3:06.70
14 Lovejoy, Sarah	Rocklin	3:14.66
15 Magorka, Megan	Roseville	3:15.44
16 McGlaughlin, Katelyn	Del Oro	3:37.25

## Event 21 Girls 800 Meter Run Junior Varsity

SFL: 2:23.32 # 5/13/2011 Amy Heyn

Name	School	Finals
1 Smith, Lauren	Woodcreek	2:38.68
2 Martin, Skylar	Woodcreek	2:38.89
3 Jorgensen, Alora	Del Oro	2:39.43
4 Kaur, Jaspreet	Woodcreek	2:39.63
5 Adriani, Lisa	Rocklin	2:39.72
6 Baioni, Sabrina	Roseville	2:43.47
7 Poczobutt, Jordon	Granite Bay	2:45.49
8 Berexa, Noelle	Granite Bay	2:49.12
9 Purvis, Jordan	Rocklin	3:01.88
10 Burton, Desiree	Rocklin	3:18.66

## Event 22 Boys 800 Meter Run Junior Varsity

SFL: 2:00.24 # 1980 McGee

Name	School	Prelims
1 Davis, Brigham	Del Oro	2:07.30Q
2 McArthur, Sean	Woodcreek	2:07.69Q
3 Bertz, Logan	Del Oro	2:10.40Q
4 Gollnick, Gunnar	Del Oro	2:08.32Q
5 Ostenberg, Kyler	Del Oro	2:10.82Q
6 Harris, Josh	Nevada Union	2:11.71Q
7 Ritter, Jake	Granite Bay	2:11.70q
8 Luna, Josiah	Granite Bay	2:12.85q
9 Alrakabi, Zaid	Roseville	2:14.68q
10 Amado, Blake	Roseville	2:14.76q
11 Montgomery, Myles	Nevada Union	2:14.94q
12 Young, Keegan	Rocklin	2:18.29q
13 Zuniga, Angel	Granite Bay	2:19.95
14 Ryder, Colin	Granite Bay	2:20.01
15 Rainey, Connor	Rocklin	2:20.67
16 Arteaga, Kyle	Del Oro	2:21.13
17 Mann, Jake	Del Oro	2:21.37
18 Bomhoff, Garret	Del Oro	2:22.67
19 Smith, Jasper	Nevada Union	2:23.30
20 Matei, Andrei	Rocklin	2:25.84
21 Frisch, Connor	Granite Bay	2:26.19
22 Warner, Callen	Nevada Union	2:27.31
23 Veasey, John	Rocklin	2:28.80

## Sierra Foothill Championships - 5/13/2014 to 5/15/2014

## Trials and Finals

At: Woodcreek High School

## Results

## Preliminaries ... (Event 22 Boys 800 Meter Run Junior Varsity)

Name	School	Prelims
24 Stahlberg, Pierce	Del Oro	2:29.82
25 Flores, Raymond	Del Oro	2:32.64
26 Dougherty, Keaton	Granite Bay	2:34.81

## Event 22 Boys 800 Meter Run Junior Varsity

SFL: 2:00.24 # 1980 McGee

Name	School	Finals
<b>Finals</b>		
1 McArthur, Sean	Woodcreek	2:03.86
2 Davis, Brigham	Del Oro	2:05.80
3 Gollnick, Gunnar	Del Oro	2:10.10
4 Bertz, Logan	Del Oro	2:10.55
5 Harris, Josh	Nevada Union	2:10.60
6 Luna, Josiah	Granite Bay	2:13.46
7 Ritter, Jake	Granite Bay	2:13.68
8 Amado, Blake	Roseville	2:15.64
9 Montgomery, Myles	Nevada Union	2:17.93
10 Young, Keegan	Rocklin	2:19.39

## Event 23 Girls 800 Meter Run Varsity

SJ Section: 2:06.09 ! 2007 Dominique Jackson

SFL: 2:11.74 # 1999 Hyatt

D1@Large: 2:23.29 @

Name	School	Prelims
<b>Preliminaries</b>		
1 Meade, Madison	Roseville	@ 2:22.95Q
2 Lyons, Maddy	Del Oro	2:26.92Q
3 Kittle, Ashley	Woodcreek	2:27.88Q
4 Wolf, Erica	Nevada Union	2:25.80Q
5 Beitia, Alexandra	Granite Bay	2:27.99Q
6 Meredith, Lizzie	Del Oro	2:28.69Q
7 Gosting, Sierra	Rocklin	2:26.22q
8 Sessano, Emma	Roseville	2:29.81q
9 McCallum, Elisabeth	Woodcreek	2:30.08q
10 Zenzola, Nicole	Granite Bay	2:30.70q
11 Gingerich, Aleena	Del Oro	2:35.49q
12 Heyn, Amy	Del Oro	2:36.82q
13 Montgomery, Maddy	Del Oro	2:41.38
14 Burton, Autumn	Rocklin	2:41.74
15 Stahl, Aubrei	Roseville	2:43.21
16 Hintz, Maddie	Granite Bay	2:46.23
17 Sall, Emily	Del Oro	2:46.27
18 Alexander, Rachel	Del Oro	2:49.69
19 Berry, Gracie	Del Oro	2:49.95
20 Sante, Camilla	Nevada Union	2:51.02
21 Leduc, Jaclyn	Del Oro	2:52.56
22 Beishline, Brianna	Granite Bay	2:55.75
23 Anderson, Abby	Granite Bay	2:55.90
24 Flinders, Miriam	Granite Bay	2:59.02
25 Webb, Kylee	Del Oro	3:06.01

## Event 23 Girls 800 Meter Run Varsity

SJ Section: 2:06.09 ! 2007

Dominique Jackson

SFL: 2:11.74 # 1999

Hyatt

D1@Large: 2:23.29 @

Name	School	Finals
<b>Finals</b>		
1 Meade, Madison	Roseville	2:22.51@
2 Kittle, Ashley	Woodcreek	2:23.57
3 Wolf, Erica	Nevada Union	2:24.23
4 Lyons, Maddy	Del Oro	2:24.40
5 Sessano, Emma	Roseville	2:26.04
6 McCallum, Elisabeth	Woodcreek	2:27.46
7 Zenzola, Nicole	Granite Bay	2:29.10
8 Meredith, Lizzie	Del Oro	2:29.61
9 Gingerich, Aleena	Del Oro	2:30.72
10 Beitia, Alexandra	Granite Bay	2:32.66
11 Gosting, Sierra	Rocklin	2:36.25
12 Heyn, Amy	Del Oro	2:38.86

## Event 24 Boys 800 Meter Run Varsity

SJ Section: 1:48.85 ! 1997

James Levine

SFL: 1:53.24 # 1971

Hyatt

D1@Large: 1:59.96 @

Name	School	Prelims
<b>Preliminaries</b>		
1 Sotomayor, Arturo	Roseville	@ 1:57.21Q
2 Medd, Ty	Rocklin	2:00.97Q
3 Neptune, Sam	Granite Bay	2:02.30Q
4 Colina, Karl	Del Oro	2:02.72Q
5 Leach, Brayden	Roseville	@ 1:58.19Q
6 Arteaga, Marc	Del Oro	2:01.76Q
7 Clusserath, Andrew	Rocklin	2:03.05Q
8 Flake, Ethan	Rocklin	2:04.96Q
9 Sanchez, Anthony	Roseville	@ 1:59.53q
10 Fritz, Galen	Rocklin	2:00.43q
11 Ebert, Kyle	Del Oro	2:01.83q
12 Sangria, Matthew	Roseville	2:02.15q
13 Arnds, Max	Nevada Union	2:03.68
14 Greenwood, Will	Granite Bay	2:05.90
15 Wolfe-Polgar, Moses	Del Oro	2:06.50
16 Rogers, Luke	Granite Bay	2:06.73
17 Lopez, Javier	Rocklin	2:07.78
18 Montoya, Johnathan	Rocklin	2:09.02
19 Lewis, Ben	Granite Bay	2:09.53
20 Mapels, Jarrett	Roseville	2:10.82
21 Nelson, Race	Del Oro	2:12.78
22 Pavik, Ben	Granite Bay	2:12.97
23 Ritter, Jeff	Granite Bay	2:13.03
24 Shanahan, Joseph	Del Oro	2:13.32
25 Benoit, Brett	Granite Bay	2:16.70
26 Holt, Weston	Granite Bay	2:20.00
27 Ryan, Connor	Granite Bay	2:21.52
28 Pastre, Nick	Nevada Union	2:22.35
29 McLaughlin, Zachary	Del Oro	2:27.29



