

Capital Classic Relays - 3/1/2014

Elk Grove/Laguna Stadium

Elk Grove High School

Results

Event 1 Mixed 3200 Meter Run Open

Record: 10:03.34 R 2/25/2012 Dan Napieralski

Name	Yr	School	Finals
Finals			
1	Nick Fowler	M Unattached	10:20.12
2	Christoph Dobson	M Unattached	12:35.03
3	Stella Davenport	W Unattached	16:30.61
4	Ronald Languasco	M Unattached	16:40.15

Event 2 Boys 110 Meter Hurdles Varsity

Name	Yr	School	Finals
Finals			
1	Jack Olender	11 Heritage	15.79 0.7
2	Mykal Walker	11 Vacaville	15.80 0.7
3	Isiaha Bair	11 Monterey Trail	16.07 0.7
4	Shaunard Harts	11 Elk Grove	16.33 0.5
5	Elias Rodriguez	11 Merrill West	16.78 0.7
6	Brandon Jetter	11 Oak Ridge	16.92 0.7
7	Simeon Ernest	11 Heritage	16.97 0.5
8	Junior Quichocho	11 McClatchy	17.10 0.5
9	Trevon Carter	11 Monterey Trail	17.51 0.7
10	Zack Sutcliffe	11 Pleasant Grove	17.52 0.7
11	Jose Sienes	12 Elk Grove	17.79 0.5
12	Tim Scott	12 Folsom	18.10 0.5
13	Perry Deguzman	12 Cosumnes Oak	18.54 0.6
14	Spencer Kwong	12 Franklin (Eg)	18.75 0.5
15	Karim Chau	12 Monterey Trail	18.78 0.7
16	Nick Ruddick	11 Rosemont	18.87 0.7
17	Junming Chen	11 McClatchy	19.36 0.6
18	Cameron Gee	12 McClatchy	19.41 0.6
19	Ethan Veslenio	11 Franklin (Eg)	19.97 0.6
20	Anthony Celidon	11 Franklin (S)	20.41 0.7
21	Bradley Richardson	11 Pleasant Grove	20.53 0.7
22	Michael Kaul	11 Will C. Wood	20.59 0.5
23	Kristian Arias	10 Will C. Wood	20.73 0.5
24	Matthew Higginson	11 East Union	21.30 0.7
25	Isaac Avalos	10 East Union	21.88 0.6
26	Brian Knight	12 Will C. Wood	22.34 0.7
27	Max Hernandez	11 East Union	24.11 0.7

Event 3 Boys 110 Meter Hurdles Frosh/Soph

Name	Yr	School	Finals
Finals			
1	Derrick Griffith II	10 Cosumnes Oak	16.62 1.0
2	MacLean Conner	10 Pleasant Grove	16.92 1.0
3	Damien Pursley	9 Franklin (S)	17.17 0.5
4	Bjorn Bergstrand	10 Franklin (Eg)	17.39 0.9
5	Myles Pruitt	10 Monterey Trail	17.70 0.5
6	Gionnni Johnson	10 Cosumnes Oak	18.14 0.9
7	Daniel Wright	10 Vacaville	18.41 0.5
8	Martino Glover	10 Franklin (S)	18.58 0.5
9	Anthony Rhoads	10 Merrill West	18.80 1.0
10	Calven Liu	10 Franklin (Eg)	19.50 1.0
11	Garrett Seno	10 Elk Grove	19.77 0.5

12	Isaac Florez	10 Vacaville	19.83 0.5
13	Nate Villalobos	10 Vacaville	20.15 0.5
14	Seann Moser	10 Heritage	20.54 0.9
15	Chase Bowker	9 Folsom	20.92 1.0
16	Jagminder Shergill	10 Heritage	21.33 0.9
17	Eurijah Ports	9 Will C. Wood	21.34 0.9
18	Latione Jackson	10 Rosemont	21.54 0.9
19	Blake Baddley	10 Monterey Trail	23.41 1.0

Event 4 Girls 100 Meter Hurdles Frosh/Soph

Record: 18.62 R 2/25/2012 Jackie Truax

Name	Yr	School	Finals
Finals			
1	Gabrielle Ednilao	10 Franklin (Eg)	17.72R0.6
2	Nicole Terry	9 Cosumnes Oak	18.56R0.6
3	Joy Johnson	10 Cosumnes Oak	18.72 0.4
4	Julia Miller	9 Folsom	19.28 0.6
5	Cheyenne Lowden	10 Pleasant Grove	19.45 0.4
6	Amanda Brooks	10 Franklin (Eg)	20.09 0.6
7	Tiffany Maninang	9 Franklin (Eg)	20.10 0.4
8	Natalie Kinney	9 Oak Ridge	20.26 0.6
9	Kiara Taylor	10 Heritage	20.54 0.6
10	Zaria Ealy	9 Merrill West	20.62 0.4
11	Jessica Bias	10 Pleasant Grove	20.71 0.4
12	Natalie Loggins	9 Oak Ridge	20.87 0.6
13	Marisabel Estrada	10 Franklin (S)	20.88 0.6
14	Annalisya Orona	10 Franklin (S)	21.45 0.6
15	Natalie Rover	9 Heritage	21.96 0.6
16	Rachel Mote	10 Franklin (S)	22.43 0.6
17	Jene' Smith	9 Cosumnes Oak	22.47 0.6
18	Danica Dolle	10 Heritage	22.65 0.6
19	Tatiana Fatnik	9 Rosemont	24.32 0.4

Event 5 Girls 100 Meter Hurdles Varsity

Name	Yr	School	Finals
Finals			
1	Grace Hepworth	11 Pleasant Grove	15.63 0.3
2	Ivie Eboigbodin	10 Merrill West	16.13 0.1
3	Ciara Levy	12 Monterey Trail	16.27 0.3
4	Jaimi Gotro	11 Oak Ridge	16.62 0.1
5	Amanda Villareal	12 Heritage	17.49 0.1
6	Taneicia Herring	12 Monterey Trail	17.87 0.3
7	Jaycie Wildermuth	11 Cosumnes Oak	18.40 0.3
8	Kathryn Sanders	11 Oak Ridge	18.46 0.1
9	Jessica Papadopoulos	11 Vacaville	18.71 0.2
10	Britney Edwards	10 Elk Grove	18.76 0.1
11	Andie Samay	10 River Valley	18.93 0.3
12	Xhosha Millington	12 Heritage	19.30 0.1
13	Shelby Weeks	11 Merrill West	19.57 0.3
14	Lucy Maloney	12 McClatchy	20.04 0.2
15	Jaelyn Warwick	11 Modesto Chri	20.23 0.1
16	Maliah Watson	11 East Union	20.42 0.2
17	Mariah Cruz	- Heritage	21.18 0.2
18	Alyssa Drew	11 East Union	21.32 0.2
19	Monae Owen	9 Rosemont	22.91 0.2

Capital Classic Relays - 3/1/2014

Elk Grove/Laguna Stadium

Elk Grove High School

Results

Finals ... (Event 5 Girls 100 Meter Hurdles Varsity)

Name	Yr	School	Finals
20 Cameron Hennings	11	Rosemont	23.77 0.2
21 Isoke Khemet	12	McClatchy	25.76 0.1
22 Kameron Herrera	12	East Union	30.60 0.2

Event 6 Girls 1600 Meter Run Frosh/Soph

Record: 5:44.80 R 2/25/2012 Laura Cox

Name	Yr	School	Finals
Finals			
1 Sara Fisher	9	Pleasant Grove	5:45.55
2 Mariana Ramirez	10	Sheldon	5:54.68
3 Hailey Farrell	10	Sheldon	5:54.75
4 Aryana Archuleta	10	Pleasant Grove	5:56.22
5 Rebekah Golden	9	Pleasant Grove	6:01.60
6 Gloria Dabiri	10	Oak Ridge	6:02.39
7 Lily Silva	10	Pleasant Grove	6:03.46
8 Paola Madrigal	10	Franklin (S)	6:05.35
9 Julia Flohr	10	Merrill West	6:05.79
10 Yoana Arenas	9	Vacaville	6:08.05
11 Karina Nelson	10	Monterey Trail	6:08.38
12 Julia Spowart	9	Cosumnes Oak	6:08.99
13 Hannah Case	9	Vacaville	6:16.12
14 Sydney Lim	10	Heritage	6:16.62
15 Perla Gonzalez	9	Sheldon	6:16.74
16 Lizbeth Gonzales	10	Franklin (S)	6:18.29
17 Alexa Borg	10	McClatchy	6:22.67
18 Leesa Bingham	10	Oak Ridge	6:27.33
19 Nicole Holloway	9	Oak Ridge	6:33.92
20 Shay Chen	10	Merrill West	6:35.21
21 Abbi Johnson	10	Folsom	6:37.83
22 Megan O'Farrell	10	Heritage	6:41.03
23 Geneva Huynh	9	Folsom	6:46.66
24 Irene Aguilar	10	Vacaville	6:51.00
25 Kelly Meusborn	10	Elk Grove	6:52.95
26 Carrie Buckley	9	Merrill West	6:53.44
27 Jasleen Sohal	9	Pleasant Grove	6:57.50
28 Savannah Groves	9	Cosumnes Oak	6:59.17
29 Alisa Franco	9	Franklin (S)	7:05.27
30 Adriana Cruz	9	Heritage	7:07.14
31 Kelly Ng	9	Cosumnes Oak	7:08.66
32 Erica Carpenter	9	Pleasant Grove	7:10.27
33 Bayleigh Mitchell	9	Monterey Trail	7:12.42
34 Emily Dewolf	9	Pleasant Grove	7:16.86
35 Alicia Paz	9	Cosumnes Oak	7:16.88
36 Hannah Cushing	10	Will C. Wood	7:21.30
37 Alison Dewolf	9	Pleasant Grove	7:25.39
38 Cayla Ellias	10	Chavez	7:31.50
39 Jessica Rosales	10	Chavez	7:36.73
40 Ericka Mendez	9	Franklin (S)	7:55.25
41 Maddi Alt	9	Merrill West	8:13.91
42 Angie Hernandez	10	Cosumnes Oak	8:32.48
43 Yesenia Loza	10	Will C. Wood	10:06.07

Event 7 Boys 1600 Meter Run Frosh/Soph

Record: 4:48.53 R 2/25/2012 Abdul Hamid

Name	Yr	School	Finals
Finals			
1 Scott Seno	10	Elk Grove	4:48.96
2 Waih Truong	10	Monterey Trail	4:53.20
3 Austin Smith	10	Sheldon	4:54.21
4 Marcellus Jones	9	Cosumnes Oak	4:54.95
5 Munir Nur	10	Franklin (Eg)	4:57.05
6 Trevor Stratton	10	Vacaville	4:59.16
7 Israel Rivera	10	Monterey Trail	5:01.74
8 Austin Streetman	10	Oak Ridge	5:04.05
9 Sebastian Leon	9	Cosumnes Oak	5:04.87
10 Andrew Mellick	10	Sheldon	5:05.15
11 Dylan Nute	9	Will C. Wood	5:05.96
12 Taylor Gould	10	Pleasant Grove	5:06.53
13 Andrew Bowers	10	Cosumnes Oak	5:06.54
14 Matt Simons	9	Sheldon	5:07.84
15 Chad Vardas	10	Oak Ridge	5:07.91
16 Camden Scott	10	Elk Grove	5:07.96
17 Simon Franco	10	Merrill West	5:09.26
18 Joey Ramirez	10	Franklin (S)	5:09.59
19 Blake Miller	9	Pleasant Grove	5:09.62
20 Blake Fabian	10	Oak Ridge	5:11.64
21 Joseph Terry	9	Cosumnes Oak	5:12.05
22 Nick Behrens	10	Vacaville	5:13.60
23 Rohan Nalawadi	9	Oak Ridge	5:13.80
24 Steele Langland	10	Merrill West	5:14.54
25 Brock Miler	9	Pleasant Grove	5:14.68
26 Thomas Luckhardt	9	Heritage	5:15.68
27 Riley Goodsen	10	Vacaville	5:16.84
28 Sami Araya	9	Pleasant Grove	5:20.12
29 Andrew Wilmarth	10	Folsom	5:20.92
30 Nate Marfil	10	Will C. Wood	5:21.30
31 Nolan Vanhonsbrouck	9	Oak Ridge	5:21.81
32 Nate Montoya	9	Elk Grove	5:21.96
33 Ryan Fino	9	Will C. Wood	5:22.07
34 Nick Hall	9	Cosumnes Oak	5:22.83
35 Kimball Newton	9	Monterey Trail	5:26.51
36 Shawn Behrens	9	Vacaville	5:27.79
37 Samuel Ortega	10	Heritage	5:28.29
38 Sebastian Murillo	9	Monterey Trail	5:28.42
39 Nick Gladwell	9	Oak Ridge	5:28.63
40 Wyatt Todd	9	Vacaville	5:28.84
41 Jacob Jauregui	9	Vacaville	5:29.25
42 Rodrigo Razo	10	Sheldon	5:29.75
43 Brandon Lyday	9	Heritage	5:33.14
44 Nathan McCauley	9	Heritage	5:34.37
45 Zach Stewart	9	Folsom	5:35.17
46 Peter Xiong	10	Monterey Trail	5:35.27
47 Zachary Ormand	10	Will C. Wood	5:36.37
48 Andy Cueva	9	Will C. Wood	5:38.01
49 Henry Powell	9	McClatchy	5:38.70
50 Joel Giordano	10	Sheldon	5:39.00

Capital Classic Relays - 3/1/2014
Elk Grove/Laguna Stadium
Elk Grove High School

Results

Finals ... (Event 7 Boys 1600 Meter Run Frosh/Soph)

Name	Yr	School	Finals
51 Jeffrey Southards	10	Merrill West	5:39.48
52 Daniel Wright	9	Folsom	5:39.55
53 Kenneth Tran	9	Merrill West	5:41.20
54 Danny Avery	10	Elk Grove	5:43.78
55 Nick Axley	10	Cosumnes Oak	5:44.39
56 Justin Withers	9	Franklin (S)	5:44.58
57 Augustin Peinado	10	Pleasant Grove	5:44.83
58 Patrick Jordan	10	Monterey Trail	5:45.33
59 Jose Villasenor	9	Franklin (S)	5:45.90
60 Rajan Basra	9	Folsom	5:45.96
61 David Kelley	10	Vacaville	5:46.05
62 Owen Collins	10	Folsom	5:46.49
63 Richard Bartoni	9	Heritage	5:46.99
64 Garrett Petersin	9	Franklin (Eg)	5:47.32
65 Ben Langreck	9	Oak Ridge	5:48.03
66 Keith Pagulayan	10	Sheldon	5:48.61
67 Joshua Watts	10	Heritage	5:49.39
68 Aaron Rodriguez	9	Franklin (S)	5:53.57
69 Gurvir Dhillon	9	Laguna Creek	5:54.89
70 Michael Quiroz	9	Oak Ridge	5:56.10
71 Kyle Andrus	10	Elk Grove	5:57.11
72 Matthias Zierhut	10	Oak Ridge	5:59.42
73 Christopher Bob	10	Vacaville	5:59.92
74 Nick Ballinger	9	Vacaville	6:00.11
75 Elijah Baker	9	Pleasant Grove	6:01.68
76 Gautam Banuru	9	Merrill West	6:02.20
77 Angad Singh	10	Sheldon	6:02.35
78 Aidan Stivers	9	McClatchy	6:02.73
79 Chris Dong	10	McClatchy	6:08.59
80 Isaiah Mahoney	9	Merrill West	6:09.03
81 David Nguyen	9	Sheldon	6:09.56
82 Alex Lopez	10	Vacaville	6:10.89
83 Angel Sanchez Picero	11	Chavez	6:10.89
84 Keith Saetern	10	McClatchy	6:13.40
85 Josh Campos	10	Cosumnes Oak	6:14.06
86 Lamont Spellman	10	Chavez	6:14.18
87 Ryan Symalla	9	Folsom	6:15.81
88 Matthew Townsend	9	Heritage	6:17.29
89 Mike Lam	9	Franklin (Eg)	6:36.84
90 Alex Kwong	10	McClatchy	6:47.00
91 Derek Baylis	9	McClatchy	7:18.37

Event 8 Girls 1600 Meter Run Varsity

Record: 5:28.21 R 2/25/2012 Cassidy Daley

Name	Yr	School	Finals
Finals			
1 Muna Alhamad	11	Folsom	5:17.05R
2 Breanna Sewell	12	Vacaville	5:21.49R
3 Isabella Dobson	9	Elk Grove	5:29.88
4 Jerriann Wells	12	Pleasant Grove	5:29.93
5 Kamra Newton	11	Monterey Trail	5:31.71
6 Amanda Barthelmes	11	Will C. Wood	5:36.88
7 Skylar Jauregui	12	Vacaville	5:47.24

