SF State Distance Carnival - 4/4/2014 to 4/5/2014

San Francisco State University (Cox Stadium)

Results

Event 1 Women 10000 Meter Run

Meet: ! 33:16.11 2011 Magdalena Lewy-Boulet, Sau

	Name	Year	School	Finals
Section 1				
1	Karis Frankian	SO	The Masters	35:37.19
2	Sarah Reiter	FR	Eastern Washington	35:56.49
3	Isabel Liebfreid	JR	Saint Louis	35:58.66
4	Audrey Urlacher	JR	Idaho State	36:01.70
5	Erika Schiller	JR	Kansas State	36:10.77
6	Emily Painter	SR	George Fox	36:10.87
7	Berenice Penaloza	SO	Eastern Washington	36:43.57
8	Brittany Garrett	2	Impala Racing Team	37:03.17
9	Emily Johnston	SO	Unattached	37:04.20
10	Taylor de Laveaga	SO	Seattle U.	37:17.52
11	Rebecca Lupescu	SO	Southern Oregon	37:19.17
12	Katie Timmermans	SR	Cal St. Stanislaus	37:23.59
13	Maggie Coleman	FR	Portland State	37:34.62
14	Bekah Bahra	SO	Chico State	37:38.63
15	Lauren Hammerle	SR	Seattle U.	37:48.99
16	Jasmyn Hildebrandt	JR	Southern Utah	37:59.44
17	Alexis Pichardo	SR	Cal St. Northridge	38:06.18
18	Megan Magdaleno	JR	Cal St. Northridge	38:08.17
19	Hailey Bradshaw	JR	Northwest Nazarene	38:08.78
20	Claire Rachwitz	FR	Seattle Pacific	38:20.06
21	Elizabeth Hiers	FR	Sacramento	38:40.61
22	Carina Novell	SO	St. Mary's (Cal.)	38:45.29
23	Christi Schmitz	SR	Alaska Anchorage	38:49.40
24	Imogene Carson	SO	Humboldt State	39:05.46
25	Lauren Schultz		New Balance	39:07.35
26	Celina Vera	SO	Cal St. East Bay	39:28.17
27	Mei-Tung Chen	SR	Excelsior RC	39:28.18
28	Susanna Fleming	JR	Northwest Nazarene	39:33.93
29	Gabriela Zamora	SO	Sequoias	40:11.71
30	Myja Maki	SR	College of Idaho	40:15.63
31	Megan Alfi	SO	Humboldt State	40:29.41
32	Jadyn Gourley	SO	Northwest Nazarene	41:05.67

Event 2 Men 10000 Meter Run

Meet: ! 29:42.59 3/29/2013 Kevin Pool, SRA Elite

	Name	Year	School	Finals
1	Julian Florez	SO	Adams State	29:41.39!
2	Blake Taneff	SO	Ohio State	29:44.70
3	Michael McCabe	FR	Ucla	29:45.01
4	Chase Coffey	JR	Bradley	29:59.20
5	Sergey Sushchickh	SO	Ucla	30:03.68
6	Kyle McKenna	SR	Utah State	30:09.01
7	Dylan Anthony	JR	Alaska Anchorage	30:19.90
8	Richard Ho	FR	Unattached	30:20.78
9	Zach Krause	SO	Northeastern	30:21.23
10	Cory Keehn	JR	Fort Hays St.	30:22.94
11	Tyler Shipley	SO	Pacific (Ore.)	30:24.44
12	Victor Samoei	SO	Alaska Anchorage	30:37.63
13	Michael Hiscott	2	Wvtc	30:38.17

SF State Distance Carnival - 4/4/2014 to 4/5/2014
San Francisco State University (Cox Stadium)
Results

....Event 2 Men 10000 Meter Run

14	Patrick Campbell	FR	Bradley	30:40.52
15	Luis Dorantes		So-Cal Elite	30:48.64
16	Jeff Bickert	SO	Arizona State	30:50.25
17	Eric Ghelfi	JR	Southern Oregon	30:51.62
18	Tyler Deniston	SR	Golden Gater T.C.	30:53.34
19	Matt Hensley	SR	Unattached	30:55.37
20	Jonny Bernasky	JR	Fort Hays St.	30:56.15
21	Jason McCullough		Hays Track Club	31:02.88
22	Taylor Guske	JR	Cal Baptist	31:04.15
23	Bruk Assefa	SR	San Francisco St.	31:05.60
24	Max Robinson	SR	Johns Hopkins	31:06.25
25	Martin Joyce	JR	North Dakota St.	31:07.98
26	Jonathan Kilpela	SR	Michigan Tech	31:11.94
27	Tanner Christensen		Hays Track Club	31:15.78
28	Dillon Breen	SO	Chico State	31:17.61
29	Geoff Hull	SO	Chico State	31:23.38
30	Ben Demaree	JR	Santa Clara	31:25.34
31	Joseph Gough	FR	Utah State	31:34.60
32	Austin Stecklair	JR	Johns Hopkins	31:49.76
33	Scott Minor	SR	Oregon Tech	32:22.70
34	Jacob Wood	JR	Ucla	33:29.38
--	Jackson Higgins	FR	Cal St. Northridge	DNF
--	Hayden Hawks	JR	Southern Utah	DNF

Section 2

1	Tom Derr	JR	Utah State	30:59.39
2	Jacob Campbell	SO	Idaho State	31:26.12
3	Brendan Devlin	SR	Texas Tech	31:30.54
4	Kade Jensen	JR	Utah State	31:31.67
5	Dallin Webb	SO	Idaho State	31:34.77
6	Bryon Schuldt	FR	North Dakota St.	31:34.78
7	Turner Wiley	JR	Seattle Pacific	31:39.47
8	Michael Gonzalez	JR	Unattached	32:00.22
9	Jesus Salas	FR	Sequoias	32:13.09
10	Dylan Paulk	JR	Southern Oregon	32:13.46
11	Ryan Salcido	FR	Unattached	32:14.62
12	Ricky Parra	SO	American River	32:15.74
13	Samuel Scheuer	FR	Unattached	32:17.59
14	Cody Carter	JR	Southern Oregon	32:18.16
15	Leandro Santillan		Hawaii Pacific	32:19.20
16	Logan Smith	JR	San Francisco St.	32:19.52
17	Graham Kinzel-Grubbs	SR	Seattle U.	32:20.39
18	Sean Jagerson	FR	American River	32:25.92
19	Chris Garcia	SR	St. Mary's (Cal.)	32:26.42
20	Greg Scott	SR	Unattached	32:31.02
21	Kurt Lutz	JR	San Francisco St.	32:31.92
22	Kaleb Fleenor	JR	Northwest Nazarene	32:38.64
23	Greg Garcia	SO	Southern Oregon	32:39.56
24	Michael Garaventa	SO	San Francisco St.	32:40.11
25	Xavier Uranga	SR	Humboldt Track Club	32:40.90
26	Jeremiah Gotts	FR	Cal Baptist	32:45.63
27	Jacob Brown	SO	American River	32:45.93
28	Will Parke-Hoffman	SO	Southern Oregon	32:49.33
29	Blake Zufall	FR	Unattached	32:56.17
30	Tony Ferrari	SO	Santa Clara	33:03.29
31	Jorge Estrada	SO	Cal Baptist	33:09.16

SF State Distance Carnival - 4/4/2014 to 4/5/2014
San Francisco State University (Cox Stadium)
Results

....Event 2 Men 10000 Meter Run

32	Karsten Mueller	SR	Wvtc	33:09.87
33	Reed Breuer		Cal Poly DC	33:11.36
34	Ben Schulz	FR	Oregon Tech	33:15.15
35	Jose Gonzalez-Mejia	SR	Cal St. East Bay	33:18.71
36	Jason Morris	FR	American River	33:30.26
37	Kirby Garlitz	SR	Oregon Tech	33:43.99
38	Ryan Lawler	JR	Humboldt State	33:56.88
39	James Dagley	FR	Humboldt State	34:03.16
40	Dayu Tao	SO	Excelsior	34:04.53
41	Matt Rouse	FR	San Mateo	34:18.38
42	Matt Burke	FR	Santa Clara	34:37.42
--	Benji Preciado	FR	San Francisco St.	DNF
--	Harjit Randhawa	SO	San Francisco St.	DNF

Event 3 Women 1500 Meter Run

Meet: ! 4:29.01 2012 Lucy Yates, Unattached

	Name	Year	School	Finals
Section 1				
1	Elle Sanders	SR	Ucla	4:31.42
2	Sabrina Seay	FR	Ucla	4:33.73
3	Yesenia Silva	FR	Sequoias	4:34.03
4	Natasha Verma	JR	Portland	4:34.48
5	Mary Frances Donnelly	FR	Kansas State	4:34.74
6	Susan Bick	SR	Alaska Anchorage	4:35.36
7	Ali Teliha	FR	St. Mary's (Cal.)	4:40.17
8	Ashley Murphy	JR	Johns Hopkins	4:40.77
9	Kylie Goo		Northern Arizona	4:41.73
10	Paige Cardiff	FR	Southern Utah	4:41.82
11	Kirsten Allen	SR	Simon Fraser	4:41.99
12	Melissa Hastings	SR	Unattached	4:43.67
13	Laura O'Neill	JR	California	4:44.14
14	Mary Hillis	FR	Cal Poly	4:44.45
15	Zoe Urcadez	SO	Gonzaga	4:45.37
Section 2				
1	Addy Townsend	JR	Unattached	4:34.92
2	Ashley Miller	SR	Oiselle Racing Team	4:35.59
3	Devon Kelsey	SR	Humboldt State	4:37.13
4	Caitlin Devitt-Payne	SO	Nevada	4:37.25
5	Veronica Hall	SO	Cal Baptist	4:38.43
6	Lila Klopfenstein	FR	College of Idaho	4:38.56
7	Nikki Rietz	SO	Utah	4:38.76
8	Rebecca Bassett	FR	Simon Fraser	4:38.97
9	Stephanie Stuckey	SO	Western Oregon	4:40.90
10	Peggy Noel	SO	Simon Fraser	4:41.95
11	McKenzie Archer	SO	Texas Tech	4:43.05
12	Rylee Bowen	8	Unattached	4:45.49
13	Natalie Ball	JR	Cal Baptist	4:49.64
14	Brittany Evans	FR	Simon Fraser	4:55.76
Section 3				
1	Becky Sarmiento	FR	Utah	4:43.88
2	Hannah Bell	SO	Monterey Bay	4:44.62
3	Alicia Doohan	JR	St. Mary's (Cal.)	4:45.58
4	Katherine Ott	SO	UC Davis	4:46.43

SF State Distance Carnival - 4/4/2014 to 4/5/2014
San Francisco State University (Cox Stadium)
Results

....Event 3 Women 1500 Meter Run

5	Jessy McIntyre	FR	Monterey Bay	4:46.56
6	Lizzie Grolle	SR	Cal St. Stanislaus	4:47.91
7	Morgan Pedrick	FR	The Masters	4:48.18
8	Elizabeth Khuu	JR	Academy of Art	4:48.43
9	Molly Babcock	SO	California	4:48.80
10	Nayeli Santamaria	JR	Humboldt State	4:49.94
11	Jackie Mansoor	SO	Chico State	4:50.62
12	Jordan Engelhardt	SR	College of Idaho	4:51.40
13	Kaitlyn Kuehn	FR	Santa Clara	4:54.55
14	Tiffany Heflin	SR	Chico State	4:56.91

Section 4

1	Connie Morgan	SR	Central Washington	4:39.77
2	Dana Snell	FR	Utah	4:41.76
3	Erica Contos	JR	Portland State	4:41.97
4	Rachel Crawford	FR	Western Oregon	4:42.77
5	Kandace Compton	FR	American River	4:44.39
6	Keikoanne Hollins	JR	Portland State	4:46.22
7	Kayla Knapp	FR	UC Davis	4:49.56
8	Mary Matchett	JR	Oregon Tech	4:51.34
9	Jessica Bath	JR	Humboldt State	4:52.36
10	giovanna romo	FR	Unattached	4:52.89
11	Mia Knipper	SO	Pacific	4:54.78
12	Kaila Gibson		Wolfpack RC	4:59.06
13	Sarah Miranda	SO	Unattached	5:00.01
14	Rachel Shelley	JR	Western Oregon	5:04.26
15	Hannah Wiesner		William Jessup	5:05.60
16	Natalie Galvan	SR	Chico State	5:09.19

Section 5

1	Isabella Fauria	6	Unattached	4:48.94
2	Vanessa Lordi	SO	Wvtc	4:52.12
3	Kaitlin Peters	FR	Unattached	4:52.65
4	Lissy Robie		Strawberry Cyn	4:53.74
5	April Montgomery		New Balance	4:54.49
6	Lauren Wilch	FR	San Francisco	4:54.84
7	Allie Sibole	SR	Santa Clara	4:55.65
8	Jocelyn Stillwell	FR	American River	4:56.14
9	Heidi Hoslet	FR	Marymount College	4:56.54
10	Gabee Maldonado	FR	Cal St. Stanislaus	4:57.85
11	Jennie Yeaman	JR	Monterey Bay	4:57.95
12	Kristen Morrill	FR	Nevada	5:01.41
13	Sarah Bailey	JR	Pacific	5:01.44

Section 6

1	Samantha Lindauer	FR	Oregon Tech	4:59.90
2	Kate Bowen	6	Unattached	4:59.92
3	Jamie West	SO	UC Santa Cruz	5:02.04
4	Lindsey Ragas	SO	San Francisco St.	5:02.38
5	Natalie Berania	SO	American River	5:03.79
6	Rachael Duriez	FR	Cal St. Northridge	5:04.29
7	Kayla Parsons	SO	Oregon Tech	5:08.53
8	Marie Miller	SR	Northwest Nazarene	5:09.44
9	Jessica Talbot	FR	Impalas	5:09.63
10	Cheyenne Drury	FR	American River	5:12.19
11	Annelise Eagleton	FR	College of Idaho	5:12.40
12	Rachel Shimabukuro	FR	Hartnell	5:12.58
13	Alejandra Marin	SO	San Mateo	5:16.84

SF State Distance Carnival - 4/4/2014 to 4/5/2014
San Francisco State University (Cox Stadium)
Results

....Event 3 Women 1500 Meter Run

Section 7

1	Rebecca Holland	JR	Northwest Nazarene	5:06.93	
2	Jenay Jauregui	FR	San Jose St.	5:08.88	
3	Marissa Buckley	SO	San Jose St.	5:11.36	
4	Maritza Ruelas	FR	Hartnell	5:13.51	
5	Mimi Petersen	JR	UC Santa Cruz	5:13.68	
6	Dariani Salvador	FR	Hartnell	5:14.07	
7	Jenna Hills	FR	George Fox	5:15.60	
8	Cyntia Salazar	JR	Unattached	5:16.01	
9	Kelsey Lucas	SO	Sacramento	5:16.07	
10	Laticia Joven	SO	Cal St. Stanislaus	5:17.35	
11	Luz Sanchez	FR	Santa Rosa	5:17.53	
12	Marina Lecoeuche	SO	Santa Rosa	5:23.46	
13	Rebecca Nunez	SR	Unattached	5:25.63	

Section 8

1	Allison Kimura	JR	San Jose St.	5:13.08	
2	Ty Jones	SO	Cal St. Stanislaus	5:15.48	
3	Breanna Garcia	SO	San Jose St.	5:15.86	
4	Victoria Dwyer	FR	Santa Rosa	5:17.58	
5	Mei- Lin Okino	SO	San Mateo	5:18.73	
6	Nina Sassano	FR	San Jose St.	5:21.30	
7	Camille Dyer	SO	Santa Clara	5:23.12	
8	Hailey Macedo	JR	Cal St. Stanislaus	5:24.90	
9	Georgina Pena	JR	Cal Baptist	5:25.74	
10	Elizabeth Duncan	FR	Redwoods	5:26.81	
11	Dallas Butterfield		William Jessup	5:26.98	
12	Iris Martinez	JR	Cal St. East Bay	5:27.90	5:27.893
13	Zoe Worobel	SO	American River	5:27.90	5:27.899
14	Allyson Richmond		William Jessup	5:28.78	
15	Beatrice Caffe	SO	Redwoods	5:29.38	
16	Rachel Becker	SO	UC Santa Cruz	5:29.88	
17	Lea Rocha	SO	San Francisco St.	5:31.07	
18	Jackie Torres	SO	Cal St. Stanislaus	5:47.39	