## Sierra Foothill Championships - 5/13/2014 to 5/15/2014

## Trials and Finals

At: Woodcreek High School

## Results

## Event 24 Boys 800 Meter Run Varsity

SJ Section: 1:48.85 ! 1997 James Levine  
 SFL: 1:53.24 # 1971 Hyatt  
 D1@Large: 1:59.96 @

Name	School	Finals
<b>Finals</b>		
1	Sotomayor, Arturo	Roseville 1:54.32@
2	Leach, Brayden	Roseville 1:58.33@
3	Sanchez, Anthony	Roseville 1:59.17@
4	Neptune, Sam	Granite Bay 1:59.74@
5	Ebert, Kyle	Del Oro 2:00.30
6	Colina, Karl	Del Oro 2:00.53
7	Fritz, Galen	Rocklin 2:01.06
8	Arteaga, Marc	Del Oro 2:01.25
9	Clusserath, Andrew	Rocklin 2:02.43
10	Sangria, Matthew	Roseville 2:02.71
11	Medd, Ty	Rocklin 2:04.76
12	Flake, Ethan	Rocklin 2:12.36

## Event 25 Girls 300 Meter Hurdles Junior Varsity

SFL: 47.87 # 5/14/2009 Brie Simmons

Name	School	Prelims
<b>Preliminaries</b>		
1	Carter, Ciera	Roseville 50.02Q
2	Roser, Haley	Del Oro 51.59Q
3	Nelson, Cierra	Del Oro 51.69Q
4	Efstathiou, Marina	Roseville 52.20q
5	Wolansky, Mery Coral Paulin	Del Oro 53.97q
6	James, Faith	Granite Bay 55.37q
7	Ahnin, Emily	Woodcreek 55.49q
8	Fahning, Savannah	Del Oro 55.71q
9	Correia, Alicia	Woodcreek 56.15
10	Maupin, Charlotte	Woodcreek 59.91
11	Pattengale, Kianna	Del Oro 1:00.18
12	Adriani, Karin	Rocklin 1:01.35

## Event 25 Girls 300 Meter Hurdles Junior Varsity

SFL: 47.87 # 5/14/2009 Brie Simmons

Name	School	Finals
<b>Finals</b>		
1	Carter, Ciera	Roseville 48.49
2	Roser, Haley	Del Oro 51.33
3	Efstathiou, Marina	Roseville 52.56
4	Nelson, Cierra	Del Oro 53.22
5	Wolansky, Mery Coral Paulin	Del Oro 54.43
6	Ahnin, Emily	Woodcreek 55.52
7	James, Faith	Granite Bay 56.44
8	Fahning, Savannah	Del Oro 56.51

## Event 26 Girls 300 Meter Hurdles Varsity

SJ Section: 40.57 ! 2012 Daje Pugh  
 SFL: 44.20 # 5/13/2011 Stephanie Blumm  
 D1@Large: 47.57 @

Name	School	Prelims
<b>Preliminaries</b>		
1	O'Brien, Melanie	Nevada Union @ 46.27Q
2	Murphy-Cook, Maya	Granite Bay @ 47.42Q
3	Baker, Amanda	Del Oro 48.04Q
4	Bova, Marin	Woodcreek 48.36q
5	Graves, Molly	Granite Bay 48.97q
6	Mullins, Malory	Del Oro 50.17q
7	Fererra, Megan	Roseville 50.45q
8	Runte, Libby	Del Oro 50.97q
9	Wintsch, Haley	Woodcreek 51.79
10	Kochevar, Alexis	Roseville 51.87
11	Tietjen, Sarah	Woodcreek 53.44
12	Smith, Delaney	Nevada Union 54.01
13	Page, Mary	Woodcreek 57.38

## Event 26 Girls 300 Meter Hurdles Varsity

SJ Section: 40.57 ! 2012 Daje Pugh  
 SFL: 44.20 # 5/13/2011 Stephanie Blumm  
 D1@Large: 47.57 @

Name	School	Finals
<b>Finals</b>		
1	O'Brien, Melanie	Nevada Union 46.12@
2	Murphy-Cook, Maya	Granite Bay 46.86@
3	Mullins, Malory	Del Oro 47.30@
4	Baker, Amanda	Del Oro 48.05
5	Bova, Marin	Woodcreek 48.65
6	Graves, Molly	Granite Bay 48.72
7	Fererra, Megan	Roseville 49.97
8	Runte, Libby	Del Oro 53.51

## Event 27 Boys 300 Meter Hurdles Junior Varsity

SFL: 40.54 # 1979 Helm, Coats (1982)

Name	School	Prelims
<b>Preliminaries</b>		
1	Gingerich, Rusty	Del Oro 42.78Q
2	Nash, Jared	Del Oro 42.97Q
3	Brusca, Marshall	Granite Bay 43.24Q
4	Carey, Alexander	Del Oro 43.87Q
5	Hardin, Will	Del Oro 44.07Q
6	Huska, Jason	Rocklin 44.12q
7	Lehner, Connor	Del Oro 44.61q
8	Mahoney, William	Roseville 45.72q
9	Daniels, Drew	Nevada Union 46.15
10	Hill, Brandon	Granite Bay 46.42
11	Wong, Matthew	Rocklin 46.80
12	Woods, Tyrice	Roseville 46.99
13	Scott, Kase	Nevada Union 47.16
14	Bouchard, Chris	Nevada Union 47.55
15	LeFlore, Luke	Rocklin 48.27

## Sierra Foothill Championships - 5/13/2014 to 5/15/2014

## Trials and Finals

## At: Woodcreek High School

## Results

**Preliminaries ... (Event 27 Boys 300 Meter Hurdles Junior Varsity)**

Name	School	Prelims
16 Grijalva, Frank Trey	Granite Bay	48.70
17 Garcia, Edgar	Del Oro	48.76
18 Mills, Jori	Nevada Union	49.32
19 Baker, Tim	Woodcreek	50.53
20 Lane, Garrett	Del Oro	50.61
21 Manoguerra, Jace	Nevada Union	50.74
22 Finau, Jared	Nevada Union	51.05
23 Bernal, Albert	Nevada Union	51.43
24 Cassel, Cade	Nevada Union	53.72
25 Martinez, Luis	Roseville	54.19
26 Heninger, Jacob	Woodcreek	56.11
27 McCormick, Gabriel	Del Oro	1:02.59

**Event 27 Boys 300 Meter Hurdles Junior Varsity**

SFL: 40.54 # 1979 Helm, Coots (1982)

Name	School	Finals
<b>Finals</b>		
1 Gingerich, Rusty	Del Oro	41.11
2 Nash, Jared	Del Oro	41.47
3 Carey, Alexander	Del Oro	42.89
4 Huska, Jason	Rocklin	42.93
5 Hardin, Will	Del Oro	44.30
6 Mahoney, William	Roseville	45.32
7 Lehner, Connor	Del Oro	45.76
--- Brusca, Marshall	Granite Bay	DQ

**Event 28 Boys 300 Meter Hurdles Varsity**

SJ Section: 36.53 ! 1999 Rico Hatter

SFL: 37.81 # 5/8/2008 Chase Dixon

D1@Large: 41.08 @

Name	School	Prelims
<b>Preliminaries</b>		
1 Aaron Able, Doug	Woodcreek	@ 40.57Q
2 Corbett, James	Del Oro	@ 40.79Q
3 Rogers, Roshaan	Woodcreek	42.20q
4 Ramirez, Jacob	Woodcreek	42.77q
5 Stusiak, Daniel	Granite Bay	42.99q
6 White, Daniel	Granite Bay	43.02q
7 Hopkins, Trafton	Del Oro	43.42q
8 Christie, Konner	Granite Bay	44.54q
9 Diodati, Kyle	Granite Bay	47.59

**Event 28 Boys 300 Meter Hurdles Varsity**

SJ Section: 36.53 ! 1999 Rico Hatter

SFL: 37.81 # 5/8/2008 Chase Dixon

D1@Large: 41.08 @

Name	School	Finals
<b>Finals</b>		
1 Aaron Able, Doug	Woodcreek	39.73@
2 Corbett, James	Del Oro	40.86@
3 Rogers, Roshaan	Woodcreek	41.78
4 Ramirez, Jacob	Woodcreek	41.97
5 Hopkins, Trafton	Del Oro	42.39