8 Regina Nyareso	11	Monterey Trail	6:03.91
9 Michelle Hanson	11	Folsom	6:05.29
10 Sadie Davenport	11	Elk Grove	6:10.33
11 Lizzie Robinson	12	McClatchy	6:10.82
12 Emily Ballerini	11	Vacaville	6:15.33
13 Kelly Bahn	12	Monterey Trail	6:18.47
14 Lareana Toralba	11	Heritage	6:19.73
15 Kyla Moore	12	Laguna Creek	6:27.74
16 Michelle Muniz	10	Cosumnes Oak	6:33.68
17 Natalie Jensen	11	Cosumnes Oak	6:37.34
18 Teaghan Bassett	11	Pleasant Grove	6:39.99
19 Marlene Gonzalez	10	East Union	6:42.14
20 Catlinh Nguyen	11	Franklin (Eg)	6:42.96
21 Natalie Waldrop	11	Heritage	6:43.13
22 Danielle Spaller	10	River Valley	6:46.93
23 Jasmine Gonzalez	11	Franklin (S)	6:50.36
24 Sarah Urias	12	Elk Grove	6:51.24
25 Cassiel Nortier-Tilly	9	Vacaville	6:52.28
26 Rachel Denton	12	Vacaville	6:54.59
27 Cassandra Vik	11	Merrill West	6:55.53
28 Sami Jo Sanfelice	11	Oak Ridge	6:55.76
29 Sydnie Barboza	11	Cosumnes Oak	6:59.43
30 Natalie Corona	11	Elk Grove	7:00.48
31 Danielle Olson	12	Pleasant Grove	7:03.05
32 Mariah Cruz	-	Heritage	7:13.67
33 Adriana Padilla	11	East Union	7:17.78
34 Jacklyne Toliver	12	Chavez	8:20.25
35 Kelsey Belli	12	Will C. Wood	8:35.95
36 Sydney Ramos	12	Will C. Wood	9:01.22

Event 9 Boys 1600 Meter Run Varsity

Record: 4:38.45 R 2/23/2013 Abdul Hamid

Name	Yr	School	Finals
Finals			
1 Xavier Gaulman	12	Sheldon	4:32.53R
2 Carlos Cruz	12	McClatchy	4:33.28R
3 Michael Anderson	12	Cosumnes Oak	4:38.37R
4 Jeffrey Rutledge	11	McClatchy	4:40.13
5 Andrew Caudle	11	Sheldon	4:47.29
6 Bryan Languasco	12	Cosumnes Oak	4:49.90
7 Kyle Faulkner	11	Franklin (Eg)	4:51.04
8 Shaun Krum	11	Will C. Wood	4:51.22
9 Eric Chapman	11	Monterey Trail	4:51.84
10 Aaron Lane	11	Vacaville	4:53.35
11 Max Lim	12	Heritage	4:53.53
12 Roberto Noguera	12	Monterey Trail	4:55.70
13 Gustavo Ortiz	11	Monterey Trail	4:57.37
14 Juan Carlos Orantes	11	Heritage	4:57.78
15 Logan Dolim	12	Vacaville	4:58.20
16 Zachary Caudle	11	Sheldon	4:58.31
17 David Morales	11	Stagg	4:59.67
18 Jackson Nemitz	11	Elk Grove	5:00.84
19 Nathaniel Aragon	12	Cosumnes Oak	5:02.67
20 Chris Townsend	11	Heritage	5:02.96
21 Stephen Gibson	11	Monterey Trail	5:03.99

Capital Classic Relays - 3/1/2014
Elk Grove/Laguna Stadium
Elk Grove High School

Results

Finals ... (Event 9 Boys 1600 Meter Run Varsity)			
Name	Yr	School	Finals
22	Chet Bhatti	11 Sheldon	5:04.33
23	Trevor Ryder	12 Vacaville	5:04.35
24	Zayed Zaman	9 Merrill West	5:05.93
25	Will Kelley	12 Vacaville	5:06.23
26	Youavon Robles	11 Merrill West	5:07.36
27	Spencer Todd	12 Vacaville	5:07.83
28	Brian Ligh	12 Elk Grove	5:08.01
29	Ricardo Escobar	12 Vacaville	5:08.95
30	Pablo Ortiz	12 McClatchy	5:13.32
31	Joey Cane	11 Stagg	5:14.11
32	Joe Sanfilippo	12 Vacaville	5:14.23
33	Zach Soohoo	11 Franklin (Eg)	5:15.25
34	Daniel Alvarado	12 Will C. Wood	5:16.40
35	Armand Bonilla	11 Chavez	5:18.06
36	Liang Chin Su	11 Vacaville	5:18.32
37	Juan Guzman	11 East Union	5:18.35
38	Tristan Nortier-Tilly	12 Vacaville	5:18.51
39	John Kretschmann	11 Folsom	5:19.67
40	Noe Lopez	11 Laguna Creek	5:21.01
41	Rishard Ashimi	11 River Valley	5:23.34
42	Raymundo Bravo	11 Franklin (S)	5:26.22
43	Dominic Garcia	12 Vacaville	5:26.48
44	Ethan Veslenio	11 Franklin (Eg)	5:27.43
45	Tyler Ence	12 Laguna Creek	5:29.58
46	Zac Matsumoto	12 Pleasant Grove	5:30.04
47	Phillip Van	11 Monterey Trail	5:31.70
48	Justin Siebold	11 Pleasant Grove	5:32.09
49	Brandon Vonderhaar	11 Heritage	5:33.59
50	Andrew Fong	11 Franklin (Eg)	5:33.66
51	Jesus Murillo	11 Monterey Trail	5:34.48
52	Brandon Nguyen	11 Pleasant Grove	5:34.60
53	Johnathan Contreras	11 Rosemont	5:34.81
54	Andres Longoria	12 Merrill West	5:35.49
55	Ben Alto	11 Laguna Creek	5:36.34
56	Dajuan Silva	11 Vacaville	5:37.74
57	Sean Pierce	12 Vacaville	5:37.84
58	Johnathan Andrade	11 East Union	5:39.55
59	Timothy Huynh	11 Franklin (Eg)	5:39.73
60	Angel Lopez	11 Will C. Wood	5:40.30
61	Alex Huynh	12 Sheldon	5:40.36
62	Amritpal Bains	12 River Valley	5:42.98
63	Andre Escobar	11 Franklin (Eg)	5:43.26
64	Curtis Bramell	11 East Union	5:43.69
65	Favian Ramirez	11 Franklin (S)	5:43.84
66	Brian Gan	12 Laguna Creek	5:43.89
67	Zaki Azizi	11 Franklin (Eg)	5:44.72
68	Roger Liu	11 Franklin (Eg)	5:44.79
69	Austin Rickli	11 Heritage	5:45.33
70	Eric Fernandez	11 Will C. Wood	5:46.73
71	Jason Zhen	11 Monterey Trail	5:47.37
72	Eric Chiu	12 Rosemont	5:52.92
73	Jake Hansen	11 McClatchy	5:55.93
74	Joey Mascarelli	11 East Union	5:56.20

75	allen-michael Gilliam	12 Pleasant Grove	5:57.19
76	Ryan Kirkpatrick	11 Heritage	5:57.88
77	Jonathan Amaral	11 East Union	5:58.21
78	Christopher Nowell	11 Folsom	5:59.31
79	Soaliman Ahmadzai	12 Franklin (Eg)	5:59.52
80	Aaron Pilkay	11 East Union	6:01.85
81	Muhammad Siddique	12 Franklin (Eg)	6:03.30
82	Jason Johal	11 Franklin (Eg)	6:06.56
83	Brian Nguyen	11 Franklin (Eg)	6:07.50
84	Phillip Nguyen	12 Cosumnes Oak	6:08.23
85	Alex Ng	11 Franklin (Eg)	6:11.12
86	Ryan Advincula	11 Franklin (Eg)	6:12.13
87	Brian Ganzler	10 Pleasant Grove	6:15.70
88	Bradley Richardson	11 Pleasant Grove	6:16.13
89	Devonte Saechao	11 Pleasant Grove	6:18.93
90	Draven Palmer	11 Pleasant Grove	6:19.83
91	Benton Chin	11 Franklin (Eg)	6:21.69
92	Sunny Cheema	11 Franklin (S)	6:28.33
93	Jason Sou	11 Pleasant Grove	6:47.45
94	Kier Dacara	12 Rosemont	6:50.14
95	Phut Nguyen	12 Pleasant Grove	6:55.93

Event 10 Girls 4x100 Meter Relay Frosh/Soph
Record: 52.54 R 2/25/2012 Franklin (EG)
J O'Neal, C Dike, I Ezimora, D Townsend

Team	Relay	Finals
Finals		
1 Franklin (Eg)	A	53.20
1) Yulet Barrera - Legaspi 10	2) Taylor Hudson 10	
3) Gabrielle Ednilao 10	4) Amanda Brooks 10	
2 Monterey Trail	A	53.22
1) Alexis Bridges 10	2) Adwoa Akyianu 9	
3) Imani Hunt 10	4) Khiriona Phillips-Brown 10	
3 Pleasant Grove	A	53.31
1) Jayde Black 10	2) Tori Davis 9	
3) Jessica Bias 10	4) Mia Daniels 10	
4 McClatchy	A	55.85
1) Gigi Castaneda 9	2) Lydia Schulla 10	
3) Lyric Morales 9	4) Clara Ginnell 9	
5 Merrill West	A	56.32
1) Zaria Ealy 9	2) Dominique Aciego 9	
3) Morgan Brown 9	4) Herbie Jo Delacruz 12	
6 Oak Ridge	B	57.78
1) Kylie Harrop-St. John 10	2) Angel Pears 9	
3) Natalie Kinney 9	4) Michaela Crouch 10	
7 Franklin (S)	A	57.98
1) Annalisya Orona 10	2) Brenda Santana 9	
3) Jelani Williford 9	4) De'Asha Rhone 9	
8 Pleasant Grove	B	58.62
1) Cheyenne Lowden 10	2) Jennifer Carter 10	
3) Aaliyah Saunders 9	4) Sariah Rahul 9	
9 Heritage	A	59.49
1) Linzie Hudson 10	2) Mireya Smith 9	
3) Mireya Tabasa 9		

Capital Classic Relays - 3/1/2014
Elk Grove/Laguna Stadium
Elk Grove High School
Results

Finals ... (Event 10 Girls 4x100 Meter Relay Frosh/Soph)

Team	Relay	Finals
10 Cosumnes Oaks	A	59.56
1) Jade Harris 9	2) Meche Learson 10	
3) Alanah Longmire 9	4) Fapa Olusola 10	
11 Franklin (S)	B	1:03.00
1) Brianna Arenello 9	2) Diana Lombana 9	
3) Natalia Lopez 9	4) Stephanie Herrera 11	
--- Oak Ridge	A	DQ
1) Isabella Ralstin 9	2) Alexa Ray 9	
3) Sierra Salmon 10	4) Samantha Hew 9	

Event 11 Boys 4x100 Meter Relay Frosh/Soph
Record: 46.34 R 2/25/2012 Oak Ridge
G Prather, J Sipes, D Worsham, B Williams

Team	Relay	Finals
Finals		
1 Franklin (Eg)	A	46.00R
1) Donnie Colma-Terry 10	2) Kaderro Tamondong 9	
3) Marshawn Reese 10	4) Aries Loeza 9	
2 Oak Ridge	A	46.27R
1) Luke Goins 10	2) Michael Pittman 9	
3) Max Augood 10	4) Alex Voegel 10	
3 Elk Grove	A	46.76
1) Julius Fullah 10	2) Garrett Seno 10	
3) Tyrone Moore 10	4) Aidan Tank 10	
4 Monterey Trail	A	46.82
1) Arnett Belton 10	2) Adrienne Bautista 10	
3) Quan Phun 9	4) Pedro Pantoja 9	
5 Heritage	A	47.00
1) Matthew Vejsada 9	2) Aaron Hanible 9	
3) Spencer Rohrer 10	4) Michael Renna 10	
6 Rosemont	A	47.04
1) Antwon Weary 10	2) Khalil Alston 10	
3) Zach Lovato 10	4) Andre Williams 10	
7 Pleasant Grove	A	47.22
1) Devonte Saechao 11	2) MacLean Conner 10	
3) Cedric Melancon 10	4) Jermantag Frommoethdoy 10	
8 Folsom	A	47.51
1) Kaleb Outhavong 9	2) Micah Iverson 9	
3) Adrian Lauderdale 9	4) Drake Stallworth 9	
9 Heritage	B	47.90
1) Dominick Warren 10	2) Adam Selah 10	
3) Adan Ortega 10	4) Devin Whitmire 10	
10 Franklin (S)	A	48.53
1) Damien Pursley 9	4) Jason Robison 9	
3) Jovon Woods 10		
11 Rosemont	B	48.61
1) Brandon Dickson 10	2) Lorenzo Menzel 10	
3) Marcos Hernandez 10	4) Dru Kell 10	
12 Cosumnes Oaks	A	48.64
1) Teavon Thurman 9	2) Julian Johnson-Millan 9	
3) Nash Manker 9	4) Wesley Bennett 10	

13 Vacaville	A	49.85
1) Nate Villalobos 10	2) Daniel Wright 10	
3) Isaac Florez 10	4) Sterlen Thomas 9	
14 Will C. Wood	B	49.97
1) Jaydan Key 9	2) Eurijah Ports 9	
3) Alvin (Jovani) Guillermo 9	4) Payton Beall 9	
15 Chavez	A	50.77
1) Deshawn Jenkins 10	2) Alex Mercado 9	
16 Merrill West	A	51.87
1) Paul Payumo 10	2) Marcel Dancy 10	
3) Emmanuel Turner 9	4) Joshua Rivas 10	
17 Franklin (Eg)	B	52.11
1) Skylar Lee 9	2) Stephen Lamera 10	
	4) Calven Liu 10	
18 Cosumnes Oaks	B	52.53
1) Robin Nguyen 10	2) Nyree Holmes 10	
3) Ian Torneros 9		
--- McClatchy	A	DQ
1) Benjamin Greenup 9	2) Mark Lantin 10	
3) Grason Nittka 9	4) Garrison Porter 9	

Event 12 Girls 4x100 Meter Relay Varsity
Record: 49.46 R 2/23/2013 Franklin (EG)
I Ezimora, J O'Neal, C Dike, D Winters

Team	Relay	Finals
Finals		
1 Franklin (Eg)	A	49.52
1) Jorden O'Neal 11	2) Ifunanya Ezimora 11	
3) Cecily Montanez 10	4) Chinyere Dike 11	
2 Monterey Trail	A	51.42
1) Camryn Cook 9	2) Taneicia Herring 12	
3) Ciara Levy 12	4) Zaire Hammond 10	
3 Pleasant Grove	A	51.47
1) Ane' Archuleta 12	2) Imani Thomas 12	
3) Bailey Brown 12	4) Grace Hepworth 11	
4 Elk Grove	A	51.62
1) Jenny Giao 12	2) Haley Grieger 10	
3) Britney Edwards 10	4) Jazmine Smith 12	
5 River Valley	A	52.12
1) Shagun Bali 11	2) Alyssa Emerson 11	
3) Quinta Pedraza 11	4) Daya Wilson 11	
6 Merrill West	A	52.12
1) Lia Burrell 12	2) Alexis Lockard 10	
3) Shelby Weeks 11	4) Ivie Eboigbodin 10	
7 East Union	A	52.21
1) Emalee Hauck 11	2) Katelyn Allen 11	
3) Haley Cook 11	4) Jordan McNeal 11	
8 Heritage	A	52.71
1) Lindsay Hathaway 11	2) Alex Graffi 12	
3) Sydney Berry 12	4) Kylee Smith 12	
9 Franklin (S)	A	52.78
1) J'Liyah Miles 11	2) Tangala Guy 10	
3) Elizabeth Thompson 12	4) Amari Jenkins 11	

Capital Classic Relays - 3/1/2014

Elk Grove/Laguna Stadium

Elk Grove High School

Results

Finals ... (Event 12 Girls 4x100 Meter Relay Varsity)		
Team	Relay	Finals
10 Cosumnes Oaks	A	53.10
1) Evy Banales 11	2) Amor Howard 10	
3) Mishaye Venerable 11	4) Joy Johnson 10	
11 Chavez	A	53.35
1) Servaughn Galloway 9	2) Brina Jeremia 12	
3) Kanniya Fakoury 9	4) Elizabeth White 11	
12 Monterey Trail	B	53.41
1) Amber Cook 11	2) Detrice Adams 12	
3) Tiara Webb 11	4) Alexis Mariland 11	
13 Franklin (Eg)	B	54.25
1) Tiffany Lai 11	2) Amari McGaha 11	
3)Carolynn Johnson 11	4) Chidinma Nwokocha 11	
14 Cosumnes Oaks	B	54.32
1) Alexis Amos 11	2) Courtney Adams 11	
3) Adrianna Darden 11	4) Kalaya Carr 11	
15 Stagg	A	54.35
1) Jackie Garner 12	2) Alicia Jones 9	
3) Amani Small 11	4) Koletta Wooten 9	
16 Pleasant Grove	B	55.85
1) Jessina Custodio 11	2) Emily Beckby 11	
3) Brenna Burden 11	4) Justice Feusi 12	
17 Heritage	B	56.34
1) Cheyenne Marques -	2) Heather Reed 11	
3) Brianna Alexander 11	4) Sahai Carpenter 12	
18 Rosemont	A	58.10
1) McKenna Cader-Laney 9	2) Ayana Vaughn-Walker 12	
3) Monae Owen 9	4) Alexis Pratt 12	
19 River Valley	B	1:00.85
1) Myshelle Wilson 10	2) Miranda Tugend 10	
3) Jazzie Coles 10	4) Sarah Macias 10	
20 McClatchy	A	1:01.59
1) Dorian Cox 12	2) Brianna Cooper 11	
3) Katherine Louie 12	4) Sierra Rudolph 11	