Event 4 Men 1500 Meter Run

Meet: ! 3:49.73 3/29/2013 Alec Baldwin, Iowa State

	Name	Year	School	Finals	
Section 1					
1	Eric Delvo	JR	Bradley	3:47.55!	
2	Jacob Autio	SR	Loyola (Ill.)	3:48.86!	
3	JK Withers	2	Sra Elite	3:49.21!	
4	Zach Boyd-Helm	SO	Southern Oregon	3:49.33!	
5	Clayton Hutchins	FR	Cal Poly	3:49.37!	
6	Dawson Vorderbruegge	6	Chi Rho TC	3:50.09	
7	Andy Phillips	JR	Gonzaga	3:51.20	
8	Phil Graber	SR	Chico State	3:51.33	
9	David Cardona	SR	Cal Poly	3:53.92	
10	Sam Hyams		Bay Area Track Club	3:54.22	
11	Ian Goldizen	SO	Gonzaga	3:55.28	
12	Rocky Peterson		T&F Factory	3:55.90	
13	Anthony Palermini	SR	Unattached	3:58.03	
14	Terrance Ellis	SR	Unattached	4:01.33	4:01.327

Section 2

SF State Distance Carnival - 4/4/2014 to 4/5/2014
San Francisco State University (Cox Stadium)
Results

....Event 4 Men 1500 Meter Run

1	Cameron Proceviat	SO	Simon Fraser	3:52.06	
2	Gustavo Mena	SR	San Francisco	3:52.10	
3	Chase Horrocks	FR	Byu	3:52.24	
4	Josh Lewis	FR	California	3:52.45	
5	Joey Berriatua	FR	Santa Clara	3:53.28	
6	Jarrett Moore	SO	San Francisco	3:53.35	
7	Kristian Martinez	SO	California	3:53.86	
8	Jonathan White	SO	Tulane	3:54.73	
9	Trent Brendel	FR	California	3:55.42	
10	Jordan Senko	JR	Ucla	3:56.15	
11	Julian Saliani	SR	Johns Hopkins	3:56.24	
12	James Young	SR	Simon Fraser	3:56.59	
13	Sean Davis	SO	Ucla	3:57.96	
14	Kevin Jorgensen	JR	Southern Oregon	4:01.35	

Section 3

1	Nolan Dickson	FR	Ucla	3:54.34	
2	T-Roy Brown	SO	Portland State	3:54.66	
3	Nick Hampton	SR	College of Idaho	3:54.90	
4	Cormac McCullaugh	JR	St. Mary's (Cal.)	3:56.74	
5	Michael Mendenhall	FR	Alaska Anchorage	3:56.86	
6	Nicholas Ratto	SO	UC Davis	3:57.54	
7	Drew Larson	SR	Western Oregon	3:58.02	
8	Chriss Grimble	JR	Unattached	3:58.35	
9	Lucas Graham	SO	Cal Baptist	3:58.84	
10	Christian Gonzales	SO	Sequoias	3:58.94	
11	Zach Hansen	SO	St. Mary's (Cal.)	3:59.66	
12	Philip Messina	FR	Alaska Anchorage	4:03.21	
13	Michael Mrgudic	FR	Cal St. Stanislaus	4:05.30	
14	Parker Scanlon		Cal Poly DC	4:10.21	
15	Amjed Aboukhadijeh	SR	Syrian National	4:11.40	

Section 4

1	Brian Exline	SO	St. Mary's (Cal.)	3:57.92	
2	Neil Seibert	SO	Portland State	3:59.38	
3	Daniel Rieger	SO	Marymount College	4:01.02	
4	Sean Roe	JR	Santa Clara	4:01.33	4:01.323
5	Patrick Kunkel	FR	San Francisco	4:02.46	
6	Nicks Hicks	SO	San Francisco	4:02.99	
7	Spencer Uetz	JR	North Dakota St.	4:03.44	
8	Logan Means	FR	Academy of Art	4:04.05	
9	Edgar Lopez	SR	Humboldt State	4:04.89	
10	Aidan Schraer	FR	American River	4:05.34	
11	Maxmillian Bell	SR	Humboldt State	4:05.96	4:05.952
12	Camron Shahmirzadi	SR	Sra Elite	4:05.96	4:05.955
13	Dakotah Webb	FR	Oregon Tech	4:14.26	
14	Temarius Walker	JR	Academy of Art	4:19.15	

Section 5

1	Jack Roberts	FR	Oregon Tech	4:02.93	
2	Rhett Baynes	JR	St. Mary's (Cal.)	4:04.59	
3	Omar Vasquez	SO	Hartnell	4:05.39	
4	Dylan Walker	FR	College of Idaho	4:05.75	
5	Justin Carrancho	FR	Hartnell	4:08.06	
6	Greg Timblin	SR	Unattached	4:09.01	
7	Daniel Estrada	SO	Chabot	4:11.42	
8	Sam Jackson	2	Unattached	4:13.22	
9	Leland Wong	SO	Santa Clara	4:13.42	

SF State Distance Carnival - 4/4/2014 to 4/5/2014
San Francisco State University (Cox Stadium)
Results

....Event 4 Men 1500 Meter Run

10	Luca Signore	SR	Unattached	4:13.82
11	Alex Stanford	SO	De Anza	4:14.64
Section 6				
1	Kade Kistner	FR	Tulane	4:01.52
2	Cody Thompson	FR	George Fox	4:02.37
3	Alex Monsivaiz	SO	Cal St. Northridge	4:03.24
4	Brett McAdams	FR	Utah State	4:04.64
5	Clay Celum	FR	Fresno	4:06.13
6	Tyler Harwood		Cal Poly DC	4:06.34
7	Joseph Grovers	FR	De Anza	4:07.00
8	Aaron Molstad	SR	George Fox	4:07.50
9	Christopher Omatsu	FR	Humboldt State	4:13.33
10	James Cahill		UC Santa Cruz	4:13.92
11	Andrews Gutierrez	SO	Hartnell	4:14.54
12	McConnell Harvey	SO	Sacramento St.	4:17.37
13	Joal Deveyra	SO	San Mateo	4:17.85
14	Luis Zuniga	JR	Unattached	4:17.92
15	Andrew Kuo	SO	De Anza	4:18.12
16	Ed Izaguirre		Cal Poly DC	4:19.22
17	zachary holt	SR	Unattached	4:21.28
18	Justin DePalatis	FR	Unattached	4:23.52

Event 5 Women 3000 Meter Steeplechase

Meet: ! 10:39.19 2012 Mackenzie Chojnacky, Toled

	Name	Year	School	Finals
Section 1				
1	Amy Schnittger	SR	Sra	10:35.91!
2	Tori Parkinson	FR	Utah State	10:42.93
3	Morgan Wedekind	FR	Kansas State	10:46.28
4	Rachel Naranjo	SR	Cal St. Stanislaus	10:55.26
5	Kailey Ulland	JR	San Francisco	10:56.21
6	Brittany Bushman	SR	Utah State	10:58.96
7	Kori Gilley	SO	Humboldt State	10:59.74
8	Clara Macleod	FR	UC Davis	11:04.41
9	Emily Scharmann	FR	Ucla	11:08.41
10	Rianna Goins	FR	UC Davis	11:16.11
11	Audrey Hiatt	JR	Santa Clara	11:18.69
12	Adrianna Royal	JR	Unattached	11:19.23
13	Rebecca Garcia	SO	San Jose St.	11:21.65
14	Naomi Van Setten	SR	Cal Baptist	11:24.06
15	Lalida Maokhamphiou	FR	San Jose St.	11:33.64
16	Cierra Simmons	FR	Utah State	11:39.32
17	Paxton Cota	JR	San Francisco St.	11:47.77
Section 2				
1	Alyssa Thiele	SR	Cal St. Stanislaus	11:14.07
2	Morgan Vorwaller	FR	Southern Utah	11:16.53
3	Nicole Reitveld	JR	Cal St. Northridge	11:28.04
4	Jessie Rozario	JR	Southern Oregon	11:34.22
5	Gina Wood	FR	American River	11:37.18
6	Joanna Boyd	FR	Utah State	11:50.28
7	Danna Juarez	FR	Cal St. Stanislaus	11:58.38
8	Sara Howard	JR	Oregon Tech	11:58.39
9	Chelsea Scott	JR	Texas Tech	12:08.64

SF State Distance Carnival - 4/4/2014 to 4/5/2014
San Francisco State University (Cox Stadium)
Results

....Event 5 Women 3000 Meter Steeplechase

10	Andie LeDesma	FR	Humboldt State	12:09.63
11	Victoria Olaiz	JR	Cal St. Northridge	12:24.02
12	Montana Loveday	FR	Unattached	12:30.96
13	Elissa Stoltz	SO	Oregon Tech	12:35.42
14	Vanessa Mares	FR	Cal St. East Bay	12:48.62

Event 6 Men 3000 Meter Steeplechase

Meet: ! 9:05.87 2009 Beau Rogers, Chico State

	Name	Year	School	Finals
Section 1				
1	Colby Wilson	SO	Utah State	8:54.12!
2	Eric Shellhorn	JR	Utah State	8:58.41!
3	Patrick Richie	SR	Gonzaga	9:04.96!
4	Cody Reed		Northern Arizona	9:06.20
5	Barron Maizland	JR	Chico State	9:06.49
6	Brady Beagley	SR	Western Oregon	9:07.66
7	Adam Smith	SR	San Francisco	9:10.44
8	Anthony Brown	SR	Southern Utah	9:13.40
9	Troy Fraley	FR	Gonzaga	9:17.60
10	Mike Bills	JR	Utah State	9:18.05
11	Zach Holloway	SO	Western Oregon	9:19.13
12	Sergio Rodriguez	SR	Cal Baptist	9:19.94
13	Omar Pulido	JR	Chico State	9:23.65
14	Zack Torres	SR	Ucla	9:25.46
15	Sander Brouwers	FR	Utah State	9:37.17
16	Brandon Taylor	3	Unattached	9:39.93
17	Brent Ritschel	JR	Humboldt State	9:40.44
18	Nathan Kwan	FR	Unattached	9:44.11
19	Ryan Rampoldi	FR	Chico State	9:49.14
Section 2				
1	Cary Dunagan	SR	Southern Oregon	9:21.66
2	Thomas Bradley	FR	San Francisco	9:29.11
3	Trevor Araujo	SR	St. Mary's (Cal.)	9:35.00
4	Miguel Aceves	SO	UC Davis	9:36.02
5	Cm April	JR	Unattached	9:36.26
6	Michael Gordon	JR	Northwest Nazarene	9:40.76
7	Kyle Dreibelbis	SR	George Fox	9:44.38
8	Anthony Fagundes	SR	Cal St. Stanislaus	9:44.46
9	Nathan Rossi	SO	American River	9:45.05
10	Eric Brooks	JR	Cal St. Stanislaus	9:54.52
11	Daniel Damian	SR	Cal St. East Bay	9:54.53
12	Kevin McTague	FR	Redwoods	9:56.30
13	Skylar Riggs	JR	Southern Utah	9:57.42
14	Bryant Quinn	SO	George Fox	10:02.48
15	Ian O'Brien	SO	Humboldt State	10:03.97
16	Kamron Perry	FR	De Anza	10:11.70
17	Tomas Evangelista	SR	Cal St. Stanislaus	10:14.85
18	Christian Montano	SO	Hartnell	10:18.33
19	Jon George		Hays Track Club	10:23.89

SF State Distance Carnival - 4/4/2014 to 4/5/2014

San Francisco State University (Cox Stadium)

Results

Event 7 Women 800 Meter Run

Meet: ! 2:12.67 2010 April Montgomery, Unattache

	Name	Year	School	Finals
Section 1				
1	Sarah Sawatzky	SR	Simon Fraser	2:11.57!
2	Olivia Watt	SO	Chico State	2:11.75!
3	Bailey Henshaw	JR	Chico State	2:11.90!
4	Jessica Adamson	SO	Tulane	2:12.60!
5	Aman Hundal	JR	Unattached	2:13.65
6	Mary Frances Donnelly	FR	Kansas State	2:13.66
7	Jordan McCann	SR	Gonzaga	2:14.08
8	Susan Bick	SR	Alaska Anchorage	2:14.52
9	Michelle Kreutzberg	JR	Tulane	2:17.36
10	Nijae Jones	FR	California	2:32.19
Section 2				
1	Sara Kebede	FR	Tulane	2:14.49
2	Bailey Beeson	SO	Western Oregon	2:15.49
3	Alexandra Vukov	SR	Cal Baptist	2:15.87
4	Kandace Compton	FR	American River	2:16.15
5	Annabel Personeni		Elevation TC	2:16.61
6	Veronica Hall	SO	Cal Baptist	2:16.76
7	Kayla Lennea	SO	Simon Fraser	2:16.98
8	Jenny Leaf	SR	Western Oregon	2:18.79
9	Imani Heath	SO	Cal St. East Bay	2:19.74
10	Ufuoma Egbikuadje	SR	Unattached	2:23.12
Section 3				
1	Yesenia Silva	FR	Sequoias	2:15.22
2	Anne Underwood	SO	Nevada	2:15.97
3	Sydney Blair	SO	Utah State	2:17.34
4	Erica Contos	JR	Portland State	2:17.43
5	Rylee Bowen	8	Unattached	2:18.54
6	Amia Nash	JR	Santa Clara	2:18.74
7	Jordan Engelhardt	SR	College of Idaho	2:19.23
8	Nikki Rietz	SO	Utah	2:19.91
9	Elizabeth Khuu	JR	Academy of Art	2:20.13
10	London Alexander		Elevation TC	2:20.78
11	Sarah Brandt	SO	Unattached	2:27.57
Section 4				
1	Hayley Bezanson	FR	Alaska Anchorage	2:17.55
2	Reighan Fisher	FR	Nevada	2:17.65
3	Emily Anderson	FR	Gonzaga	2:18.14
4	Lila Klopfenstein	FR	College of Idaho	2:19.13
5	Dana Snell	FR	Utah	2:21.06
6	Millie Leitich	FR	Cal Baptist	2:21.21
7	Janae Mayfield	JR	Unattached	2:23.19
8	Jacqueline Adams	FR	Unattached	2:24.39
9	Rachael Duriez	FR	Cal St. Northridge	2:26.50
Section 5				
1	Kyrah Vaughn	SO	American River	2:19.29
2	Heather Simpson	FR	Utah State	2:19.37
3	Brittany Householder	JR	Humboldt State	2:20.95
4	Sara Aguayo	JR	Cal St. Stanislaus	2:21.33
5	O'Naria Perez	FR	Sacramento	2:22.77
6	Camille Hansen	FR	Cal St. East Bay	2:22.92
7	Lauren Wilch	FR	San Francisco	2:23.28

SF State Distance Carnival - 4/4/2014 to 4/5/2014
San Francisco State University (Cox Stadium)
Results

....Event 7 Women 800 Meter Run

8	Kylie Cleveland	FR	Unattached	2:23.29	
9	Kayla Pritchett	FR	Academy of Art	2:23.44	
10	Niki Hemminger	FR	Humboldt State	2:25.10	
Section 6					
1	Kaeli Hancock	JR	Santa Clara	2:22.19	
2	Sarah Perrin	FR	Cal St. East Bay	2:22.36	
3	Kiana Cannon	SR	Cal St. Dom. Hills	2:23.69	
4	Sidney Root	FR	Nevada	2:24.45	
5	Isabella Fauria	6	Unattached	2:25.09	
6	Kelly Birkland	SO	Santa Rosa	2:26.55	
7	Megan Smedley	SR	Cal Baptist	2:28.14	
8	Natalie Berania	SO	American River	2:28.24	
9	Jocelyn Schmidt	FR	American River	2:29.66	
Section 7					
1	Sophia DeMornay		Elevation TC	2:26.93	
2	Lauren Germany	SR	Santa Clara	2:28.31	
3	Alexandria Gambala	SR	Cal St. Dom. Hills	2:29.46	
4	Heidi Hoslet	FR	Marymount College	2:30.94	
5	Janika Pegram	FR	Sacramento	2:31.28	
6	Jordan Chase	FR	San Mateo	2:32.80	
7	Kate Bowen	6	Unattached	2:34.83	
8	Tiana Thomas	SO	College of Idaho	2:38.03	
9	Emily Merioles	FR	Northwest Nazarene	2:38.29	
10	Kimbberly DeSantos	FR	Cal St. Dom. Hills	3:17.30	