6 White, Daniel	Granite Bay	43.37
7 Christie, Konner	Granite Bay	43.88
8 Stusiak, Daniel	Granite Bay	44.69

**Event 29 Girls 200 Meter Dash Junior Varsity**

SFL: 26.21 # 2006 Okungbowa

Name	School	Prelims
<b>Preliminaries</b>		
1 Smith, Lauren	Woodcreek	27.94Q0.8
2 Ukaegbu, Nicki	Roseville	28.24Q0.4
3 Hardin, Hannah	Del Oro	28.35Q0.7
4 Humphers, Sophie	Nevada Union	28.53Q0.3
5 Johnson, Taylor	Nevada Union	28.72Q0.7
6 Mitchell, Alexa	Roseville	28.75q 0.4
7 Bustmante, Alexandra	Rocklin	28.78q 0.4
8 Alexander, Lauren	Woodcreek	29.15q 0.4
9 Wernke, Madison	Del Oro	29.24 0.8
10 Szuh, Brittnee	Woodcreek	29.43 0.3
11 Horwath, Elle	Nevada Union	29.71 0.7
12 Crenshaw, Grace	Nevada Union	30.04 0.7
13 Maglinte, Kira	Del Oro	30.22 0.8
14 Johnson, Caitlin	Nevada Union	30.34 0.7
15 Owen, Katie	Woodcreek	30.44 0.8
16 Falco, Olivia	Del Oro	30.66 0.3
17 Phillips, Julia	Del Oro	30.84 0.7
18 Siu, Brie	Rocklin	30.96 0.7
19 Romero, Emily	Woodcreek	31.04 0.7
20 Torres, Tanya	Woodcreek	31.45 0.8
21 Player, Jasmine	Woodcreek	31.49 0.7
22 Sullivan, Amy	Woodcreek	31.65 0.3
23 Hernandez, Maria	Woodcreek	31.97 0.3
24 Fairbanks, Cassidie	Granite Bay	32.45 0.4
25 Massey, Ivy	Woodcreek	32.95 0.7
26 Hellar, Danielle	Woodcreek	34.22 0.7
27 Zick, Courtney	Rocklin	35.29 0.7
28 Lunar, Stephanie	Roseville	35.78 0.8

**Event 29 Girls 200 Meter Dash Junior Varsity**

SFL: 26.21 # 2006 Okungbowa

Name	School	Finals
<b>Finals</b>		
1 Smith, Lauren	Woodcreek	27.80 -0.4
2 Ukaegbu, Nicki	Roseville	28.42 -0.4
3 Mitchell, Alexa	Roseville	28.43 -0.4
4 Hardin, Hannah	Del Oro	28.50 -0.4
5 Johnson, Taylor	Nevada Union	28.58 -0.4
6 Humphers, Sophie	Nevada Union	28.63 -0.4
7 Alexander, Lauren	Woodcreek	29.22 -0.4
8 Bustmante, Alexandra	Rocklin	29.32 -0.4

**Event 30 Boys 200 Meter Dash Junior Varsity**

SFL: 22.64 # 2005 Benfield

Name	School	Prelims
<b>Preliminaries</b>		
1 Moreno, Dylan	Nevada Union	24.02Q0.2

## Sierra Foothill Championships - 5/13/2014 to 5/15/2014

## Trials and Finals

## At: Woodcreek High School

## Results

**Preliminaries ... (Event 30 Boys 200 Meter Dash Junior Varsity)**

Name	School	Prelims
2 Short, Tyler	Granite Bay	J24.02Q0.2
3 Johnson, Sean	Roseville	24.23Q0.4
4 Hunter, Levi	Rocklin	24.42Q0.2
5 Patterson, Caleb	Nevada Union	24.45Q0.4
6 Harris, Chris	Granite Bay	25.48Q0.1
7 Martinsen, Cole	Del Oro	24.33q 0.4
8 Rozier, Lorenzo	Granite Bay	24.37q 0.2
9 England, Tyler	Woodcreek	24.45 0.2
10 Carter, Daniel	Nevada Union	24.53 0.4
11 Skaff, Zachary	Woodcreek	25.01 0.2
12 Dunmore, Caleb	Del Oro	25.30 0.4
13 McCartney, Sam	Woodcreek	25.39 0.4
14 McMinn, Brendan	Roseville	25.76 0.2
15 Colglazier, Tyler	Woodcreek	25.80 0.1
16 Scholtes Dowd, Gavin	Del Oro	26.39 0.4
17 Vajanaphanich, Sean	Granite Bay	26.40 0.4
18 Morefield, Alan	Roseville	26.63 0.2
19 Daly, Austin	Roseville	27.18 0.2
20 Pastrana, Joaquin	Roseville	27.71 0.4
21 Treve, Travis	Roseville	27.80 0.2
22 Grashoff, Nicholas	Roseville	28.66 0.2

**Event 30 Boys 200 Meter Dash Junior Varsity**

SFL: 22.64 # 2005 Benfield

Name	School	Finals
1 Moreno, Dylan	Nevada Union	23.46 0.1
2 Rozier, Lorenzo	Granite Bay	23.75 0.1
3 Short, Tyler	Granite Bay	24.27 0.1
4 Hunter, Levi	Rocklin	24.28 0.1
5 Martinsen, Cole	Del Oro	24.30 0.1
6 Patterson, Caleb	Nevada Union	24.60 0.1
7 Harris, Chris	Granite Bay	25.62 0.1

**Event 31 Girls 200 Meter Dash Varsity**

SJ Section: 23.73 ! 2004 Jennifer Nash

SFL: 24.83 # 5/11/2012 Brie Simmons

D1@Large: 26.90 @

Name	School	Prelims
1 Settle, Lyndsey	Rocklin	@ 25.26Q-0.1
2 Stout, Kyleigh	Rocklin	@ 26.40Q0.2
3 Wright, Annie	Granite Bay	@ 26.62Q+0.0
4 Nogosek, Jessica	Woodcreek	27.78Q0.1
5 Cave, Camille	Roseville	@ 26.66q 0.2
6 Robinson, Doresa	Roseville	27.43q +0.0
7 Chappell, Claire	Del Oro	27.48q +0.0
8 Huckaby, Sarah	Del Oro	28.14q -0.1
9 Hogan, Alexandra	Rocklin	28.28 0.2
10 Chanco, Katy	Roseville	28.80 -0.1
11 Carson, Brooke	Roseville	28.84 0.2
12 Oberg, Jenna	Del Oro	29.00 +0.0
13 Corp, Emily	Woodcreek	29.05 0.1

14 Stednitz, Gina	Woodcreek	29.35 0.1
15 Powell, Paige	Rocklin	29.43 0.1
16 Mackie, Nicole	Del Oro	29.77 0.2
17 McKenzie, Marina	Nevada Union	29.78 0.2
18 Rowell, Lindsey	Woodcreek	29.88 0.1
19 Ali, Alina	Woodcreek	29.98 +0.0
20 Torres, Scheyene	Roseville	30.23 -0.1
21 Papini, Seienna	Roseville	30.85 -0.1
22 Jones-Trammell, Jocelyn	Roseville	31.89 +0.0

**Event 31 Girls 200 Meter Dash Varsity**

SJ Section: 23.73 ! 2004 Jennifer Nash

SFL: 24.83 # 5/11/2012 Brie Simmons

D1@Large: 26.90 @

Name	School	Finals
1 Settle, Lyndsey	Rocklin	24.88@0.7
2 Wright, Annie	Granite Bay	26.45@0.7
3 Cave, Camille	Roseville	26.70@0.7
4 Stout, Kyleigh	Rocklin	26.93 0.7
5 Robinson, Doresa	Roseville	27.45 0.7
6 Nogosek, Jessica	Woodcreek	27.71 0.7
7 Chappell, Claire	Del Oro	27.79 0.7
8 Huckaby, Sarah	Del Oro	29.35 0.7