Event 13 Boys 4x100 Meter Relay Varsity

Record: 44.67 R 2/25/2012 Franklin (EG)

K Butler, N Negash, B York, O Sarwary

Team	Relay	Finals
Finals		
1 Heritage	A	43.71R
1) Nathan Noble 11	2) Kordell Lacy 11	
3) Frank Kurtz 12	4) Adam Winding 10	
2 Vacaville	A	43.83R
1) Mykal Walker 11	2) Malyk Walker 11	
3) David Mewborn 12	4) Daniel Mewborn 12	
3 Franklin (Eg)	A	44.27R
1) Patrick Walker 11	2) Deshawn Singleton 12	
3) Gurshaun Singh 11	4) Jordan Booth 11	
4 Rosemont	A	44.42R
1) Christian Pridgen-Daniels 11	2) Daliceo Calloway 12	
3) Sonny Yang 12	4) Kameron Williams 12	

5 Elk Grove	A	44.58R
1) Alex Baza 12	2) Jose Sienes 12	
3) Shaunard Harts 11	4) Eltoro Allen 11	
6 Oak Ridge	A	44.64R
1) Kasian Strawick 12	2) Brandon Jetter 11	
3) Dominick Worsham 11	4) Bryce Williams 12	
7 Pleasant Grove	A	44.74
1) Kyle Key 10	2) Christopher Uzoma 11	
3) Corey Gonzales 11	4) Joseph Conner 11	
8 Merrill West	A	45.01
1) Christian Velasco 10	2) Mathew Roe 10	
3) Justin Velasco 10	4) Dion Collier 10	
9 Chavez	A	45.26
1) Andres Felix 12	2) Willie Duncan III 10	
3) Danny Lopez/Goodacre 10	4) Asuante Grisby 10	
10 Folsom	A	45.68
1) Austin Carter 12	2) Tayari Reed 11	
3) Omar Iverson 12	4) Alessandro Barra 12	
11 Heritage	B	46.04
1) Blaine Spencer 12	2) Jack Olender 11	
3) Jordan Ruelas 12	4) Scott Camara 12	
12 River Valley	A	46.05
1) Anthony Calderon 10	2) Dante Love 10	
3) Devin Cates 11	4) Jerome Santiago 11	
13 Franklin (Eg)	B	46.35
1) Dillon Dolinar 11	2) Ryan Smith 11	
3) Rahul Deo 12	4) Kurt Gamueda 11	
14 Laguna Creek	A	47.26
1) John Harrington 11	2) Gabriel Norvell 10	
3) Adriel Brown 11	4) Steven Bray 11	
15 Cosumnes Oaks	A	47.51
1) Elijah Whitmore 12	2) Javon Johnson 12	
3) Marcus Harmon 11		
16 Franklin (S)	A	47.68
1) Mark Franco 11	2) Robert Mahan 12	
3) Cory Furoka 12	4) Raymond Jones 12	
17 Cosumnes Oaks	B	48.11
1) Joshua Moore 10	2) Raniel Santos 9	
3) Thomas Parker 10		
18 Pleasant Grove	B	49.04
1) Zack Sutcliffe 11	2) Orlando Wilkerson 11	
3) Alonzo Houston 12	4) Damaree Morris 11	
19 East Union	A	49.09
1) Matthew Higginson 11	2) Alfred Lewis 11	
3) Cody Keener 11	4) Xavier Reyes 10	
20 McClatchy	A	50.33
1) Junming Chen 11	2) Cameron Gee 12	
3) Junior Quichocho 11	4) Charlie Black 12	
--- Stagg	A	DQ

Capital Classic Relays - 3/1/2014
Elk Grove/Laguna Stadium
Elk Grove High School
Results

Event 14 Girls Distance Medley Frosh/Soph
Record: 13:48.51 R 2/23/2013 Oak Ridge
W Wilhelmly, A Hendrickson, K O'Donnell, P Wright

Team	Relay	Finals
Finals		
1 Oak Ridge	A	14:04.89
1) Ariel Hendrickson 10	2) Sarah Dolley 9	
3) Mikhayla Polivka 10	4) Natalie Kinney 9	
2 Sheldon	A	14:32.51
1) Shayna Davis 9	2) Perla Gonzalez 9	
3) Lauren Windmiller 9	4) Hailey Farrell 10	
3 McClatchy	A	14:37.16
1) Brooke Lemke 10	2) Qiera Nixon 9	
3) Ally Feickert 9	4) Suzie Ramirez 9	
4 Merrill West	A	15:48.04
1) Julia Flohr 10	2) Amanda Griffith 10	
3) Shay Chen 10	4) Carrie Buckley 9	
5 Heritage	A	16:06.20
1) Jasmine DeLao 9	2) Jullianne Nubla 9	
3) Kayley Park 9	4) Maddie Vanderheid-Nye 9	
6 Cosumnes Oaks	A	16:20.01
1) Alicia Paz 9	2) Leeni Awni 9	
3) Julia Spowart 9	4) Savannah Groves 9	

Event 15 Boys Distance Medley Frosh/Soph
Record: 11:44.75 R 2/26/2011 Oak Ridge
Z Thornton, D Armstrong, E Baxter, M Monet

Team	Relay	Finals
Finals		
1 McClatchy	A	11:46.98
1) Jose Cruz 9	2) Ian Eckert-Williams 9	
3) Xavier Weaver 9	4) Daniel Gin 10	
2 Sheldon	A	11:48.26
1) Joel Giordano 10	2) Austin Smith 10	
3) Matt Simons 9	4) Derek Dokter 9	
3 Cosumnes Oaks	A	12:16.91
1) Andrew Bowers 10	2) Nick Axley 10	
3) Josh Campos 10	4) Sebastian Leon 9	
4 Oak Ridge	A	12:23.72
1) Chad Vardas 10	2) Kyle Kauffman 10	
3) Blake Fabian 10	4) Wyatt Maeva 10	
5 Heritage	A	12:26.10
1) William Manalili 10	2) Seann Moser 10	
3) Logan Schaefer 9	4) Jared Spann-Shaw 9	
6 Merrill West	A	12:32.43
1) Trey McIntyre 10	2) Simon Franco 10	
3) Steele Langland 10	4) Kenneth Tran 9	
7 Laguna Creek	A	12:46.88
1) Le Doan 9	2) Jason Ni 9	
3) Nick Cain 9	4) Karmveer Atwal 10	
8 Will C. Wood	A	12:53.53
1) Ryan Fino 9	2) Dylan Nute 9	
3) Andy Cueva 9	4) Nate Marfil 10	

9 Franklin (S)	A	13:04.75
1) Isaiah Henderson 10	2) Justin Withers 9	
3) Antonio Munoz 10	4) Joey Ramirez 10	
10 Franklin (Eg)	A	13:08.96
1) Garrett Miller 9	2) Nathaniel Leong 9	
3) Stephen Lamera 10	4) Nathan Robertson 10	

Event 16 Girls Distance Medley Varsity
Record: 13:16.97 R 2/25/2012 Oak Ridge
S Andrus, E Velez, R Peterson, M Mefford

Team	Relay	Finals
Finals		
1 Oak Ridge	A	14:06.43
1) Sabrina Andrus 11	2) Karina Kauffman 11	
3) Caitlin Jollette 12	4) Rachel Peterson 12	
2 Heritage	A	14:30.13
1) Colleen Hannigan 12	2) Amanda Pedersen 11	
3) Skylar Duignan 9	4) Brianna Pecknold 9	
3 East Union	A	15:00.35
1) Aiko Jones 10	2) Haley Cook 11	
3) Hanna Galvan 11	4) Kayla Lecce 10	
4 Cosumnes Oaks	A	15:55.44
1) Paola Alarcon 10	2) Haley Duclos 11	
3) Claire Jordan 11	4) Michelle Muniz 10	
5 Franklin (S)	A	16:13.19
1) Anayeli Rico 12	2) Genesis Jasso 11	
3) Karina Lopez 11	4) Jasmine Gonzalez 11	
6 Will C. Wood	A	18:13.10

Event 17 Boys Distance Medley Varsity
Record: 11:08.08 R 2/25/2012 Las Lomas
G Ramos, K Hochhaus, K Tarter, A Goltra

Team	Relay	Finals
Finals		
1 Heritage	A	11:10.63
1) Solomon Demeko-Ousman 12	2) Jacob Drees 11	
3) Shelton Wynder 11	4) Frank Kurtz 12	
2 River Valley	A	11:24.19
1) Anthony Calderon 10	2) Jerome Santiago 11	
3) Sahil Pandit 11	4) Aaron Hutton 12	
3 Pleasant Grove	A	11:26.85
1) Spencer Cudworth 12	2) Ben Garcia 12	
3) Brian Vest 12	4) Marco Diaz 11	
4 Oak Ridge	A	11:27.01
1) Josh Gladwell 11	2) Alex Merry 11	
3) Bret McNamee 11	4) Colin Pilcher 12	
5 Laguna Creek	A	11:36.25
1) Desmond Bryant 11	2) Matt Oakland 11	
3) Mathew Ramsdell 11		
6 Sheldon	A	12:16.33
1) Xavier Gaulman 12	2) Sam Nelson 12	
3) Andrew Caudle 11	4) Chet Bhatti 11	
7 East Union	A	12:30.27
1) Gustavo Hurtado 11	2) Abel Lopez 12	
3) Jesse Lopez 11	4) Roberto Aguilar 12	

Capital Classic Relays - 3/1/2014
Elk Grove/Laguna Stadium
Elk Grove High School

Results

Finals ... (Event 17 Boys Distance Medley Varsity)

Team	Relay	Finals
8 Merrill West	A	12:38.51
1) Youavon Robles 11	2) Andres Longoria 12	
3) Aaron Medrano 11	4) Zayed Zaman 9	
9 Will C. Wood	A	12:53.59
1) Eric Fernandez 11	2) Ajaypal Singh 11	
3) Shaun Krum 11	4) Daniel Alvarado 12	
10 Rosemont	A	14:31.03
1) David Koschevey 12	2) Cesar Echeverria 12	
3) Brian Nickerson 11	4) Johnathan Contreras 11	

Event 18 Girls 100 Meter Dash Frosh/Soph

Record: 13.75 R 2/26/2011 Breanna Mullen

Name	Yr	School	Finals
Finals			
1 Mia Daniels	10	Pleasant Grove	13.51R-1.6
2 Khiriona Phillips-Brown	10	Monterey Trail	13.71R-1.9
3 Mireya Tabasa	9	Heritage	13.98 -1.7
4 Herbie Jo Delacruz	12	Merrill West	14.22 -1.9
5 Adwoa Akyianu	9	Monterey Trail	14.24 -2.5
6 De'Asha Rhone	9	Franklin (S)	14.40 -1.7
7 Jayde Black	10	Pleasant Grove	14.42 -1.6
8 Alexa Ray	9	Oak Ridge	14.50 -1.7
9 Fapa Olusola	10	Cosumnes Oak	14.54 -2.5
10 Linzie Hudson	10	Heritage	14.55 -1.7
11 Jelani Williford	9	Franklin (S)	14.77 -1.7
12 Morgan Brown	9	Merrill West	14.86 -1.9
13 Carina Guzman	9	Franklin (Eg)	14.86 -1.6
14 Alexis Bridges	10	Monterey Trail	14.87 -1.6
15 Grace Glaeser	9	Cosumnes Oak	14.94 -2.5
16 Aaliyah Saunders	9	Pleasant Grove	15.02 -1.9
17 Kaylahni Brice	10	Chavez	15.18 -1.6
18 Nicole Schaedler	10	Oak Ridge	15.28 -1.9
19 Lydia Schulla	10	McClatchy	15.39 -1.9
20 Yulet Barrera - Legaspi	10	Franklin (Eg)	15.43 -1.6
21 Shontyonne Reed	10	Chavez	15.56 -1.9
22 Kanniya Fakoury	9	Chavez	15.57 -2.5
23 Ariana Ross	12	Monterey Trail	15.82 -2.5
24 Brenda Santana	9	Franklin (S)	15.86 -1.7
25 Taylon London	10	Rosemont	16.38 -1.9
26 Tatiyana Fatnik	9	Rosemont	16.62 -1.6
27 Mireya Smith	9	Heritage	16.79 -1.7

Event 19 Boys 100 Meter Dash Frosh/Soph

Record: 11.87 R 2/26/2011 Nephi Tuitavuki

Name	Yr	School	Finals
Finals			
1 Kaderro Tamondong	9	Franklin (Eg)	11.85R-1.1
2 Drake Stallworth	9	Folsom	12.08 -1.9
3 Cedric Melancon	10	Pleasant Grove	12.18 -1.1
4 Donnie Colma-Terry	10	Franklin (Eg)	12.18 -1.6
5 Rahul Deo	12	Franklin (Eg)	12.31 -1.6
6 Aidan Tank	10	Elk Grove	12.38 -1.9
7 Khalil Alston	10	Rosemont	12.47 -3.9

8 Julius Fullah	10	Elk Grove	12.51 -1.9
9 Derrick Griffith II	10	Cosumnes Oak	12.53 -1.1
10 Jovon Woods	10	Franklin (S)	12.57 -1.9
11 Deshawn Parks	9	Will C. Wood	12.58 -4.0
12 Julian Johnson-Millan	9	Cosumnes Oak	12.59 -1.1
13 Wesley Bennett	10	Cosumnes Oak	12.60 -1.6
14 Zach Lovato	10	Rosemont	12.67 -1.1
15 Arnett Belton	10	Monterey Trail	12.67 -3.9
16 Aries Loeza	9	Franklin (Eg)	12.70 -3.9
17 Pedro Pantoja	9	Monterey Trail	12.76 -1.6
18 Devin Whitmire	10	Heritage	12.84 -4.0
19 Micah Iverson	9	Folsom	12.84 -1.9
20 Michael Renna	10	Heritage	12.88 -4.0
21 Antwon Weary	10	Rosemont	12.91 -3.9
22 Matthew Vejsada	9	Heritage	13.05 -1.9
23 Tayvian Granderson	10	Monterey Trail	13.07 -1.6
24 Gionnni Johnson	10	Cosumnes Oak	13.13 -3.9
25 Jason Robison	9	Franklin (S)	13.17 -1.9
26 Seth Huit	9	Vacaville	13.18 -4.0
27 Aga Megia	10	Merrill West	13.20 -1.1
28 Kyle Bourgault	10	Oak Ridge	13.35 -1.6
29 Jason Ni	9	Laguna Creek	13.42 -1.6
30 Adrian Lauderdale	9	Folsom	13.43 -4.0
31 Tymonn Ellis	9	Will C. Wood	13.43 -1.9
32 Garrison Porter	9	McClatchy	13.55 -1.6
33 Marcus Howard	10	Will C. Wood	13.77 -4.0
34 Jedanyze Cambell	10	Merrill West	13.85 -4.0
35 John Elkins	9	Pleasant Grove	13.93 -1.1
36 Noah Brust	10	Oak Ridge	13.96 -4.0
37 Skylar Lee	9	Franklin (Eg)	14.22 -1.1
38 Usbaldo Ceja	10	Chavez	14.60 -3.9
39 Andrew Fuel	9	McClatchy	16.81 -3.9

Event 20 Girls 100 Meter Dash Varsity

Record: 12.67 R 2/23/2013 Chinyere Dike

Name	Yr	School	Finals
Finals			
1 Natsumi Mcgee	11	Cosumnes Oak	12.79 -4.0
2 Jordan McNeal	11	East Union	13.26 -1.8
3 J'Liyah Miles	11	Franklin (S)	13.64 -1.8
4 Lia Burrell	12	Merrill West	13.73 -1.8
5 Daya Wilson	11	River Valley	13.79 -4.6
6 Haley Grieger	10	Elk Grove	13.87 -2.8
7 Heather Evans	11	Folsom	13.97 -1.8
8 Amari Jenkins	11	Franklin (S)	13.98 -1.8
9 Hannah Hobbs	11	Vacaville	14.09 -1.8
10 Ayana Vaughn-Walker	12	Rosemont	14.14 -3.9
11 Alex Graffi	12	Heritage	14.17 -2.8
12 Skylar Caesar	11	Oak Ridge	14.21 -2.8
13 Daneille Thompson	11	Chavez	14.26 -4.0
14 Jenny Giao	12	Elk Grove	14.28 -2.8
15 Shelby Weeks	11	Merrill West	14.30 -2.8
16 Elizabeth White	11	Chavez	14.32 -4.6
17 Ane' Archuleta	12	Pleasant Grove	14.35 -4.0
18 Chi Okoye	12	Folsom	14.43 -1.8