Event 8 Men 800 Meter Run

Meet: ! 1:50.59 2008 Alex Mason, West Valley TC

	Name	Year	School	Finals	
Section 1					
1	Eric Sandall	FR	Southern Utah	1:50.10!	
2	Kyle Medina	FR	Unattached	1:50.92	
3	Ryan Hansen	SR	Western Oregon	1:51.27	
4	Josh Hanna	SO	Western Oregon	1:52.00	
5	Benjamin Tarango	JR	Humboldt State	1:53.42	
6	Joe LaMontagne	SR	Gonzaga	1:53.85	
7	Cody Nguyen	SO	UC Davis	1:54.46	
Section 2					
1	Jesse Miller	SO	Alaska Anchorage	1:53.53	
2	Jarrett Moore	SO	San Francisco	1:53.91	
3	Jonah Warwick	FR	North Dakota St.	1:54.16	
4	Austin Basterrechea	SR	College of Idaho	1:54.20	
5	Kyle Robinson	8	Chico TC	1:54.61	
6	Kevin Gonzales	SO	Ucla	1:56.24	
7	A.J. Pulice	SR	Chico State	1:56.35	
8	Dean Alley	SR	Cal St. Stanislaus	1:56.88	
9	Kenyon Butler		Unattached	1:57.32	
10	Drew Larson	SR	Western Oregon	1:57.38	
11	Stuart Ellenwood	JR	Simon Fraser	1:57.59	
Section 3					
1	Pres Harris	FR	North Dakota St.	1:55.04	
2	Kinsly Smith	FR	Gonzaga	1:55.36	
3	Andrew Overton	FR	Chico State	1:55.72	
4	Mario Castillo-Urbina	JR	Humboldt State	1:55.79	1:55.784

SF State Distance Carnival - 4/4/2014 to 4/5/2014
San Francisco State University (Cox Stadium)
Results

....Event 8 Men 800 Meter Run

5	David Aguilar	FR	De Anza	1:55.86	
6	Joey Berriatua	FR	Santa Clara	1:56.09	
7	Matthew Jennings	FR	North Dakota St.	1:56.54	
8	Zach Cantu	SO	San Mateo	1:57.53	
9	Will Weekes	SR	Cal St. East Bay	1:58.73	
10	Ramon Vargas		Unattached	1:59.03	
11	Vojta Ripa	SR	West Coast Striders	1:59.82	
Section 4					
1	Scott Commandeur	FR	Alaska Anchorage	1:54.09	
2	Adam Commandeur	FR	Alaska Anchorage	1:54.57	
3	Gavin Flynn	SO	Portland	1:55.22	
4	Matt Fry	FR	Cal Baptist	1:55.71	
5	Chris Stash	JR	Western Oregon	1:55.79	1:55.789
6	Gustavo Plasencia	JR	Humboldt State	1:55.96	
7	Alex Chorn	FR	American River	1:56.03	
8	Russell Brandt	SO	Unattached	1:56.22	
9	Miles Taylor	JR	Oregon Tech	1:56.58	
Section 5					
1	Dalton Herding	FR	North Dakota St.	1:53.93	
2	Connor Devereux	FR	Oregon Tech	1:56.56	
3	Lorenzo Smith	SO	Simon Fraser	1:56.94	
4	Lucas Graham	SO	Cal Baptist	1:57.86	
5	Gama Gomez	FR	American River	1:58.17	
6	Jacob Schwarm	3	Unattached	1:58.33	
7	Tyler Harwood		Cal Poly DC	1:58.64	
8	Nick Martin	FR	Northwest Nazarene	2:00.23	
9	Stefvon Ellington	FR	Redwoods	2:00.84	
10	Vijay Tidwell		So-Cal Elite	2:01.09	
11	Rubi Tran	SR	Unattached	2:03.13	
Section 6					
1	Philip Messina	FR	Alaska Anchorage	1:56.93	
2	T-Roy Brown	SO	Portland State	1:57.09	
3	William Contreras	JR	California	1:57.44	
4	Joe Day	FR	Alaska Anchorage	1:58.16	
5	Michael Mendenhall	FR	Alaska Anchorage	2:02.85	
6	Neil Seibert	SO	Portland State	2:03.35	
Section 7					
1	Kasey Hutchinson	SR	Southern Utah	1:57.27	
2	Alex Lull	SO	George Fox	1:58.52	
3	Christian Gonzales	SO	Sequoias	1:59.20	
4	Arvin Ignacio	FR	De Anza	1:59.54	
5	Edgar Lopez	SR	Humboldt State	1:59.57	
6	Daniel Estrada	SO	Chabot	2:00.39	
7	Sebastian Thiessen	SR	Unattached	2:00.95	
8	Mike Guizar	SO	Marymount College	2:00.99	2:00.983
9	Josh Gardner	JR	Southern Utah	2:01.06	
10	Andrews Gutierrez	SO	Hartnell	2:01.94	
11	Micah Rankin	FR	American River	2:04.11	
12	Nicholas Alexander	FR	Academy of Art	2:05.50	
Section 8					
1	Edmund Ellis	FR	College of Idaho	1:58.49	
2	Dominic May	SR	Unattached	2:00.05	
3	Daniel Swann	SO	Cal Baptist	2:00.99	2:00.989
4	Sergio Marroquin	SO	Oregon Tech	2:02.10	
5	Mat Blanco	SO	Oregon Tech	2:02.65	

SF State Distance Carnival - 4/4/2014 to 4/5/2014
San Francisco State University (Cox Stadium)
Results

....Event 8 Men 800 Meter Run

6	David Guerrero	FR	Sequoias	2:02.89
7	Felix Cervantes	SO	Hartnell	2:02.91
8	Joseph Bolin	SO	College of Idaho	2:04.93
9	Dylan Haerle	FR	Cal St. Northridge	2:07.24

Section 9

1	James Pearson	FR	Oregon Tech	1:59.24
2	Logan Stanley	FR	Santa Rosa	2:00.36
3	Joshua Bobadilla	SO	Sequoias	2:01.12
4	Daniel Vasquez	SO	Hartnell	2:01.23
5	Nick Fowler	SO	U.S. Air Force	2:02.38
6	Paul Matli	SO	Humboldt Track Club	2:04.53
7	Benjamin Willers	SR	Unattached	2:07.89
8	Atif Malik	FR	Chabot	2:08.43
9	Daniel Rieger	SO	Marymount College	2:09.18
10	Justin Carrancho	FR	Hartnell	2:12.36
--	Greg Timblin	SR	Unattached	DNF

Section 10

1	Jon Ahnberg	FR	Santa Rosa	2:01.67
2	Nathaniel Quillin	SO	Santa Rosa	2:02.88
3	George Mundo	JR	Unattached	2:03.77
4	Andrew Gaddis	JR	Santa Clara	2:06.17
5	Scott Hannah	FR	Chabot	2:06.45
6	Justin DePalatis	FR	Unattached	2:07.37
7	Michael Mundo		Mundo Five	2:08.79
8	Cameron Arnzen	FR	College of Idaho	2:09.67
9	Orlando Ramirez	SO	Cal St. East Bay	2:10.57

Event 9 Women 5000 Meter Run

Meet: ! 16:39.76 3/29/2013 Tessa Murray, Boise State

	Name	Year	School	Finals

Section 1

1	Emily Myers	SO	Nevada	16:43.50
2	Joyce Kipchumba	JR	Alaska Anchorage	16:44.97
3	Jocelyn Caro	FR	Texas Tech	16:45.56
4	Ayla Granados	SR	Chico State	16:47.18
5	Caitlin Busch	SO	Bradley	16:48.11
6	Haley Goers	SO	Illinois State	16:53.10
7	Sophia Meehan	SO	Johns Hopkins	16:57.05
8	Alex Litzsinger	SR	Utah State	16:57.21
9	Shaluinn Fullove	SR	Oiselle	16:57.64
10	Hannah Wittman	SO	Belmont	16:58.37
11	Sarah Livett	FR	Uab	16:59.45
12	Carina Mendoza	SR	Unattached	17:02.49
13	Megan Janezic	SR	Loyola (Ill.)	17:02.73
14	Sara Mikesell	SR	Chico State	17:10.38
15	Emma Bolduc	JR	Sacred Heart	17:11.15
16	Claire Benjamin	JR	Vanderbilt	17:13.69
17	Amelia Evans	SO	Gonzaga	17:14.28
18	Janae Bottoms	FR	Houston	17:16.08
19	Alice Baker	SR	San Francisco	17:16.25
20	Molly Haar	FR	Cal Poly	17:19.05
21	Minna Fields	JR	Lipscomb	17:31.42
22	Kelsey Ibarra	FR	Lipscomb	17:35.82

SF State Distance Carnival - 4/4/2014 to 4/5/2014
San Francisco State University (Cox Stadium)
Results

....Event 9 Women 5000 Meter Run

23	Abby Flock	SR	Johns Hopkins	17:40.71	
24	Barbara Lee Ball	FR	Lipscomb	18:01.37	
Section 2					
1	Jordan Rehfeld	SR	Northwest Nazarene	16:57.15	
2	Sarah Johnson	SR	College of Idaho	17:05.06	
3	Sora Klopfenstein	SR	College of Idaho	17:13.21	
4	Meghan Marvin	SR	Ucla	17:19.00	
5	Ashley Robison	SR	Utah State	17:23.00	
6	Shelli Mogensen	SR	Southern Utah	17:27.88	
7	Aylin Mejia	JR	San Jose St.	17:28.48	
8	Anna Patti	SO	Seattle Pacific	17:29.09	
9	Mary Kriege	JR	Santa Clara	17:31.55	
10	Quetta Peinado	SO	Chico State	17:34.84	
11	Gabi Drummond	JR	Johns Hopkins	17:37.09	
12	Courtney Kelly	SO	Johns Hopkins	17:37.21	
13	Hillary LaBelle	SR	Unattached	17:37.75	
14	Ashley Moffett	FR	San Francisco	17:37.94	
15	Kelly Ryan	JR	Santa Clara	17:39.28	
16	AuraLea Fain	SR	Utah	17:47.69	
17	Jessica Sams	FR	Utah	17:49.29	
18	Jaqueline Winterton	SO	Utah State	17:52.00	
19	Julie Pedersen	SR	Nevada	17:52.98	
20	Dayna VanArsdol	JR	Southern Utah	17:53.97	
21	Jessica Varela	JR	Chico State	18:04.70	
22	Daryl Phill	FR	San Francisco	18:07.93	
23	Emma Chadsey	SO	Simon Fraser	18:10.68	
24	Danielle Klein	SR	Northeastern	18:17.03	18:17.022
Section 3					
1	Heather Cerney	JR	California	17:16.98	
2	Ashlyn Dadkhah	FR	California	17:18.64	
3	Nicole Lane	SO	UC Davis	17:30.28	
4	Sarah Macdonald	FR	Seattle Pacific	17:33.17	
5	Lauren Mills	JR	Utah	17:33.94	
6	Karlee Deeter	JR	Utah State	17:37.38	
7	Shelby Mills	FR	Gonzaga	17:38.48	
8	Sarah Pearson	SR	San Francisco	17:50.26	
9	Caroline Barkechir	FR	Cal Baptist	17:50.90	
10	Mariel Mendoza	SO	California	17:51.29	
11	Aliya Shirif	FR	Ucla	17:51.78	
12	Connie Morgan	SR	Central Washington	17:56.33	
13	Bryn Haebe	JR	Alaska Anchorage	17:58.56	
14	Isabella Navarro	FR	St. Mary's (Cal.)	18:03.04	
15	McKaela Christenson	FR	Academy of Art	18:12.01	
16	Sophia Volk	FR	San Francisco	18:12.96	
17	Megan Gentes		Strawberry Cyn	18:14.84	
18	Kaelyn Harbison	FR	Academy of Art	18:17.03	18:17.021
19	Krista Beyer	SR	Gonzaga	18:18.41	
20	McCall Habermehl	FR	Chico State	18:23.13	
21	Amanda Stoudt	SO	Utah State	18:29.06	
22	Emily Robinson	JR	Santa Clara	18:29.26	
23	Madeline Livergood	SO	Texas Tech	18:30.70	
24	Alison Fraher	JR	Gonzaga	18:31.71	
25	Allison Maio	SO	Santa Clara	18:32.15	
26	Nina Carson	SR	Humboldt Track Club	20:06.22	
Section 4					

SF State Distance Carnival - 4/4/2014 to 4/5/2014
San Francisco State University (Cox Stadium)
Results

....Event 9 Women 5000 Meter Run

1	Becky Grabow	SO	Pacific	17:55.64	
2	Katie Romanko	SO	Nevada	18:16.09	
3	Melanie Fujuwara	FR	San Jose St.	18:19.93	
4	Laura Palacios	FR	Nevada	18:28.39	
5	Elsa Valenzuela	FR	Santa Clara	18:32.22	
6	Alyssa`` Gutcher-Cermina	FR	St. Mary's (Cal.)	18:37.00	
7	Brandi Hobson	FR	Hartnell	18:39.58	
8	Hannah Dorman	FR	Unattached	18:41.51	
9	Rhonda Costin	SO	Oregon Tech	18:52.92	
10	Nicole Novales	FR	San Francisco St.	18:58.86	
11	Angeline Getty	JR	College of Idaho	19:05.13	
12	Alysa Avila	FR	Cal Baptist	19:06.16	
13	Madeline Dignadice	FR	Academy of Art	19:07.61	
14	Kayla Germany	SR	Santa Clara	19:12.39	
15	Karina Nunes	FR	San Jose St.	19:15.42	
16	Shelby Vollmer	SO	Sacramento	19:28.20	
17	Rocio Pacheco	FR	San Francisco St.	19:39.59	
18	Taylor Suwa	FR	George Fox	19:51.74	
19	Kristen Tapia	JR	Cal St. Northridge	19:57.59	
20	Erin Sanders	FR	George Fox	20:07.02	
21	Katie Coleman	SO	Unattached	20:20.76	
22	Emily Hawgood	FR	College of Idaho	20:44.74	

Event 10 Men 5000 Meter Run

Meet: ! 14:03.14 3/29/2013 Eric Avila, Southern Ore

	Name	Year	School	Finals	
Section 1					
1	Travis Fitzke		Team Nodak	14:08.19	
2	Andy Arnold	SR	Ohio State	14:09.10	
3	Robert Walgren	JR	Gonzaga	14:13.51	
4	Anthony Costales	SR	Sra Elite	14:19.53	
5	Andrew Fenske	JR	Loyola (Ill.)	14:22.65	
6	Bryan Guijarro	SO	UC Santa Barbara	14:25.39	
7	Ibrahim Ahmed	SO	Southern Utah	14:25.72	
8	Colin O'Neil	SO	Gonzaga	14:26.98	
9	Dayne Gradone	SR	Chico State	14:29.91	
10	Austin O'Neil	SO	Ucla	14:30.95	
11	Alex Baker	FR	Loyola (Ill.)	14:32.54	
12	Nicholas Grubiss	SO	Unattached	14:32.72	
13	Anthony Ortolan	JR	Team Bronze	14:40.41	14:40.407
14	Patrick Douglas	SR	Ucla	14:43.59	
15	David Eckhart	SO	Illinois State	14:45.42	
16	Brett Kelly	JR	North Dakota St.	14:48.02	
17	Brandon Pugh	SO	UC Davis	14:50.29	
18	Guy Alton	8	Brc Adidas	14:56.41	
19	Anthony Mallory	JR	American Dist	15:00.91	
20	David Everett	JR	Belmont	15:08.26	
Section 2					
1	Clinton Rhoton	SR	Southern Utah	14:28.71	
2	Tyler Huntley	SO	Cal Poly	14:29.42	
3	Juan Gonzalez	FR	Lipscomb	14:30.22	
4	Christian Freeman	FR	Lipscomb	14:30.67	
5	Michael Scolarici	JR	Saint Louis	14:34.20	