**Event 32 Boys 200 Meter Dash Varsity**

SJ Section: 20.81 ! 1981 Kevin Wilhite

SFL: 21.74 # 5/13/2010 Jordan Magnusson

D1@Large: 23.02 @

Name	School	Prelims
1 Walton, Aspyn	Woodcreek	@ 22.07Q0.2
2 Brendel, Tyler	Granite Bay	@ 22.27Q+0.0
3 Rotteveel, Alex	Woodcreek	@ 22.47Q+0.0
4 Williamson, Tyus	Woodcreek	@ 22.69Q0.4
5 Davis, Toj	Roseville	@ 22.76Q+0.0
6 Vega, Edward	Rocklin	@ 23.01q 0.4
7 Layton, Mitchell	Woodcreek	@ 23.01q +0.0
8 Pelle, Tanner	Del Oro	@ 23.01q 0.2
9 Gee, Dalton	Del Oro	23.11 +0.0
10 Walters, Nouvel	Rocklin	23.31 +0.0
11 Kerins, Kelly	Woodcreek	23.40 0.4
12 Wiley, Harrison	Granite Bay	23.42 +0.0
13 Scholtes-Dowd, Forrest	Del Oro	23.52 0.2
14 Lane, Cody	Rocklin	23.78 0.4
15 Carrell, Owen	Roseville	23.95 0.4
16 Barker, Matt	Granite Bay	24.36 0.2
17 Travis, Keenen	Woodcreek	24.50 +0.0
18 Stacy, Dylan	Woodcreek	24.59 +0.0
19 Pieczynski, Ben	Woodcreek	24.60 +0.0
20 Lashchuk, Kris	Granite Bay	24.78 0.4
21 Easter, Chance	Woodcreek	24.80 +0.0
22 Ahnin, Matt	Woodcreek	24.87 +0.0
23 Morris, Joseph	Granite Bay	25.20 +0.0
24 Jan, Khaadim	Granite Bay	25.33 +0.0

## Sierra Foothill Championships - 5/13/2014 to 5/15/2014

## Trials and Finals

At: Woodcreek High School

## Results

**Preliminaries ... (Event 32 Boys 200 Meter Dash Varsity)**

Name	School	Prelims
25 Watkins, Aaron	Woodcreek	25.71 0.4
26 Conor, Garrett	Roseville	26.76 +0.0
27 Wing, Jeremy	Roseville	27.19 +0.0
28 Kussler, Martin	Roseville	27.89 0.2
29 Bagga, Robin	Granite Bay	28.48 +0.0
30 Payne, Eli	Roseville	32.60 +0.0

**Event 32 Boys 200 Meter Dash Varsity**

**SJ Section: 20.81 ! 1981 Kevin Wilhite**  
**SFL: 21.74 # 5/13/2010 Jordan Magnusson**  
**D1@Large: 23.02 @**

Name	School	Finals
<b>Finals</b>		
1 Walton, Aspy	Woodcreek	21.61# 0.1
2 Brendel, Tyler	Granite Bay	21.96@0.1
3 Williamson, Tyus	Woodcreek	22.02@0.1
4 Rotteveel, Alex	Woodcreek	22.31@0.1
5 Davis, Toj	Roseville	22.77@0.1
6 Pelle, Tanner	Del Oro	23.08 0.1
7 Layton, Mitchell	Woodcreek	23.09 0.1

**Event 33 Boys 3200 Meter Run Junior Varsity**

**SFL: 9:57.94 # 1975 Galligan**

Name	School	Finals
<b>Finals</b>		
1 Ostenberg, Kyler	Del Oro	10:27.33
2 Bertz, Logan	Del Oro	10:28.71
3 Williams, Robert	Woodcreek	10:33.53
4 Parker, Derek	Woodcreek	10:49.44
5 Luna, Josiah	Granite Bay	10:50.70
6 Seefeldt, Matthew	Roseville	10:51.80
7 Durel, Matthew	Woodcreek	11:05.77
8 Mann, Jake	Del Oro	11:06.54
9 Farnworth, Landon	Woodcreek	11:15.26
10 Wright, Curtiss	Woodcreek	11:23.20
11 Scanlon, Colby	Nevada Union	11:36.76
12 Frisch, Connor	Granite Bay	11:50.07
13 Castro, Rumaldo	Roseville	12:00.57
14 Ferreira, Chad	Woodcreek	12:03.12
15 Ly, Alex	Woodcreek	12:06.77
16 Griffin, Matthew	Woodcreek	12:14.88
17 Flores, Raymond	Del Oro	12:31.36
18 Evans, Jordan	Woodcreek	12:44.45
19 Burrows, Christian	Rocklin	12:49.08
20 McKittrick, Christian	Roseville	15:14.31

**Event 34 Girls 3200 Meter Run Junior Varsity**

**SFL: 12:19.91 # 5/8/2008 Jessica Skalet**

Name	School	Finals
<b>Finals</b>		
1 Bohannon, Laura	Woodcreek	13:26.06
2 Lichti, Hannah	Del Oro	13:28.40
3 Jeppson, Emma	Del Oro	13:34.95

4 Jorgensen, Alora	Del Oro	13:56.62
5 Camacho, Danel	Roseville	14:16.34
6 Purvis, Jordan	Rocklin	14:38.58
7 Weitzel, McKenna	Woodcreek	15:00.28

**Event 35 Girls 3200 Meter Run Varsity**

**SJ Section: 9:52.51 ! 2008 Laurynne Chetelat**

**SFL: 11:03.76 # 5/13/2010 Brooke Holt**

**D1@Large: 11:38.59 @**

Name	School	Finals
<b>Finals</b>		
1 Dipentino, Angela	Woodcreek	11:32.58@
2 Pizzella, Nora	Nevada Union	11:34.98@
3 Mason, Lauren	Woodcreek	11:36.93@
4 Zeiss, Phoebe	Granite Bay	11:40.66
5 Castro-Wehr, Joy	Nevada Union	11:57.93
6 Mersereau, Katie	Granite Bay	12:03.69
7 Zortman, Teresa	Woodcreek	12:39.78
8 Boatman, Teresa	Woodcreek	12:48.55
9 Wilson, Sabrina	Rocklin	12:51.60
10 Montgomery, Maddy	Del Oro	12:56.89
11 Dipentino, Rosemarie	Woodcreek	13:08.32
12 Ehrhardt, Amanda	Rocklin	13:39.97
13 Anderson, Abby	Granite Bay	13:45.93

**Event 36 Men 3200 Meter Run Varsity**

**SJ Section: 8:34.23 ! 2008 German Fernandez**

**SFL: 9:30.74 # 1979 Munoz**

**D1@Large: 9:47.07 @**

Name	School	Finals
<b>Finals</b>		
1 Migliozi, Garrett	Nevada Union	9:30.12#
2 Zeiss, Paul	Granite Bay	9:30.79@
3 Miao, George	Rocklin	9:36.51@
4 Guinnip, Taylor	Woodcreek	9:46.93@
5 Rogers, Luke	Granite Bay	9:54.76
6 Grimmitt, Adam	Rocklin	9:56.75
7 Lockwood, Tre	Granite Bay	10:01.87
8 Pavik, Ben	Granite Bay	10:03.41
9 Knauss, Walker	Granite Bay	10:04.09
10 Ebert, Kyle	Del Oro	10:11.48
11 Leonhardt, Geoff	Rocklin	10:13.15
12 Ritter, Jeff	Granite Bay	10:40.61
13 Holt, Weston	Granite Bay	10:55.33
14 Lachman, Spencer	Woodcreek	11:08.40
15 Goold, Daniel	Woodcreek	11:15.33
16 Hinerman, Alex	Rocklin	12:27.49

Sierra Foothill Championships - 5/13/2014 to 5/15/2014

Trials and Finals

At: Woodcreek High School

Results

**Event 37 Boys 4x400 Meter Relay Junior Varsity**

SFL: 3:31.71 # 5/11/2012 Del Oro

R Nelson, B Giles, F Scholtes-Dowd, O Christian

Team	Relay	Finals
<b>Finals</b>		
1 Del Oro	A	3:34.12
1) Martinsen, Cole	2) Hardin, Will	
3) Carey, Alexander	4) Nash, Jared	
2 Woodcreek	A	3:36.53
1) Riar, Junior	2) Skaff, Zachary	
3) Hunter, Cole	4) McArthur, Sean	
3 Nevada Union	A	3:44.81
1) Clouse, colton (David)	2) Berreman, Kain	
3) Carter, Daniel	4) Harris, Josh	
4 Granite Bay	A	3:48.95
1) Brusca, Marshall	2) Harris, Chris	
3) Hill, Brandon	4) Rozier, Lorenzo	
5 Roseville	A	3:54.70
1) Martinez, Luis	2) Amado, Blake	
3) Jones, Jack	4) Daly, Austin	