Capital Classic Relays - 3/1/2014
Elk Grove/Laguna Stadium
Elk Grove High School

Results

Finals ... (Event 20 Girls 100 Meter Dash Varsity)

Name	Yr	School	Finals
19 Alyssa Emerson	11	River Valley	14.54 -4.6
20 Elise Green	12	Merrill West	14.58 -2.8
21 Taneicia Herring	12	Monterey Trail	14.58 -3.9
22 Alyssa Drew	11	East Union	14.60 -4.0
23 Jazzie Coles	10	River Valley	14.76 -3.9
24 Jessina Custodio	11	Pleasant Grove	14.78 -4.0
25 Alexis Holt	12	Cosumnes Oak	14.82 -4.6
26 Emily Beckby	11	Pleasant Grove	14.82 -4.6
27 Emalee Hauck	11	East Union	14.87 -2.8
28 Heaven Braggs	11	Oak Ridge	15.38 -4.0
29 McKenna Cader-Laney	9	Rosemont	15.42 -3.9
30 Aris Jones	9	Stagg	16.03 -4.6
31 Michealia Foules	11	Stagg	16.45 -3.9
32 Jiquea Jackson	12	McClatchy	16.47 -4.6
33 Anna Ferrari	11	Oak Ridge	17.00 -4.0
34 Victoria Sanchez	11	Cosumnes Oak	17.55 -3.9
35 Kiersten Bernal	12	Stagg	17.90 -4.6

Event 21 Boys 100 Meter Dash Varsity

Record: 12.68 R 2/26/2011 Damien Blake

Name	Yr	School	Finals
1 David Mewborn	12	Vacaville	11.13R-1.2
2 Dominick Worsham	11	Oak Ridge	11.57R-1.2
3 Bryce Williams	12	Oak Ridge	11.62R-1.2
4 Jordan Booth	11	Franklin (Eg)	11.65R-1.9
5 Daliceo Calloway	12	Rosemont	11.70R-1.2
6 Eltoro Allen	11	Elk Grove	11.74R-2.8
7 Christopher Uzoma	11	Pleasant Grove	11.77R-2.7
8 Dion Collier	10	Merrill West	11.77R-1.2
9 Raymond Jones	12	Franklin (S)	11.84R-1.2
10 Kordell Lacy	11	Heritage	11.99R-2.8
11 Sonny Yang	12	Rosemont	12.01R-1.9
12 Alex Baza	12	Elk Grove	12.06R-2.8
13 Malyk Walker	11	Vacaville	12.07R-1.2
14 Allen Deguzman	11	Monterey Trail	12.08R-3.0
15 Kyle Key	10	Pleasant Grove	12.10R-2.7
16 allen-michael Gilliam	12	Pleasant Grove	12.14R-2.7
17 James Reed	11	Chavez	12.15R-3.0
18 Germaine Lewis	10	Will C. Wood	12.16R-1.9
19 Christian Pridgen-Daniels	11	Rosemont	12.20R-1.2
20 Cory Furoka	12	Franklin (S)	12.30R-2.8
21 Darell Kapule	11	Chavez	12.30R-3.0
22 Edwin Hilario	11	Will C. Wood	12.31R-1.9
23 Cody Keener	11	East Union	12.33R-1.9
24 Steven Bray	11	Laguna Creek	12.41R-2.8
25 Justin Velasco	10	Merrill West	12.42R-1.9
26 Jack Olender	11	Heritage	12.42R-1.9
27 Dante Davis	11	Cosumnes Oak	12.59R-3.0
28 Omar Iverson	12	Folsom	12.69 -1.9
29 Adriel Brown	11	Laguna Creek	12.78 -2.8
30 Dominic Chavez	11	Franklin (Eg)	13.07 -3.0
31 David Regis	11	Laguna Creek	13.10 -2.8

32 Alfred Lewis	11	East Union	13.13 -2.7
33 Joseph Apodaca	12	Heritage	13.15 -2.8
34 Asuante Grisby	10	Chavez	13.73 -3.0

Event 22 Girls 400 Meter Dash Frosh/Soph

Record: 1:01.78 R 2/23/2013 Amari Smith

Name	Yr	School	Finals
1 Lyric Tubman	10	Chavez	1:03.80
2 Sierra Salmon	10	Oak Ridge	1:04.61
3 Imani Hunt	10	Monterey Trail	1:05.76
4 Sara Fisher	9	Pleasant Grove	1:06.27
5 Tori Davis	9	Pleasant Grove	1:07.26
6 Qiera Nixon	9	McClatchy	1:08.14
7 Lauryn Giles	9	Monterey Trail	1:10.47
8 Jade Newman	9	Monterey Trail	1:10.52
9 Michaela Brown	9	Oak Ridge	1:10.59
10 Aryana Archuleta	10	Pleasant Grove	1:10.94
11 Gigi Castaneda	9	McClatchy	1:11.71
12 Morgan Beatty	9	Franklin (Eg)	1:13.03
13 Talyana Nealy	10	Merrill West	1:16.53
14 Diana Lombana	9	Franklin (S)	1:19.93
15 Dominique Aciego	9	Merrill West	1:25.02

Event 23 Boys 400 Meter Dash Frosh/Soph

Record: 54.09 R 2/23/2013 Gerald Colvin

Name	Yr	School	Finals
1 Sam Morrar	9	Laguna Creek	54.75
2 Anthony Vasquez	10	Franklin (S)	56.16
3 Adrienne Bautista	10	Monterey Trail	56.37
4 Danny Lopez	10	Chavez	56.64
5 Kaleb Outhavong	9	Folsom	56.68
6 Amaana Yusuf Sada	10	Heritage	56.89
7 Isaiah Henderson	10	Franklin (S)	58.04
8 Antonio Munoz	10	Franklin (S)	58.35
9 Tyrone Moore	10	Elk Grove	58.69
10 Calven Liu	10	Franklin (Eg)	59.25
11 Bjorn Bergstrand	10	Franklin (Eg)	59.72
12 Rashaan Rasheed	10	Heritage	1:00.09
13 Hunter Lambert	10	Oak Ridge	1:00.13
14 Naasir Solomon	10	Elk Grove	1:00.96
15 Quinn Datzman	9	Vacaville	1:01.12
16 Jacques Carter III	9	Cosumnes Oak	1:01.12
17 Andrew McGee	9	Elk Grove	1:01.43
18 Mark Lantin	10	McClatchy	1:01.86
19 John Elkins	9	Pleasant Grove	1:02.01
20 Ernesto Bernal	10	Stagg	1:02.78
21 Lorenzo Menzel	10	Rosemont	1:03.68
22 Raniel Santos	9	Cosumnes Oak	1:05.05
23 Arman Thigpen	10	Heritage	1:05.09
24 Matt Sichler	10	Oak Ridge	1:05.18
25 Zachary Hall	9	Will C. Wood	1:06.55
26 Aidan Stivers	9	McClatchy	1:07.43
27 Andy Cueva	9	Will C. Wood	1:08.04

Capital Classic Relays - 3/1/2014
Elk Grove/Laguna Stadium
Elk Grove High School

Results

Finals ... (Event 23 Boys 400 Meter Dash Frosh/Soph)

Name	Yr	School	Finals
28 Mitchell Medeiros	10	Merrill West	1:08.06
29 Elijah Baker	9	Pleasant Grove	1:08.63
30 Nickveer Grewal	9	Cosumnes Oak	1:14.17
31 Bryce Smith	10	Merrill West	1:15.60

Event 24 Girls 400 Meter Dash Varsity

Record: 1:00.74 R 2/25/2012 Kassandra Corrigan

Name	Yr	School	Finals
Finals			
1 Jazmine Smith	12	Elk Grove	57.60R
2 Amari Smith	10	Franklin (Eg)	58.44R
3 Malia Bryant	10	Vanden	58.88R
4 Alexis Lockard	10	Merrill West	1:01.64
5 Sarah Canzoneri	9	Folsom	1:02.18
6 Imani Thomas	12	Pleasant Grove	1:02.35
7 Camryn Cook	9	Monterey Trail	1:02.35
8 Cecily Montanez	10	Franklin (Eg)	1:03.15
9 Elizabeth Thompson	12	Franklin (S)	1:03.60
10 Bailey Brown	12	Pleasant Grove	1:04.02
11 Tangala Guy	10	Franklin (S)	1:04.80
12 Brittany Dryer	11	Heritage	1:05.01
13 Erin Johl	12	Folsom	1:06.10
14 Britney Edwards	10	Elk Grove	1:06.17
15 Alex Vanderheid-Nye	12	Heritage	1:07.25
16 Haylie Grant	12	Heritage	1:07.72
17 Justice Feusi	12	Pleasant Grove	1:08.58
18 Tashayia George	11	Monterey Trail	1:08.84
19 Zaire Hammond	10	Monterey Trail	1:10.34
20 Karina Lopez	11	Franklin (S)	1:12.13
21 Justine Kieffer	11	Will C. Wood	1:17.80
22 Hanna Galvan	11	East Union	1:25.60

Event 25 Boys 400 Meter Dash Varsity

Record: 50.44 R 2/23/2013 Cameron Stone

Name	Yr	School	Finals
Finals			
1 Jahmar Sexton	12	Monterey Trail	50.31R
2 Daniel Mewborn	12	Vacaville	50.44R
3 Mykal Walker	11	Vacaville	51.20
4 Deshawn Singleton	12	Franklin (Eg)	51.20
5 Austin Carter	12	Folsom	52.08
6 Jermaine Williams	11	Chavez	52.79
7 Isiaha Bair	11	Monterey Trail	52.96
8 Nosa Edigin	12	Monterey Trail	53.69
9 Jean-Yves Diei	11	Oak Ridge	54.24
10 Jose Sienes	12	Elk Grove	54.47
11 Ugo Dike	11	Franklin (Eg)	54.71
12 Scott Camara	12	Heritage	54.77
13 Huruy Zeratsion	12	Merrill West	54.85
14 Justin Bethke	11	Oak Ridge	55.36
15 Griffin Prather	11	Oak Ridge	55.65
16 Xcaret Tejada	12	Laguna Creek	55.87
17 Eli Elizondo	10	Will C. Wood	56.49

18 Orlando Wilkerson	11	Pleasant Grove	57.04
19 Zihang Ruan	12	McClatchy	57.75
20 Tim Scott	12	Folsom	58.28
21 Sean Fahrenbruch	10	East Union	58.50
22 Kevin Escobedo	11	Elk Grove	58.80
23 Kevin Vargas	12	Will C. Wood	59.06
24 Mark Franco	11	Franklin (S)	59.09
25 Cedric Harris-Dixon	10	East Union	59.81
26 Alejondro Sanchez	11	Pleasant Grove	1:00.18
27 Marcus Baul	11	Rosemont	1:00.55
28 Tim Banh	12	Merrill West	1:01.47
29 Kauron Williams	11	Rosemont	1:01.79
30 Brian Ganzler	10	Pleasant Grove	1:02.68
31 Max Castro	11	McClatchy	1:05.68
32 Brian Knight	12	Will C. Wood	1:09.71

Event 26 Girls 800 Meter Run Frosh/Soph

Name	Yr	School	Finals
Finals			
1 Jessica Hamstengel	9	Pleasant Grove	2:38.90
2 Brianna Pecknold	9	Heritage	2:39.52
3 Ariel Hendrickson	10	Oak Ridge	2:40.79
4 Mariana Ramirez	10	Sheldon	2:41.92
5 Sarah Dolley	9	Oak Ridge	2:43.92
6 Brooke Lemke	10	McClatchy	2:44.71
7 Lily Silva	10	Pleasant Grove	2:44.94
8 Mikhayla Polivka	10	Oak Ridge	2:47.22
9 Julia Flohr	10	Merrill West	2:47.26
10 Gloria Dabiri	10	Oak Ridge	2:48.52
11 Lyric Tubman	10	Chavez	2:48.54
12 Ally Feickert	9	McClatchy	2:49.18
13 Yoana Arenas	9	Vacaville	2:50.87
14 Suzie Ramirez	9	McClatchy	2:50.95
15 Geneva Huynh	9	Folsom	2:52.14
16 Hannah Case	9	Vacaville	2:52.95
17 Karina Nelson	10	Monterey Trail	2:53.47
18 Irene Aguilar	10	Vacaville	2:55.57
19 Sydney Lim	10	Heritage	2:55.75
20 Bailey Schmidt	9	Pleasant Grove	2:57.46
21 Lizbeth Gonzales	10	Franklin (S)	2:59.67
22 Shay Chen	10	Merrill West	2:59.80
23 Abbi Johnson	10	Folsom	3:03.58
24 Megan O'Farrell	10	Heritage	3:03.65
25 Kelly Meusborn	10	Elk Grove	3:03.75
26 Carrie Buckley	9	Merrill West	3:04.58
27 Camille Bean	10	Laguna Creek	3:13.37
28 Cayla Ellias	10	Chavez	3:13.42
29 Shayna Davis	9	Sheldon	3:13.83
30 Kelly Ng	9	Cosumnes Oak	3:16.77
31 Alisa Franco	9	Franklin (S)	3:17.38
32 Bayleigh Mitchell	9	Monterey Trail	3:21.31
33 Adriana Cruz	9	Heritage	3:26.52
34 Jessica Rosales	10	Chavez	3:29.57
35 Hannah Cushing	10	Will C. Wood	3:32.13
36 Angie Hernandez	10	Cosumnes Oak	3:34.47

Capital Classic Relays - 3/1/2014

Elk Grove/Laguna Stadium

Elk Grove High School

Results

Finals ... (Event 26 Girls 800 Meter Run Frosh/Soph)

Name	Yr	School	Finals
37 Valeria Peinado	9	Pleasant Grove	3:37.94
38 Savey Rishi	10	Sheldon	4:06.87
39 Yesenia Loza	10	Will C. Wood	4:15.86

Event 27 Boys 800 Meter Run Frosh/Soph

Name	Yr	School	Finals
Finals			
1 Xavier Weaver	9	McClatchy	2:03.16
2 Austin Sommers	10	Elk Grove	2:03.37
3 Scott Seno	10	Elk Grove	2:09.57
4 Jose Cruz	9	McClatchy	2:11.47
5 Derek Dokter	9	Sheldon	2:12.00
6 Jonathan Lam	9	Cosumnes Oak	2:18.03
7 Munir Nur	10	Franklin (Eg)	2:19.21
8 Daniel Gin	10	McClatchy	2:19.27
9 Taylor Gould	10	Pleasant Grove	2:19.29
10 Joseph Terry	9	Cosumnes Oak	2:19.59
11 Trevor Stratton	10	Vacaville	2:19.63
12 Steele Langland	10	Merrill West	2:20.58
13 Blake Miller	9	Pleasant Grove	2:21.82
14 Nick Cain	9	Laguna Creek	2:22.03
15 Nick Behrens	10	Vacaville	2:22.09
16 Blake Fabian	10	Oak Ridge	2:22.53
17 Zack Parker	10	Franklin (Eg)	2:23.39
18 Riley Goodsen	10	Vacaville	2:23.49
19 Camden Scott	10	Elk Grove	2:23.68
20 Karmveer Atwal	10	Laguna Creek	2:24.24
21 Brock Miler	9	Pleasant Grove	2:24.46
22 Jose Avila	10	Monterey Trail	2:24.51
23 Nate Marfil	10	Will C. Wood	2:25.01
24 Le Doan	9	Laguna Creek	2:25.32
25 Sam Sisouk	9	Monterey Trail	2:25.70
26 Garrett Miller	9	Franklin (Eg)	2:25.81
27 Simon Franco	10	Merrill West	2:26.71
28 Thomas Luckhardt	9	Heritage	2:26.79
29 Dylan Nute	9	Will C. Wood	2:27.81
30 Rohan Nalawadi	9	Oak Ridge	2:28.29
31 Dominic Littlejohn	9	Heritage	2:30.01
32 Nathan Robertson	10	Franklin (Eg)	2:30.72
33 Zachary Ormand	10	Will C. Wood	2:31.00
34 Nick Gladwell	9	Oak Ridge	2:31.61
35 Nathan McCauley	9	Heritage	2:33.46
36 Ryan Fino	9	Will C. Wood	2:33.59
37 Peter Xiong	10	Monterey Trail	2:33.91
38 Sami Araya	9	Pleasant Grove	2:34.46
39 Zach Stewart	9	Folsom	2:34.77
40 Keith Pagulayan	10	Sheldon	2:35.56
41 Angad Singh	10	Sheldon	2:36.01
42 Shawn Behrens	9	Vacaville	2:36.23
43 Nick Axley	10	Cosumnes Oak	2:36.67
44 Nick Hall	9	Cosumnes Oak	2:36.77
45 Owen Collins	10	Folsom	2:38.39
46 Kenneth Tran	9	Merrill West	2:39.32