SF State Distance Carnival - 4/4/2014 to 4/5/2014

San Francisco State University (Cox Stadium)

Results

....Event 10 Men 5000 Meter Run

6	Ian Roberts	SO	Unattached	14:34.46	
7	Oliver Jorgensen	FR	Simon Fraser	14:34.94	
8	Aaron Mora	FR	Chico State	14:36.06	
9	Adrian Hinojosa	SO	Santa Clara	14:39.38	
10	Austin Huff	SR	Humboldt Track Club	14:40.41	14:40.405
11	Schaffer Ochstein	SO	Johns Hopkins	14:41.07	
12	Grayson Hough	SR	UC Davis	14:42.11	
13	Yohaness Estifanos	FR	California	14:47.04	
14	Jared Wingerter	SO	Lipscomb	14:47.14	
15	Ben Branagh	FR	Unattached	14:47.62	
16	Aaron Thomas	JR	Chico State	14:47.95	
17	Johnny Sanchez	JR	Chico State	14:48.13	
18	Jonah Diaz	FR	Ucla	14:50.08	
19	Bryan Crook	SO	Santa Clara	14:50.15	
20	Dimitri Voytilla	FR	Cal Poly	14:50.52	
21	Jacob Huston	JR	Unattached	14:51.67	
22	Nicolas Rifflard	JR	Academy of Art	14:52.79	
23	Alan Cuevas	JR	Chico State	14:54.85	
24	Jeff Schaefer	FR	California	14:57.67	
25	Isaac Kangogo	SR	Alaska Anchorage	14:57.72	
26	Daniel Gardner	SO	Lipscomb	14:58.34	
27	Austin Goins	FR	UC Davis	15:00.50	
28	Geoffrey Bogan	SO	Chico State	15:02.13	
29	Jordon Rushing	SO	UC Davis	15:19.41	
30	David Galvez	FR	Cal Poly	15:27.81	
31	Ned Fischer	JR	Gonzaga	15:49.10	
--	Mitchell Moriarty	JR	Cal Poly	DNF	

Section 3

1	Germay Tesfai	JR	Chico State	14:38.12	
2	Dominik Notz	SO	Alaska Anchorage	14:42.46	
3	Rogan Meza	SR	Chico State	14:46.96	
4	Michael Ramirez	SO	Hartnell	14:47.50	
5	Andy Ashenden		So-Cal Elite	14:54.29	
6	Braeden Van Deynze	SO	Gonzaga	14:56.31	
7	Chris Martinez	JR	Utah State	14:56.60	
8	Paul Adams	SO	Oregon Tech	14:57.07	
9	Danny Lunder	SO	Gonzaga	14:58.83	
10	Sean Newcomb	FR	Southern Utah	14:59.68	
11	Andrew Ceruzzi	JR	Johns Hopkins	15:00.55	
12	Baxter Arguinchona	JR	Seattle U.	15:01.33	
13	Lucas Dorman	FR	UC Davis	15:01.78	
14	Connor Fisher	FR	Gone Fishing	15:02.19	
15	Ryan Greenough	SO	Santa Clara	15:02.37	
16	Kanwar Dhaliwal	SR	Cal St. Stanislaus	15:03.02	
17	Matt Duffy	SR	Asics Aggies	15:07.82	
18	Jonathon Lira	SR	Texas Tech	15:08.90	
19	Sam Holeman	SO	Santa Clara	15:10.09	
20	Kevin Rooke	JR	Alaska Anchorage	15:11.09	
21	Diego Leon	FR	Hartnell	15:13.01	
22	Austin Trapp	JR	Simon Fraser	15:23.37	
23	Jack Nevins	JR	Academy of Art	15:25.01	
24	Nick Obletz	FR	Unattached	15:25.65	
25	Seraiah Pineda	FR	Texas Tech	15:26.93	
26	Benjamin Stern	SR	Humboldt State	15:27.10	
27	Swarnjit Boyal		Cal Poly DC	15:27.68	

SF State Distance Carnival - 4/4/2014 to 4/5/2014

San Francisco State University (Cox Stadium)

Results

....Event 10 Men 5000 Meter Run

28	Joseph Rivera	SO	Unattached	15:34.17	15:34.166
29	Jannik Ernst	SO	San Jose St.	15:34.87	

Section 4

1	Joseph Pia	SR	George Fox	15:04.74	
2	Omer Omer		Unattached	15:05.99	
3	Max Hampton	FR	College of Idaho	15:07.02	
4	Andrew Cobourn	FR	Chico State	15:10.53	
5	Eddie Strnad	SR	UC Santa Cruz	15:11.88	
6	Jordan Kurtz	JR	St. Mary's (Cal.)	15:12.51	
7	Tyler Troxel	SO	Unattached	15:18.36	
8	Tyler Cleveland	SR	Humboldt State	15:18.95	
9	Alex Battaglino		Strawberry Cyn	15:19.11	
10	Brian Gillis	SR	Unattached	15:21.12	
11	Kenny Trejo	FR	San Francisco St.	15:21.64	
12	Ryan J. Smith		Strawberry Cyn	15:23.06	
13	Cristian Nazarek	FR	Santa Rosa	15:23.31	
14	Edward Trim	SO	California	15:23.69	
15	Jake Schwartz	JR	Portland State	15:23.76	
16	Jonathan Talik	SO	Portland State	15:23.86	
17	Mark Yuen	SR	Wvtc	15:27.24	
18	Dan Williams	SO	College of Idaho	15:27.92	
19	Michael Basuini		William Jessup	15:34.17	15:34.162
20	George Torgun		Strawberry Cyn	15:35.20	
21	Connor Prior	FR	De Anza	15:38.83	
22	Kevin Mangan	FR	Unattached	15:39.67	
23	Garrett Williams	SO	Cal Baptist	15:40.17	
24	David Aguilar	FR	Cal Baptist	15:45.75	
25	Theron Carmichael	JR	UC Santa Cruz	15:47.56	
26	Tyler Sickler	FR	Unattached	15:52.33	
27	Aaron Rotman	SO	Humboldt State	16:12.81	
28	Gavin Davis-Ramos	SO	Unattached	16:13.77	
29	Cesar Patino	FR	Chico State	16:42.74	

Section 5

1	Justin Jayme	JR	St. Mary's (Cal.)	15:30.50	
2	Clay Celum	FR	Fresno	15:37.04	
3	Robert Valencia	SO	Hartnell	15:43.06	
4	Anthony Cortes	SO	San Mateo	15:43.17	
5	Matt Goodwin	SO	College of Idaho	15:43.30	
6	Connor Blalock	3	Unattached	15:43.93	
7	Jesse Fenn	SO	Santa Rosa	15:48.83	
8	Atzin Cardiel	FR	San Mateo	15:52.51	
9	Adam White	SO	Chabot	15:54.49	
10	Ben Cabrera	SO	Fresno	15:55.13	
11	Ed Izaguirre		Cal Poly DC	15:55.80	
12	Omar Vasquez	SO	Hartnell	15:56.57	
13	Eric Jones	FR	Unattached	15:57.90	
14	Chase Cunningham	FR	Northwest Nazarene	16:00.47	
15	Dan Metzger	SO	Monterey Bay	16:04.44	
16	Alex Reyes	SR	Cal St. Stanislaus	16:04.71	
17	Camden DeBruler	JR	College of Idaho	16:05.30	
18	Martin Ramirez	SO	Fresno	16:06.16	
19	Michael Kinoshita	FR	Unattached	16:07.94	
20	Joshua Jordan-Run-Fast	SR	Run Fast	16:10.54	
21	Raul Rodarte		Wolfpack RC	16:11.05	
22	Julio Mora	SR	Cal St. Northridge	16:15.70	

SF State Distance Carnival - 4/4/2014 to 4/5/2014

San Francisco State University (Cox Stadium)

Results

....Event 10 Men 5000 Meter Run

23	Juan Emanuel Morales	FR	Chabot	16:17.95
24	Martin Santillan	JR	Cal St. Northridge	16:26.99
25	Karl Schmidt		Cal Poly DC	16:27.66
26	Geovanni Oseguera	JR	Unattached	16:29.53
27	Brandon Smith	SO	St. Mary's (Cal.)	16:36.99
28	Rene Felix		Wolfpack RC	16:52.58
--	Conrad Preciado	FR	Hartnell	DNF

Event 11 Mixed 1 Mile Run Masters

	Name	Year	School	Finals
Section 1				
1	Mark Yuen	MSR	Wvtc	4:34.19
2	Chuck Mullane	M	Wvtc	4:51.51
3	Harrison Hobart	M	Tamalpa	4:59.47
4	Doug Murdoch	M	Empire Runners	5:04.39
5	Dan Borgonovo	M	Tamalpa	5:32.08
6	Jim Bordoni	M	Wvj&S	5:37.53
7	Christian Oaks	M	Tamalpa	5:37.95
8	Beth Freedman	W	Tamalpa	5:45.53
9	Mike Gulli	M	Pacific (Ore.)	6:04.70
10	Mary Vidovich	W	Tamalpa	6:18.11
11	Bill Brusher	M	Strawberry Cyn	6:21.29
12	Sharlet Gilbert	W	Lake Merritt J&S	6:41.87
13	Elmo Shropshire	M	Tamalpa	7:32.69

Event 12 Women 4x100 Meter Relay

	School	Finals
1	Alaska Anchorage 'A'	46.56
	1) Makenzie Harsch FR	2) Rosie Smith SO
	3) Sasha Halfyard SR	4) Jamie Ashcroft FR
2	San Francisco St. 'A'	47.76
	1) Janesha Anthony SO	2) Maya Cabiness JR
	3) Hilary King JR	4) Brionne Baucham SR
3	Cal St. Dom. Hills 'A'	47.84
	1) Sanita McNeally SO	2) LeShaya Evans SR
	3) Charlene Brown SR	4) Kiana Cannon SR
4	College of Idaho 'A'	48.17
	1) Brittany Beame JR	2) Nichole DeGrange SO
	3) Hannah Lentz SO	4) Jasmine Hurd SR
5	Cal St. East Bay 'A'	48.46
	1) Alexis Perez FR	2) Corryn Barney SO
	3) Suzanne Bateson SO	4) SiaLei Manueleleui FR
6	Western Oregon 'A'	48.71
	1) Rochelle Pappel SO	2) Madison McClung SR
	3) Audrey Hellesto JR	4) Laura Knudson JR
7	Cal St. Stanislaus 'A'	49.17
	1) Amber Lambert FR	2) Mercy Akanji FR
	3) Me'che Booker FR	4) Michelle Akanji FR
8	Northwest Nazarene 'A'	49.28
	1) Brittany Sever JR	2) Hannah Borden JR
	3) Aimee Rodes SO	4) Alison Silva SO

SF State Distance Carnival - 4/4/2014 to 4/5/2014
San Francisco State University (Cox Stadium)
Results