**Event 38 Girls 4x400 Meter Relay Junior Varsity**

SFL: 4:17.37 # 5/14/2009 Nevada Union

J Eiring, R Whatley, C Stanford, L Whaley

Team	Relay	Finals
<b>Finals</b>		
1 Del Oro	A	4:24.93
1) Hardin, Hannah	2) Nelson, Cierra	
3) Balsler, Mickaela	4) Wernke, Madison	
2 Woodcreek	A	4:27.50
1) Smith, Lauren	2) Ly, Amanda	
3) Alexander, Lauren	4) McCann, Jackie	
3 Roseville	A	4:39.58
1) Baioni, Sabrina	2) Furdek, Madeline	
3) Carter, Ciera	4) Efstathiou, Marina	
4 Granite Bay	A	4:59.32
1) James, Faith	2) Poczobutt, Jordon	
3) Berexa, Noelle	4) Bresniker, Katrina	

**Event 39 Girls 4x400 Meter Relay Varsity**

SJ Section: 3:41.59 ! 2006 Fairfield

SFL: 3:56.32 # 2006 Woodcreek

DI@Large: 4:09.66 @

Team	Relay	Finals
<b>Finals</b>		
1 Rocklin	A	4:02.55@
1) Settle, Lyndsey	2) Gosting, Sierra	
3) DeRosa, Danielle	4) Stout, Kyleigh	
2 Del Oro	A	4:04.62@
1) Baker, Amanda	2) Lyons, Maddy	
3) Mullins, Malory	4) Lee, Cassidy	
3 Roseville	A	4:08.67@
1) Meade, Madison	2) Sessano, Emma	
3) Lee, Jayme	4) Simpson, Morgan	

4 Granite Bay A 4:11.95

1) Graves, Molly 2) Zenzola, Nicole  
3) Murphy-Cook, Maya 4) Wright, Annie

5 Woodcreek A 4:14.20

1) Sievers, Noel 2) Ali, Alina  
3) McCallum, Elisabeth 4) Kittle, Ashley

6 Nevada Union A 4:20.09

1) O'Brien, Melanie 2) McKenzie, Marina  
3) Campbell, Maddie 4) Smith, Delaney

**Event 40 Boys 4x400 Meter Relay Varsity**

SJ Section: 3:13.61 ! 1999 Vallejo

SFL: 3:20.17 # 5/13/2011 Del Oro

B Covey, C Wheeler, K Andri, K VonAlvenslaben

DI@Large: 3:27.87 @

Team	Relay	Finals
<b>Finals</b>		
1 Roseville	A	3:18.66#
1) Davis, Toj	2) Lopez, Jonathan	
3) Sotomayor, Arturo	4) Finical, Richard	
2 Del Oro	A	3:20.66@
1) Small, Jon	2) Christian, Owen	
3) Scholtes-Dowd, Forrest	4) Tuttle, Johnathon	
3 Woodcreek	A	3:27.36@
1) Aaron Able, Doug	2) Harborth, Isaiah	
3) Gray, Spencer	4) Walton, Aspyrn	
4 Granite Bay	A	3:27.69@
1) Lashchuk, Kris	2) Greenwood, Will	
3) Wilkes, McKay	4) Brendel, Tyler	

**Event 41 Girls Shot Put Junior Varsity**

SFL: 33-09 # 5/11/2011 Jami Duarte

Name	School	Finals
<b>Finals</b>		
1 Valdez, Melaina	Rocklin	32-08.50
2 Whelan, Erin	Rocklin	30-05.50
3 Videll, Brena	Rocklin	30-01.50
4 Echols, Taryn	Nevada Union	27-02.50
5 Lily, Kendall	Granite Bay	26-11.50
6 Valdez, Elfa	Woodcreek	24-04.50
7 Castro, Kaitlyn	Rocklin	23-06.00
8 Ning, Zixiam	Nevada Union	23-05.00
9 Pieczynski, Casey	Woodcreek	23-02.00
10 Johnson, Makenna	Granite Bay	23-01.50
11 Shaheed, Avneet	Granite Bay	20-05.00
12 Alconzo, Katedia	Nevada Union	19-11.00
13 Krisa, Natalie	Granite Bay	19-10.00
14 Sadek, Danya	Granite Bay	17-05.00
15 Sharma, Neha	Woodcreek	16-11.00

**Event 42 Boys Shot Put Junior Varsity**

SFL: 59-03.25 # 1972 Taylor

Name	School	Finals
<b>Finals</b>		
1 Gasior, Gage	Woodcreek	45-06.00

Sierra Foothill Championships - 5/13/2014 to 5/15/2014

Trials and Finals

At: Woodcreek High School

Results

Finals ... (Event 42 Boys Shot Put Junior Varsity)

Name	School	Finals
2 Nitta, Cameron	Del Oro	41-00.00
3 Wahl, Collin	Rocklin	39-09.50
4 Young, Noah	Rocklin	J39-09.50
5 Patterson, Caleb	Nevada Union	38-11.50
6 Weaver, Ben	Rocklin	35-09.50
7 Lawson, Cam	Granite Bay	34-09.00
7 Sparks, Bryan	Nevada Union	34-09.00
9 Ohlsen, Justin	Granite Bay	34-00.00
10 Figueroa, Miguel	Del Oro	33-07.50
11 Tufts, Liam	Rocklin	32-03.00
12 Fields, Devon	Granite Bay	31-10.50
13 Jenkins, Michael	Rocklin	31-02.00
14 Rubaszewski, Scott	Del Oro	30-09.00
15 Bouwman, Kyle	Rocklin	30-01.00
16 Moore, Forest	Nevada Union	28-02.00
17 Baioni, William	Roseville	24-07.00
18 Lopez, Duncan	Rocklin	22-07.50

Event 43 Girls Shot Put Varsity

SJ Section: 50-11.50 ! 2003 Jessica Pressley  
 SFL: 45-09 # 2002 Clinkenbeard  
 D1@Large: 34-05 @

Name	School	Finals
1 Heyn, Lauren	Del Oro	40-00.00@
2 Short, Kelsey	Granite Bay	32-00.00
3 Monahan, Ragen	Rocklin	31-11.50
4 Jones-Lewis, Mikayla	Roseville	31-06.50
5 Maves, Cori	Nevada Union	31-04.00
6 Tracey, Meredith	Roseville	30-06.00
7 Duhra, Shaleen	Granite Bay	27-10.00
7 Nordquist, Gabbie	Del Oro	27-10.00
9 Moore, Tayler	Del Oro	27-06.50
10 Towne, Rachel	Rocklin	26-10.50
11 Austefjord, Hannah	Woodcreek	26-02.50
12 Kern, Nicole	Roseville	26-02.00
13 Soto, Dominique	Rocklin	26-00.50
14 Wilie, Brenna	Woodcreek	25-04.00
15 McCauley, Kelsey	Del Oro	24-09.50
16 Cook, Amy	Del Oro	24-05.00
17 Tripp, Brianna	Nevada Union	24-00.00
18 Inchaurrequi, Becca	Del Oro	22-06.00
19 Birdwell, Ellie	Rocklin	20-05.50
20 Ledesma, Sadie	Roseville	19-00.00
21 Howard, Raine	Roseville	18-04.50

Event 44 Boys Shot Put Varsity

SJ Section: 65-10.75 ! 1978 Dave Porath  
 SFL: 57-06.50 # 1970 Cobbler  
 D1@Large: 48-01 @

Name	School	Finals
1 Corbett, Adam	Woodcreek	46-07.50

2 Corbett, Mitch	Woodcreek	46-05.00
3 Cammon, Kyle	Nevada Union	45-05.00
4 Bolen, Dillon	Woodcreek	42-08.00
5 Lambrechtsen, Logan	Roseville	42-06.00
6 Balmer, Dominic	Woodcreek	42-05.00
7 Reynolds, Sam	Woodcreek	40-05.50
8 Schneider, Grant	Del Oro	39-10.00
9 Dietz, Matt	Granite Bay	38-11.50
10 Milnes, Connor	Granite Bay	38-00.50
11 Zisa, Anthony	Del Oro	37-08.50
12 Jones, James	Roseville	37-00.00
13 Novak-Burdick, Russell	Roseville	36-00.00
14 Powers, Kyle	Roseville	35-05.50
15 Barker, Colton	Nevada Union	34-11.00
16 Jin, David	Granite Bay	34-06.00
17 Williamson, Jordan	Woodcreek	34-04.00
18 Maulino, Matthew	Roseville	34-03.00
19 Scaletti, Chris	Granite Bay	34-02.50
20 Duvall, Zachary	Roseville	33-10.00
21 Miller, Ryan	Del Oro	33-05.00
22 Thomas, Dylon	Del Oro	33-00.50
23 Stroud, Tyler	Nevada Union	32-00.00
23 McFall, Nick	Nevada Union	32-00.00
25 Morehouse, Patrick	Woodcreek	31-06.50
26 Pickrell, Clay	Rocklin	31-03.00
27 Keats, Miles	Woodcreek	30-00.00
28 Wade, Jeffrey	Roseville	29-11.50
29 Dana, Joe	Rocklin	29-05.50
30 Carey, Brendan	Roseville	29-00.00
31 Alexander, Curtis	Del Oro	28-08.50
32 Inchaurrequi, Zack	Del Oro	25-00.50