47 Angel Sanchez Picero	11	Chavez	2:41.17
48 Matthew Townsend	9	Heritage	2:42.99
49 Gurvir Dhillon	9	Laguna Creek	2:50.15
50 David Nguyen	9	Sheldon	2:52.42

Event 28 Girls 800 Meter Run Varsity

Name	Yr	School	Finals
Finals			
1 Muna Alhamad	11	Folsom	2:27.30
2 Kamra Newton	11	Monterey Trail	2:28.51
3 Maddison Keen	11	Laguna Creek	2:31.70
4 Breanna Sewell	12	Vacaville	2:33.76
5 Colleen Evans	11	Folsom	2:34.27
6Carolynn Johnson	11	Franklin (Eg)	2:38.97
7 Haley Grieger	10	Elk Grove	2:39.10
8 Kalyn Jones	11	Cosumnes Oak	2:40.90
9 Colleen Hannigan	12	Heritage	2:42.18
10 Ashley Jackson	12	Vacaville	2:43.07
11 Kelly Bahn	12	Monterey Trail	2:46.28
12 Aiko Jones	10	East Union	2:49.02
13 Claire Jordan	11	Cosumnes Oak	2:49.90
14 Lareana Toralba	11	Heritage	2:50.94
15 Ayah Awwad	11	Pleasant Grove	2:54.62
16 Cassiel Nortier-Tilly	9	Vacaville	2:55.04
17 Kyla Moore	12	Laguna Creek	2:56.00
18 Marlene Gonzalez	10	East Union	2:57.41
19 Natalie Jensen	11	Cosumnes Oak	2:59.55
20 Marissa Lange	11	Monterey Trail	3:00.68
21 Sydney Barboza	11	Cosumnes Oak	3:02.38
22 Kaeti Park	12	Folsom	3:03.05
23 Rachel Denton	12	Vacaville	3:03.51
24 Harnoor Gill	11	Monterey Trail	3:06.39
25 Teaghan Bassett	11	Pleasant Grove	3:08.12
26 Natalie Waldrop	11	Heritage	3:10.12
27 Cassandra Vik	11	Merrill West	3:10.66
28 Adriana Padilla	11	East Union	3:11.93
29 Jasmine Gonzalez	11	Franklin (S)	3:13.11
30 Natalie Corona	11	Elk Grove	3:15.05
31 Lisette Aguilar	11	Pleasant Grove	3:31.14
32 Nikki Miller	11	Laguna Creek	3:32.29
33 Madison Travels	12	Will C. Wood	3:41.00
34 Sydney Ramos	12	Will C. Wood	3:54.34

Event 29 Boys 800 Meter Run Varsity

Name	Yr	School	Finals
Finals			
1 Matt Oakland	11	Laguna Creek	2:07.63
2 Jahmar Sexton	12	Monterey Trail	2:09.49
3 Colin Pilcher	12	Oak Ridge	2:10.45
4 Stephen Gibson	11	Monterey Trail	2:11.24
5 Brian Vest	12	Pleasant Grove	2:11.45
6 Josh Gladwell	11	Oak Ridge	2:12.10
7 Spencer Todd	12	Vacaville	2:12.78
8 Jaylen Shelton	12	Stagg	2:13.03
9 Max Lim	12	Heritage	2:13.25

Capital Classic Relays - 3/1/2014

Elk Grove/Laguna Stadium

Elk Grove High School

Results

Finals ... (Event 29 Boys 800 Meter Run Varsity)

Name	Yr	School	Finals
10 Aaron Lane	11	Vacaville	2:13.34
11 Nathaniel Aragon	12	Cosumnes Oak	2:13.55
12 Roberto Aguilar	12	East Union	2:14.16
13 Bryan Languasco	12	Cosumnes Oak	2:14.93
14 Marco Diaz	11	Pleasant Grove	2:15.64
15 Fernando Herrera	11	Pleasant Grove	2:15.78
16 Shaun Krum	11	Will C. Wood	2:16.40
17 Bret McNamee	11	Oak Ridge	2:16.62
18 Abel Lopez	12	East Union	2:16.80
19 Logan Dolim	12	Vacaville	2:17.48
20 Desmond Bryant	11	Laguna Creek	2:18.02
21 Jackson Nemitz	11	Elk Grove	2:18.07
22 Youavon Robles	11	Merrill West	2:18.36
23 Kyle Faulkner	11	Franklin (Eg)	2:18.91
24 Parker Mace	11	Heritage	2:19.28
25 Ryan Barnes	12	Elk Grove	2:19.37
26 Joey Cane	11	Stagg	2:19.72
27 Abdul Hamid	12	Sheldon	2:19.81
28 Will Kelley	12	Vacaville	2:21.09
29 David Koschevey	12	Rosemont	2:22.16
30 Ethan Veslenio	11	Franklin (Eg)	2:22.56
31 Noe Lopez	11	Laguna Creek	2:23.75
32 Juan Guzman	11	East Union	2:24.88
33 Brandon Vonderhaar	11	Heritage	2:27.43
34 Timothy Huynh	11	Franklin (Eg)	2:29.10
35 Edgar Jones	11	Franklin (S)	2:29.28
36 Daniel Alvarado	12	Will C. Wood	2:29.47
37 Jason Zhen	11	Monterey Trail	2:30.03
38 Alex Huynh	12	Sheldon	2:30.37
39 Andre Escobar	11	Franklin (Eg)	2:31.56
40 Johnathan Contreras	11	Rosemont	2:31.90
41 Blaine Spencer	12	Heritage	2:31.97
42 Travis Nesmith	9	Sheldon	2:34.72
43 Favian Ramirez	11	Franklin (S)	2:36.76
44 Christopher Nowell	11	Folsom	2:37.61
45 Phillip Nguyen	12	Cosumnes Oak	2:38.13
46 Lamont Spellman	10	Chavez	2:45.82

Event 30 Girls 200 Meter Dash Frosh/Soph

Record: 27.21 R 2/26/2011 Talia Cox

Name	Yr	School	Finals
1 Amanda Brooks	10	Franklin (Eg)	27.79 -4.0
2 Adwoa Akyianu	9	Monterey Trail	28.86 -4.0
3 Lauryn Giles	9	Monterey Trail	29.23 -2.2
4 Nicole Terry	9	Cosumnes Oak	29.39 -4.3
5 De'Asha Rhone	9	Franklin (S)	29.48 -3.9
6 Gabrielle Ednilao	10	Franklin (Eg)	29.80 -4.0
7 Natalia Lopez	9	Franklin (S)	30.15 -3.9
8 Grace Glaeser	9	Cosumnes Oak	30.62 -4.3
9 Alexis Bridges	10	Monterey Trail	30.64 -2.2
10 Samantha Hew	9	Oak Ridge	31.24 -3.9
11 Aaliyah Saunders	9	Pleasant Grove	31.66 -4.0

12 Michaela Brown	9	Oak Ridge	31.98 -3.9
13 Raveen White	10	Chavez	31.98 -2.2
14 Shontyonne Reed	10	Chavez	32.50 -2.2
15 Brenda Santana	9	Franklin (S)	32.73 -3.9
16 Halle Burrell	9	Merrill West	33.86 -4.0
17 Vanessa Ruiz	9	Merrill West	34.11 -4.0
18 Yvonna Elliot-Williams	11	Heritage	34.15 -3.9
19 Jocelyn Romo-Gutierrez	9	McClatchy	34.21 -4.3
20 Rebekah Golden	9	Pleasant Grove	34.48 -4.0
21 Lydia Edwards	10	Vacaville	35.23 -3.9
22 Nicole Leung	9	McClatchy	36.88 -4.3
23 Brooke Lemke	10	McClatchy	40.60 -4.3

Event 31 Boys 200 Meter Dash Frosh/Soph

Record: 23.88 R 2/26/2011 Dylan Wakefield

Name	Yr	School	Finals
1 Jermantag Frommoethdoy	10	Pleasant Grove	23.95 -2.9
2 Kaderro Tamondong	9	Franklin (Eg)	24.00 -1.9
3 Drake Stallworth	9	Folsom	24.36 -3.6
4 Aidan Tank	10	Elk Grove	24.47 -3.6
5 Khalil Alston	10	Rosemont	24.95 -2.7
6 Andre Williams	10	Rosemont	24.95 -4.0
7 Zelwyn Brilliante	11	Franklin (Eg)	25.05 -4.0
8 Sam Morrar	9	Laguna Creek	25.16 -3.0
9 Julius Fullah	10	Elk Grove	25.29 -3.6
10 Aries Loeza	9	Franklin (Eg)	25.40 -4.0
11 Arnett Belton	10	Monterey Trail	25.71 -3.0
12 Micah Iverson	9	Folsom	25.77 -3.6
13 Carlos Castorena	9	McClatchy	25.80 -1.9
14 Emmanuel Turner	9	Merrill West	25.83 -3.6
15 Zach Lovato	10	Rosemont	25.88 -2.9
16 Quinn Datzman	9	Vacaville	26.10 -3.0
17 Trey McIntyre	10	Merrill West	26.10 -3.0
18 Danny Lopez	10	Chavez	26.35 -2.9
19 Garrett Seno	10	Elk Grove	26.36 -3.6
20 Jason Robison	9	Franklin (S)	26.40 -4.0
21 Tayvian Granderson	10	Monterey Trail	26.52 -4.0
22 Chad Allgaier	9	Folsom	26.60 -3.0
23 Payton Beall	9	Will C. Wood	26.65 -3.0
24 Alvin (Jovani) Guillermo	9	Will C. Wood	26.75 -3.0
25 Seth Huitt	9	Vacaville	26.89 -3.6
26 Ernesto Bernal	10	Stagg	27.02 -2.7
27 Jared Spann-Shaw	9	Heritage	27.06 -4.0
28 Austin Bricker	10	Oak Ridge	27.07 -2.9
29 Damien Pursley	9	Franklin (S)	27.16 -3.0
30 Benjamin Greenup	9	McClatchy	27.20 -2.9
31 Jaydan Key	9	Will C. Wood	27.28 -2.7
32 Gionnni Johnson	10	Cosumnes Oak	27.41 -1.9
33 John Elkins	9	Pleasant Grove	27.93 -2.9
34 Jason Ni	9	Laguna Creek	28.03 -3.6
35 Zachary Martin	9	Franklin (Eg)	28.98 -2.7
36 Usbaldo Ceja	10	Chavez	28.98 -4.0
37 Riley Tanaka	9	Cosumnes Oak	29.32 -1.9
38 Grason Nittka	9	McClatchy	30.67 -1.9

Capital Classic Relays - 3/1/2014
Elk Grove/Laguna Stadium
Elk Grove High School

Results

Finals ... (Event 31 Boys 200 Meter Dash Frosh/Soph)

Name	Yr	School	Finals
39 Vincenzo Castiglioni	9	Oak Ridge	30.87 -2.9
40 Andrew Fuel	9	McClatchy	33.66 -4.0

Event 32 Girls 200 Meter Dash Varsity

Record: 25.82 R 2/23/2013 Chinyere Dike

Name	Yr	School	Finals
Finals			
1	Patriana Perry	12 Vacaville	25.53R-4.8
2	Jazmine Smith	12 Elk Grove	25.66R-4.8
3	Natsumi Mcgee	11 Cosumnes Oak	26.15 -3.3
4	Daria Cook	12 Vacaville	26.18 -4.8
5	Malia Bryant	10 Vanden	26.76 -4.8
6	Amari Smith	10 Franklin (Eg)	26.87 -1.3
7	Cecily Montanez	10 Franklin (Eg)	27.14 -1.3
8	Zaire Hammond	10 Monterey Trail	27.69 -4.8
9	Mackenzie Arnold	11 River Valley	28.23 -3.3
10	Tashayia George	11 Monterey Trail	28.27 -2.9
11	Amor Howard	10 Cosumnes Oak	28.57 -2.9
12	Daneille Thompson	11 Chavez	28.92 -2.9
13	Elizabeth White	11 Chavez	29.03 -3.6
14	Alyssa Emerson	11 River Valley	29.06 -3.6
15	Jenny Giao	12 Elk Grove	29.22 -2.9
16	Elise Green	12 Merrill West	29.87 -3.3
17	Emily Beckby	11 Pleasant Grove	30.06 -3.3
18	Ayana Vaughn-Walker	12 Rosemont	30.08 -1.3
19	Brianna Alexander	11 Heritage	30.36 -2.9
20	Jessina Custodio	11 Pleasant Grove	30.57 -3.3
21	Courtney Adams	11 Cosumnes Oak	30.60 -3.6
22	Marisol Bragg	11 Heritage	30.79 -2.9
23	Alexis Pope	11 Rosemont	30.92 -4.8
24	Cheyenne Marques	- Heritage	30.99 -2.9
25	Kayaloni Parker	11 Franklin (S)	31.15 -2.9
26	Brenna Burden	11 Pleasant Grove	31.36 -1.3
27	McKenna Cader-Laney	9 Rosemont	31.58 -1.3
28	Malika Nesbitt	11 Franklin (S)	32.13 -4.8
29	Heaven Braggs	11 Oak Ridge	32.15 -3.3
30	Jordan Bui	11 Oak Ridge	32.19 -3.3
31	Ana Ortiz	12 Stagg	33.07 -3.6
32	Claire Sugihara	11 Oak Ridge	33.45 -4.8
33	Justine Kieffer	11 Will C. Wood	34.01 -3.3

Event 33 Boys 200 Meter Dash Varsity

Record: 23.50 R 2/26/2011 Brandon Adams

Name	Yr	School	Finals
Finals			
1	David Mewborn	12 Vacaville	22.09R-1.4
2	Daniel Mewborn	12 Vacaville	22.63R-1.4
3	Daliceo Calloway	12 Rosemont	23.45R-1.4
4	Eltoro Allen	11 Elk Grove	23.52 -2.0
5	Alessandro Barra	12 Folsom	23.63 -1.4
6	Ugo Dike	11 Franklin (Eg)	23.85 -2.6
7	Sonny Yang	12 Rosemont	23.90 -1.4
8	Christian Pridgen-Daniels	11 Rosemont	23.93 -1.4

9	Alex Baza	12 Elk Grove	24.23 -2.0
10	Allen Deguzman	11 Monterey Trail	24.31 -2.6
11	Virgilio Arcioni	12 Cosumnes Oak	24.36 -2.6
12	Jacob Irizarry	11 Oak Ridge	24.44 -1.8
13	Raymond Jones	12 Franklin (S)	24.45 -1.4
14	James Reed	11 Chavez	24.46 -2.9
15	Darell Kapule	11 Chavez	24.52 -1.8
16	Robert Mahan	12 Franklin (S)	24.62 -2.0
17	Gabriel Norvell	10 Laguna Creek	24.64 -2.0
18	Tayari Reed	11 Folsom	24.64 -1.4
19	Brent Carter	12 Oak Ridge	25.07 -2.0
20	Edwin Hilario	11 Will C. Wood	25.16 -2.0
21	Korey Gonzales	11 Pleasant Grove	25.32 -2.9
22	Shaunard Harts	11 Elk Grove	25.34 -1.8
23	Jason Spykerman	11 Oak Ridge	25.44 -1.8
24	Willie Duncan III	10 Chavez	25.95 -2.9
25	Dominic Belus	12 Heritage	25.97 -1.8
26	Jaylen James	11 Cosumnes Oak	26.04 -2.6
27	David Regis	11 Laguna Creek	26.17 -1.8
28	Eli Elizondo	10 Will C. Wood	26.26 -2.0
29	Spencer Moran	12 Franklin (Eg)	26.34 -1.8
30	Sergio Cervantes	11 Franklin (S)	26.46 -1.8
31	Draven Palmer	11 Pleasant Grove	27.27 -2.9
32	Michael Kaul	11 Will C. Wood	27.44 -2.6
33	allen-michael Gilliam	12 Pleasant Grove	27.80 -2.9

Event 34 Girls 800 Sprint Medley Frosh/Soph

Record: 2:02.78 R 2/25/2012 Franklin (EG)