....Event 12 Women 4x100 Meter Relay

```
Section  2
  1 San Francisco St.  'B'                                  51.31
     1) Marina Tucker FR               2) Erica Hayes FR
     3) Jazmine Tyler FR               4) Laura Stokes FR
  2 Cal St. Dom. Hills  'C'                                 52.76
     1) Betty Rodriguez JR             2) Khadijdatou Fall FR
     3) Kadetra Peals SR               4) Aurelia Long JR
 -- Cal St. Dom. Hills  'B'                                   DQ  Zone violation
     1) Kristina Scott FR              2) Janelle McGee FR
     3) Gabrielle Edwards SO           4) Vanessa Reid FR
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Event 13 Men 4x100 Meter Relay

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================================================================
    School                                              Finals
================================================================
Section  1
  1 Alaska Anchorage  'A'                                   42.94
     1) Austen DeWolf SR               2) Elliott Bauer JR
     3) Bobo Camara SO                 4) Ethan Hewitt SR
  2 College of Idaho  'A'                                   43.74
     1) Isaac Gonzalez FR              2) Malik Whitfield FR
     3) John Fronk JR                  4) Joseph Bolin SO
 -- Northwest Nazarene  'A'                                  DNF
     1) David Harris SO                2) Andrew Curtis SR
     3) Cody Henderson SR              4) Jacob Oswalt JR
Section  2
  1 Redwoods  'A'                                           44.45
     1) Artis Jones SO                 2) Riccardo Cicciarella FR
     3) Colten Ross FR                 4) Stefvon Ellington FR
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Event 14 Women 1 Mile Run

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================================================================
    Name                    Year School                  Finals
================================================================
Section  1
  1 Rebecca Bassett          FR Simon Fraser           5:01.66
  2 Jordan Rehfeld           SR Northwest Nazarene     5:03.94
  3 Hannah Bell              SO Monterey Bay           5:05.45
  4 Emma Chadsey             SO Simon Fraser           5:05.68
  5 Peggy Noel               SO Simon Fraser           5:06.51
  6 Kevyn Murphy             SR Hawaii                 5:06.81
  7 Jessy McIntyre           FR Monterey Bay           5:06.84
  8 Brittany Evans           FR Simon Fraser           5:12.04
  9 Sora Klopfenstein        SR College of Idaho       5:12.58
 10 Imani Heath              SO Cal St. East Bay       5:14.65
 11 Jennie Yeaman            JR Monterey Bay           5:21.87
 12 Annabel Personeni           Elevation TC           5:25.03
 13 Angeline Getty           JR College of Idaho       5:34.05
 14 Maria Hurtado Leyva      FR Sonoma St.             5:36.64
 15 Jessica Stip             SO Sonoma St.             5:46.91
 16 Cyntia Salazar           JR Unattached             5:52.34
 17 Sophia DeMornay             Elevation TC           5:55.48
Section  2
  1 Sarah Neufeld            SR College of Idaho       5:39.45
  2 McKenzie Bell            FR College of Idaho       5:51.08
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SF State Distance Carnival - 4/4/2014 to 4/5/2014
San Francisco State University (Cox Stadium)
Results

....Event 14 Women 1 Mile Run

3	Christina Robinson	FR	Sonoma St.	5:55.36
4	Savannah Silacci	SO	Sonoma St.	5:56.94
5	Jessica Guerra	SO	Pacific	5:58.53
6	Emily Hawgood	FR	College of Idaho	6:00.88
7	Lea Rocha	SO	San Francisco St.	6:05.73
8	Marissa Yang	SO	Sonoma St.	6:09.42
9	Julia Franco	SO	UC Santa Cruz	6:10.33
10	Erin Hood		Sonoma State TC	6:21.33
11	Sara Martinez	JR	William Jessup	6:29.88
12	Megan Crutchfield	SR	William Jessup	6:34.23
13	Kristin Niemi	SO	College of Idaho	6:38.89
14	Breanne Brett	FR	Sonoma St.	6:38.95
15	Nicole Berry		Sonoma State TC	6:44.14
16	Meeka Burks		Sonoma State TC	7:01.20

Event 15 Men 1 Mile Run

	Name	Year	School	Finals
Section 1				
1	Oliver Jorgensen	FR	Simon Fraser	4:19.11
2	Austin Trapp	JR	Simon Fraser	4:25.31
3	Max Hampton	FR	College of Idaho	4:27.57
4	Caton Avilla	FR	Monterey Bay	4:30.00
5	Dan Williams	SO	College of Idaho	4:31.61
6	Connor Devereux	FR	Oregon Tech	4:32.20
7	Mat Blanco	SO	Oregon Tech	4:33.25
8	David Cummings	SR	William Jessup	4:39.25
9	Matt Goodwin	SO	College of Idaho	4:39.53
10	Wayne Smith		William Jessup	4:41.26
11	Patrick Johnson		William Jessup	4:43.16
12	Kevin Tran		Asics Aggie RC	5:10.17
Section 2				
1	Camden DeBruler	JR	College of Idaho	4:34.65
2	James Pearson	FR	Oregon Tech	4:35.19
3	Dan Metzger	SO	Monterey Bay	4:37.83
4	Mark Sidor		Cal Poly DC	4:44.16
5	Craig Elliott II	FR	William Jessup	4:46.79
6	Logan Coe	JR	Monterey Bay	4:47.65
7	Karson Hayden	JR	Monterey Bay	4:48.41
8	Calvin Chen		Cal Poly DC	4:53.64
9	Zackery Ramos-Taylor		UC Santa Cruz	4:55.17
10	Cameron Bauer		Sonoma State TC	4:56.77
11	Nathan Platt		UC Santa Cruz	4:57.27
12	Gary Parkinson	FR	College of Idaho	4:57.51
13	Justin Whelpley	FR	William Jessup	5:03.03
14	Jaime Chavez-Navarro		William Jessup	5:09.57

Event 16 Women 100 Meter Hurdles

	Name	Year	School	Finals
Section 1	Wind: 2.0			
1	Samantha Esperanza	SR	Hawaii	14.58
2	Zhane Santiago	JR	Hawaii	14.61

SF State Distance Carnival - 4/4/2014 to 4/5/2014
San Francisco State University (Cox Stadium)
Results

....Event 16 Women 100 Meter Hurdles

3	Rosie Smith	SO	Alaska Anchorage	14.63
4	Mofiyinfolu Wa Olusola	FR	Nevada	14.65
5	Laura Stokes	FR	San Francisco St.	14.97
6	Kaleigh Morrison	SR	Hawaii	14.98
7	Rochelle Pappel	SO	Western Oregon	15.00
8	Jennifer Delucchi	FR	Nevada	15.67

Section 2 Wind: 0.4

1	Marie Smith	SR	Northwest Nazarene	14.62
2	Ashley Black	FR	San Francisco St.	15.25
3	Hannah Borden	JR	Northwest Nazarene	15.33
4	Tiana Thomas	SO	College of Idaho	15.59
5	Alexia Blalock	FR	Alaska Anchorage	15.81
6	Courtney Schroeder	SR	Northwest Nazarene	16.23
7	Alexandra Scott	FR	Alaska Anchorage	17.62
8	Johanna Mori	FR	College of Idaho	21.47

Section 3 Wind: 2.2

1	Murphy Nicholson	JR	UC Davis	16.05
2	Kara Wood	FR	Oregon Tech	16.17
3	Jordan Guerrero	FR	San Francisco St.	16.18
4	Daphne Cobbs	JR	Hawaii	16.46
5	Amara Clayton	SO	Humboldt State	16.56
6	Janessa Dyk	SO	Northwest Nazarene	17.66
7	Courtney MacInnes	SO	Northwest Nazarene	18.42

Event 17 Men 110 Meter Hurdles

	Name	Year	School	Finals	
Section 1 Wind: 2.0					
1	Emmanuel Atsin	SR	SF Coyotes	14.61	14.606
2	Kody Rhodes	SR	Western Oregon	J14.61	14.609
3	Marlon Britton	FR	Academy of Art	15.11	
4	Brett Campbell	SR	Western Oregon	15.41	
Section 2 Wind: 1.3					
1	Kyle McLaughlin	SR	Northwest Nazarene	15.45	
2	Micah Spatz	FR	Northwest Nazarene	15.59	
3	Aaron Paden	SO	Humboldt State	15.90	15.893
4	Travis Wilson	SR	Alaska Anchorage	15.90	15.895
5	Da'rell Calvin	SO	Unattached	16.03	
6	Austin Basterrechea	SR	College of Idaho	16.36	
7	Javier Cabrales	SO	Chabot	17.31	
Section 3 Wind: 1.2					
1	Anthony Padilla	SO	Oregon Tech	15.66	
2	Ryan Galloway		Sonoma State TC	15.80	
3	Jacob Murray	JR	Oregon Tech	15.92	
4	Joseph Bolin	SO	College of Idaho	17.02	
5	Luke Conklin	JR	Northwest Nazarene	17.29	
6	Garrett Hardie	SO	Western Oregon	17.50	
7	Cameron Arnzen	FR	College of Idaho	18.01	
8	Kyle Petrucelli		Sonoma State TC	20.25	

SF State Distance Carnival - 4/4/2014 to 4/5/2014
San Francisco State University (Cox Stadium)
Results

Event 18 Women 400 Meter Dash

Meet: ! 1:00.89 3/29/2013 Audrey Hellesto, Western Or

	Name	Year	School	Finals	
Section 1					
1	Anna Lee McGregor		SF Coyotes	56.22!	
2	Chavariana Ryan	JR	Unattached	56.30!	56.295
3	Charlene Brown	SR	Cal St. Dom. Hills	J56.30!	56.300
4	Corryn Barney	SO	Cal St. East Bay	59.15!	
Section 2					
1	Kellie Grigg	SR	UC Davis	57.69!	
2	Hayley Bezanson	FR	Alaska Anchorage	58.50!	
3	Christina Matthews	JR	Cal St. Stanislaus	58.71!	
4	Sasha Halfyard	SR	Alaska Anchorage	58.74!	
5	Kiana Cannon	SR	Cal St. Dom. Hills	1:00.10!	
6	Suzanne Bateson	SO	Cal St. East Bay	1:00.57!	
Section 3					
1	Omotoyosi Oniru	JR	Academy of Art	58.10!	
2	Andrea Severson	SR	Cal St. Stanislaus	58.49!	
3	Kayla Pritchett	FR	Academy of Art	59.11!	59.105
4	Kolby Childers	FR	Western Oregon	1:00.07!	
5	LeShaya Evans	SR	Cal St. Dom. Hills	1:00.84!	1:00.835
6	Kaelyn Harbison	FR	Academy of Art	1:01.42	
7	Samira Foy	JR	Cal St. East Bay	1:01.96	
Section 4					
1	Aimee Rodes	SO	Northwest Nazarene	59.11!	59.104
2	Brittany Beame	JR	College of Idaho	59.64!	
3	Morgan Kilgore	SR	Northwest Nazarene	59.90!	
4	Mary Kathleen Cross	FR	Alaska Anchorage	1:00.84!	1:00.835
5	London Alexander		Elevation TC	1:01.16	
6	Jordan Engelhardt	SR	College of Idaho	1:01.19	
7	Elizabeth Khuu	JR	Academy of Art	1:02.38	
8	Ayana Younge	SR	So Cal Elite	1:02.91	
Section 5					
1	Kelly Nigro	SO	Northwest Nazarene	59.54!	
2	Amira Barnett	FR	Academy of Art	1:00.59!	
3	Gabrielle Edwards	SO	Cal St. Dom. Hills	1:01.36	
4	Laura Knudson	JR	Western Oregon	1:01.52	
5	Lila Klopfenstein	FR	College of Idaho	1:02.71	
6	Rachel Botsford	JR	Oregon Tech	1:03.04	
7	Chloe Jenkins	FR	Cal St. Stanislaus	1:04.20	
8	Janelle McGee	FR	Cal St. Dom. Hills	1:04.27	
Section 6					
1	Alexandria Gambala	SR	Cal St. Dom. Hills	1:02.19	
2	Annelise Eagleton	FR	College of Idaho	1:03.64	
3	Kelcie Wiley	FR	Oregon Tech	1:04.04	
4	Kaydee Kulm	FR	Northwest Nazarene	1:06.83	
5	Madeline Dignadice	FR	Academy of Art	1:08.92	

Event 19 Men 400 Meter Dash

Meet: ! 51.66 3/29/2013 J.J. Latu, Humboldt

	Name	Year	School	Finals
Section 1				
1	Ethan Hewitt	SR	Alaska Anchorage	48.00!

SF State Distance Carnival - 4/4/2014 to 4/5/2014
San Francisco State University (Cox Stadium)
Results

....Event 19 Men 400 Meter Dash

2	Joel Webster	FR	Simon Fraser	48.05!	
3	Adam Commandeur	FR	Alaska Anchorage	48.34!	
4	Donte Smart	JR	North Dakota St.	48.82!	
5	Willie Latin	SO	Unattached	49.47!	
6	Andrew Curtis	SR	Northwest Nazarene	49.99!	
Section 2					
1	Alex Neumiller	SO	North Dakota St.	49.24!	
2	Wesley DeLong	FR	North Dakota St.	49.26!	
3	Dalton Herding	FR	North Dakota St.	49.30!	
4	David Harris	SO	Northwest Nazarene	49.73!	
5	jordan elzie	SO	Unattached	50.44!	
6	Hosea Tate	SR	UC Davis	51.53!	
Section 3					
1	Fred Rosser	JR	Humboldt State	50.00!	
2	Jonah Warwick	FR	North Dakota St.	50.36!	
3	Pres Harris	FR	North Dakota St.	50.79!	
4	Miles Taylor	JR	Oregon Tech	51.69	
5	Nathan Mattson	SR	North Dakota St.	51.82	
6	Stefvon Ellington	FR	Redwoods	52.22	
Section 4					
1	Drew Lang	FR	Cal St. Stanislaus	49.95!	
2	Jesse Miller	SO	Alaska Anchorage	50.13!	
3	Kyle Robinson	8	Chico TC	50.59!	
4	Thomas Benson	SO	Academy of Art	50.73!	
5	Scott Commandeur	FR	Alaska Anchorage	51.02!	
6	Edmund Ellis	FR	College of Idaho	51.35!	
7	Andre Moodie		Club Redwoods	51.54!	
Section 5					
1	Darian Fambro	JR	Unattached	51.66!	
2	Conrad Larson	FR	Unattached	51.72	
3	Logan Means	FR	Academy of Art	52.26	
4	Neigyl Nasmyth	FR	Chabot	52.30	
5	Temarius Walker	JR	Academy of Art	53.31	
6	Austin Esposito	FR	Academy of Art	53.59	
7	Nicholas Alexander	FR	Academy of Art	53.88	
Section 6					
1	Geno Simmons	SO	Academy of Art	50.99!	
2	Anthony Gaines	JR	Cal St. East Bay	51.95	
3	Javier Cabrales	SO	Chabot	52.11	52.106
4	Aaron Gallagher	FR	Unattached	52.11	52.109
5	O'Bryan Williams	FR	Chabot	52.20	