Event 45 Girls Discus Throw Junior Varsity

SFL: 108-09 # 5/11/2011 Jami Duarte

Name	School	Finals
1 Valdez, Melaina	Rocklin	112-06.50#
2 Johnson, Makenna	Granite Bay	87-11
3 Randall, Ashley	Del Oro	84-09.50
4 Krisa, Natalie	Granite Bay	78-04.50
5 Reintjes, Darin	Del Oro	75-02
6 Valdez, Elfa	Woodcreek	73-10
7 Whelan, Erin	Rocklin	70-08
8 Lily, Kendall	Granite Bay	70-00.50
9 Castro, Kaitlyn	Rocklin	68-01
10 Sadek, Danya	Granite Bay	64-00
11 Pieczynski, Casey	Woodcreek	61-07
11 Echols, Taryn	Nevada Union	61-07
13 Videll, Brena	Rocklin	61-03
14 Alcando, katedia	Nevada Union	59-10
15 Shaheed, Avneet	Granite Bay	58-09.50
16 Ning, Zixiam	Nevada Union	47-09
17 Sharma, Neha	Woodcreek	40-01

## Sierra Foothill Championships - 5/13/2014 to 5/15/2014

## Trials and Finals

## At: Woodcreek High School

## Results

## Event 46 Boys Discus Throw Junior Varsity

SFL: 146-00 # 1978 Holscher

Name	School	Finals
<b>Finals</b>		
1 Gasior, Gage	Woodcreek	123-04
2 Rubaszewski, Scott	Del Oro	114-09
3 Young, Noah	Rocklin	112-02
4 Lawson, Cam	Granite Bay	111-05
5 Nitta, Cameron	Del Oro	111-01.50
6 Figueroa, Miguel	Del Oro	105-07
7 Sparks, Bryan	Nevada Union	97-10
8 Ohlsen, Justin	Granite Bay	96-10
9 Weaver, Ben	Rocklin	90-04
10 Wahl, Collin	Rocklin	89-06
11 Tufts, Liam	Rocklin	86-01
12 Bouwman, Kyle	Rocklin	81-04
13 Jenkins, Michael	Rocklin	79-05
14 Moore, Forest	Nevada Union	72-09.50
15 Fields, Devon	Granite Bay	68-07
16 Baioni, William	Roseville	53-08.50
17 Lopez, Duncan	Rocklin	51-10

## Event 47 Girls Discus Throw Varsity

SJ Section: 188-04 ! 1994 Suzy Powell  
SFL: 141-11 # 2002 Clinkenbeard  
D1@Large: 108-09 @

Name	School	Finals
<b>Finals</b>		
1 Heyn, Lauren	Del Oro	126-05.50@
2 Short, Kelsey	Granite Bay	111-05@
3 Inchaurrequi, Becca	Del Oro	103-11.50
4 Duhra, Shaleen	Granite Bay	97-04
5 Tracey, Meredith	Roseville	97-03
6 Willie, Brenna	Woodcreek	89-00
7 McCauley, Kelsey	Del Oro	87-04
8 Soto, Dominique	Rocklin	84-09.50
9 Maves, Cori	Nevada Union	75-10
10 Birdwell, Ellie	Rocklin	75-07.50
11 Monahan, Ragen	Rocklin	75-01
11 Austefjord, Hannah	Woodcreek	75-01
13 Kern, Nicole	Roseville	72-07
14 Tripp, Brianna	Nevada Union	65-10
15 Cook, Amy	Del Oro	63-03
16 Towne, Rachel	Rocklin	53-00
17 Ledesma, Sadie	Roseville	44-00.50

## Event 48 Boys Discus Throw Varsity

SJ Section: 206-06 ! 1978 Dave Porath  
SFL: 171-11 # 1979 Tinsley, Detwiller (1982)  
D1@Large: 140-10 @

Name	School	Finals
<b>Finals</b>		
1 Schneider, Grant	Del Oro	141-05@
2 Corbett, Adam	Woodcreek	135-08

3 Scaletti, Chris	Granite Bay	130-07
4 Milnes, Connor	Granite Bay	125-01.50
5 Balmer, Dominic	Woodcreek	124-02
6 Dietz, Matt	Granite Bay	122-07
7 Nieves, Mo	Nevada Union	122-06
8 McFall, Nick	Nevada Union	119-01
9 Corbett, Mitch	Woodcreek	115-01.50
10 Reynolds, Sam	Woodcreek	113-05
11 Pickrell, Clay	Rocklin	112-04.50
12 Cammon, Kyle	Nevada Union	108-00
13 Alexander, Curtis	Del Oro	107-09.50
14 Novak-Burdick, Russell	Roseville	101-09
15 Jin, David	Granite Bay	101-06.50
16 Barker, Colton	Nevada Union	100-02.50
17 Bolen, Dillon	Woodcreek	95-02
18 Dana, Joe	Rocklin	94-02
19 Keats, Miles	Woodcreek	93-00
20 Inchaurrequi, Zack	Del Oro	92-10.50
21 Duvall, Zachary	Roseville	92-07.50
22 Stroud, Tyler	Nevada Union	91-06.50
23 Williamson, Jordan	Woodcreek	90-05.50
24 Maulino, Matthew	Roseville	88-11
25 Powers, Kyle	Roseville	88-10
26 Morehouse, Patrick	Woodcreek	86-06.50
27 Jones, James	Roseville	77-11
28 Wade, Jeffrey	Roseville	72-01
29 Carey, Brendan	Roseville	68-08.50

## Event 49 Girls Pole Vault Junior Varsity

SFL: 10-03 # 5/7/2008 Ferrin Peterson

Name	School	Finals
<b>Finals</b>		
1 Baioni, Sabrina	Roseville	7-06.00
2 Warren, Jacqueline	Rocklin	7-00.00
3 Tournier, Anais	Rocklin	J7-00.00
4 Curran, Brie	Granite Bay	6-06.00
5 Smaldone, Jackie	Del Oro	J6-06.00
6 Pon, Kaitlyn	Roseville	6-00.00
7 Correia, Alicia	Woodcreek	J6-00.00
--- Andersen, Hallie	Woodcreek	NH
--- Franklin, Lindsey	Woodcreek	NH

## Event 50 Boys Pole Vault Junior Varsity

SFL: 13-03 # 1995 Dietchman

Name	School	Finals
<b>Finals</b>		
1 Brake, Hayden	Granite Bay	12-00.00
2 Robles, Drew	Granite Bay	J12-00.00
3 Bartolmei, Tim	Del Oro	10-06.00
4 King, Ryan	Granite Bay	10-00.00
5 Matei, Andrei	Rocklin	J10-00.00
6 Eagen, Kelin	Del Oro	9-00.00
7 Russell, Paul	Granite Bay	J9-00.00
8 Lopez, Mitchell	Rocklin	8-06.00
8 Vigallon, Torin	Del Oro	8-06.00

**Sierra Foothill Championships - 5/13/2014 to 5/15/2014**

**Trials and Finals**

**At: Woodcreek High School**

**Results**

**Finals ... (Event 50 Boys Pole Vault Junior Varsity)**

Name	School	Finals
10 Krause, Connor	Woodcreek	8-00.00
10 DeGan, Darby	Del Oro	8-00.00
10 Helm, Cole	Roseville	8-00.00
--- Heninger, Jacob	Woodcreek	NH
--- Wells, Bryan	Nevada Union	NH

**Event 51 Girls Pole Vault Varsity**

**SJ Section: 13-06 ! 2005 Brysun Stately**  
**SFL: 12-10 # 2007 Rachel Simmons**  
**SFL: 12-10 # 5/13/2011 Katie Zingheim**  
**D1@Large: 9-05 @**

Name	School	Finals
<b>Finals</b>		
1 Maneatis, Melissa	Del Oro	12-00.00@
2 Wilie, Dana	Woodcreek	9-11.00@
3 Field, Gillette	Granite Bay	9-05.00@
4 Albright, Kathryn	Woodcreek	7-05.00
5 Nordquist, Gabbie	Del Oro	6-11.00
5 Maves, Cori	Nevada Union	6-11.00
6 Waters, Katrina	Roseville	J6-11.00
8 Krier, Nina	Roseville	6-05.00
8 Cena, Kristina	Nevada Union	6-05.00
--- Bickford, Isabel	Rocklin	NH
--- Mason, Lauren	Woodcreek	NH