I Ezimora, A Thomas, J O'Neal, C Nwokocha

Team	Relay	Finals
Finals		
1	Monterey Trail	A 2:01.33R
	1) Sheniahia Castex 9	2) Lauryn Giles 9
	3) Alexis Bridges 10	4) Khiriona Phillips-Brown 10
2	Pleasant Grove	A 2:02.10R
	1) Mia Daniels 10	2) Jayde Black 10
	3) Tori Davis 9	4) Jessica Bias 10
3	Oak Ridge	A 2:06.40
	1) Angel Pears 9	2) Sierra Salmon 10
	3) Isabella Ralstin 9	4) Alexa Ray 9
4	McClatchy	A 2:09.84
	1) Gigi Castaneda 9	2) Qiera Nixon 9
	3) Lyric Morales 9	4) Clara Ginnell 9
5	Merrill West	A 2:13.12
	1) Zaria Ealy 9	2) Morgan Brown 9
	3) Herbie Jo Delacruz 12	4) Dominique Aciego 9
6	Franklin (S)	A 2:13.58
	1) Diana Lombana 9	2) De'Asha Rhone 9
	3) Jelani Williford 9	4) Brenda Santana 9
7	Cosumnes Oaks	A 2:24.12
	1) Dasia Stevenson-White 10	2) Alexis McDaniel 11
	3) Alanah Longmire 9	4) Jade Harris 9

Capital Classic Relays - 3/1/2014
Elk Grove/Laguna Stadium
Elk Grove High School

Results

Event 35 Boys 800 Sprint Medley Frosh/Soph

Record: 1:41.50 R 2/25/2012 Sheldon

J Moore, C Rau, C Stone, S Edwards

Team	Relay	Finals
Finals		
1 Oak Ridge	A	1:44.06
1) Alex Voegel 10	2) Max Augood 10	
3) Michael Pittman 9	4) Luke Goins 10	
2 Heritage	A	1:44.39
1) Aaron Hanible 9	2) Spencer Rohrer 10	
3) Matthew Vejsada 9	4) Michael Renna 10	
3 Pleasant Grove	A	1:44.76
1) MacLean Conner 10	2) Cedric Melancon 10	
3) Jermantag Frommoethdy 10	4) Kevin Duran 10	
4 Franklin (S)	A	1:45.78
1) Damien Pursley 9	4) Jason Robison 9	
3) Jovon Woods 10		
5 Rosemont	B	1:47.05
6 McClatchy	A	1:47.64
1) Henry Powell 9	2) Mark Lantin 10	
3) Carlos Castorena 9	4) Garrison Porter 9	
7 Merrill West	A	1:53.88
1) Marcel Dancy 10	2) Trey McIntyre 10	
3) Emmanuel Turner 9	4) Joshua Rivas 10	
8 Will C. Wood	A	1:56.42
1) Charles Cooksie 9	2) Jerrod Woo 9	
3) Colton Osborne 9	4) Brandon Brisson 9	
9 Vacaville	A	1:57.22
1) Nate Villalobos 10	2) Isaac Florez 10	
3) Daniel Wright 10	4) Sterlen Thomas 9	
10 Cosumnes Oaks	A	2:09.68
1) Jayln Johnson 9	2) Jordan Salinas 9	
3) Sharif Brannon 10	4) Kennyan Escobedo 10	

Event 36 Girls 800 Sprint Medley Varsity

Record: 1:52.91 R 2/25/2012 Cosumnes Oaks

C Jones, F Omisoula, E Banford, N Mcgee

Team	Relay	Finals
Finals		
1 Merrill West	A	1:57.49
1) Lia Burrell 12	2) Alexis Lockard 10	
3) Shelby Weeks 11	4) Ivie Eboigbodin 10	
2 Pleasant Grove	A	1:57.59
1) Ane' Archuleta 12	2) Imani Thomas 12	
3) Bailey Brown 12	4) Grace Hepworth 11	
3 Heritage	A	1:57.92
1) Sydney Berry 12	2) Kylee Smith 12	
3) Lindsay Hathaway 11	4) Marina Mehta 11	
4 Franklin (S)	A	1:58.81
1) Tangala Guy 10	2) J'Liyah Miles 11	
3) Elizabeth Thompson 12	4) Amari Jenkins 11	
5 Oak Ridge	A	2:02.08
1) Kathryn Sanders 11	2) Jaimi Gotro 11	
3) Caitlin Jolette 12	4) Skylar Caesar 11	

6 River Valley	A	2:04.14
1) Quinta Pedraza 11	2) Shagun Bali 11	
3) Mackenzie Arnold 11	4) Daya Wilson 11	
7 Cosumnes Oaks	A	2:04.63
1) Kalyn Jones 11	2) Evy Banales 11	
3) Joy Johnson 10	4) Natsumi Mcgee 11	
8 East Union	A	2:10.73
1) Katelyn Allen 11	2) Haley Cook 11	
3) Emalee Hauck 11	4) Jordan McNeal 11	
9 McClatchy	A	2:16.53
1) Lucy Maloney 12	2) Dorian Cox 12	
3) Jiquea Jackson 12	4) Isoke Khemet 12	
10 Rosemont	A	2:25.34
1) McKenna Cader-Laney 9	2) Alexis Pratt 12	
3) Monae Owen 9	4) Alexis Pope 11	
11 Stagg	A	2:29.51
1) Jackie Garner 12	2) Alicia Jones 9	
3) Hazel Waiters 9	4) Amani Small 11	

Event 37 Boys 800 Sprint Medley Varsity

Record: 1:38.52 R 2/25/2012 Cosumnes Oaks

M Litteral, A Manker, A Mercer, B Adams

Team	Relay	Finals
Finals		
1 Heritage	A	1:39.02
1) Kordell Lacy 11	2) Nathan Noble 11	
3) Jan Robles 12	4) Adam Winding 10	
2 Merrill West	A	1:41.02
1) Dion Collier 10	2) Huruy Zeratsion 12	
3) Matthew Roe 10	4) Christian Velasco 10	
3 Franklin (Eg)	A	1:41.11
1) Spencer Moran 12	2) Rahul Deo 12	
3) Gurshaun Singh 11	4) Deshawn Singleton 12	
4 Pleasant Grove	A	1:42.24
1) Korey Gonzales 11	2) Joseph Conner 11	
3) Christopher Uzoma 11	4) Kyle Key 10	
5 Oak Ridge	A	1:44.71
1) Jason Spykerman 11	2) Brent Carter 12	
3) Griffin Prather 11	4) Matt Wootton 11	
6 Franklin (S)	A	1:45.20
1) Mark Franco 11	2) Robert Mahan 12	
3) Cory Furoka 12	4) Raymond Jones 12	
7 Will C. Wood	A	1:45.42
1) Kristian Arias 10	2) Michael Kaul 11	
3) Brian Knight 12	4) Eli Elizondo 10	
8 Laguna Creek	A	1:45.44
1) Steven Bray 11	2) Adriel Brown 11	
3) Gabriel Norvell 10	4) John Harrington 11	
9 Stagg	A	1:45.67
1) Devon Gillum 12	2) Michael Albinto 11	
3) David Cofied 12	4) Jermiah Pharms 12	
10 River Valley	A	1:47.12
1) Dante Love 10	2) Devin Cates 11	
3) Chance Lewis 10	4) Thomas Roberts 10	

Capital Classic Relays - 3/1/2014
Elk Grove/Laguna Stadium
Elk Grove High School

Results

Finals ... (Event 37 Boys 800 Sprint Medley Varsity)

Team	Relay	Finals
11 East Union	A	1:49.97
1) Sean Fahrenbruch 10	2) Max Hernandez 11	
3) Matthew Higginson 11	4) Isaac Avalos 10	
12 McClatchy	A	1:51.20
1) Charlie Black 12	2) Cameron Gee 12	
3) Curtis Yee 12	4) Johnny Lam 12	

Event 38 Girls 3200 Meter Run Varsity

Record: 12:17.76 R 2/23/2013 Emi Prim

Name	Yr	School	Finals
Finals			
1	Leanne Jarvis	12 River Valley	11:12.88R
2	Emi Prim	12 Franklin (Eg)	11:39.22R
3	Jerriann Wells	12 Pleasant Grove	11:42.88R
4	Isabella Dobson	9 Elk Grove	11:48.26R
5	Kat Copeland	9 Folsom	12:03.95R
6	Maddison Keen	11 Laguna Creek	12:06.04R
7	Skylar Jauregui	12 Vacaville	12:12.09R
8	Katie Bock	11 Folsom	12:28.37
9	Skylar Duignan	9 Heritage	12:31.73
10	Kamra Newton	11 Monterey Trail	12:32.38
11	Amanda Barthelmes	11 Will C. Wood	12:34.46
12	Hailey Farrell	10 Sheldon	12:46.42
13	Kayla Lecce	10 East Union	12:47.07
14	Regina Nyareso	11 Monterey Trail	13:02.12
15	Lindsey Bailey	10 Folsom	13:22.73
16	Lizzie Robinson	12 McClatchy	13:27.30
17	Juliana Schobey	12 Merrill West	14:50.13
18	Camille Bean	10 Laguna Creek	15:16.04
19	Allison Weseman	12 Merrill West	16:58.68

Event 39 Boys 3200 Meter Run Varsity

Record: 9:56.11 R 2/23/2013 Abdul Hamid

Name	Yr	School	Finals
Finals			
1	Gregory Aitken	10 Folsom	9:53.76R
2	Carlos Cruz	12 McClatchy	9:58.23
3	Jacob Drees	11 Heritage	10:00.64
4	Xavier Gaulman	12 Sheldon	10:08.05
5	Spencer Cudworth	12 Pleasant Grove	10:28.19
6	Shaun Krum	11 Will C. Wood	10:31.45
7	Nathan Grovhoug	11 Heritage	10:32.79
8	Joel Giordano	10 Sheldon	10:34.32
9	Roberto Noguera	12 Monterey Trail	10:35.91
10	Gustavo Ortiz	11 Monterey Trail	10:44.14
11	Juan Carlos Orantes	11 Heritage	10:47.40
12	Austin Smith	10 Sheldon	10:48.93
13	Eric Chapman	11 Monterey Trail	10:53.49
14	Israel Rivera	10 Monterey Trail	10:55.16
15	Brian Ligh	12 Elk Grove	10:55.25
16	Matt Simons	9 Sheldon	10:56.15
17	Andrew Bowers	10 Cosumnes Oak	10:56.31
18	Caleb Wong	9 Cosumnes Oak	10:57.83

19	Ricardo Escobar	12 Vacaville	11:01.21
20	Trevor Ryder	12 Vacaville	11:04.81
21	Waih Truong	10 Monterey Trail	11:06.78
22	Pablo Ortiz	12 McClatchy	11:17.76
23	Joe Sanfilippo	12 Vacaville	11:31.58
24	Zac Matsumoto	12 Pleasant Grove	11:33.98
25	Daniel Alvarado	12 Will C. Wood	11:38.27
26	Armand Bonilla	11 Chavez	11:45.83
27	Jacob Alt	12 Merrill West	11:48.76
28	Phillip Van	11 Monterey Trail	11:57.60
29	Tyler Ence	12 Laguna Creek	12:08.76
30	Ben Needham	11 Heritage	12:12.01
31	Andres Longoria	12 Merrill West	12:17.49
32	Justin Siebold	11 Pleasant Grove	12:18.53
33	Ben Alto	11 Laguna Creek	12:23.20
34	Muhammad Siddique	12 Franklin (Eg)	12:24.11
35	Johnathan Andrade	11 East Union	12:34.45
36	Brian Gan	12 Laguna Creek	12:34.74
37	Alex Ng	11 Franklin (Eg)	12:45.21
38	Jonathan Amaral	11 East Union	12:51.10
39	Soaliman Ahmadzai	12 Franklin (Eg)	12:54.37
40	Joey Mascarelli	11 East Union	13:04.35
41	Jason Johal	11 Franklin (Eg)	13:10.12
42	Ryan Kirkpatrick	11 Heritage	13:18.80

Event 40 Girls 4x400 Meter Relay Frosh/Soph

Record: 4:25.14 R 2/25/2012 Elk Grove

M Meyers, J Smith, J Giao, C Miller

Team	Relay	Finals
Finals		
1	Monterey Trail	A 4:36.72
	1) Lauryn Giles 9	2) Adwoa Akyianu 9
	3) Khiriona Phillips-Brown 10	4) Imani Hunt 10
2	Pleasant Grove	A 4:39.88
	1) Aryana Archuleta 10	2) Sara Fisher 9
	3) Jayde Black 10	4) Tori Davis 9
3	Oak Ridge	A 4:43.28
	1) Sierra Salmon 10	2) Natalie Kinney 9
	3) Angel Pears 9	4) Samantha Hew 9
4	McClatchy	A 4:53.49
	1) Alexa Borg 10	2) Clara Ginnell 9
	3) Lyric Morales 9	4) Ally Feickert 9

Event 41 Boys 4x400 Meter Relay Frosh/Soph

Record: 3:42.81 R 2/25/2012 Sheldon

X Gaulman, C Stone, J Newborn-Vincent, S Edwards

Team	Relay	Finals
Finals		
1	Heritage	A 3:44.24
	1) Aaron Hanible 9	2) Spencer Rohrer 10
	3) William Manalili 10	4) Michael Renna 10
2	McClatchy	A 3:46.33
	1) Jose Cruz 9	2) Carlos Castorena 9
	3) Ian Eckert-Williams 9	4) Xavier Weaver 9

Capital Classic Relays - 3/1/2014
Elk Grove/Laguna Stadium
Elk Grove High School
Results

Finals ... (Event 41 Boys 4x400 Meter Relay Frosh/Soph)

Team	Relay	Finals
3 Monterey Trail	A	3:47.54
1) Quan Phun 9	2) Pedro Pantoja 9	
3) Arnett Belton 10	4) Adrienne Bautista 10	
4 Elk Grove	A	3:47.66
1) Aidan Tank 10	2) Garrett Seno 10	
3) Julius Fullah 10	4) Austin Sommers 10	
5 Pleasant Grove	A	3:51.73
1) Devonte Saechao 11	2) MacLean Conner 10	
3) Cedric Melancon 10	4) Jermantag Frommoethdoy 10	
6 Merrill West	A	3:52.60
1) Anthony Rhoads 10	2) Kumoni McGee 10	
3) Emmanuel Turner 9	4) Trey McIntyre 10	
7 Folsom	A	3:54.26
1) Jacob Teodoro 9	2) Adrian Lauderdale 9	
3) Drake Stallworth 9	4) Kaleb Outhavong 9	
8 Chavez	A	3:58.29
1) Danny Lopez 10	2) Deshawn Jenkins 10	
3) Alex Mercado 9		
9 Laguna Creek	A	3:59.85
10 Cosumnes Oaks	A	4:01.15
1) David Alston 10	2) Otis Benson III 10	
11 Rosemont	A	4:02.59
1) Brandon Dickson 10	2) Daniel Topete 9	
3) Marcos Hernandez 10	4) Lorenzo Menzel 10	

Event 42 Girls 4x400 Meter Relay Varsity
Record: 4:16.14 R 2/25/2012 Sheldon
M Burgess, B Mullen, R Singh, K Corrigan

Team	Relay	Finals
Finals		
1 Pleasant Grove	A	4:18.50
1) Justice Feusi 12	2) Bailey Brown 12	
3) Imani Thomas 12	4) Ane' Archuleta 12	
2 Vacaville	A	4:18.81
1) Hannah Davis 10	2) Pattriana Perry 12	
3) Daria Cook 12	4) Hannah Hobbs 11	
3 Folsom	A	4:20.11
1) Erin Johl 12	2) Sarah Canzoneri 9	
3) Colleen Evans 11	4) Heather Evans 11	
4 Cosumnes Oaks	B	4:28.98
1) Kalaya Carr 11		
5 Chavez	A	4:35.35
1) Elizabeth White 11	2) Kanniya Fakoury 9	
3) Brina Jeremiah 12	4) Servaughn Galloway 9	
6 East Union	A	4:51.99
1) Katelyn Allen 11	2) Marlene Gonzalez 10	
3) Aiko Jones 10	4) Haley Cook 11	
7 River Valley	A	5:06.78
1) Myshelle Wilson 10	2) Ashley Sidhu 11	
3) Miranda Tugend 10	4) Sarah Terry 10	

Event 43 Boys 4x400 Meter Relay Varsity
Record: 3:32.02 R 2/26/2011 Lincoln (s)
T Palmer, S Means, D Barkley, B Bivens

Team	Relay	Finals
Finals		
1 Monterey Trail	A	3:31.42R
1) Stephen Gibson 11	2) Isiaha Bair 11	
3) Jahmar Sexton 12	4) Nosa Edigin 12	
2 Laguna Creek	A	3:35.26
1) John Harrington 11	2) Matt Oakland 11	
3) Mathew Ramsdell 11	4) Gabriel Norvell 10	
3 Pleasant Grove	A	3:36.12
1) Ben Garcia 12	2) Corey Gonzales 11	
3) Orlando Wilkerson 11	4) Christopher Uzoma 11	
4 Cosumnes Oaks	A	3:38.58
1) Elijah Whitmore 12	2) Javon Johnson 12	
3) Eric Banford 11	4) Marcus Harmon 11	
5 Chavez	A	3:40.86
1) Andres Felix 12	2) Angel Sanchez Picero 11	
3) Lamont Spellman 10	4) Willie Duncan III 10	
6 Heritage	A	3:41.61
1) Max Lim 12	2) Jack Olender 11	
3) Shelton Wynder 11	4) Blaine Spencer 12	
7 East Union	A	3:53.17
1) Abel Lopez 12	2) Gustavo Hurtado 11	
3) Jesse Lopez 11	4) Roberto Aguilar 12	
8 Laguna Creek	B	3:57.16
1) David Regis 11	2) Desmond Bryant 11	
3) Steven Bray 11	4) Leeyontre Bumpus 11	
9 Pleasant Grove	B	3:58.06
1) Alejandro Sanchez 11	2) Zack Sutcliffe 11	
3) Draven Palmer 11	4) allen-michael Gilliam 12	
10 Rosemont	A	3:59.24
1) Caleb Parnell 12	2) Jason Taylor 12	
3) David Koschevey 12	4) Michael Anderson 11	