6	Dylan Walker	FR	College of Idaho	54.98	
Section 7					
1	Joe Day	FR	Alaska Anchorage	51.51!	
2	Micah Hayes		William Jessup	54.11	
3	Austin Brown	SO	Cal St. East Bay	54.28	
4	Jack Nevins	JR	Academy of Art	55.27	
Section 8					
1	Adam Arrington	FR	Oregon Tech	53.42	
2	Sterling Shells	SR	William Jessup	53.87	

SF State Distance Carnival - 4/4/2014 to 4/5/2014

San Francisco State University (Cox Stadium)

Results

Event 20 Women 100 Meter Dash

Meet: ! 13.20 3/29/2013 Brittni Funke, Stanislaus

	Name	Year	School	Finals	
Section 1	Wind: 2.0				
1	Jamie Ashcroft	FR	Alaska Anchorage	11.74!	
2	Janesha Anthony	SO	San Francisco St.	11.96!	
3	Madison McClung	SR	Western Oregon	12.12!	
4	Sanita McNeally	SO	Cal St. Dom. Hills	12.38!	
5	Mofiyinfolu Wa Olusola	FR	Nevada	12.41!	
6	Brionne Baucham	SR	San Francisco St.	12.48!	
Section 2	Wind: 2.2				
1	Amanda Odesjo	FR	Academy of Art	12.26	
2	Makenzie Harsch	FR	Alaska Anchorage	12.28	
3	Natasha Kianipour	FR	Simon Fraser	12.34	
4	Hilary King	JR	San Francisco St.	12.44	
5	Jennifer Delucchi	FR	Nevada	12.75	12.741
6	Renee Kennedy	SO	Alaska Anchorage	12.87	
7	Shanai Campbell	SR	Western Oregon	12.97	
Section 3	Wind: 2.2				
1	Cara Jones		So-Cal Elite	12.75	12.750
2	Jasmin Guinn	SO	Academy of Art	12.79	
3	Madiha Raza	FR	San Jose St.	13.21	13.210
Section 4	Wind: 3.2				
1	Michelle Akanji	FR	Cal St. Stanislaus	12.50	
2	Dana Conlin	FR	UC Davis	12.54	
3	Mercy Akanji	FR	Cal St. Stanislaus	12.68	
4	Tyler Alsobrook	SO	Chabot	12.75	12.747
5	Amber Lambert	FR	Cal St. Stanislaus	13.08	
6	Mercedes Rhode	SR	Simon Fraser	13.36	13.359
7	Kielyn wilson	SO	Cal St. Dom. Hills	13.46	
8	Jennifer Topps	FR	San Jose St.	17.07	
Section 5	Wind: 2.7				
1	Kristina Scott	FR	Cal St. Dom. Hills	13.04	
2	Marina Tucker	FR	San Francisco St.	13.21	13.202
3	Kadetra Peals	SR	Cal St. Dom. Hills	13.24	
4	Donnisha Brown	FR	Cal St. East Bay	13.26	
5	Brittany Sever	JR	Northwest Nazarene	13.31	
6	Erica Hayes	FR	San Francisco St.	13.36	13.351
7	Lauren Lee	FR	William Jessup	13.53	
8	Aurelia Long	JR	Cal St. Dom. Hills	13.69	
Section 6	Wind: 3.5				
1	Amanda Babicke	SO	UC Davis	13.15	
2	Ebony Ezeji	FR	Pacific	13.47	
3	Emily Fernandez		William Jessup	13.67	
4	Khadijdatou Fall	FR	Cal St. Dom. Hills	13.99	
5	Sandra Padilla	FR	Pacific	14.01	
6	Raven Adams	FR	San Jose St.	14.13	
--	Kelli Van Der Moer	FR	Humboldt State	FS	
Section 7	Wind: 2.3				
1	Matti Long	FR	Pacific	13.94	
2	Giovanna Ortega	SO	Humboldt State	14.04	
3	Madison Fowler	FR	San Jose St.	14.06	
4	Joetta Hall	SO	San Jose St.	14.57	
5	Courtney MacInnes	SO	Northwest Nazarene	14.60	

SF State Distance Carnival - 4/4/2014 to 4/5/2014
San Francisco State University (Cox Stadium)
Results

Event 21 Men 100 Meter Dash

Meet: ! 11.13 3/29/2013 Keven Brown, Academy of Art

	Name	Year	School	Finals	
Section 1	Wind: 1.6				
1	Tyrell Williams	JR	Western Oregon	10.91!	
2	Jeff Howard	SO	Western Oregon	10.94!	
3	Austen DeWolf	SR	Alaska Anchorage	10.98!	
4	Marlon Britton	FR	Academy of Art	11.05!	
5	Cody Henderson	SR	Northwest Nazarene	11.18	
Section 2	Wind: 2.0				
1	Jaskaran Singh	FR	Chabot	11.03!	
2	Artis Jones	SO	Redwoods	11.11!	
3	Jacob Oswalt	JR	Northwest Nazarene	11.19	
4	Myles Beatty	FR	Cal St. Stanislaus	11.26	
5	Jacob Ovgard	JR	Oregon Tech	11.31	
6	Deon Pinder	SO	Cal St. Stanislaus	11.40	
7	Malik Whitfield	FR	College of Idaho	11.44	
8	Jerry He	SO	Simon Fraser	11.59	
Section 3	Wind: 1.0				
1	Emmanuel Atsin	SR	SF Coyotes	11.38	
2	Grant Coleman	JR	Humboldt State	11.46	
3	Phillip Cuevas	JR	Cal St. East Bay	11.47	11.462
4	Isaac Gonzalez	FR	College of Idaho	11.47	11.467
5	John Fronk	JR	College of Idaho	11.52	
6	Erik Gonzalez	FR	Chabot	12.52	
7	Julius Smith	SR	William Jessup	12.78	
Section 4	Wind: 1.4				
1	Nathaniel Chung	FR	Chabot	11.51	
2	Zach Mason	FR	Northwest Nazarene	11.53	
3	Nicholas Moran	FR	Redwoods	11.55	
4	Christopher Mello		Sonoma State TC	11.92	
5	Trevor Hubby	SO	Chabot	12.11	
6	Januar Soepangat	FR	Unattached	13.56	

Event 22 Women 400 Meter Hurdles

	Name	Year	School	Finals
Section 1				
1	Samantha Esperanza	SR	Hawaii	1:03.76
2	Hannah Borden	JR	Northwest Nazarene	1:03.97
3	Audrey Hellesto	JR	Western Oregon	1:04.29
4	Tiana Thomas	SO	College of Idaho	1:07.29
5	Daphne Cobbs	JR	Hawaii	1:07.35
Section 2				
1	Chloe Jenkins	FR	Cal St. Stanislaus	1:06.29
2	Janessa Dyk	SO	Northwest Nazarene	1:06.58
3	Katelin Westerterp	FR	Nevada	1:07.33
4	Jordan Guerrero	FR	San Francisco St.	1:08.14

SF State Distance Carnival - 4/4/2014 to 4/5/2014
San Francisco State University (Cox Stadium)
Results

Event 23 Men 400 Meter Hurdles

	Name	Year	School	Finals
Section 1				
1	Bobo Camara	SO	Alaska Anchorage	53.65
2	Elliott Bauer	JR	Alaska Anchorage	54.59
3	Travis Wilson	SR	Alaska Anchorage	54.76
4	Loren Bothun	FR	North Dakota St.	55.50
5	Kody Rhodes	SR	Western Oregon	55.89
6	Alex Pili	2	Accelerate Spts	57.85
7	Dominique Pearson	JR	Humboldt State	58.26
Section 2				
1	Jelani Legohn	FR	UC Davis	55.66
2	Kyle McLaughlin	SR	Northwest Nazarene	55.96
3	Da'rell Calvin	SO	Unattached	56.67
4	Eric Gaines	SR	Western Oregon	57.18
5	Joseph Bolin	SO	College of Idaho	58.43
6	Lemmar Wilson	FR	Academy of Art	1:08.19
Section 3				
1	Drew Lang	FR	Cal St. Stanislaus	57.26
2	Micah Spatz	FR	Northwest Nazarene	57.60
3	Austin Bishop	FR	Chabot	59.46
4	Cameron Arnzen	FR	College of Idaho	59.99

Event 24 Women 200 Meter Dash

Meet: ! 26.95 3/29/2013 Brittany Beame, College of ID

	Name	Year	School	Finals	
Section 1	Wind: 2.3				
1	Ashley Satterwhite	SR	Hawaii	25.10	
2	Madison McClung	SR	Western Oregon	25.29	
3	Charlene Brown	SR	Cal St. Dom. Hills	25.59	
4	Brionne Baucham	SR	San Francisco St.	25.78	
5	Raion Black	FR	Hawaii	25.89	
6	Chantel Desch	SO	Simon Fraser	26.01	
Section 2	Wind: 2.5				
1	Anna Lee McGregor		SF Coyotes	25.94	
2	Natasha Kianipour	FR	Simon Fraser	26.12	
Section 3	Wind: 2.3				
1	Nichole DeGrange	SO	College of Idaho	25.53	
2	Amanda Odesjo	FR	Academy of Art	25.77	25.763
3	Mercy Akanji	FR	Cal St. Stanislaus	25.78	25.775
4	Cara Jones		So-Cal Elite	26.64	
5	Kiana Cannon	SR	Cal St. Dom. Hills	26.74	
Section 4	Wind: 2.5				
1	Michelle Akanji	FR	Cal St. Stanislaus	25.69	
2	LeShaya Evans	SR	Cal St. Dom. Hills	25.77	25.761
3	Kareezia Younger	SO	San Francisco St.	26.20	
4	Dana Conlin	FR	UC Davis	26.41	
Section 5	Wind: 2.7				
1	Andrea Severson	SR	Cal St. Stanislaus	25.97	
2	Kaleigh Morrison	SR	Hawaii	26.19	
3	Shanee Martin	SR	Nevada	26.44	
4	Jazmine Tyler	FR	San Francisco St.	26.99	26.984
5	Laura Knudson	JR	Western Oregon	27.12	

SF State Distance Carnival - 4/4/2014 to 4/5/2014
San Francisco State University (Cox Stadium)
Results

....Event 24 Women 200 Meter Dash

6	Madiha Raza	FR	San Jose St.	27.40	
Section 6	Wind: 3.9				
1	Rochelle Pappel	SO	Western Oregon	26.45	
2	Tyler Alsobrook	SO	Chabot	26.90	
3	Morgan Kilgore	SR	Northwest Nazarene	26.99	26.990
4	Angel Hill	FR	San Francisco St.	27.22	
5	Samira Foy	JR	Cal St. East Bay	27.34	
Section 7	Wind: 1.4				
1	Gabrielle Edwards	SO	Cal St. Dom. Hills	26.68!	
2	Sydney Johnson	FR	Cal St. East Bay	26.83!	
3	Amanda Babicke	SO	UC Davis	27.15	
4	Laura Stokes	FR	San Francisco St.	27.42	
5	Brittany Sever	JR	Northwest Nazarene	28.25	
Section 8	Wind: 2.2				
1	Kristina Scott	FR	Cal St. Dom. Hills	27.06	
2	Janelle McGee	FR	Cal St. Dom. Hills	27.45	
3	Erica Hayes	FR	San Francisco St.	28.30	
4	Emily Fernandez		William Jessup	28.64	
5	Aurelia Long	JR	Cal St. Dom. Hills	28.80	
6	Marina Tucker	FR	San Francisco St.	28.96	
Section 9	Wind: 1.4				
1	Malaya Cabrera	SO	Pacific	27.37	
2	Donnisha Brown	FR	Cal St. East Bay	28.92	
3	Giovanna Ortega	SO	Humboldt State	29.58	
4	Johanna Mori	FR	College of Idaho	30.15	
5	Briana Pitts	FR	College of Idaho	31.96	

Event 25 Men 200 Meter Dash

Meet: ! 22.87 3/29/2013 Tyler Watson, Eastern Oregon

	Name	Year	School	Finals	
Section 1	Wind: 3.4				
1	Joel Webster	FR	Simon Fraser	21.74	
2	Jeff Howard	SO	Western Oregon	22.13	
3	Nathan Mattson	SR	North Dakota St.	22.26	
4	Daniel Kelloway	FR	Simon Fraser	22.42	
5	Cody Henderson	SR	Northwest Nazarene	22.64	
6	Phillip Cuevas	JR	Cal St. East Bay	22.65	
7	Hosea Tate	SR	UC Davis	22.92	
Section 2	Wind: 0.8				
1	Tyrell Williams	JR	Western Oregon	21.59!	
2	Willie Latin	SO	Unattached	22.34!	
3	Jacob Oswalt	JR	Northwest Nazarene	22.57!	
4	Jaskaran Singh	FR	Chabot	22.69!	
5	Myles Beatty	FR	Cal St. Stanislaus	22.90	
6	Deon Pinder	SO	Cal St. Stanislaus	23.13	23.130
Section 3	Wind: 2.9				
1	Artis Jones	SO	Redwoods	22.48	
2	Neigyl Nasmyth	FR	Chabot	22.56	
3	Jacob Ovgard	JR	Oregon Tech	22.73	
4	Zach Mason	FR	Northwest Nazarene	22.85	
5	Marlon Britton	FR	Academy of Art	23.00	
6	John Fronk	JR	College of Idaho	23.61	
7	Austin Brown	SO	Cal St. East Bay	23.74	

SF State Distance Carnival - 4/4/2014 to 4/5/2014
San Francisco State University (Cox Stadium)
Results

....Event 25 Men 200 Meter Dash

Section 4	Wind: 1.5				
1	Wesley DeLong	FR	North Dakota St.	22.93	
2	Nathaniel Chung	FR	Chabot	23.10	
3	Anthony Gaines	JR	Cal St. East Bay	23.23	
4	Isaac Gonzalez	FR	College of Idaho	23.33	
5	Riccardo Cicciarella	FR	Redwoods	23.95	
Section 5	Wind: 2.7				
1	Grant Coleman	JR	Humboldt State	23.13	23.130
2	Andre Moodie		Club Redwoods	23.17	
3	Darian Fambro	JR	Unattached	23.20	
4	Emmanuel Atsin	SR	SF Coyotes	23.66	
5	Micah Hayes		William Jessup	23.72	
Section 6	Wind: 2.2				
1	Sterling Shells	SR	William Jessup	23.92	
2	Erik Gonzalez	FR	Chabot	25.70	
3	Jon Stingley	SR	SF Flyers	29.76	

Event 26 Women 2 Mile Run

Meet: ! 10:47.14 2009 Haley Oveson, Oregon State

	Name	Year	School	Finals
Section 1				
1	Sarah Perrin	FR	Cal St. East Bay	11:30.57
2	Mary Matchett	JR	Oregon Tech	11:34.75
3	Hannah Wiesner		William Jessup	11:45.55
4	Samantha Lindauer	FR	Oregon Tech	11:51.38
5	Sara Howard	JR	Oregon Tech	11:53.21
6	Marie Miller	SR	Northwest Nazarene	12:08.05
7	Rebecca Holland	JR	Northwest Nazarene	12:09.31
8	Lindsay Wourms	SO	Pacific	12:10.56
9	Kelly Coash	FR	Oregon Tech	12:13.42
10	Kayla Parsons	SO	Oregon Tech	12:21.58
11	Maria Hurtado Leyva	FR	Sonoma St.	12:25.81
12	Lauren Nakaso	SO	Pacific	12:27.16
13	Elissa Stoltz	SO	Oregon Tech	12:27.67
14	Kimberly Sanchez		Strawberry Cyn	12:34.33
15	Veronica Kays	SR	Unattached	12:36.41
16	Myra Lakdawala	FR	Pacific	12:45.57
17	Melissa Quintero		Strawberry Cyn	12:46.51
18	Carolyn Kerr	SR	Humboldt State	12:48.32
19	Stephanie Arzon	FR	William Jessup	13:05.92

Event 27 Men 2 Mile Run

Meet: ! 9:25.77 2008 Jeff Peterson, Asics Aggies

	Name	Year	School	Finals
1	Caton Avilla	FR	Monterey Bay	9:35.93
2	Jack Roberts	FR	Oregon Tech	9:42.10
3	Michael Gordon	JR	Northwest Nazarene	9:43.91
4	Dakotah Webb	FR	Oregon Tech	9:48.63
5	Pat Thedinga	FR	San Francisco St.	9:48.88
6	Kaleb Fleenor	JR	Northwest Nazarene	9:50.91
7	Ryan Sanchez		Unattached	9:51.25

SF State Distance Carnival - 4/4/2014 to 4/5/2014
San Francisco State University (Cox Stadium)
Results

....Event 27 Men 2 Mile Run

8	Dan Metzger	SO	Monterey Bay	9:51.83
9	Jonathan Hernandez	JR	William Jessup	9:55.43
10	Andrew Willis		Strawberry Cyn	10:04.38
11	Abraham Aldaraca		Strawberry Cyn	10:11.69
12	Timo Garcia		Unattached	10:20.16
13	Cameron Eberhart	SR	Unattached	10:21.37
14	Adam Massini		Cal Poly DC	10:22.66
15	Logan Coe	JR	Monterey Bay	10:34.91
16	Duncan Davis-Hall		Cal Poly DC	10:36.85
17	Karson Hayden	JR	Monterey Bay	10:42.94
18	Dylan Silva		Sonoma State TC	11:08.44
19	Large Robbie		Sonoma State TC	12:02.54