**Event 52 Men Pole Vault Varsity**

**SJ Section: 17-04 ! 2006 Scott Roth**  
**SJ Section: 17-04 ! 2006 Ryan Shuler**  
**SFL: 16-02 # 5/14/2009 Cale Simmons**  
**D1@Large: 13-01 @**

Name	School	Finals
<b>Finals</b>		
1 Bowler, Jacob	Del Oro	15-01.00@
2 Kartz, Travis	Granite Bay	14-07.00@
3 Harari, John	Del Oro	13-01.00@
4 Robles, Carson	Granite Bay	J13-01.00@
5 Huber, Lance	Del Oro	12-07.00
6 Grande, Jeremiah	Rocklin	11-07.00
7 Reilly, Dan	Roseville	11-01.00
8 Thibeault, Jacob	Rocklin	10-07.00
8 Bolla, David	Rocklin	10-07.00
8 Echols, Collin	Nevada Union	10-07.00
--- Russell, Alex	Granite Bay	NH
--- Dumas, Ben	Woodcreek	NH
--- Jones, Lachlan	Nevada Union	NH

**Event 53 Girls High Jump Junior Varsity**

**SFL: 5-02 # 5/12/2010 Leah Carter**

Name	School	Finals
<b>Finals</b>		
1 Connor, Madison	Roseville	4-10.00
2 Crawford, Clare	Roseville	4-08.00
3 Humphers, Sophie	Nevada Union	4-06.00

3 Anderson, Julia	Rocklin	4-06.00
5 Meeter, Madison	Del Oro	J4-06.00
5 Gode, Lauren	Del Oro	J4-06.00
7 Crenshaw, Grace	Nevada Union	4-04.00
7 Videll, Brena	Rocklin	4-04.00
8 Campbell, Paige	Nevada Union	J4-04.00
9 Busch, Hannah	Del Oro	J4-02.00
10 Staton, Sierra	Del Oro	4-02.00
10 Hernandez, Maria	Woodcreek	4-02.00
13 Franklin, Lindsey	Woodcreek	4-00.00

**Event 54 Boys High Jump Junior Varsity**

**SFL: 6-07 # 1995 Gibson**

Name	School	Finals
<b>Finals</b>		
1 Thibeault, Joshua	Rocklin	6-00.00
2 Brown, Chance	Nevada Union	5-10.00
3 Peri, Josh	Woodcreek	5-06.00
4 Nelson, Chad	Woodcreek	J5-06.00
5 Sparks, Bryan	Nevada Union	J5-06.00
6 Jones, Jeremiah	Nevada Union	5-04.00
6 Cinnamon, Andrew	Del Oro	5-04.00
8 Morefield, Alan	Roseville	J5-04.00
9 Kirkham, Daniel	Woodcreek	5-02.00
9 Rayos del Sol, Ryan	Woodcreek	5-02.00
9 Woods, Tyrice	Roseville	5-02.00
12 Flake, Adam	Rocklin	5-00.00
12 Manoguerra, Jace	Nevada Union	5-00.00
14 Bernal, Albert	Nevada Union	4-08.00
15 Wells, Bryan	Nevada Union	4-06.00
15 Hanson, Matt	Woodcreek	4-06.00
15 Kirkpatrick, Michael	Nevada Union	4-06.00
--- Mahoney, William	Roseville	NH

**Event 55 Girls High Jump Varsity**

**SJ Section: 6-02.25 ! 1989 J.C. Broughton**  
**SFL: 5-05 # 5/11/2011 Leah Carter**  
**D1@Large: 5-00 @**

Name	School	Finals
<b>Finals</b>		
1 Reagan, Adrianna	Roseville	5-02.00@
2 Murphy-Cook, Maya	Granite Bay	J5-02.00@
3 Caraway, Natalie	Granite Bay	J5-02.00@
4 Gode, Kiely	Del Oro	5-00.00@
5 Smith, Delaney	Nevada Union	4-10.00
6 Pfennig, Danelle	Granite Bay	4-08.00
6 Ferrera, Megan	Roseville	4-08.00
7 Walker, Stephanie	Del Oro	J4-08.00
9 Rideout, Catherine	Del Oro	4-06.00
9 Gingerich, Aleena	Del Oro	4-06.00
11 Graser, Megan	Woodcreek	4-04.00
12 Vasilieva, Anna	Woodcreek	4-02.00
--- Dipentino, Angela	Woodcreek	NH



Sierra Foothill Championships - 5/13/2014 to 5/15/2014

Trials and Finals

At: Woodcreek High School

Results

Event 56 Boys High Jump Varsity

SJ Section: 7-01 ! 1997 Darryl Feilbach

SJ Section: 7-01 ! 2005 Aiona Key

SFL: 6-09.25 # 5/7/2013 Alex Marakas

D1@Large: 6-00 @

Name	School	Finals
<b>Finals</b>		
1 Graber, Brian	Granite Bay	6-06.00@
2 Lane, Cody	Rocklin	6-04.00@
3 Corbin, Jahi	Woodcreek	5-10.00
4 Udoffia, Trey	Del Oro	J5-10.00
5 Tuttle, Johnathon	Del Oro	J5-10.00
6 Yang, Tyger	Roseville	5-08.00
6 Thibeault, Jacob	Rocklin	5-08.00
7 Wiley, Harrison	Granite Bay	J5-08.00
8 Echols, Collin	Nevada Union	J5-08.00
9 Sagucio, Brandon	Woodcreek	J5-04.00
10 Ramirez, Jacob	Woodcreek	5-04.00
11 Watkins, Aaron	Woodcreek	J5-02.00

Event 57 Girls Long Jump Junior Varsity

SFL: 15-08.75 # 5/7/2008 Samantha Bruce

Name	School	Finals
<b>Finals</b>		
1 Holt, Aubrey	Granite Bay	14-01.00 NWI
2 Player, Jasmine	Woodcreek	13-02.25 NWI
3 Brummund, Morgan	Del Oro	13-01.75 NWI
4 Chung, Joanne	Rocklin	13-00.50 NWI
5 Cartan, Nicole	Rocklin	12-05.00 NWI
6 Furdek, Madeline	Roseville	12-02.00 NWI
7 Busch, Hannah	Del Oro	11-09.50 NWI
8 Adriani, Karin	Rocklin	11-08.00 NWI
9 Campbell, Paige	Nevada Union	11-02.50 NWI
10 Andersen, Hallie	Woodcreek	11-00.50 NWI
11 Nguyen, Tiffany	Granite Bay	8-09.50 NWI
12 Nelson, Colleen	Rocklin	8-01.00 NWI

Event 58 Boys Long Jump Junior Varsity

SFL: 20-10.50 # 5/13/2009 Brock Kraus

Name	School	Finals
<b>Finals</b>		
1 Tufts, Liam	Rocklin	18-11.00 NWI
2 Cervantes, Mauricio	Woodcreek	18-09.00 NWI
3 Ulle, Colton	Roseville	18-08.00 NWI
3 Young, Noah	Rocklin	18-08.00 NWI
5 Nelson, Chad	Woodcreek	18-05.00 NWI
6 Cinnamon, Andrew	Del Oro	18-04.00 NWI
7 Brown, Chance	Nevada Union	18-03.00 NWI
8 Popenberg, Dorian	Nevada Union	17-11.50 NWI
9 Peri, Josh	Woodcreek	17-10.50 NWI
10 Sundquist, Kyle	Granite Bay	17-05.75 NWI
11 Riar, Junior	Woodcreek	17-05.00 NWI
12 Stockman, Matthew	Woodcreek	17-03.00 NWI
13 Cordell, John	Woodcreek	16-09.00 NWI

14 Balfour, James	Del Oro	16-06.50 NWI
15 Mandel, Aaron	Nevada Union	16-05.00 NWI
15 Flake, Adam	Rocklin	16-05.00 NWI
17 Anderson, Robby	Woodcreek	16-04.50 NWI
18 Steinke, Jon	Rocklin	16-02.00 NWI
19 Kirkham, Daniel	Woodcreek	16-00.50 NWI
20 Mills, Jori	Nevada Union	14-10.50 NWI
21 Shirhall, Matt	Woodcreek	14-06.00 NWI
22 Krause, Connor	Woodcreek	13-07.00 NWI
23 Howes, Chase	Granite Bay	13-02.00 NWI
23 Dunmore, Caleb	Del Oro	13-02.00 NWI
25 Ferrell, Spencer	Woodcreek	13-00.50 NWI