Event 44 Girls Shot Put Frosh/Soph
Record: 37-06 R 2/23/2013 Sierra Sheppard

Name	Yr	School	Finals
Finals			
1 Riley Cannon	10	Vacaville	30-10.50
2 Camay Stocker	10	Monterey Trail	27-00.00
3 Kamryn Waldrop	10	Vacaville	25-06.50
4 Ione Griffin	10	Cosumnes Oak	25-01.75
5 Tapuina Ulufaleilupe	9	Elk Grove	24-00.00
6 Stephanie Segur	10	Merrill West	23-11.00
7 Gabby Smith	9	Will C. Wood	23-10.50
8 Jessi Cawley	9	Vacaville	23-02.00
9 Erika Aguilar	10	Will C. Wood	22-04.50
10 Bobbi Loggins	10	Merrill West	22-04.00
11 Sahara Boparai	10	Oak Ridge	21-04.00
12 Katelyn Becker	9	Pleasant Grove	21-02.00
13 Alesha Daniels	9	Heritage	20-07.00
14 Nancy Adams	9	Monterey Trail	20-06.50

Capital Classic Relays - 3/1/2014

Elk Grove/Laguna Stadium

Elk Grove High School

Results

Finals ... (Event 44 Girls Shot Put Frosh/Soph)

Name	Yr	School	Finals
15	Madison Holt	9 Elk Grove	20-04.50
16	Jennifer Ligh	10 Elk Grove	20-01.50
17	Sabrina Martin	10 Will C. Wood	20-01.00
18	Anastasia Veal	9 Merrill West	19-04.00
19	Justine Bonifacio	9 Cosumnes Oak	18-03.25
20	Avneet Gill	10 Oak Ridge	17-05.00
21	Olivia Ali	9 Elk Grove	17-00.00
22	Alicia Anadan	10 Chavez	16-11.50
23	Adrianna Wong-Pacheco	11 Cosumnes Oak	15-03.00
24	Jocelyn Freund	9 Heritage	14-09.50
25	Breanna Guajardo	9 Pleasant Grove	14-05.00
26	Ericka Mendez	9 Franklin (S)	14-03.50
27	Marisol Ferreyra	9 Franklin (S)	13-09.50

Event 45 Boys Shot Put Frosh/Soph

Record: 47-10.50 R 2/25/2012 Joaquin Monteiro

Name	Yr	School	Finals
Finals			
1	Jack Gabbard	10 Vacaville	48-01.25R
2	Jack Root	10 Oak Ridge	44-10.50
3	Trevor Reinwald	10 Elk Grove	J44-10.50
4	Jacob Cornelio	10 Elk Grove	44-04.00
5	DeShawn Miller	10 Vacaville	43-07.00
6	Charles Confer	10 McClatchy	42-02.00
7	Jacob Carpenter	10 Vacaville	40-09.00
8	Javonte Collier	9 Monterey Trail	40-03.00
9	Max Key	10 Rosemont	35-11.00
10	Stanley Anguiana	10 Franklin (S)	35-05.00
11	Andy Perez	10 Merrill West	35-04.00
12	Steven Ramirez	10 Merrill West	35-03.50
13	Winzel Brillante	10 Franklin (Eg)	34-06.75
14	Garrick Davis	9 Laguna Creek	34-06.50
15	Sean Porter	10 Oak Ridge	34-00.50
16	Tyler Dole	10 Merrill West	33-09.75
17	Morris Love	10 Monterey Trail	33-09.50
18	Chris West	10 Rosemont	33-09.00
19	Josiah Newson	9 Franklin (S)	33-03.00
20	Josef Segura	9 Monterey Trail	32-06.00
21	Matthew Jefferson	10 Laguna Creek	32-04.50
22	Jarrett Rasmussen	10 Merrill West	31-08.00
23	Victor Valencia	10 McClatchy	31-04.50
24	Nate Alvarez	10 Franklin (Eg)	31-02.50
24	Taylor Lee	10 Monterey Trail	31-02.50
26	Riley Vernarecci	9 Heritage	30-09.50
27	Shawn Ray	10 Heritage	30-08.75
28	Cody O'Brine	10 Cosumnes Oak	29-02.00
29	Christian Contreras	10 Folsom	29-00.00
30	Evan Moriyama	9 Cosumnes Oak	28-11.00
31	Adam Gerhards	9 Folsom	28-10.50
32	Joshua Yu	11 Cosumnes Oak	28-10.00
33	Mark Jansen	9 Will C. Wood	28-04.75
34	Kyle Reuter	9 Folsom	28-00.00
35	Russell Gardner	10 Pleasant Grove	27-09.50

36	Mark Jimenez	9 Franklin (S)	26-09.50
37	Caleb Ence	9 Laguna Creek	26-09.00
38	Chris Richmond	10 Chavez	26-06.00
39	Jayln Johnson	9 Cosumnes Oak	26-02.00
40	Angelo Lopez	9 Elk Grove	25-07.00
41	Eli Brust	9 Oak Ridge	24-10.00
42	Alfonso Arias	10 Franklin (S)	24-01.00
43	Donald Matairavula	10 Rosemont	23-03.50
44	Jacob Rosales	9 Elk Grove	22-03.50
45	Luis Gutierrez	10 Pleasant Grove	22-00.25
46	Nathan Hoffman	10 Oak Ridge	22-00.00
47	Serafin Loza	9 Will C. Wood	20-10.00
48	Benhur Batton	10 Laguna Creek	19-07.00
49	Kyle Brainard	9 Folsom	17-01.50

Event 46 Girls Shot Put Varsity

Record: 38-10 R 2/25/2012 Iovina Akauola

Name	Yr	School	Finals
Finals			
1	Brandi French	11 Vacaville	37-10.00
2	Jasmine Pharms	10 Stagg	35-11.00
3	Imani Bierly	12 River Valley	35-01.00
4	Isabella Marini	11 Elk Grove	34-03.50
5	Emelda Malm-Annan	11 Monterey Trail	33-07.50
6	Courtney Massengale	11 River Valley	30-08.50
7	Skyler Takeda	11 Vacaville	30-06.50
8	Atiah Brinson	11 Oak Ridge	30-01.50
9	Maliah Watson	11 East Union	29-10.50
10	Emoree Saau	12 Elk Grove	29-08.50
11	Natachi Mez	11 Franklin (Eg)	29-00.25
12	Meijoi Brigham	11 Laguna Creek	29-00.00
13	Camaree Blake	11 McClatchy	28-03.50
14	Caitlyn David	11 Heritage	27-11.00
15	Cassidy Smith	11 East Union	27-09.50
16	Brina Ieremia	12 Chavez	26-10.50
17	Dana Little	12 Franklin (Eg)	26-07.50
18	Trystan Bolds	11 Monterey Trail	26-06.00
19	Brianna Garcia	10 River Valley	26-05.00
20	Leticia Heron	12 East Union	25-10.00
21	Jaida Hentz	10 Franklin (S)	25-07.00
22	Taylon London	10 Rosemont	25-05.50
23	Jordyn Tanaka	12 McClatchy	25-04.50
23	Lofipolo Uesi	11 Will C. Wood	25-04.50
25	Stefanie Arias	10 River Valley	25-03.50
26	Melanie Brum	11 Heritage	25-02.00
27	Dominique Hausler	11 Vacaville	24-07.50
28	Yesenia Ramirez	9 East Union	24-04.50
29	Lue Gonzales	12 McClatchy	24-03.50
30	Mia Neustadt	12 Franklin (S)	23-05.00
31	Alexis Pope	11 Rosemont	23-04.00
32	Sarah Camara	11 Will C. Wood	23-02.00
32	Alyssa Duncan	12 Merrill West	23-02.00
34	Cora Ly	11 Laguna Creek	22-03.00
34	Jessica O'Donnell	11 Cosumnes Oak	22-03.00
36	Maria Titman	11 Cosumnes Oak	22-00.00

Capital Classic Relays - 3/1/2014

Elk Grove/Laguna Stadium

Elk Grove High School

Results

Finals ... (Event 46 Girls Shot Put Varsity)

Name	Yr	School	Finals
36 Yuliza Gomez	11	Pleasant Grove	22-00.00
38 Danielle Castrence	11	Pleasant Grove	21-05.00
39 Allison Weseman	12	Merrill West	21-00.25
40 Stephanie Roman	10	Will C. Wood	20-03.50
41 Brianna Simms	11	Cosumnes Oak	19-07.50
42 Angelica Manzo	12	Monterey Trail	18-11.50
43 Emily Fruda	11	Cosumnes Oak	18-04.75
44 Molly Mort	11	Folsom	18-03.00
45 Megan Vernoy	11	Heritage	17-06.00
46 Nora Alford	12	Franklin (Eg)	16-02.50
47 Alyssa Mabalot	11	Pleasant Grove	15-09.00

Event 47 Boys Shot Put Varsity

Record: 48-11 R 2/23/2013 Jaime Cruz

Name	Yr	School	Finals
Finals			
1 Melvin Flax	12	Stagg	50-11.75R
2 Oleni Fifita	12	Heritage	49-09.25R
2 Darrin Paulo	11	Grant	49-09.25R
4 Amir Mostafavi	12	Heritage	49-05.50R
5 Joaquin Monteiro	12	McClatchy	45-09.00
6 Ethan Woodall	12	East Union	44-02.25
7 Griffin DeFlores	11	Heritage	43-02.50
8 John Herkins	11	Vacaville	41-02.50
9 Nathan Hutchinson McHone	12	Oak Ridge	40-05.50
10 Dylan Tilden	11	East Union	40-02.75
11 Justin Townsend	11	Heritage	39-00.50
12 Michael Brown	12	Laguna Creek	38-00.50
13 Cody Holt	11	Elk Grove	37-03.00
14 Steven Tofanelli	11	Elk Grove	36-06.75
15 James McLaughlin	11	Vacaville	36-05.00
16 Lucas Halseth	12	Oak Ridge	36-04.75
17 Matthew Foster	11	Monterey Trail	35-05.50
18 Loni Pooi	12	McClatchy	34-08.00
19 Kolby Lacy	12	Rosemont	34-00.50
20 Jesse Mendenhall	11	Vacaville	33-10.00
21 TJ Blair	12	Stagg	33-08.75
22 Brian Walker	12	Stagg	33-07.50
23 Austin Ho	11	Pleasant Grove	33-03.50
24 David Haug	10	Folsom	33-01.50
25 Justin Bygum	11	East Union	32-11.50
26 Samuel Cardona	12	East Union	32-11.25
27 Logan Mills	12	Oak Ridge	32-06.50
28 Chris McWhorter	12	Chavez	32-05.00
29 Omar Iverson	12	Folsom	32-04.75
30 Gary Harila	11	Del Campo	32-02.00
31 Jose Gonzalez	11	Will C. Wood	32-00.50
31 Matthew Reynon	11	Monterey Trail	32-00.50
33 Lamont Spellman	10	Chavez	31-04.00
34 Eric Pham	11	Franklin (Eg)	31-00.00
35 Vincent Miller	12	Pleasant Grove	30-10.00
36 Jamal Tatum	11	Monterey Trail	29-11.50
37 Trey Nahhas	11	Monterey Trail	29-09.50

38 Mario Ximinez	11	Cosumnes Oak	29-08.00
39 Isaiah Allred	11	Rosemont	29-07.00
40 Justin Vargas	11	Merrill West	28-11.00
41 Darion Williams	11	Chavez	28-03.75
41 Carlos Pineda	11	McClatchy	28-03.75
43 Luis Herrera	11	Merrill West	26-04.00
44 Brandon Galvin	10	Will C. Wood	25-04.00
45 Alexey Tyukayev	12	Rosemont	25-00.75
46 Neil Sonico	11	McClatchy	24-07.50
47 Brandon Church	11	Merrill West	24-05.00
48 Gabriel Medellin	11	Pleasant Grove	20-00.50

Event 48 Girls Discus Throw Frosh/Soph

Record: 97-07 R 2/23/2013 Sierra Sheppard

Name	Yr	School	Finals
Finals			
1 Riley Cannon	10	Vacaville	96-11
2 Tapuina Ulufaleilupe	9	Elk Grove	87-07
3 Ione Griffin	10	Cosumnes Oak	85-00
4 Stephanie Segur	10	Merrill West	79-02.50
5 Bobbi Loggins	10	Merrill West	77-08
6 Kamryn Waldrop	10	Vacaville	73-03
7 Madison Holt	9	Elk Grove	68-09
8 Jennifer Ligh	10	Elk Grove	65-11.50
9 Jessi Cawley	9	Vacaville	64-00.25
10 Taylon London	10	Rosemont	61-05
11 Camay Stocker	10	Monterey Trail	59-03
12 Gabby Smith	9	Will C. Wood	54-07
13 Sahara Boparai	10	Oak Ridge	54-03
14 Katelynn Becker	9	Pleasant Grove	53-07.50
15 Anastasia Veal	9	Merrill West	53-01
16 Avneet Gill	10	Oak Ridge	53-00.50
17 Sabrina Martin	10	Will C. Wood	52-10
18 Erika Aguilar	10	Will C. Wood	50-02.50
19 Nancy Adams	9	Monterey Trail	48-06
20 Alesha Daniels	9	Heritage	44-07
21 Olivia Ali	9	Elk Grove	39-02
22 Jocelyn Freund	9	Heritage	37-06
23 Breanna Guajardo	9	Pleasant Grove	37-05
24 Adrianna Wong-Pacheco	11	Cosumnes Oak	37-01
25 Ericka Mendez	9	Franklin (S)	34-03
26 Julia Miller	9	Folsom	34-00.50
27 Marisol Ferreyra	9	Franklin (S)	32-05.50
28 Elizabeth Horn	9	Folsom	30-10

Event 49 Boys Discus Throw Frosh/Soph

Record: 120-11 R 2/25/2012 Joaquin Monteiro

Name	Yr	School	Finals
Finals			
1 Jacob Cornelio	10	Elk Grove	130-01R
2 Andy Perez	10	Merrill West	129-08.50R
3 Trevor Reinwald	10	Elk Grove	128-11R
4 Jack Gabbard	10	Vacaville	122-04.50R
5 DeShawn Miller	10	Vacaville	116-01
6 Matthew Jefferson	10	Laguna Creek	108-05.50

Capital Classic Relays - 3/1/2014
Elk Grove/Laguna Stadium
Elk Grove High School

Results

Finals ... (Event 49 Boys Discus Throw Frosh/Soph)

Name	Yr	School	Finals
7 Winzel Brillante	10	Franklin (Eg)	101-09
8 Jacob Carpenter	10	Vacaville	99-00.50
9 Christian Contreras	10	Folsom	91-07
10 Charles Confer	10	McClatchy	90-09.50
11 Nate Alvarez	10	Franklin (Eg)	90-01
12 Taylor Lee	10	Monterey Trail	87-01
13 Jack Root	10	Oak Ridge	84-00
14 Steven Ramirez	10	Merrill West	82-06.50
15 Garrick Davis	9	Laguna Creek	79-04
16 Javonte Collier	9	Monterey Trail	78-09.50
17 Stanley Anguiana	10	Franklin (S)	77-07
18 Sean Porter	10	Oak Ridge	76-07
19 Max Key	10	Rosemont	74-09
20 Russell Gardner	10	Pleasant Grove	74-04
21 Jose Canela	10	Franklin (S)	74-03
22 Tyler Dole	10	Merrill West	74-00.25
23 Chris West	10	Rosemont	73-09.50
24 Morris Love	10	Monterey Trail	73-03
25 Jarrett Rasmussen	10	Merrill West	72-09.50
26 Jacob Rosales	9	Elk Grove	71-04
27 Shawn Ray	10	Heritage	68-11
28 Kyle Reuter	9	Folsom	67-03
29 Christian Rosales	-	Chavez	66-04.50
30 Caleb Ence	9	Laguna Creek	66-01
31 Angelo Lopez	9	Elk Grove	65-07.50
32 Josef Segura	9	Monterey Trail	64-11
33 Joshua Yu	11	Cosumnes Oak	63-01
34 Marciano Ortega	10	Franklin (S)	58-10
35 Eli Brust	9	Oak Ridge	55-09
36 Victor Valencia	10	McClatchy	54-06.50
37 Mark Jansen	9	Will C. Wood	53-07
38 Evan Moriyama	9	Cosumnes Oak	53-04
39 Nathan Hoffman	10	Oak Ridge	53-01
40 Chris Richmond	10	Chavez	51-01.50
41 Adam Gerhards	9	Folsom	48-01
42 Luis Gutierrez	10	Pleasant Grove	47-01
43 Serafin Loza	9	Will C. Wood	46-01
44 Mark Jimenez	9	Franklin (S)	39-11
45 Kyle Brainard	9	Folsom	38-00
--- JayIn Johnson	9	Cosumnes Oak	ND