Event 28 Women 4x400 Meter Relay

Meet: ! 4:01.99 3/29/2013 College of Idaho, College o
B Beame, N DeGrange, J Sibert, T Thomas

	School	Finals
1	Cal St. Stanislaus 'A'	3:52.88!
	1) Mercy Akanji FR	2) Andrea Severson SR
	3) Michelle Akanji FR	4) Christina Matthews JR
2	Northwest Nazarene 'A'	3:53.03!
	1) Hannah Borden JR	2) Morgan Kilgore SR
	3) Aimee Rodes SO	4) Carly Rech SO
3	Academy of Art 'A'	3:57.81!
	1) Omotoyosi Oniru JR	2) Amanda Odesjo FR
	3) Amira Barnett FR	4) Kayla Pritchett FR
4	San Francisco St. 'A'	3:58.58!
	1) Ashley Black FR	2) Jordan Guerrero FR
	3) Brionne Baucham SR	4) Maya Cabiness JR

Event 29 Men 4x400 Meter Relay

Meet: ! 3:19.37 2012 Fresno State, Fresno State
Walker, Davis, Brusenback, Parker

	School	Finals
1	Northwest Nazarene 'A'	3:19.99
	1) David Harris SO	2) Kyle McLaughlin SR
	3) Stephen Larlee SR	4) Andrew Curtis SR
2	North Dakota St. 'A'	3:20.93
	1) Jonah Warwick FR	2) Pres Harris FR
	3) Dalton Herding FR	4) Matthew Jennings FR
3	Chabot 'A'	3:28.71
	1) O'Bryan Williams FR	2) Javier Cabrales SO
	3) Jaskaran Singh FR	4) Neigyl Nasmyth FR
4	Oregon Tech 'A'	3:29.60
	1) Jacob Murray JR	2) James Pearson FR
	3) Connor Devereux FR	4) Miles Taylor JR

SF State Distance Carnival - 4/4/2014 to 4/5/2014
San Francisco State University (Cox Stadium)
Results

Event 30 Women Long Jump

	Name	Year	School	Finals	Wind	
Flight 1						
1	Ashley Black	FR	San Francisco St.	5.65m	0.9	18-06.50
	FOUL(2.8) 5.56m(1.1) 5.65m(0.9) 5.54m(1.0)					
2	Laura Rombach		Unattached	5.64m	3.2	18-06.00
	5.15m(0.6) 5.64m(3.2) 5.27m(+0.0) FOUL(2.2)					
3	Jasmin Guinn	SO	Academy of Art	5.62m	-1.8	18-05.25
	5.62m(1.9) 5.08m(1.7) 5.62m(-1.8) 5.40m(0.3)					
4	Lauren McGlory	SR	Cal St. East Bay	5.61m	-0.9	18-05.00
	5.61m(-0.9) FOUL(3.0) 5.58m(1.4) FOUL(-2.8)					
5	Ruth Le Beau	SR	San Francisco St.	5.47m	1.9	17-11.50
	5.47m(2.2) 5.40m(-0.9) 5.47m(1.9) 5.10m(1.0)					
6	Hilary King	JR	San Francisco St.	5.34m	-0.6	17-06.25
	FOUL(1.2) FOUL(1.0) FOUL(4.1) 5.34m(-0.6)					
7	Hannah Lentz	SO	College of Idaho	5.21m	0.5	17-01.25
	5.04m(1.3) 4.98m(0.7) 5.21m(0.5) 5.06m(0.9)					
8	Mercedes Rhode	SR	Simon Fraser	5.05m	2.1	16-07.00
	FOUL(2.2) 4.99m(+0.0) 5.05m(2.1) 4.97m(-1.4)					
9	Utopia Kates	SR	Cal St. Dom. Hills	5.02m	4.1	16-05.75
	5.02m(4.1) FOUL(1.1) FOUL(1.9) 4.81m(+0.0)					
10	Kadetra Peals	SR	Cal St. Dom. Hills	4.59m	+0.0	15-00.75
	4.59m(+0.0) 4.54m(+0.0) 4.37m(1.3) 4.44m(2.6)					
Flight 2						
1	Angel Hill	FR	San Francisco St.	5.25m	1.6	17-02.75
	FOUL(1.1) 5.01m(0.3) 5.25m(1.6) FOUL(0.6)					
2	Alexia Blalock	FR	Alaska Anchorage	5.08m	1.7	16-08.00
	5.08m(1.7) 5.01m(1.0) 4.93m(-0.7) 5.00m(+0.0)					
3	Anna Lee McGregor		SF Coyotes	4.95m	+0.0	16-03.00
	4.91m(2.8) 4.95m(+0.0) 4.88m(1.0) 4.81m(2.0)					
4	Janessa Dyk	SO	Northwest Nazarene	4.73m	+0.0	15-06.25
	4.73m(+0.0) 4.54m(0.9) FOUL(1.3) FOUL(0.4)					
5	Janesha Anthony	SO	San Francisco St.	4.65m	1.3	15-03.25
	FOUL(1.1) FOUL(1.0) FOUL(-0.0) 4.65m(1.3)					
6	Johanna Mori	FR	College of Idaho	3.96m	+0.0	13-00.00
	3.96m(+0.0) FOUL(+0.0) FOUL(1.4) FOUL(0.8)					
--	Briana Pitts	FR	College of Idaho	FOUL		
	FOUL(-0.0) FOUL(+0.0) FOUL(1.0) FOUL(1.8)					

Event 31 Men Long Jump

	Name	Year	School	Finals	Wind	
Flight 1						
1	Nile Norwood	JR	San Francisco	6.99m	1.2	22-11.25
	FOUL(2.8) FOUL(1.6) FOUL(1.6) 6.99m(1.2)					
2	Matson Hardie	SR	Western Oregon	6.69m	0.8	21-11.50
	FOUL(0.9) FOUL(0.1) 6.69m(0.8) 6.58m(1.2)					
3	Nicholas Moran	FR	Redwoods	6.59m	1.5	21-07.50
	6.53m(2.9) 6.42m(2.0) 6.59m(1.5) 6.10m(0.5)					
4	Stephen Larlee	SR	Northwest Nazarene	6.36m	1.6	20-10.50
	6.04m(1.3) 6.36m(1.6) FOUL(1.3) 6.34m(1.0)					
5	Jerry He	SO	Simon Fraser	6.35m	0.9	20-10.00
	FOUL(1.2) 6.28m(2.1) 6.08m(0.3) 6.35m(0.9)					

SF State Distance Carnival - 4/4/2014 to 4/5/2014
San Francisco State University (Cox Stadium)
Results

....Event 31 Men Long Jump

6	Anthony Hall	SR	So Cal Elite	6.29m	1.1	20-07.75
	6.29m(1.1) FOUL(0.4) FOUL(0.6) FOUL(2.4)					
7	Kyle Lane	SR	Western Oregon	6.28m	0.6	20-07.25
	5.99m(1.0) 5.79m(0.9) 6.28m(0.6) 6.24m(2.0)					
8	Mitch Kamstra	SR	Northwest Nazarene	6.22m	1.7	20-05.00
	5.97m(+0.0) 6.22m(1.7) 6.01m(1.3) 6.19m(0.2)					
Flight 2						
1	Isaac Gonzalez	FR	College of Idaho	6.56m	+0.0	21-06.25
	6.38m(1.2) 6.26m(2.0) 6.31m(0.6) 6.56m(+0.0)					
2	David Harris	SO	Northwest Nazarene	6.51m	1.0	21-04.25
	6.19m(0.2) FOUL(+0.0) 6.51m(1.0) FOUL(1.9)					
3	Josh Rau		Unattached	J6.28m	2.0	20-07.25
	6.07m(1.6) FOUL(1.1) 6.28m(2.0) 6.10m(2.7)					
4	Jacob Oswalt	JR	Northwest Nazarene	6.20m	2.3	20-04.25
	FOUL(0.5) 6.20m(2.3) FOUL(1.1) FOUL(+0.0)					
5	Nate Ellis		William Jessup	6.16m	2.6	20-02.50
	FOUL(1.5) 6.09m(0.3) 6.16m(2.6) FOUL(0.9)					
6	Dimitry Yakoushkin	SR	SF Coyotes	6.07m	0.6	19-11.00
	6.07m(0.6) FOUL(0.5) 5.97m(0.2) FOUL(+0.0)					
7	Kenneth Parker		William Jessup	5.88m	1.1	19-03.50
	FOUL(+0.0) FOUL(0.9) 5.88m(1.1) FOUL(1.9)					
--	John Fronk	JR	College of Idaho	FOUL		
	FOUL(+0.0) FOUL(0.4) FOUL(2.9) FOUL(1.6)					

Event 32 Women Triple Jump

	Name	Year	School	Finals	Wind	
Flight 1						
1	Rebecca Laible	JR	Western Oregon	11.51m	2.3	37-09.25
	10.95m(-1.7) 11.30m(0.2) 11.51m(2.3) FOUL(2.8)					
2	Alexia Blalock	FR	Alaska Anchorage	11.37m	1.3	37-03.75
	11.11m(1.2) 11.37m(1.3) FOUL(1.2) 11.36m(1.5)					
3	Olesya Khokhlan	SO	American River	11.30m	+0.0	37-01.00
	10.63m(-1.0) FOUL(1.1) FOUL(3.4) 11.30m(+0.0)					
4	Ella Brown	FR	Simon Fraser	11.15m	1.5	36-07.00
	11.15m(1.5) FOUL(1.9) FOUL(0.3) FOUL(-0.2)					
5	Angel Hill	FR	San Francisco St.	10.92m	0.5	35-10.00
	FOUL(0.7) FOUL(2.2) 10.92m(0.5) 10.75m(0.8)					
6	Hannah Lentz	SO	College of Idaho	10.68m	2.4	35-00.50
	FOUL(+0.0) 10.47m(2.1) 10.61m(2.7) 10.68m(2.4)					
7	Carli Shaul	SO	Northwest Nazarene	10.16m	1.3	33-04.00
	9.50m(1.8) 10.16m(1.3) 9.96m(1.9) 9.87m(0.2)					

Event 33 Men Triple Jump

	Name	Year	School	Finals	Wind	
1	Geno Simmons	SO	Academy of Art	14.08m	2.2	46-02.50
	14.08m(2.2) FOUL(1.9) FOUL(1.1) FOUL(1.8)					
2	Stephen Larlee	SR	Northwest Nazarene	13.82m	0.1	45-04.25
	13.60m(2.0) 13.51m(0.8) 13.82m(0.1) FOUL(2.7)					
3	Matson Hardie	SR	Western Oregon	13.80m	0.6	45-03.50
	FOUL(0.9) 13.13m(1.7) FOUL(1.0) 13.80m(0.6)					

SF State Distance Carnival - 4/4/2014 to 4/5/2014

San Francisco State University (Cox Stadium)

Results

....Event 33 Men Triple Jump

4	Kyle Lane	SR	Western Oregon	13.28m	1.2	43-07.00
	13.28m(1.2) 12.83m(0.1) FOUL(1.1) 13.00m(2.0)					
5	Isaac Gonzalez	FR	College of Idaho	12.62m	3.0	41-05.00
	10.89m(0.2) 12.05m(0.4) 12.46m(2.7) 12.62m(3.0)					
6	Nate Ellis		William Jessup	12.43m	2.0	40-09.50
	FOUL(0.3) 12.43m(2.0) 12.14m(1.9) FOUL(2.0)					
7	Kenneth Parker		William Jessup	12.37m	+0.0	40-07.00
	FOUL(1.7) FOUL(0.2) FOUL(1.5) 12.37m(+0.0)					
8	John Fronk	JR	College of Idaho	11.75m	2.1	38-06.75
	11.75m(2.1) 11.75m(0.2) 11.69m(1.7) FOUL(2.8)					

Event 34 Women Pole Vault

	Name	Year	School	Finals	
1	Anna Benke	FR	North Dakota St.	3.86m	12-08.00
	2.81 2.96 3.11 3.26 3.41 3.56 3.71 3.86 4.01				
	PPP PPP PPP PPP O O XO O XXX				
2	Caitlin Mack	JR	North Dakota St.	J3.86m	12-08.00
	2.81 2.96 3.11 3.26 3.41 3.56 3.71 3.86 4.01				
	PPP PPP PPP PPP PPP XO O XXO XXX				
3	Brittany Stangl	SO	North Dakota St.	3.71m	12-02.00
	2.81 2.96 3.11 3.26 3.41 3.56 3.71 3.86				
	PPP PPP PPP PPP O O O XXX				
4	Alison Silva	SO	Northwest Nazarene	J3.71m	12-02.00
	2.81 2.96 3.11 3.26 3.41 3.56 3.71 3.86				
	PPP PPP PPP PPP O XO O XXX				
5	Samantha Eilert	SO	UC Davis	3.56m	11-08.00
	2.81 2.96 3.11 3.26 3.41 3.56 3.71				
	PPP PPP PPP O O XO XXX				
6	Siobhan Anderson	SO	UC Davis	J3.56m	11-08.00
	2.81 2.96 3.11 3.26 3.41 3.56 3.71				
	PPP PPP PPP O XO XXO XXX				
7	Alison Powers	SO	Nevada	3.41m	11-02.25
	2.81 2.96 3.11 3.26 3.41 3.56				
	PPP PPP PPP O O XXX				
8	Ariel Maroon	SO	American River	J3.41m	11-02.25
	2.81 2.96 3.11 3.26 3.41 3.56				
	PPP XO PPP O O XXX				
9	Siena Morgan	FR	American River	J3.41m	11-02.25
	2.81 2.96 3.11 3.26 3.41 3.56				
	P O O XXO XO XXX				
10	Caitlin Owen	SR	Nevada	3.11m	10-02.50
	2.81 2.96 3.11 3.26				
	PPP PPP XXO XXX				
11	Jazmine Tyler	FR	San Francisco St.	2.81m	9-02.50
	2.81 2.96				
	O XXX				
12	Lindi Burgeson	SO	Northwest Nazarene	J2.81m	9-02.50
	2.81 2.96				
	XO XXX				
--	Lidia Rivas	JR	Humboldt State	NH	
	2.81				
	XXX				

SF State Distance Carnival - 4/4/2014 to 4/5/2014
San Francisco State University (Cox Stadium)
Results

....Event 34 Women Pole Vault

-- Jordan Brittner FR San Francisco St. NH
2.81
XXX

Event 35 Men Pole Vault

	Name	Year	School	Finals	
1	Marc Toney	FR	UC Davis	4.76m	15-07.25
	4.01 4.16 4.31 4.46 4.61 4.76 4.91				
	PPP PPP PPP O XO O XX				
2	Charles Langwasser	JR	Cal St. Stanislaus	4.61m	15-01.50
	4.01 4.16 4.31 4.46 4.61 4.76				
	PPP PPP O XXO O XXX				
3	Greyson Kilgore	SR	Northwest Nazarene	4.31m	14-01.75
	4.01 4.16 4.31 4.46				
	PPP O XO XXX				
4	Teddy Flanagan	SO	American River	J4.31m	14-01.75
	4.01 4.16 4.31 4.46				
	PPP O XXO XXX				
5	Zach McClanahan	FR	Northwest Nazarene	4.16m	13-07.75
	4.01 4.16 4.31				
	O XXO XXX				
6	Colten Ross	FR	Redwoods	4.01m	13-01.75
	4.01 4.16				
	O XXX				
6	Eddie Shin	SO	Humboldt State	4.01m	13-01.75
	4.01 4.16				
	O XXX				
8	Anthony Padilla	SO	Oregon Tech	J4.01m	13-01.75
	4.01 4.16				
	XO XXX				
--	Kevin Hammer	FR	UC Davis	NH	
	4.01 4.16 4.31 4.46				
	PPP PPP PPP XXX				
--	Micah Spatz	FR	Northwest Nazarene	NH	
	4.01				
	XXX				
--	Dylan Seay	FR	Oregon Tech	NH	
	4.01				
	XXX				
--	Brock Larson	SO	North Dakota St.	NH	
	4.01 4.16 4.31 4.46 4.61				
	PPP PPP PPP PPP XXX				

Event 36 Women High Jump

Meet: ! 1.67m 2011 Meagan Moiolo, SF State

	Name	Year	School	Finals	
1	Tiana Wills	SR	Unattached	1.85m!	6-00.75
	1.43 1.48 1.53 1.58 1.63 1.68 1.71 1.74 1.77 1.80 1.85 1.90				
	P P P P P P P P XXO XO O XXX				

SF State Distance Carnival - 4/4/2014 to 4/5/2014
San Francisco State University (Cox Stadium)
Results

....Event 36 Women High Jump

2	Kielyn wilson	SO	Cal St. Dom. Hills		1.63m	5-04.25
	1.43 1.48 1.53 1.58 1.63 1.68					
	P XO O XO O XXX					
3	Courtney Schroeder	SR	Northwest Nazarene		1.58m	5-02.25
	1.43 1.48 1.53 1.58 1.63					
	P P O XO XXX					
4	Ashley Black	FR	San Francisco St.		J1.58m	5-02.25
	1.43 1.48 1.53 1.58 1.63					
	P XO XO XO XXX					
5	Kareezia Younger	SO	San Francisco St.		1.53m	5-00.25
	1.43 1.48 1.53 1.58					
	P O XXO XXX					
6	Ruth Le Beau	SR	San Francisco St.		1.48m	4-10.25
	1.43 1.48 1.53					
	O O XXX					
6	Kelli Van Der Moer	FR	Humboldt State		1.48m	4-10.25
	1.43 1.48 1.53					
	O O XXX					
8	Lexi Sarver	JR	Northwest Nazarene		J1.48m	4-10.25
	1.43 1.48 1.53					
	O XO XXX					
9	Briana Pitts	FR	College of Idaho		J1.48m	4-10.25
	1.43 1.48 1.53					
	O XXO XXX					
10	Anna Lee McGregor		SF Coyotes		1.43m	4-08.25
	1.43 1.48					
	O XXX					
10	Janessa Dyk	SO	Northwest Nazarene		1.43m	4-08.25
	1.43 1.48					
	O XXX					
12	Laura Rombach		Unattached		J1.43m	4-08.25
	1.43 1.48					
	XO XXX					
--	Johanna Mori	FR	College of Idaho		NH	
	1.43					
	XXX					
--	Rebecca Laible	JR	Western Oregon		NH	
	1.43 1.48					
	P XXX					

Event 37 Men High Jump

Meet: ! 1.87m 2010 Asa Miller, Eastern Oregon

	Name	Year	School	Finals	
1	Cole Hoberg	FR	Northwest Nazarene	1.94m!	6-04.25
	1.79 1.84 1.89 1.94 1.99				
	P XO O O XXX				
2	Kyle McLaughlin	SR	Northwest Nazarene	1.89m!	6-02.25