Event 59 Girls Long Jump Varsity

SJ Section: 20-05.50 ! 2005 Brittany Daniels

SFL: 18-08 # 1989 Lewis

D1@Large: 16-06 @

Name	School	Finals
<b>Finals</b>		
1 Gode, Kiely	Del Oro	16-05.50 NWI
2 Murphy-Cook, Maya	Granite Bay	16-02.50 NWI
3 Stacy, Alex	Del Oro	15-11.00 NWI
4 Graves, Molly	Granite Bay	15-08.75 NWI
5 Wilie, Dana	Woodcreek	15-05.00 NWI
6 Caraway, Natalie	Granite Bay	15-04.00 NWI
7 Albright, Kathryn	Woodcreek	15-01.75 NWI
8 Diaz, Sophia	Roseville	14-11.00 NWI
9 Chrisse, Cassidy	Del Oro	14-03.00 NWI
10 Vasilieva, Anna	Woodcreek	14-00.50 NWI
11 Graser, Megan	Woodcreek	13-03.25 NWI
12 Maves, Cori	Nevada Union	12-10.50 NWI
13 Turner, Leslie	Rocklin	12-03.00 NWI
14 Nelson, Shannon	Rocklin	11-10.50 NWI
15 Versoza, Emily	Rocklin	11-05.00 NWI
16 Knorzer, Sienna	Rocklin	9-09.50 NWI

Event 60 Boys Long Jump Varsity

SJ Section: 25-10.75 ! 1968 Heulon Hewitt

SFL: 23-04 # 2002 Banks

D1@Large: 21-00 @

Name	School	Finals
<b>Finals</b>		
1 Nelson, Lenny	Woodcreek	22-00.00@NWI
2 George, Colton	Woodcreek	21-06.00@NWI
3 Padjen, Mason	Woodcreek	21-03.50@NWI
4 Graber, Brian	Granite Bay	20-02.75 NWI
5 Ellis, Marc	Granite Bay	20-02.50 NWI
6 Corbin, Jahi	Woodcreek	20-02.00 NWI
7 Camacho, Jesus	Roseville	19-11.25 NWI
8 Liang, Jared	Granite Bay	19-08.00 NWI
9 Grande, Jeremiah	Rocklin	19-04.00 NWI
10 McKim, Troy	Del Oro	19-02.75 NWI
11 Sagucio, Brandon	Woodcreek	19-02.50 NWI
12 Camacho, Anchony	Roseville	18-03.25 NWI
13 Echols, Collin	Nevada Union	18-02.00 NWI

Sierra Foothill Championships - 5/13/2014 to 5/15/2014

Trials and Finals

At: Woodcreek High School

Results

Finals ... (Event 60 Boys Long Jump Varsity)

Name	School	Finals
14 Christie, Konner	Granite Bay	18-01.25 NWI
15 Camba, Redmund	Woodcreek	17-05.00 NWI
16 Baiocchi, Lucas	Granite Bay	16-10.75 NWI
17 Kelly, Alexander	Roseville	16-04.00 NWI
18 Hall, Clayton	Woodcreek	16-01.00 NWI
19 Dumas, Ben	Woodcreek	15-11.00 NWI
20 Kussler, Martin	Roseville	14-08.00 NWI
21 Conor, Garrett	Roseville	14-02.00 NWI
22 Redmon, Karl	Granite Bay	14-00.50 NWI

Event 61 Girls Triple Jump Junior Varsity

SFL: 32-09.50 # 2003 Fox

Name	School	Finals
1 Holt, Aubrey	Granite Bay	29-03.75 NWI
2 Brummund, Morgan	Del Oro	28-03.25 NWI
3 Chung, Joanne	Rocklin	27-06.50 NWI
4 Balsler, Mickaela	Del Oro	27-00.00 NWI
5 Furdek, Madeline	Roseville	25-09.25 NWI
6 Andersen, Hallie	Woodcreek	25-06.75 NWI
7 Busch, Hannah	Del Oro	25-01.50 NWI

Event 62 Boys Triple Jump Junior Varsity

SFL: 43-08.50 # 1991 Kuoppamki

Name	School	Finals
1 Moreno, Dylan	Nevada Union	40-09.00 NWI
2 Flake, Adam	Rocklin	40-02.50 NWI
3 Cervantes, Mauricio	Woodcreek	39-02.50 NWI
4 Clouse, colton (David)	Nevada Union	39-01.00 NWI
5 Tufts, Liam	Rocklin	38-06.50 NWI
6 Peri, Josh	Woodcreek	38-01.00 NWI
7 Berreman, Kain	Nevada Union	37-07.25 NWI
8 Rayos del Sol, Ryan	Woodcreek	35-05.25 NWI
9 Noel, Everett	Nevada Union	35-02.00 NWI
10 Balfour, James	Del Oro	34-07.00 NWI
11 Ulle, Colton	Roseville	34-06.75 NWI
12 Garza, Matt	Granite Bay	34-00.00 NWI
13 Stockman, Matthew	Woodcreek	33-10.25 NWI
14 Jones, Jeremiah	Nevada Union	32-03.00 NWI
15 Kirkham, Daniel	Woodcreek	31-00.75 NWI
16 Ferrell, Spencer	Woodcreek	30-07.00 NWI
17 Bouwman, Kyle	Rocklin	29-07.25 NWI
18 Hendrix, Tim	Rocklin	28-03.00 NWI

Event 63 Girls Triple Jump Varsity

SJ Section: 44-00 ! 2004 Brittany Daniels

SFL: 40-03 # 1985 Hudson

D1@Large: 34-11 @

Name	School	Finals
1 Stacy, Alex	Del Oro	35-00.25@NWI
2 Caraway, Natalie	Granite Bay	34-10.00 NWI

3 Pitz, Brooklyn	Del Oro	33-01.25 NWI
4 Wilie, Dana	Woodcreek	32-07.50 NWI
5 Blumm, Megan	Roseville	31-08.50 NWI
6 Diaz, Sophia	Roseville	30-04.50 NWI
7 Ferrera, Megan	Roseville	30-04.00 NWI
8 Graser, Megan	Woodcreek	30-00.00 NWI
9 Cena, Kristina	Nevada Union	28-04.75 NWI
10 Waters, Katrina	Roseville	27-01.50 NWI
11 Pfennig, Danelle	Granite Bay	25-11.75 NWI

Event 64 Boys Triple Jump Varsity

SJ Section: 51-06 ! 2006 Zuheir Sharif

SFL: 47-04 # 1988 Scott

D1@Large: 43-04 @

Name	School	Finals
1 Nelson, Lenny	Woodcreek	43-05.00@NWI
2 Ellis, Marc	Granite Bay	41-09.00 NWI
3 Graber, Brian	Granite Bay	40-07.75 NWI
4 Corbin, Jahi	Woodcreek	39-11.00 NWI
5 Leveille, Brian	Del Oro	39-04.00 NWI
6 Padjen, Mason	Woodcreek	39-02.00 NWI
7 Wefers, Daniel	Granite Bay	35-08.00 NWI
8 Camba, Redmund	Woodcreek	33-06.00 NWI
9 Kelly, Alexander	Roseville	32-02.25 NWI
10 Redmon, Karl	Granite Bay	31-05.00 NWI

Women - Varsity - Team Rankings - 16 Events Scored

1) Del Oro	131.5
2) Granite Bay	103.5
3) Roseville	76.5
4) Woodcreek	73
5) Rocklin	64
6) Nevada Union	45.5

Women - Junior Varsity - Team Rankings - 16 Events Scored

1) Del Oro	124
2) Rocklin	96
3) Roseville	95
4) Woodcreek	82
5) Granite Bay	63
6) Nevada Union	32

Men - Varsity - Team Rankings - 16 Events Scored

1) Woodcreek	191
2) Granite Bay	110
3) Del Oro	74
4) Roseville	54.5
5) Rocklin	30.5
6) Nevada Union	30

**Sierra Foothill Championships - 5/13/2014 to 5/15/2014**

**Trials and Finals**

**At: Woodcreek High School**

**Results**

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<u>Men - Junior Varsity - Team Rankings - 16 Events Scored</u>	
1) Del Oro	155.5
2) Woodcreek	97
3) Nevada Union	87.5
4) Rocklin	71
5) Granite Bay	67
6) Roseville	16