Event 50 Girls Discus Throw Varsity

Record: 119-08 R 2/25/2012 Iovina Akauola

Name	Yr	School	Finals
Finals			
1 Emelda Malm-Annan	11	Monterey Trail	126-00R
2 Victoria Minor		Center	119-07
3 Courtney Massengale	11	River Valley	107-07.50
4 Isabella Marini	11	Elk Grove	100-00
5 Emoree Saau	12	Elk Grove	98-00.50
6 Dana Little	12	Franklin (Eg)	93-11
7 Meghan Yamamoto	12	McClatchy	83-05
8 Alyssa Duncan	12	Merrill West	82-10

9 Cassidy Smith	11	East Union	80-05
10 Jasmine Pharms	10	Stagg	79-07
11 Leticia Heron	12	East Union	73-01.50
12 Jordyn Tanaka	12	McClatchy	71-03
13 Brianna Simms	11	Cosumnes Oak	62-09
14 Meijoi Brigham	11	Laguna Creek	61-07
15 Bitney Nguyen	12	Pleasant Grove	61-00
16 Molly Mort	11	Folsom	60-06
17 Maria Titman	11	Cosumnes Oak	58-08
18 Danielle Castrence	11	Pleasant Grove	58-05
19 Cora Ly	11	Laguna Creek	57-01
20 Angelica Manzo	12	Monterey Trail	55-09
21 Jessica O'Donnell	11	Cosumnes Oak	55-05
22 Yesenia Ramirez	9	East Union	54-07.50
23 Allison Weseman	12	Merrill West	53-08
24 Maliah Watson	11	East Union	52-07
25 Nora Alford	12	Franklin (Eg)	48-10
26 Katrina Asuncion	11	Pleasant Grove	33-04.50

Event 51 Boys Discus Throw Varsity

Record: 157-07 R 2/25/2012 Brian Hamilton

Name	Yr	School	Finals
Finals			
1 Jonah Williams	10	Folsom	156-08
2 Trevor Hamilton	11	Del Campo	149-09
3 Joaquin Monteiro	12	McClatchy	149-07
4 Amir Mostafavi	12	Heritage	147-04
5 Michael Brown	12	Laguna Creek	138-04
6 Cody Holt	11	Elk Grove	136-08.50
7 Melvin Flax	12	Stagg	129-03
8 Steven Tofanelli	11	Elk Grove	127-02
9 Darius Reece	12	East Union	126-04.50
10 Nathan Hutchinson McHone	12	Oak Ridge	121-08
11 Scott Parsons	12	Elk Grove	120-10.50
12 Loni Pooi	12	McClatchy	119-07
13 Jesse Mendenhall	11	Vacaville	115-10.50
14 Gary Harila	11	Del Campo	114-06
15 Ethan Woodall	12	East Union	112-07
16 Dylan Tilden	11	East Union	111-07.50
17 Ty Cawley	12	Vacaville	111-01
18 Richard Mercadel	12	Oak Ridge	110-07.50
19 Lucas Halseth	12	Oak Ridge	108-10
20 John Herkins	11	Vacaville	108-00
21 Nicholas Lopez	12	Franklin (S)	105-01
22 TJ Blair	12	Stagg	104-01
23 Chris McWhorter	12	Chavez	103-02
24 Junior Ali	11	Monterey Trail	103-00
25 Justice Roxbury	11	Franklin (Eg)	101-07.50
26 David Haug	10	Folsom	101-01
27 Eric Pham	11	Franklin (Eg)	95-10
28 Ruperd Wilson	12	Cosumnes Oak	94-05
29 Oleni Fifita	12	Heritage	92-11
30 Brandon Galvin	10	Will C. Wood	92-00
31 Carlos Pineda	11	McClatchy	91-10
32 Vincent Miller	12	Pleasant Grove	90-09

Capital Classic Relays - 3/1/2014

Elk Grove/Laguna Stadium

Elk Grove High School

Results

Finals ... (Event 51 Boys Discus Throw Varsity)

Name	Yr	School	Finals
33	Austin Gunning	12 Cosumnes Oak	88-04
34	Brian Walker	12 Stagg	88-01
35	Jamal Tatum	11 Monterey Trail	87-11
36	Matthew Reynon	11 Monterey Trail	87-07.50
37	Jorge Serrano	11 Franklin (S)	86-02
38	Kolby Lacy	12 Rosemont	85-05
39	Matthew Foster	11 Monterey Trail	85-04
40	Isaiah Allred	11 Rosemont	83-01
41	Anthony Villapondo	11 Franklin (Eg)	82-10
42	Adan Orozco-Yanez	11 Pleasant Grove	82-03.50
43	Alexey Tyukayev	12 Rosemont	81-10
44	Mario Jiminez	11 Cosumnes Oak	81-09.50
45	Luis Herrera	11 Merrill West	78-05
46	Justin Vargas	11 Merrill West	74-09
47	Lamont Spellman	10 Chavez	69-00
48	Calvin Sawyer	11 Cosumnes Oak	63-11
49	Darion Williams	11 Chavez	63-04
50	Brandon Church	11 Merrill West	61-04
51	Jose Gonzalez	11 Will C. Wood	60-01
52	Cristian Gonzalez	11 McClatchy	58-01
53	Albert Legia	11 Franklin (Eg)	56-10
54	David Mendez	11 Franklin (S)	49-11
55	Robert Gonzales	11 Pleasant Grove	44-04

Event 52 Girls Pole Vault Frosh/Soph

Record: 7-00 R 2/25/2012 Alexes Santana

Record: 7-00 R 2/23/2013 Monica Barbour

Name	Yr	School	Finals
Finals			
1	Ella Bunce	9 Oak Ridge	9-06.00R
2	Monica Barbour	10 Elk Grove	8-06.00R
3	Kylie Harrop-St. John	10 Oak Ridge	7-06.00R
4	Cassidy Bockoven	10 Elk Grove	7-00.00R
5	Marissa Barbour	10 Elk Grove	J7-00.00R
6	Isabella Ralstin	9 Oak Ridge	6-00.00
---	Anastasia Veal	9 Merrill West	NH
---	Jade Newman	9 Monterey Trail	NH
---	Michaela Crouch	10 Oak Ridge	NH

Event 53 Girls Pole Vault Varsity

Record: 8-06 R 2/23/2013 Ashley Dean

Record: 8-00 R 2/25/2012 Brianna VanDiemen

Name	Yr	School	Finals
Finals			
1	Ashley Dean	12 Oak Ridge	9-00.00R
2	Xhosha Millington	12 Heritage	8-00.00R
3	Jessica Papadopoulos	11 Vacaville	7-06.00
4	Lisa Espinoza	12 Stagg	7-00.00
5	Kelsey Rogers	11 Monterey Trail	5-00.00
---	Ariana Ross	12 Monterey Trail	NH
---	Linda Valdez	11 Monterey Trail	NH
---	Arienne Coletto	12 Merrill West	NH
---	Juliana Schobey	12 Merrill West	NH

--- Kelly Bahn 12 Monterey Trail NH

Event 54 Boys Pole Vault Frosh/Soph

Record: 11-06 R 2/26/2011 Scotty Cranston

Name	Yr	School	Finals
Finals			
1	Randy Pietersen	10 Elk Grove	11-06.00R
2	Sean Stratton	10 Vacaville	10-00.00
3	Paul Payumo	10 Merrill West	9-06.00
4	Ty Gradin	10 Oak Ridge	8-06.00
5	Colin Storlie	10 Oak Ridge	7-06.00
6	Aaron Travis	9 Oak Ridge	J7-06.00
7	Isaac Soria	10 Merrill West	J7-06.00
8	David Eaton	9 Vacaville	7-00.00
8	Nate Alvarez	10 Franklin (Eg)	7-00.00
10	Tyler Rapisarda	9 Vacaville	6-00.00

Event 55 Boys Pole Vault Varsity

Record: 12-00 R 2/25/2012 Max Wiegant

Record: 12-00 R 2/23/2013 Greg Smolarski

Name	Yr	School	Finals
Finals			
1	Elias Rodriguez	11 Merrill West	11-06.00
2	Trey Nahhas	11 Monterey Trail	11-00.00
3	Michael Albinto	11 Stagg	10-06.00
4	Jose Parreno	11 Vacaville	J10-06.00
5	Trevon Carter	11 Monterey Trail	J10-06.00
6	Parker Mace	11 Heritage	J10-06.00
7	Tim Scott	12 Folsom	10-00.00
8	Anthony Kachuck	12 Vacaville	9-06.00
9	Nico Grossi	12 Heritage	J9-06.00
10	Edgar Jones	11 Franklin (S)	J9-06.00
11	Daniel Goetting	11 Heritage	9-00.00
12	Cole Rairdan	11 Vacaville	J9-00.00
13	Andre Henry	12 Oak Ridge	8-00.00

Event 56 Girls Long Jump Varsity

Record: 17-08 R 2/25/2012 Brionna Thompson

Name	Yr	School	Finals
Finals			
1	Jorden O'Neal	11 Franklin (Eg)	18-01.00RNWI
2	Mishaye Venerable	11 Cosumnes Oak	16-11.00 NWI
3	Tiara Webb	11 Monterey Trail	16-06.75 NWI
4	Ivie Eboigbodin	10 Merrill West	16-01.75 NWI
5	Detrice Adams	12 Monterey Trail	16-01.25 NWI
6	Grace Hepworth	11 Pleasant Grove	16-01.00 NWI
7	Tais Marinho-Gomes	12 Cosumnes Oak	15-09.50 NWI
8	Amber Cook	11 Monterey Trail	15-01.75 NWI
9	Ayana Vaughn-Walker	12 Rosemont	14-11.75 NWI
10	Lia Burrell	12 Merrill West	14-09.50 NWI
11	Leticia Heron	12 East Union	14-08.50 NWI
12	Alexis Holt	12 Cosumnes Oak	14-07.50 NWI
13	Alexis Mariland	11 Monterey Trail	14-06.75 NWI
14	Elise Green	12 Merrill West	14-05.75 NWI
15	Emalee Hauck	11 East Union	14-04.75 NWI

Capital Classic Relays - 3/1/2014

Elk Grove/Laguna Stadium

Elk Grove High School

Results

Finals ... (Event 56 Girls Long Jump Varsity)

Name	Yr	School	Finals
16 Justice Feusi	12	Pleasant Grove	13-10.00 NWI
17 Xhoshia Millington	12	Heritage	13-09.50 NWI
18 Alexis Pratt	12	Rosemont	13-00.00 NWI
19 Danny Smith-Profit	12	Rosemont	12-08.50 NWI
20 Brandie Mack	10	East Union	12-08.00 NWI
21 Madison Travels	12	Will C. Wood	12-06.00 NWI
22 Matharin Lee	11	East Union	11-09.00 NWI

Event 57 Boys Long Jump Varsity

Record: 21-10 R 2/25/2012 Jordan Monteiro-Williams

Name	Yr	School	Finals
1 Kameron Williams	12	Rosemont	22-06.00RNWI
2 Mathhew Roe	10	Merrill West	20-10.25 NWI
3 Elisaac Escobar	11	Stagg	20-05.50 NWI
4 Alessandro Barra	12	Folsom	20-05.00 NWI
5 Devin Cates	11	River Valley	20-01.50 NWI
6 Teddy Nguyen	12	Cosumnes Oak	19-05.75 NWI
7 Christian Velasco	10	Merrill West	18-05.00 NWI
7 Germaine Lewis	10	Will C. Wood	18-05.00 NWI
9 Muhammed Akhtar	11	Franklin (Eg)	18-03.75 NWI
10 Jonathon Sreiy	12	Stagg	18-02.50 NWI
11 Thomas Roberts	10	River Valley	18-02.00 NWI
12 Joseph Apodaca	12	Heritage	18-00.00 NWI
13 Kristian Arias	10	Will C. Wood	17-10.00 NWI
14 Brandon Jetter	11	Oak Ridge	17-09.50 NWI
15 Kevin Escobedo	11	Elk Grove	17-08.00 NWI
16 Allen Deguzman	11	Monterey Trail	17-06.50 NWI
17 Chance Lewis	10	River Valley	17-05.50 NWI
18 Justin Velasco	10	Merrill West	17-04.75 NWI
19 Julian Ordaz	12	Heritage	17-04.50 NWI
20 Curtis Yee	12	McClatchy	17-04.00 NWI
21 Kevin Vargas	12	Will C. Wood	17-02.25 NWI
22 Jerry Milabu	12	Heritage	17-01.00 NWI
23 Brent Carter	12	Oak Ridge	17-00.75 NWI
24 Michael Allen	12	Rosemont	16-08.75 NWI
25 Anthony Celidon	11	Franklin (S)	16-07.50 NWI
26 Dominic Belus	12	Heritage	16-07.25 NWI
27 Trey Nahhas	11	Monterey Trail	16-07.00 NWI
28 Jahi Mitchell-Harvey	11	Franklin (Eg)	16-05.50 NWI
29 Tanner Montgomery	11	Cosumnes Oak	16-01.00 NWI
30 Cedric Harris-Dixon	10	East Union	15-10.75 NWI
30 Johnny Lam	12	McClatchy	15-10.75 NWI
32 Matt Wootton	11	Oak Ridge	15-05.00 NWI
33 Bobby Patel	11	Cosumnes Oak	15-03.75 NWI
34 Zelwyn Brillante	11	Franklin (Eg)	15-01.25 NWI

Event 58 Boys Long Jump Frosh/Soph

Record: 19-02 R 2/23/2013 Trevor Finley

Name	Yr	School	Finals
1 Adam Winding	10	Heritage	20-09.00RNWI
2 Adrianne Bautista	10	Monterey Trail	19-09.50RNWI

3 Joseph Terry	9	Cosumnes Oak	19-09.00RNWI
4 Spencer Rohrer	10	Heritage	19-04.00RNWI
5 Devin Whitmire	10	Heritage	18-08.00 NWI
6 Chase Siegel	9	Oak Ridge	18-01.50 NWI
7 Quan Phun	9	Monterey Trail	17-04.00 NWI
8 Anthony Rhoads	10	Merrill West	17-03.50 NWI
9 Zack Parker	10	Franklin (Eg)	17-03.00 NWI
10 Colton Osborne	9	Will C. Wood	17-02.00 NWI
11 Andre Williams	10	Rosemont	17-01.00 NWI
12 Lorenzo Menzel	10	Rosemont	17-00.00 NWI
13 Michael Quiroz	9	Oak Ridge	16-09.50 NWI
14 Jared Spann-Shaw	9	Heritage	16-07.00 NWI
15 Payton Beall	9	Will C. Wood	16-03.00 NWI
16 Jacques Carter III	9	Cosumnes Oak	16-01.50 NWI
17 Dylan Giles	10	Oak Ridge	15-09.50 NWI
18 Elias Guzman	10	Franklin (S)	15-07.50 NWI
19 Latione Jackson	10	Rosemont	15-07.00 NWI
20 Naasir Solomon	10	Elk Grove	15-05.00 NWI
21 Jerrod Woo	9	Will C. Wood	15-03.00 NWI
22 John Elkins	9	Pleasant Grove	14-06.00 NWI
23 Kevin Duran	10	Pleasant Grove	14-01.00 NWI
24 Daniel Huynh	10	Franklin (Eg)	13-08.00 NWI
25 Brandon Brisson	9	Will C. Wood	13-07.00 NWI
26 Andrew McGee	9	Elk Grove	10-03.50 NWI

Event 59 Girls Long Jump Frosh/Soph

Record: 16-07 R 2/25/2012 Jorden O'Neal

Name	Yr	School	Finals
1 Jessica Bias	10	Pleasant Grove	14-04.00 NWI
2 Kylie Harrop-St. John	10	Oak Ridge	14-01.00 NWI
3 Cheyenne Lowden	10	Pleasant Grove	13-08.00 NWI
4 Morgan Brown	9	Merrill West	13-07.00 NWI
5 Yvonna Elliot-Williams	11	Heritage	11-05.50 NWI
6 Adriana Cruz	9	Heritage	11-03.00 NWI
7 Ella Bunce	9	Oak Ridge	11-02.50 NWI
8 Zaria Ealy	9	Merrill West	10-04.00 NWI