	1.79 1.84 1.89 1.94				
	O O XO XXX				
2	Garrett Hardie	SO	Western Oregon	1.89m!	6-02.25
	1.79 1.84 1.89 1.94				
	O O XO XXX				

SF State Distance Carnival - 4/4/2014 to 4/5/2014
San Francisco State University (Cox Stadium)
Results

....Event 37 Men High Jump

4	Mitch Kamstra	SR	Northwest Nazarene	J1.89m!	6-02.25
	1.79 1.84 1.89 1.94				
	O O XXO XXX				
5	Dominique Pearson	JR	Humboldt State	1.84m	6-00.50
	1.79 1.84 1.89				
	O O XXX				
5	Luke Conklin	JR	Northwest Nazarene	1.84m	6-00.50
	1.79 1.84 1.89				
	O O XXX				
7	Colten Ross	FR	Redwoods	J1.84m	6-00.50
	1.79 1.84 1.89				
	O XXO XXX				

Event 38 Women Discus Throw

	Name	Year	School	Finals	
1	Charlinda Ioane	JR	Hawaii	45.44m	149-01
	41.68m 45.44m 45.17m 41.91m				
2	Alex Porlier-Langlois	SO	Hawaii	44.89m	147-03
	FOUL FOUL 44.89m FOUL				
3	Cherilyn Bunker	FR	Byu	44.47m	145-11
	42.87m 40.64m FOUL 44.47m				
4	Madison Pachner	SO	Byu	42.09m	138-01
	40.71m 40.61m 42.09m 39.94m				
5	Morgan Dutra	FR	UC Davis	41.96m	137-08
	39.50m 39.65m 40.00m 41.96m				
6	Sadie Nielsen	FR	Byu	41.17m	135-01
	41.17m FOUL FOUL 40.81m				
7	Caitlin Curtis	SR	Northwest Nazarene	40.58m	133-02
	FOUL 40.58m 40.13m FOUL				
8	Ashley Ehardt	SO	Byu	39.19m	128-07
	38.00m 39.19m 38.61m FOUL				
9	Lexi Sarver	JR	Northwest Nazarene	38.87m	127-06
	38.24m 38.87m 38.65m 36.68m				
10	Sabrina Mendoza	FR	Hawaii	38.74m	127-01
	38.74m 37.40m 38.33m 36.71m				
11	Michelle Chung	SO	San Francisco St.	37.76m	123-11
	FOUL 32.56m 33.81m 37.76m				
12	Tara Park	FR	Unattached	37.45m	122-10
	FOUL 37.45m 36.34m 33.42m				
13	Kaytee Krivulka	JR	Humboldt State	35.88m	117-08
	FOUL 35.88m 34.82m 35.43m				
14	Laticia Lonon	JR	San Francisco	35.76m	117-04
	FOUL 35.42m FOUL 35.76m				
15	Jessica Bates	FR	College of Idaho	34.29m	112-06
	FOUL 34.29m 33.73m FOUL				
16	Jessica Kinssies	FR	Academy of Art	34.19m	112-02
	33.73m 34.19m 30.92m 33.73m				
17	Jessica Aguilar	JR	College of Idaho	33.28m	109-02
	FOUL 33.28m FOUL 31.95m				
18	Kennedy Hall	SO	Nevada	33.24m	109-01
	32.51m 33.24m FOUL 31.29m				
19	Kassandra Johnson	JR	Northwest Nazarene	31.92m	104-09
	31.26m FOUL 31.64m 31.92m				

SF State Distance Carnival - 4/4/2014 to 4/5/2014
San Francisco State University (Cox Stadium)
Results

....Event 38 Women Discus Throw

20	Devonna Falconer	FR	Cal St. Dom. Hills	27.52m	90-03
	25.96m FOUL 25.79m 27.52m				
21	Stephanie Metoyer	FR	Cal St. Dom. Hills	26.38m	86-06
	26.38m FOUL 24.37m 24.88m				
22	Aun'Twanette Murphy	SO	Cal St. Dom. Hills	25.04m	82-02
	25.02m 21.55m FOUL 25.04m				

Event 39 Men Discus Throw

	Name	Year	School	Finals	
1	Kevin Rima	SR	Northwest Nazarene	51.28m	168-03
	51.28m 47.18m FOUL FOUL				
2	Winston Wilkinson	SR	Byu	49.79m	163-04
	49.79m FOUL 49.59m FOUL				
3	Craig Merkley	FR	Byu	48.99m	160-09
	48.99m 47.62m 48.96m FOUL				
4	Aaron Clark	SR	Byu	48.72m	159-10
	46.45m 47.26m 48.72m FOUL				
5	Josh Eiler	SR	North Dakota St.	45.86m	150-05
	FOUL 45.86m 45.28m 45.41m				
6	Mitchell Swensen	FR	Byu	44.65m	146-06
	FOUL FOUL FOUL 44.65m				
7	John VanBeuren	FR	Northwest Nazarene	44.05m	144-06
	44.05m FOUL 42.21m FOUL				
8	Joshua Toney	JR	Humboldt State	43.82m	143-09
	42.04m 43.82m 43.55m FOUL				
9	Greyson Kilgore	SR	Northwest Nazarene	41.23m	135-03
	38.53m FOUL 41.23m 40.10m				
10	Chester O'Neal	SR	Humboldt State	39.82m	130-08
	39.54m 39.78m FOUL 39.82m				
11	Andrew Galloway	FR	College of Idaho	39.50m	129-07
	38.70m 37.66m 39.50m FOUL				
12	Juan Contreras	SO	Cal St. Stanislaus	39.15m	128-05
	38.58m 38.74m 39.15m 38.42m				
13	Taylor Oppedyk	FR	College of Idaho	38.91m	127-08
	38.91m FOUL 37.67m 38.34m				
14	Viet Duong	JR	Humboldt State	38.85m	127-05
	FOUL 38.62m 38.85m 38.54m				
15	Daniel Gallardo	SR	Humboldt State	36.27m	119-00
	FOUL 36.27m FOUL FOUL				
16	Abhineet Ram	SO	UC Davis	36.26m	118-11
	FOUL 36.26m FOUL FOUL				

Event 40 Women Shot Put

	Name	Year	School	Finals	
1	Charlinda Ioane	JR	Hawaii	13.90m	45-07.25
	FOUL 12.93m 13.08m 13.90m				
2	Alex Porlier-Langlois	SO	Hawaii	13.84m	45-05.00
	13.84m 13.76m FOUL 13.48m				
3	Vessie Umu	SR	Northwest Nazarene	13.31m	43-08.00
	12.45m 12.72m 12.54m 13.31m				

SF State Distance Carnival - 4/4/2014 to 4/5/2014
San Francisco State University (Cox Stadium)
Results

....Event 40 Women Shot Put

4	Cherilyn Bunker	FR	Byu	13.14m	43-01.50
	11.51m 12.34m FOUL 13.14m				
5	Kassi Conditt	SR	Oregon Tech	13.11m	43-00.25
	12.30m 12.39m 12.73m 13.11m				
6	Emmi Collier	SO	Western Oregon	13.02m	42-08.75
	12.93m 13.02m 12.54m FOUL				
7	Courtney Pasiowitz	FR	North Dakota St.	12.57m	41-03.00
	FOUL 12.57m FOUL 12.54m				
8	Jordyn Thornton	FR	North Dakota St.	12.37m	40-07.00
	11.89m 11.83m 12.37m FOUL				
9	Sharrisa Thayer	SR	Byu	12.15m	39-10.50
	FOUL FOUL 12.15m FOUL				
10	Sabrina Mendoza	FR	Hawaii	12.05m	39-06.50
	FOUL FOUL 12.05m 11.83m				
11	Jessica Bates	FR	College of Idaho	11.84m	38-10.25
	11.84m 11.79m FOUL FOUL				
12	Ashley Ehardt	SO	Byu	11.73m	38-06.00
	11.15m 11.51m 11.42m 11.73m				
13	Kennedy Hall	SO	Nevada	11.54m	37-10.50
	11.54m 11.54m FOUL FOUL				
14	Sadie Nielsen	FR	Byu	11.53m	37-10.00
	11.50m 11.28m 11.53m FOUL				
15	Taylor VanValey	JR	Northwest Nazarene	11.50m	37-08.75
	FOUL 11.50m FOUL FOUL				

Flight 2

1	Jessica Aguilar	JR	College of Idaho	11.96m	39-03.00
	11.48m 11.94m 11.96m 11.79m				
2	Alexandra Jones	FR	San Francisco St.	11.61m	38-01.25
	11.20m 11.30m FOUL 11.61m				
3	Jessica Kinssies	FR	Academy of Art	10.68m	35-00.50
	FOUL 10.68m 10.11m FOUL				
4	Devonna Falconer	FR	Cal St. Dom. Hills	10.00m	32-09.75
	10.00m 9.88m 9.66m 9.46m				
5	Laticia Lonon	JR	San Francisco	9.94m	32-07.50
	FOUL 9.75m FOUL 9.94m				
6	Jennah Richmond	FR	William Jessup	9.63m	31-07.25
	9.36m 8.84m 9.63m 8.10m				
7	Morgan Dutra	FR	UC Davis	9.56m	31-04.50
	9.56m FOUL FOUL FOUL				
8	Ariel Sriruksa	SO	Humboldt State	9.20m	30-02.25
	FOUL 9.20m 8.95m 8.86m				
9	Shannon Postle	FR	William Jessup	9.03m	29-07.50
	8.40m 8.98m 8.99m 9.03m				
10	Anna Lee McGregor		SF Coyotes	8.71m	28-07.00
	8.67m 7.87m 8.71m 7.62m				
11	Ariana Luster	FR	San Francisco St.	8.50m	27-10.75
	8.36m 7.76m 7.88m 8.50m				
12	Ruth Le Beau	SR	San Francisco St.	8.43m	27-08.00
	8.34m 8.03m 8.43m 7.93m				
13	Ashley Black	FR	San Francisco St.	8.25m	27-01.00
	8.18m 6.91m 8.14m 8.25m				
14	Stephanie Metoyer	FR	Cal St. Dom. Hills	6.90m	22-07.75
	6.78m 6.90m 6.73m 6.68m				
15	Demeika Haywood	SO	Cal St. Dom. Hills	5.23m	17-02.00
	FOUL FOUL 4.84m 5.23m				

SF State Distance Carnival - 4/4/2014 to 4/5/2014
San Francisco State University (Cox Stadium)
Results

Event 41 Men Shot Put

Name	Year	School	Finals
Flight 1			
1 Craig Merkley	FR	Byu	15.50m 50-10.25
14.81m FOUL 15.50m FOUL			
2 Jeremiah Woods	SO	Northwest Nazarene	13.36m 43-10.00
FOUL 13.36m FOUL FOUL			
3 Dimitry Yakoushkin	SR	SF Coyotes	12.17m 39-11.25
12.17m FOUL FOUL FOUL			
4 Blake Johnson	SR	Humboldt State	11.97m 39-03.25
FOUL 11.97m 11.90m FOUL			
5 Kyler Malarae	FR	William Jessup	11.20m 36-09.00
10.50m 10.58m 11.20m 10.74m			
6 Andrew Tran	SR	SF Coyotes	7.83m 25-08.25
7.43m FOUL 7.10m 7.83m			
Flight 2			
1 Mitchell Swensen	FR	Byu	15.72m 51-07.00
FOUL FOUL 15.72m 15.53m			
2 Andrew Galloway	FR	College of Idaho	13.53m 44-04.75
FOUL FOUL 13.29m 13.53m			
3 Joshua Toney	JR	Humboldt State	13.42m 44-00.50
13.35m FOUL FOUL 13.42m			
4 Viet Duong	JR	Humboldt State	13.30m 43-07.75
FOUL 13.16m 13.30m FOUL			
5 Taylor Oppedyk	FR	College of Idaho	13.18m 43-03.00
11.29m 13.18m 12.70m FOUL			
6 Juan Contreras	SO	Cal St. Stanislaus	12.37m 40-07.00
11.47m 12.37m 12.37m FOUL			
7 Daniel Gallardo	SR	Humboldt State	12.10m 39-08.50
12.08m 12.10m FOUL FOUL			
-- John VanBeuren	FR	Northwest Nazarene	FOUL
FOUL FOUL FOUL FOUL			

Event 42 Women Javelin Throw

Name	Year	School	Finals
Flight 1			
1 Seabre Church	SR	Western Oregon	45.69m 149-11
45.69m 40.60m 43.04m 41.68m			
2 Joelle Swanson	JR	Oregon Tech	41.96m 137-08
40.74m 40.59m 40.34m 41.96m			
3 Kaleigh Morrison	SR	Hawaii	38.44m 126-01
38.44m 38.33m 35.95m FOUL			
4 Shayna Dockery	SR	Hawaii	37.67m 123-07
35.14m 33.19m 37.67m FOUL			
5 AnnaMarie Forza	JR	Northwest Nazarene	37.21m 122-01
36.10m 36.52m 36.75m 37.21m			
6 Jacqueline Donovan	JR	Hawaii	29.76m 97-08
27.65m 29.76m 29.39m 27.13m			
7 Ashlynn Cox	SO	Humboldt State	28.84m 94-07
FOUL 27.82m 28.84m FOUL			
8 Ariel Sriruksa	SO	Humboldt State	28.82m 94-07
FOUL 24.62m 28.82m 27.20m			

SF State Distance Carnival - 4/4/2014 to 4/5/2014
San Francisco State University (Cox Stadium)
Results

....Event 42 Women Javelin Throw

9	Ameli Huhn	FR	Oregon Tech	26.48m	86-10
	26.48m 23.00m FOUL 24.74m				
10	Ashley Black	FR	San Francisco St.	25.72m	84-04
	25.72m FOUL 23.13m 25.33m				
11	Jordan Brittner	FR	San Francisco St.	24.00m	78-09
	19.86m 21.55m 22.60m 24.00m				
12	Ruth Le Beau	SR	San Francisco St.	23.49m	77-01
	21.50m 21.18m 23.49m 23.45m				
13	Utopia Kates	SR	Cal St. Dom. Hills	23.48m	77-00
	FOUL FOUL 19.08m 23.48m				
14	Anna Lee McGregor		SF Coyotes	21.55m	70-08
	17.33m 19.15m 19.54m 21.55m				

Event 43 Men Javelin Throw

	Name	Year	School	Finals	
1	Elijah Marta	FR	Unattached	59.91m	196-07
	59.91m 55.85m 58.65m 58.66m				
2	Shane Brooks	SO	Western Oregon	57.71m	189-04
	54.52m 52.98m 57.71m 53.29m				
3	Wyatt Warnick	SO	Byu	57.15m	187-06
	57.15m FOUL FOUL 54.24m				
4	Nathan Talbot	SO	Northwest Nazarene	55.91m	183-05
	55.91m FOUL 52.56m 55.52m				
5	Justin Larson	SO	Western Oregon	53.15m	174-04
	FOUL 49.57m FOUL 53.15m				
6	Trevor Hubby	SO	Chabot	49.92m	163-09
	48.22m 48.89m 49.92m 48.39m				
7	Cameron Farrell	JR	San Francisco	47.20m	154-10
	45.93m 47.20m 43.08m FOUL				
8	Brock Larson	SO	North Dakota St.	47.06m	154-05
	44.39m 47.06m 44.75m FOUL				
9	Joshua Wolf	FR	Oregon Tech	45.49m	149-03
	42.02m 45.49m 44.10m 44.70m				
10	Dimitry Yakoushkin	SR	SF Coyotes	40.62m	133-03
	40.62m FOUL FOUL FOUL				
11	Austin Basterrechea	SR	College of Idaho	40.19m	131-10
	39.70m 39.49m 40.19m 39.43m				
12	Bradley Wilkerson	FR	Cal St. Stanislaus	39.65m	130-01
	37.25m 39.39m 39.04m 39.65m				
13	Andrew Dela Cruz		Wolfpack RC	31.17m	102-03
	31.17m 30.48m FOUL FOUL				

Event 44 Women Hammer Throw

	Name	Year	School	Finals	
1	Michelle Chung	SO	San Francisco St.	47.80m	156-10
	FOUL 43.00m FOUL 47.80m				
2	Caitlin Curtis	SR	Northwest Nazarene	47.45m	155-08
	47.45m FOUL FOUL 46.06m				
3	Emmi Collier	SO	Western Oregon	43.98m	144-03
	43.86m 41.96m FOUL 43.98m				

SF State Distance Carnival - 4/4/2014 to 4/5/2014

San Francisco State University (Cox Stadium)

Results

....Event 44 Women Hammer Throw

4	Jasmine Warrington	SR	Northwest Nazarene	40.90m	134-02
	FOUL FOUL FOUL 40.90m				
5	Kaytee Krivulka	JR	Humboldt State	38.18m	125-03
	38.18m FOUL FOUL FOUL				
6	Jessica Johns	SR	Northwest Nazarene	37.70m	123-08
	34.70m 35.41m 35.73m 37.70m				
7	Alexandra Jones	FR	San Francisco St.	35.00m	114-10
	FOUL FOUL 35.00m 34.73m				
8	Ariana Luster	FR	San Francisco St.	29.81m	97-10
	FOUL FOUL 24.34m 29.81m				

Event 45 Men Hammer Throw

	Name	Year	School	Finals	
1	Craig Merkley	FR	Byu	55.72m	182-10
	50.79m 54.64m 55.72m				
2	Chester O'Neal	SR	Humboldt State	50.96m	167-02
	50.32m 47.36m 50.96m				
3	Viet Duong	JR	Humboldt State	45.17m	148-02
	43.10m 44.08m 45.17m				
4	Jeremiah Woods	SO	Northwest Nazarene	42.40m	139-01
	42.40m 40.86m 41.64m				
5	Matt Silva	SR	Northwest Nazarene	41.14m	135-00
	FOUL 41.00m 41.14m				